



CHRIST CHURCH CATHEDRAL
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Proper 21

SUNDAY, AUGUST 23, 2026

10:30 A.M.

Choral Eucharist | In-Person & Livestream

The Very Rev. Christopher A. Pappas, *Presider*
The Rev. Matthew Senf, *Preacher*
The Rev. Kevin de la Mare, *Deacon*
Neil Robertson, *Guest Organist*

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Welcome to the Cathedral

Whether today is your first time with us, or if this is your spiritual home, we welcome you to the Cathedral. We're glad that you're here today.

We envision a radically inclusive, restlessly inquisitive, intentional, and inspired Cathedral. This is a place that is called to lead and to serve, in communion and community, with healing, reconciliation, and love, living out the Christian mission. Together, we look to the power of Christ for the transformation of each person, this city of Vancouver, and the world.

We recognize our history and traditions while seeking renewal and growth in spiritual depth and size. Curious and adaptable, this chorus has room for every voice — especially yours.

To learn more about the many ministries and opportunities for service in this community, please visit our website: www.thecathedral.ca. Following our worship service, please join us for coffee hour outside if the weather permits.

Thank you for joining us today. Your presence enriches our life together.

Faithfully yours in Christ,



The Very Rev. Christopher A. Pappas, Ph.D., D.Min.
Dean & Rector



Connect with us!

We invite you to tell us more about yourself by completing our short connection form. You may find this form at tinyurl.com/CathedralConnection or by scanning the QR code on the left.

A message to children and their grown-ups

We're glad you're here! Here are a few things we would like you to know about our worship service today:

- Playmats and an activity cart with books, puzzles and colouring are available at the front of the church;
- Sunday school has closed for the summer and will resume September 13, 2026.
The nursery is available downstairs as a quiet space for you and your children.
The service is live streamed so you can follow the worship.

Need to reach us?

Visit us at www.thecathedral.ca/pages/our-team or scan the QR code on the right to access our clergy and staff contact information.

We're here to support you — feel free to reach out anytime!



The Gathering of the Community

Processional Hymn

God of Mercy, God of Grace

(CP 341)

Text: Henry Francis Lyte (1793-1847), alt.

Music: HEATHLANDS, Henry Thomas Smart (1813-1879).

1 God of mercy, God of grace,
show the brightness of your face;
shine upon us, Saviour, shine,
fill your church with light divine;
and your saving health extend
unto earth's remotest end.

2 Let the people praise you, Lord;
be by all that live adored;
let the nations shout and sing
glory to their Saviour King;
at your feet their tribute pay,
and your holy will obey.

3 Let the people praise you, Lord;
earth shall then its fruits afford,
God to us all blessings give,
we to God devoted live:
all below and all above
one in joy and light and love.

Presider In this time and place, we gather on the traditional ancestral lands of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish), and Səlilwətaʔt (Tsleil-Waututh) nations.

All **From many places and peoples we come to this house of prayer.**

Presider In this time and place, we meet in the presence of the living God.

All **The Creator who is the source of all that is, seen and unseen.**

Presider In this time and place, the risen Christ stands in our midst.

All **Our Companion who walks with us and with all peoples on the path of reconciliation.**

Presider In this time and place, God's Holy Spirit breathes in and through us.

All **The Divine Wisdom who transforms us and all life.**

Presider In this time and place, together, people of God from every language, culture and nation.

All **We are being made new by the holy and life-giving Trinity, one God.**

Gloria

Glory to God

(CP 686)

Music: *New Plainsong*, David Hurd (1950-).

Glo - ry to God in the high - est, and peace to his peo - ple on earth.
Lord God, hea - ven - ly King, al - might - y God and Fa - ther, we wor - ship you,
we give you thanks, we praise you for your glo - ry. Lord Je - sus Christ,
on - ly Son of the Fa - ther, Lord God, Lamb of God,
you take a - way the sin of the world; have mer - cy on us;
you are seat - ed at the right hand of the Fa - ther; re - ceive our prayer.
For you a - lone are the Ho - ly One, you a - lone are the Lord,
you a - lone are the Most High, Je - sus Christ, with the Ho - ly Spi - rit,
in the glo - ry of God the Fa - ther. A - men.

The Collect of the Day

Presider Let us pray.

Silence is kept.

Almighty God,
we are taught by your word
that all our doings without love are worth nothing.

All

Send your Holy Spirit and pour into our hearts
that most excellent gift of love,
the true bond of peace and of all virtue;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.

The Proclamation of the Word

The First Reading

Exodus 1:8—2:10

At the conclusion of the reading:

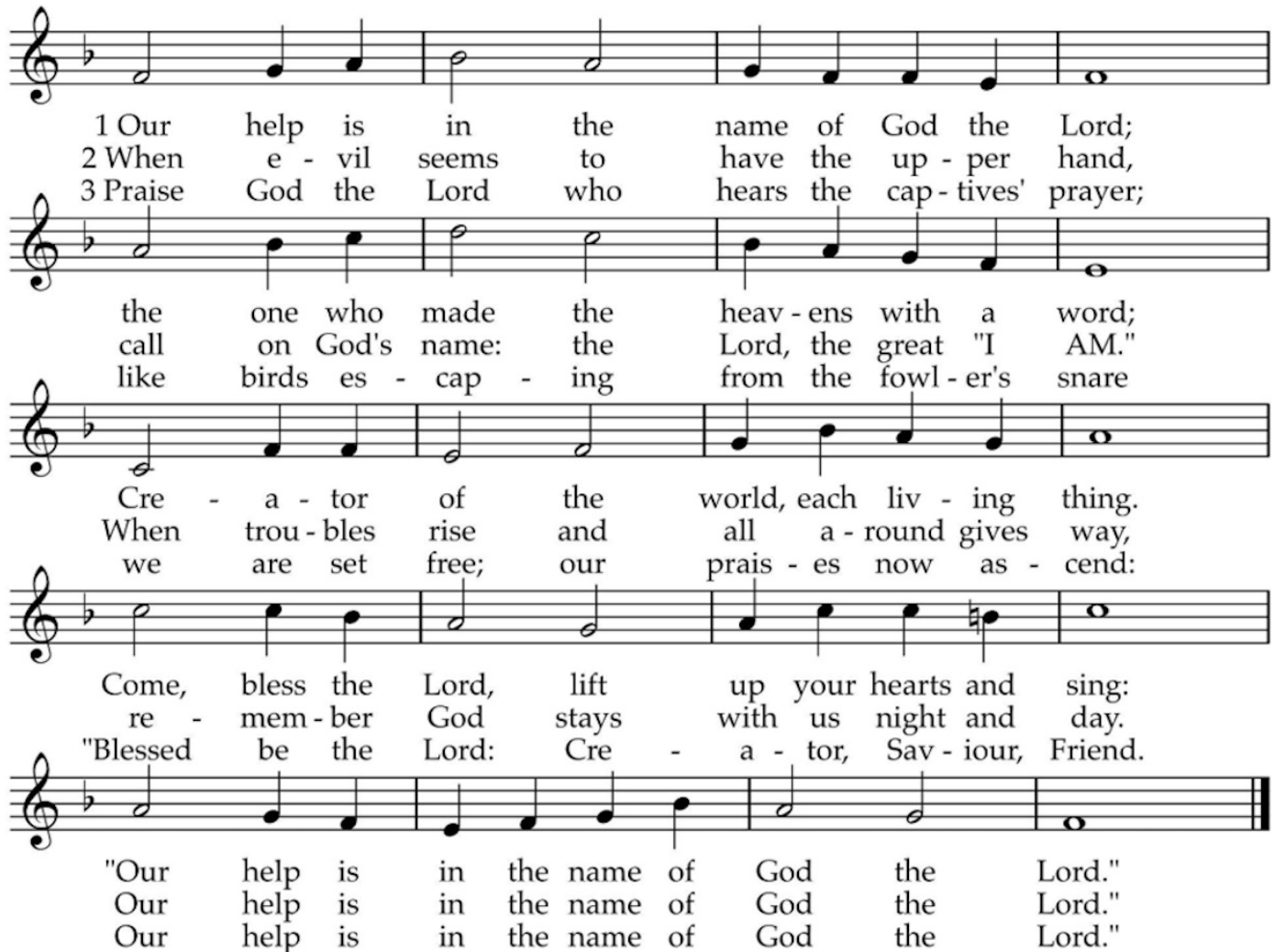
Reader Word of God, word of life.

All Thanks be to God.

Psalm 124

Text: Ps. 124, arr. Martin Tel (1967-). © 2011 Martin Tel, admin. Faith Alive Christian Resources

Music: OLD 124TH, *Genevan Psalter*, 1551.



1 Our help is in the name of God the Lord;
2 When e - vil seems to have the up - per hand,
3 Praise God the Lord who hears the cap - tives' prayer;
the one who made the heav - ens with a word;
the call on God's name: the Lord, the great "I AM."
like birds es - cap - ing from the fowl - er's snare
Cre - a - tor of the world, each liv - ing thing.
When trou - bles rise and all a - round gives way,
we are set free; our prais - es now as - cend:
Come, bless the Lord, lift up your hearts and sing:
re - mem - ber God stays with us night and day.
"Blessed be the Lord: Cre - a - tor, Sav - iour, Friend.
"Our help is in the name of God the Lord."
Our help is in the name of God the Lord."
Our help is in the name of God the Lord."

The Second Reading *(Read in German)*

Romans 12:1-8

I appeal to you therefore, brothers and sisters, on the basis of God's mercy, to present our bodies as a living sacrifice, holy and acceptable to God, which is your reasonable act of worship. Do not be conformed to this age, but be transformed by the renewing of the mind, so that you may discern what is the will of God—what is good and acceptable and perfect. For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think but to think with sober judgment, each according to the measure of faith that God has assigned. For as in one body we have

many members and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the encourager, in encouragement; the giver, in sincerity; the leader, in diligence; the compassionate, in cheerfulness.

At the conclusion of the epistle:

Reader Hear what the Spirit is saying to the churches.

All Thanks be to God.

Sequence Hymn

Lord, Your Word Shall Guide Us

(CP 561)

Text: Henry Williams Baker (1821-1877), rev. *Hymns for Today's Church*.

Music: RAVENSHAW, melody *Ein new Gesengbuchlen*, 1531; adapt. and harm. William Henry Monk (1823-1889).

1 Lord, your word shall guide us
and with truth provide us:
teach us to receive it
and with joy believe it.

4 Who can tell the pleasure,
who recount the treasure
by your word imparted
to the simple-hearted?

2 When our foes are near us,
then your word shall cheer us—
word of consolation,
message of salvation.

5 Word of mercy, giving
courage to the living;
word of life, supplying
comfort to the dying.

3 When the storms distress us
and dark clouds oppress us,
then your word protects us
and its light directs us.

6 O that we, discerning
its most holy learning,
Lord, may love and fear you—
evermore be near you!

The Holy Gospel

Matthew 16:13-20

Deacon The Lord be with you.

All And also with you.

Deacon The Holy Gospel of our Saviour Jesus Christ according to Matthew.

All Glory to you, Lord Jesus Christ.

After the Gospel, the Deacon says:

The Gospel of Christ.

All Praise to you, Lord Jesus Christ.

The Sermon

The Rev. Matthew Senf

A period of silent reflection follows the sermon.

The Apostles' Creed

Deacon Let us confess our faith, as we say,

All I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People

Please scan the QR code on the back of the bulletin for prayer cycles.

The Confession and Absolution

Deacon Let us confess our sins.

Silence may be kept.

Almighty God.

All We confess that we have sinned against you and against one another, in thought, and word, and deed. We are truly sorry for our pride, and for our lack of faith, of understanding and of love. We repent of our narrow-mindedness, of our bitterness and our prejudices. Pardon and forgive us, save us and renew us, that we may delight in your will and walk in your ways; through Jesus Christ our Lord. Amen.

Presider Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

All Amen.

The Peace

Presider The peace of the Lord be always with you.

All And also with you.

All may exchange a sign of peace.

The Celebration of the Eucharist

The Offertory

Thank you for your prayerful stewardship of the ministries of the Cathedral. Thank you for your generosity at any amount, because your stewardship empowers our mission to advance the Good News of God's infinite love and mercy through our worship, ministries, formation, and service. You may make a gift using the offering plate being passed around at this time or refer to the back page of this bulletin to see other methods. Together with the gifts of bread and wine, we present our gifts at the altar as a sign of thanksgiving to God, from whom all good things come.

Offertory Hymn

Eternal Ruler of the Ceaseless Round

(CP 497)

Text: John White Chadwick (1840-1904), alt.
Music: SONG 1, Orlando Gibbons (1583-1625).

1 Eternal Ruler of the ceaseless round
of circling planets singing on their way,
Guide of the nations from the night profound
into the glory of the perfect day:
rule in our hearts, that we may ever be
guided and strengthened and upheld by thee.

2 We are of thee, the children of thy love,
companions of thy well-beloved Son;
descend, O Holy Spirit, like a dove,
into our hearts that we may be as one:
as one with thee, to whom we ever tend;
as one with him, our pattern and our friend.

3 We would be one in hatred of all wrong,
one in our love of all things sweet and fair,
one with the joy that rises into song,
one with the grief that finds no voice in prayer,
one in the power that makes thy children free
to follow truth, and thus to follow thee.

4 O clothe us with thy heavenly armour, Lord,
thy trusty shield, thy sword of love divine;
our inspiration be thy constant word;
we ask no victories that are not thine:
give us the shield of faith that we may be
steadfast, attentive, firm in serving thee.

The Prayer over the Gifts

Presider God of glory,
receive all we offer this day as a symbol of our love,
and increase in us that true and perfect gift.

All We ask this in the name of Jesus Christ our Lord. Amen.

The Great Thanksgiving

Eucharistic Prayer 1

BAS p.193

Presider The Lord be with you.

All And also with you.

Presider Lift up your hearts.

All We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

All It is right to give our thanks and praise.

Presider It is indeed right that we should praise you, gracious God [...] Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name.

Sanctus/Benedictus

Missa Super Dixit Maria

Hans Leo Hassler (1564-1612)

Presider Holy God, source of life and goodness, all creation rightly gives you praise [...] Therefore we proclaim the mystery of faith.

All

Christ has died

(CP 733)

Music: *Community Mass*, Richard Proulx (1937-2010).



Christ has died; Christ is ris-en; Christ will come a - gain.

Presider

Recalling his death, proclaiming his resurrection [...] Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and for ever.

All

Amen

(CP 734)

Music: *Community Mass*, Richard Proulx (1937-2010).



A - men, a - men, a - men.

Ringing of the bell. (x3)

The Lord's Prayer

Setting: McNeil Robinson (1943-2015)

Fraction

Presider

Behold the mystery of your salvation laid out before you.
Behold what you are; become what you receive.

All

Thanks be to God.

Presider

The gifts of God for the people of God.

All

Thanks be to God.

Fraction Anthem

Lamb of God

(CP 690)

Music: *New Plainsong*, David Hurd (1950-).

The Communion

To receive the consecrated Bread, approach the altar and extend your hands to the minister with palms open. To receive the consecrated Wine, carefully guide the chalice to your lips. For public health, please do not dip the Bread into the Wine. If you do not wish to partake of the common cup, know that you receive the full efficacy of communion with only the Bread. If you do not wish to receive communion, you are invited to receive a blessing by approaching the altar and crossing your arms over your chest. You may also remain in your seat as you feel comfortable. If you are interested in learning about baptism, please contact a member of our clergy. During communion, Healing Prayer is offered for all people in the west alcove. **Please respect the confidentiality of the people praying by not entering the alcove during prayer time.**

During Communion

O Salutaris Hostia

Jacob Handl (1550–1591)

O saving Victim, opening wide,
the gate of heaven to us below,
our foes press on from every side:
thine aid supply, thy strength bestow.
[Attrib. Thomas Aquinas (1225?-1274), tr. Edward Caswall (1814-1878)]

Where Charity and Love Prevail

(CP 487)

Text: Latin (9th cent.); tr. Omer Westendorf (1916-1997), alt.

Music: TWENTY-FOURTH (PRIMROSE), attrib. Lucius Chapin (1769-1842).

1 Where charity and love prevail,
there God is ever found;
brought here together by Christ's love,
by love are we thus bound.

4 Let strife among us be unknown,
let all contention cease;
be his the glory that we seek,
be ours his holy peace.

2 With grateful joy and holy fear
his charity we learn;
let us with heart and mind and strength
now love him in return.

5 Let us recall that in our midst
dwells God's begotten Son;
as members of his body joined,
we are in him made one.

3 Forgive we now each other's faults
as we our faults confess;
and let us love each other well
in Christian holiness.

6 Love can exclude no race or creed
if honoured be God's name;
our common life embraces all
whose Father is the same.

The Prayer after Communion

Presider Let us pray.
Living God,
increase in us the healing power of your love.

All Guide and direct us
that we may please you in all things,
for the sake of Jesus Christ our Lord. Amen.

The Doxology

Presider Glory to God,
All whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation
in the Church and in Christ Jesus, for ever and ever. Amen.

[Commissioning for lay ministers who will be taking communion to those not able to participate in the Eucharist at the church:]

Presider In the name of this congregation, I send you forth bearing Holy gifts,
that those to whom you go may share with us in the body and blood of Christ.

All We who are many are one body, because we share one bread, one cup.]

The Blessing

Presider The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Closing Hymn

Let My People Seek Their Freedom

(CP 471)

Text: Herbert O'Driscoll (1928-2024), alt.
Music: OMNIDIE, melody *Gesangbuch*, Trier, 1695.

1 “From the slave pens of the Delta,
from the ghettos on the Nile,
let my people seek their freedom
in the wilderness awhile”:
so God spoke from out of Sinai,
so God spoke and it was done,
and the people crossed the waters
toward the rising of the sun.

2 “From the aging shrines and structures,
from the cloister and the aisle,
let my people seek their freedom
in the wilderness awhile”:
so the Son of God has spoken,
and the storm-clouds are unfurled,
for his people must be scattered
to be servants in the world.

3 When we murmur on the mountains
for the old Egyptian plains,
when we miss our ancient bondage
and the hope, the promise, wanes,
then the rock shall yield its water
and the manna fall by night,
and with visions of a future
shall we march toward the light.

4 In the maelstrom of the nations,
in the journey into space,
in the clash of generations,
in the hungering for grace,
in our agony and glory,
we are called to newer ways
by the Lord of our tomorrows
and the God of earth's todays.

The Dismissal

Deacon Go forth into the world, rejoicing in the power of the Spirit.

All Thanks be to God.

Postlude

Intermezzo, Op. 156

Josef Rheinberger (1839-1901)

The Chronicle Newsletter

Scan the QR code for the latest Chronicle newsletter.



The Prayers of the People

Scan the QR code for the prayer cycles.



The Ministers of the Liturgy

Presider

The Very Rev. Christopher A. Pappas

Preacher

The Rev. Matthew Senf

Deacon

The Rev. Kevin de la Mare

Asst. MC

Ezra Eby

Subdeacon

Nura Mohammed

Server

Nick Rezaeizadeh

Readers

Michael Harding, Theresa Seeber

Intercessor

Bill Orr

Breadmaker

Chris & Dot Roulson

Gospel Station

The Rev. Justin Cheng

Gospel Station

Melina Blaire Lewis

Preacher Station

Andrea Gailus

Presider Station

Jane Hope

Regimental Alcove

Regimental Alcove

ASL Interpreter

Music

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Altar Guild

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The Rev. Claude St-Denis

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The Cathedral Quartet

Neil Robertson, Guest Organist

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Jane Dittich, Nasim Mehregan,

Howard Teasley, Nafiseh Pirasteh

and Marilyn Campbell

Peter Roulston, Nick Rezaeizadeh

Cynthia Turley, Nicky Seppala

Today

Sundays @ 4 | August 23 | 4:00 p.m.
French Eucharist | August 23 | 5:30 p.m.
Compline | August 23 | 8:00 p.m.



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This worship takes place on the traditional, ancestral, and unceded territory of the x̱məθkʷəy̓əm (Musqueam),
Skwxwú7mesh (Squamish), and Səlilwətaʔ (Tsleil-Waututh) nations, in the heart of Vancouver.

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