

Trendings

August 19, 2026

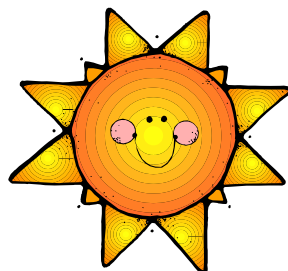
Growing Together in Christ to Love and Serve All People

Prayer of the Week:

A Summer Prayer

Long warm days...
The pace of life slows...
A time for picnics and rest in the shade...
Lord, help me to rest awhile
in the cooling shade of your presence.
Slow down my restless heart
and fill me with gentle compassion
for all your people.

Source: Xavier University



Upcoming Greeters and Coffee Hosts:

August 23: Joyce and John Arnold, Greeters; Gale Baullinger, Coffee Host

August 30: Greeters – could be you!; Jay Bexter, Coffee Host

Contact Sherry (sherry@salc.church) to be a Sunday greeter or to Host coffee hour.
Sign up to provide flowers on the Flower Chart in the Narthex.

*Worship is at 10:00 AM this Sunday, both in-person and via livestream.
Livestream: Visit salc.church/media to access the bulletin and livestream link on YouTube. If you have a Google account, we invite you to offer a greeting or comment in the chat window.*

Sunday, August 23

10:00 AM	Worship
11:00 AM	Coffee and Conversation

Worship Texts for August 23 Isaiah 51:1-6 and Matthew 16:13-20

Tuesday Morning Men: Every Tuesday at 8:30 AM, this group meets for discussion and prayer via ZOOM. Contact the office for links.



Abby Kasper is off to college, so the church needs a new setup employee. The job is about 5 to 10 hours per week, mostly setting up and taking down tables and chairs in Fellowship Hall. The hours are flexible, and the job is performed with minimal supervision. The pay is \$17.13 per hour. Please contact Facilities Manager Kurt Lutterman if you are interested, kurt@salc.church.

Education Forum Recording Help Needed: As you may know, Sunday morning Forums are recorded and posted online. We are in need of additional volunteers to record these Forums! We use a camcorder that is easy to operate - only three buttons to learn. The time commitment is 8:45 am - 10:00 am, about one Sunday every 4-5 weeks. If you are interested in helping or are just curious and have questions, please contact Susan Hegedus, susanhegedus



We had a GREAT response to the July blood drive ... all slots were filled!!

Let's do it again!

Our next blood drive is **Thursday, September 24th** back in the Fellowship Hall!!

Please use the QR Code and get your slot!! There are 41 time slots available ... as of today, 5 are filled.

Share with friends and neighbors - every drop matters.

Root Beer Float Sunday

Summer's Signature Treat

Enjoy a tasty Fellowship Hour after worship service on Sunday, August 30.

We will be serving root beer floats.

We need a few good volunteers to scoop ice cream.

Volunteer to Fellowship

Coordinator Sherry Grindeland at 425-746-2529

or sherry@sakc.church.

Be sure to bring your *Chasing Wonder Bingo* card and win a prize!!!



Join us for a BBQ with Porchlight on Saturday, August 29th at 6:30 pm.

Mark Davis will be setting up the grills (do you have a charcoal grill to bring?) and SALC will be providing hot dogs and buns, pop, baked beans, potato salad, condiments, and chips.

SALC members are invited to bring a salad or dessert and join us for the best kosher, all-beef hot dogs. RSVP with Cheryl Jurrus so we know how many we'll be feeding. The men of Porchlight are looking forward to it and have already volunteered to help.



Our FINAL Summer Evening Worship!!

Sunday, September 6th

5:00 PM

Remember – there is NO 10:00 AM worship that day!

Soak up the 'end of summer' vibe ~ sleep in, go to brunch, tend to the garden, shop, watch a game....

THEN – gather at 5:00 PM for worship!!

Fall Planning!

Bible Study Leaders Wanted!

- Bible study leaders coordinate with Pastor Lara for subjects that align with our Lectionary readings.
- We will supply leader guides!
- Adult Bible Studies are planned for the first Sunday of the month at 9:00 AM.
- First session this fall will be **October 4**.
- **Interested?? Contact Pastor Lara (pastor@salc.church) or Fellowship Coordinator Sherry Grindeland at 425-746-2529 or sherry@salc.church**



Interested in becoming a member of Saint Andrew's Lutheran Church?

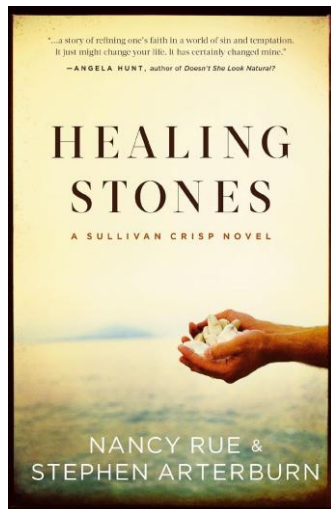
We will receive new members on Sunday, October 4th.

If you have been considering church membership, check in with Fellowship Coordinator Sherry Grindeland at 425-746-2520 or sherry@salc.church.

When you become a member:

1. You get to vote and help make important church decisions at our Annual and Semi-annual meetings.
2. You get a copy of the church directory.
3. You get a tour of the church complex (if desired) and learn some of Saint Andrew's history.

SALC Women's Book Group



Our book selection for Fall Women's Book Group will be *Healing Stones* by Nancy Rue and Stephen Arterburn. We will meet on **Wednesday mornings promptly at 10:00 am from October 7 to November 18**. Our meetings are on Zoom, as well as in-person in our Library.

This is the first book in a series featuring a Christian psychologist, Sullivan Crisp. Enter Dimitria after a terrible incident and everyone turned against her, including herself. "Reluctantly, the two of them begin an uplifting, uneven journey filled with healing and grace. By turns funny and touching, this story explores the ways humans hurt each other and deceive themselves. And it shows the endlessly creative means God uses to turn stones of accusation and shame into works of beauty that lead us onto the path of healing.

A candid yet tender series about pain, healing, and God's invitation for second chances." (Amazon)
Contact Cheryl Jurrus (cheryljurrus74@gmail.com) for more information, a schedule, and the Zoom invitation.



The Days are Getting Shorter

Which means it's almost fall and almost time for adult forums to return. Make sure you're prepared by reading *ELCA's Social Statement on Faith and Civic Life: Seeking the Well-being of All*. Even if you want to pretend you're back in high school and read the Cliff's Notes version (the summary at the end), you'll still get partial credit. As always, copies of the statement can be found in the church office or you can download it at www.elca.org/socialstatements.



And for you poetry lovers, or for people who wish they liked and/or understood poetry, might I recommend *Devotions* by Pulitzer Prize winner Mary Oliver. Or really **anything** by Mary Oliver. She passed in 2019 but left us many wonderful works of beautiful writing. And if you're a dog lover, consider reading her *Dog Songs*. *Beth Donahoe*

Porchlight Rotating Shelter is at Saint Andrew's in August this year!

We are halfway through our month of hosting the Porchlight Men's Shelter. We have 25 men here from 6:00 pm to 7:30 am using the Fellowship Hall, kitchen, restrooms, and parking lot. They are unhoused, but they are also clean and sober, have completed background checks, and have agreed to rules and a code of conduct.

The Church of Jesus Christ of the Latter-Day Saints is providing lunches and dinners from July 31 to August 25. Saint Andrew's is providing breakfast food, paper plates, paper towels, etc. **We have the opportunity to provide dinner from our own SALC kitchen on Thursday, August 27, Friday, August 28, and Monday, August 31st.** Contact Cheryl Jurrus to help.



Join us for a BBQ on Saturday, August 29th at 6:30 pm. Mark Davis will be setting up the grills (do you have a charcoal grill to bring?) and SALC will be providing hot dogs and buns, pop, baked beans, potato salad, condiments, and chips. **Our church members are invited to bring a salad or dessert** and join us for the best kosher, all-beef hot dogs. RSVP with Cheryl Jurrus so we know how many we'll be feeding. The men are looking forward to it and have already volunteered to help.

We have a few more spots for hosts. Come and meet the men and be a host from 6:00 pm to 7:00 pm. Welcome the meal providers and help them find service utensils and supplies. Contact Cheryl Jurrus to pick some dates (cheryljurrus74@gmail.com). We have been presented with this opportunity to serve and share God's love.

Corner of Blessing Food of the Month – August

hopelink

For the month of August Hopelink has asked us to collect Hearty Soups!

Non-condensed, High calorie soups are what they need. They are getting ready for fall and cooler weather, knowing their clients will be looking for these come September and October. Progresso, Amy's and Chunky Campbells are all great, well-loved brands. Here are some suggested examples: Italian wedding soup, clam chowder, beef barley, chicken pot pie, lentil and vegetables, tomato bisque, etc.





Helping
hopelink
Help the **HUNGRY**

**Saturday,
September 12, 2026**

This event is part of the ELCA's "God's work. Our hands" annual day of service. This is a volunteer opportunity to collect food to help Hopelink fight hunger in our community. We are putting together teams of volunteers to be at the **Crossroads QFC from 10:00 am to 4:00 pm** to collect nonperishable food items from shoppers. All food collected will go to the Hopelink Food Bank in Bellevue. The job consists of handing out a "shopping list" flyer and thanking people for their donations.

Shifts are 1 ½ hours long*, and 4 volunteers are needed per shift. All ages can participate, and it is a wonderful family activity! Sign up for shifts [HERE](#) or email Dick Szabo at dick.szabo@comcast.net. Together we can turn just a few hours of time into tons of food for hungry local families. For more information, contact Debbie Szabo at debbieszabo@comcast.net (206) 972-2675 or Dick Szabo (206) 390-7621.

One day. One day to help ensure that no one in our community goes hungry. One shift can make a big difference. Please consider volunteering on September 12th!

If you aren't able to sign up for a shift, you can still be part of this event to help our hungry neighbors. Come to the Crossroads QFC between 10 am and 4 pm, do a little shopping and then drop off a few items for Hopelink with the volunteers!

*** If standing for 1 ½ hours is a concern, we will have a folding chair for you!**

Adult Education hours and Sunday Brunch returns in September!! Mark your calendars!

Adult Education
Sunday, September 27
9:00 AM

Come to see, hear and taste the
Lantern Hill Mission experience
from our Mission Team!



Stay after worship for the
Taco Bar Brunch!!

Mission Team Report

Learn about the great work Saint Andrew's volunteers and others from the Eastside Lutheran Church Community did at Lantern Hill this summer.

The team will share photos and stories during Adult Education Hour on September 27.

Join us in the Fellowship Hall at 8:45 for coffee and treats, **program begins promptly at 9 a.m.**

We will celebrate the team's accomplishments with a Taco Bar Brunch after worship.

Brunch Time

Plan now for the Taco Bar Brunch on Sept. 27
Volunteers are needed to help with the yummy Taco Bar Brunch we will share after worship on September 27.

Jobs include:

- set-up
- shopping for food
- food prep
- serving
- clean-up

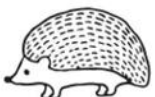
To volunteer reach out to Fellowship Coordinator Sherry Grindeland at 425-746-2529 or sherry@salc.church.



CHASING WONDER

☆ PHOTO BINGO CHALLENGE ☆

GRAB YOUR PHONE (OR CAMERA!) AND START CHASING GOD'S BEAUTY, JOY, JUSTICE, HOPE, HUMOR, AND INSPIRATION ALL AROUND. MARK OFF SQUARES AS YOU GO, AIMING FOR A "BINGO," OR COMPLETE THE WHOLE BOARD!

 BIRD'S EYE VIEW	 SOMETHING BROKEN	 SOMETHING THAT FLIES	 A PLACE YOU LOVE	 A SELF PORTRAIT
 SOMETHING THAT GROWS	 SOMETHING WHOLE	 SOMETHING TINY	 A SURPRISING SHADOW	 KINDNESS
 SOMETHING YELLOW	 LIGHT	<i>PAY Attention BE Astonished</i>	 SOMETHING OLD	 WATER
 A REFLECTION	 SOMETHING PEACEFUL	<i>JUSTICE ROLLING DOWN</i>	 SOMETHING NEW	 SOMETHING HOPEFUL
<i>SOMETHING ★ THAT ★ MAKES YOU LAUGH</i>	 SOMETHING BLUE	 A PATTERN OR TEXTURE	 NEIGHBORLY LOVE	 RESURRECTION

"Pay attention. Be astonished. Tell about it."
+ MARY OLIVER



Are you Chasing Wonder?

"Pay Attention. Be Astonished. Tell about it" Mary Oliver

Are you astonished by the beauty around you every day? I hope you are "CHASING WONDER"!! (there are prizes!)

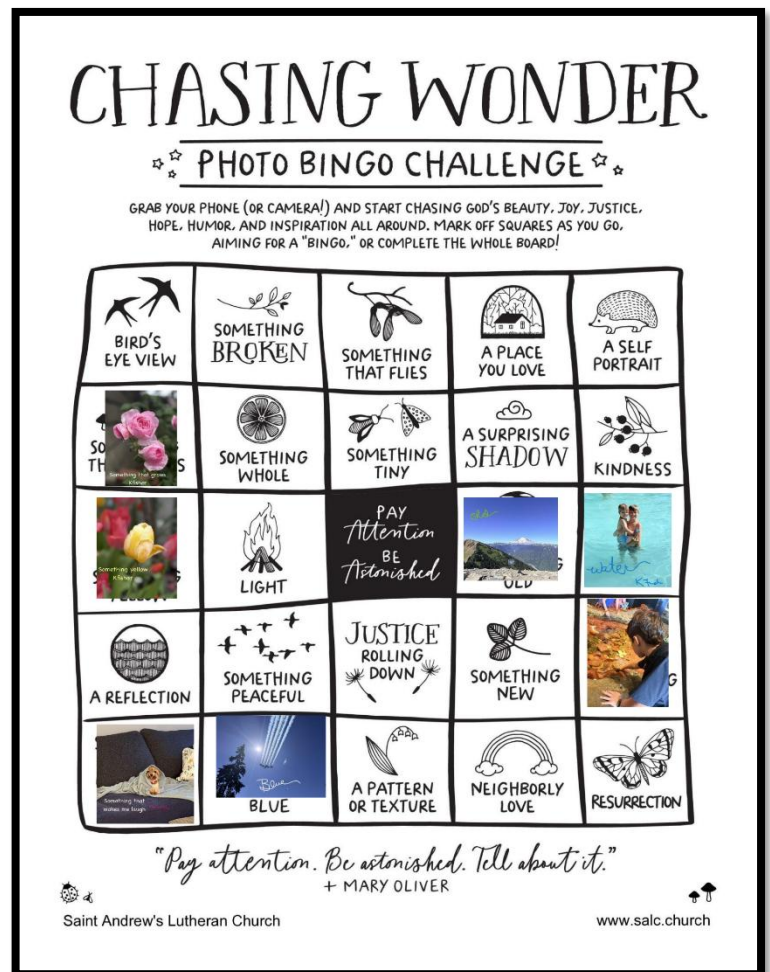
- Using the Bingo Board on the previous page and your phone (or camera) capture your summer ... and "tell about it"! Additional copies are available in the Narthex.
- You can upload your photos to the shared Google photo link below for Kathy to display on the BIG Narthex Board (and if you need a copy for your individual board)
- Google Shared Photo Link: <https://photos.app.goo.gl/J7KDSVCtRq8ovWAt7>
- Be sure your picture is titled with the bingo square you are featuring. Add your name to the photo as well.

You can add your photo to **your bingo board digitally or taping a hard copy**, and hang on to it (or print and tape it to your board). We will display your 'Chasing Wonder' Bingo Boards when completed. **And on August 30, "Root Beer Float Sunday", we will award prizes!!**

- Horizontal Bingo
- Vertical Bingo
- Diagonal Bingo
- Blackout Bingo
- Most inspiring photo choices
- Funniest photo choices

There is a BIG BINGO BOARD on the Narthex bulletin board. Add your pictures! (**YOU are responsible for your OWN board for prizes**). You can be inspired weekly by what others are sharing!!

Happy Summer Challenge!!



ELCC (Eastside Lutheran Church Community) churches, the Synod and the ELCA:



The Eastside Lutheran Church Community (ELCC) are the ELCA churches on the eastside. WE have opportunity to share worship, resources, and events – separately and collectively. While we often share and collaborative service activities and worship opportunities. Be sure to check out the website [HERE](#).

An ELCC newsletter is in the works! Sign up to receive the links!

Newsletter opt-in instructions:

1. Go to the [ELCC website](#) and scroll to the bottom of the HOME page
2. View the Newsletter Signup section - add your email and press the SUBSCRIBE link
3. Now go to your email inbox and find the Tithe.ly email asking you to verify your email address, and then you are done!

Beach Church

at Lake Sammamish

Wednesdays, August 5, 12, 19, 6-7:30PM

We meet for potluck, grilled hotdogs, and smores; games and a swim; devotions and songs.

This is an intergenerational event for members and friends of Issaquah and Eastside churches.

Please bring a dish! Consider bringing your own table setting to reduce trash and recycle. And bring beach games, of course!

Directions: Drive West on E Lake Sammamish PKWY SE; just after Lake Sammamish Park Boat Loading Ramp Road, turn left on SE 44th St and drive to the Lakeshore.

eastidelutherancc.org

for all dates. Can you help?

Email office@oslciissaquah.org or call 425-392-4169. Thank you!

Bring a Chair!

**Last Beach Church is
TONIGHT!! August 19th.**



It is my joy to invite our ELCC and Conference friends to the rededication of Luther's Lounge at Mt Si Lutheran following the floods this past December. Our gathering is set for **Saturday, August 29th from 1-3 p.m.**

We'll enjoy pulled pork and pizza from our pizza oven as well as give thanks to all of our partners who made this rebuild possible. That's all of you! Each congregation in our conference helped in its own way. You shared your people and their gifts, you shared your financial resources, and you shared your prayers and encouragement with us. We would love the chance to say, Thank you!

A brief program will take place at 2pm. We hope you can join us in this celebration and rededication of the space.

Pastor Krista

Worship in the Park: Sunday, August 16th was a great morning to worship together at Ebright Creek Park. Pastor Lara provided the message, clergy from our ELCC congregations all participated. And the potluck gave everyone a tasty time to connect! See you next year.



Calendar

Wednesday, August 19

Thursday, August 20

Friday, August 21

Saturday, August 22

Sunday, August 23

10:00 AM Worship

11:00 AM Coffee and Conversation

Monday, August 24

1:00 PM Staff Meeting

7:00 PM Outreach committee, Online

Tuesday, August 25

8:30 AM Tuesday Morning Men, Online

Wednesday, August 26

7:00 PM JEDI Committee, Online

Thursday, August 27

Friday, August 28

Saturday, August 29

6:00 PM All Church BBQ

Sunday, August 30

10:00 AM Worship

11:00 AM Coffee and Conversation

Monday, August 31

10:00 AM Health and Wholeness Meeting

1:00 PM Staff

Tuesday, September 1

Porchlight moves out today

8:00 AM Tuesday Morning Men

Wednesday, September 2

You can access our
weekly online calendar
[HERE.](#)

The Reverend Lara Forbes, Lead Pastor
pastor@SALC.church

The Reverend Timothy T. Weber,
Shared-Time Pastor
timweber@t@yahoo.com

Dr. Will Simpson,
Director of Music Ministries
will@SALC.church

Doug Johnson,
Director of Youth and Family Ministries
doug@SALC.church

Sherry Grindeland, Fellowship Coordinator
sherry@SALC.church

Kurt Lutterman, Facilities Manager
kurt@SALC.church

Kathy Fisher, Communications Director
kathy@SALC.church

Vanessa Rykaczewski, Handbell Choir Director

Elaine Koga, Choir Accompanist

Abby Kasper, Facilities Set-up

April Daniel, Records Administrator

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

SALC Family Social Media Accounts:



Find us on:

