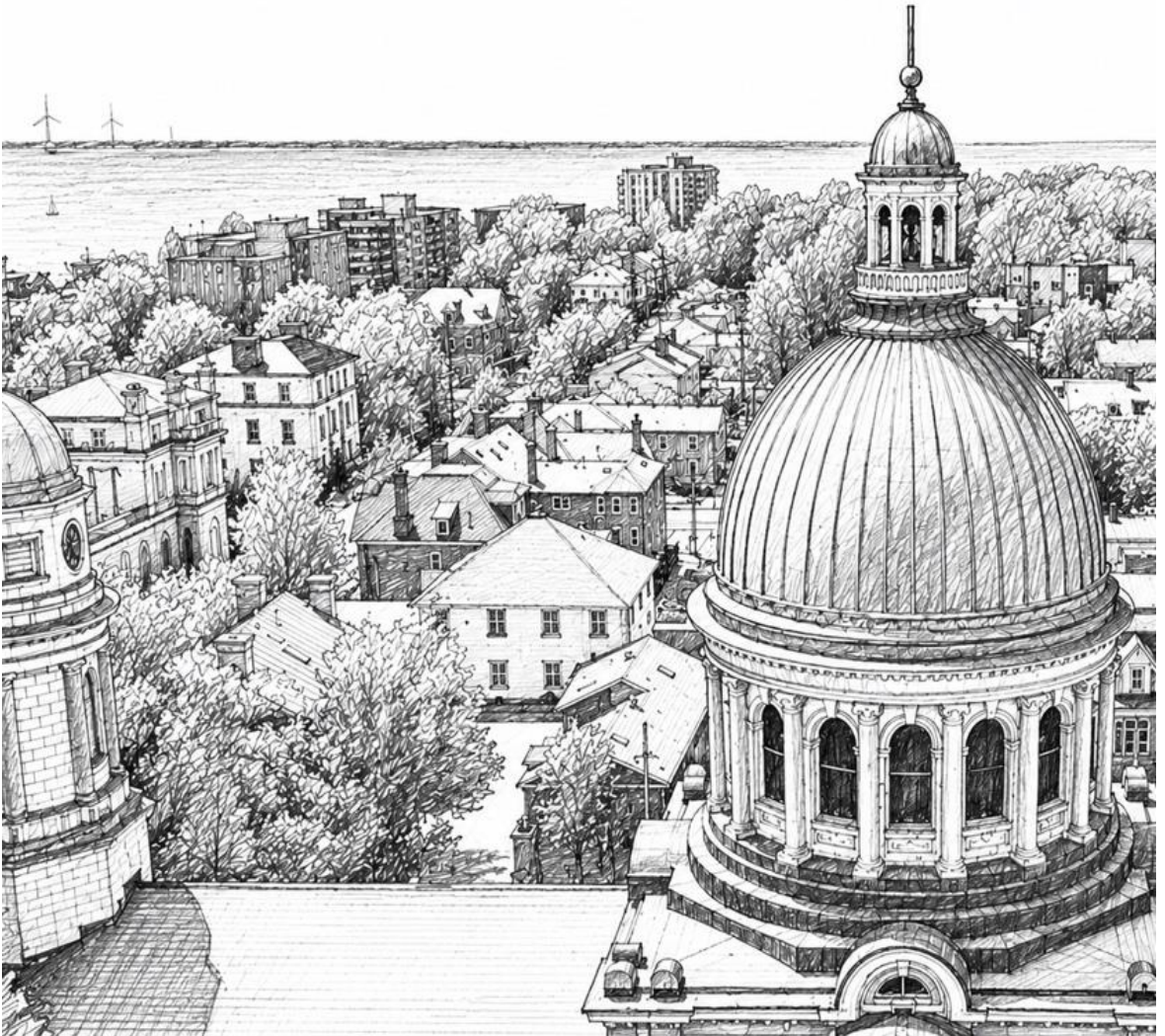


THE HOLY EUCHARIST

The Twelfth Sunday after Pentecost



The Cathedral Church of Saint George

16 August 2026 • 10:30 a.m.

Welcome to St George's Cathedral

We are so glad you're here! Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here! Please join us in the entryway for a time of fellowship after the service. Sunday School is on holiday this Sunday; however, children and a grown up may take themselves to the Library if you desire a quiet space with activities. You may follow online with the service online (www.stgeorgescathedral.ca/worship). We are thrilled you have decided to worship with us!

Land Acknowledgement

We acknowledge that in Kingston we are situated on traditional territory of the Anishinaabe, Haudenosaunee, and Huron Wendat peoples. We seek a new relationship with the original peoples of this land, one rooted in and based upon honour and deep respect.

Leading the Service

<i>Presider</i>	The Venerable Bob Hales
<i>Preacher</i>	The Reverend Sarah Earl
<i>Organist</i>	Brad Barbeau

Assisting with the Service

<i>Reader</i>	Theo Bruce	<i>Livestream</i>	Derek F. & Peter M.
<i>Servers</i>	Derek Falkner & Gerald Courage	<i>Intercessor</i>	Irene Courage
<i>Lay Ministers</i>	Jim Parrish & Peter Gower	<i>Vergers</i>	Jane Kirkpatrick
<i>Sidespeople</i>	Dr. Lois Jaja & Brian Hinché		

Eucharistic Prayer

The Book of Alternative Services, Prayer 2

The Gathering of the Community

Prelude

The people stand as the procession enters the Cathedral.

Processional Hymn | Sung by all.



Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.

2 O loving wisdom of our God!
When all was sin and shame,
a second Adam to the fight
and to the rescue came.

3 O wisest love! that flesh and blood,
which did in Adam fail,
should strive afresh against the foe,
should strive and should prevail;

4 And that a higher gift than grace
should flesh and blood refine,
God's presence and his very self,
and essence all-divine.

5 And in the garden secretly,
and on the cross on high,
should teach his brethren, and inspire
to suffer and to die.

6 Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.

Gerontius

John Bacchus Dykes 1823-76

John Henry Newman 1801-90

The people are seated.

Welcome & Land Acknowledgement

The Opening Acclamation

Celebrant

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People

And also with you.

Celebrant

People

Almighty God,

to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Gloria in Excelsis | Said by all.

Celebrant

Glory to God in the highest,

People

and peace to his people on earth.

**Lord God, heavenly king, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father: receive our prayer.
For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father. Amen.**

The Collect of the Day

Celebrant

A Almighty God, you have broken the tyranny of sin and sent into our hearts the Spirit of your Son. Give us grace to dedicate our freedom to your service, that all people may know the glorious liberty of the children of God; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People

Amen.

The people are seated.

The Proclamation of the Word

The First Lesson | Genesis 45:1-15

Then Joseph could no longer control himself before all those who stood by him, and he cried out, "Send everyone away from me." So no one stayed with him when Joseph made himself known to his brothers. And he wept so loudly that the Egyptians heard it, and the household of Pharaoh heard it. Joseph said to his brothers, "I am Joseph. Is my father still alive?" But his brothers could not answer him, so dismayed were they at his presence. Then Joseph said to his brothers, "Come closer to me." And they came closer. He said, "I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, 'Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there - since there are five more years of famine to come - so that you and your household, and all that you have, will not come to poverty.' And now your eyes and the eyes of my brother Benjamin see that it is my own mouth that speaks to you. You must tell my father how greatly I am honoured in Egypt, and all that you have seen. Hurry and bring my father down here." Then he fell upon his brother Benjamin's neck and wept, while Benjamin

wept upon his neck. And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

<i>Reader</i>	The word of the Lord.
<i>People</i>	Thanks be to God.

Psalms 67 | The people repeat the refrain as indicated.

REFRAIN: May God be gracious to us and bless us and make his face to shine upon us.

May God be merciful to us and bless us, show us the light of his countenance and come to us. ***Refrain***

Let your ways be known upon earth, your saving health among all nations.
Let the peoples praise you, O God; let all the peoples praise you. ***Refrain***

Let the nations be glad and sing for joy, for you judge the peoples with equity and guide all the nations upon earth.
Let the peoples praise you, O God; let all the peoples praise you. ***Refrain***

The earth has brought forth her increase; may God, our own God, give us his blessing.
May God give us his blessing and may all the ends of the earth stand in awe of him. ***Refrain***

Blessed are you, Lord our God, light of the earth and health of the nations; you lead us in the way of justice and mercy, through Jesus Christ our Lord.

The Second Lesson | Romans 11:1-2A, 29-32

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew, for the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

<i>Reader</i>	The word of the Lord.
<i>People</i>	Thanks be to God.

Gradual Hymn | Sung by all, standing as able.



In Christ there is no east or west,
In him no south or north,
But one great fellowship of love
Throughout the whole wide earth.

2 In him shall true hearts everywhere
Their high communion find;
His service is the golden cord,
Close binding humankind.

3 Join hands, companions of the faith,
Whate'er your race may be.
Who serves our Father through his Son
Is surely kin to me.

4 In Christ now meet both east and west,
In him meet south and north;
All Christlike souls are one in him,
Throughout the whole wide earth.

St Peter

Alexander R. Reinagle 1799-1877

John Oxenham 1852-1941

The Holy Gospel | Matthew 15: 10-20, 21-28

Gospeller

The Lord be with you.

People

And also with you.

Gospeller

The Holy Gospel of our Lord Jesus Christ according to Matthew

People

Glory to you, Lord Jesus Christ

Then Jesus called the crowd to him and said to them, "Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles." Then the disciples approached and said to him, "Do you know that the Pharisees took offence when they heard what you said?" He answered, "Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit." But Peter said to him, "Explain this parable to us." Then he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile."

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her,

"Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

Gospeller

The Gospel of Christ.

People

Praise to you, Lord Jesus Christ.

The people are seated at the invitation of the preacher.

The Sermon | The Rev. Sarah Earl

Silence may be kept. The people stand as able.

The Nicene Creed

Celebrant

Let us confess our faith, as we say,

People

We believe in one God, the Father, the Almighty,

maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified.

He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come Amen.

The people sit or kneel as they wish.

The Prayers of the People

Confession & Absolution

Celebrant

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Celebrant

Most merciful God,

People

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your

Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People

Amen.

The people stand as able.

The Peace

Celebrant

The peace of the Lord be always with you.

People

And also with you.

The people greet one another with a sign of God's peace.

Holy Communion

Offertory Hymn | Sung by all, standing as able.



Jerusalem the golden,
With milk and honey blest,
Beneath thy contemplation
Sink heart and voice oppress.
I know not, O I know not,
What social joys are there,
What radiancy of glory,
What light beyond compare.

3 There is the throne of David,
And there, from care released,
The song of them that triumph,
The shout of them that feast;
And they who, with their Leader,
Have conquered in the fight,
For ever and for ever
Are clad in robes of white.

2 They stand, those halls of Sion,
Conjubilant with song,
And bright with many an angel,
And all the martyr throng;
The Prince is ever in them,
The daylight is serene,
The pastures of the blessed
Are decked in glorious sheen.

4 O sweet and blessed country,
Shall I ever see thy face?
O sweet and blessed country,
Shall I ever win thy grace?
Exult, O dust and ashes!
The Lord shall be thy part:
His only, his for ever,
Thou shalt be, and thou art!

Ewing

Alexander Ewing 1830-95

vv 1-3 Bernard of Cluny 12th century, tr J.M. Neale 1818-66

v 4 Hymns Ancient and Modern 1861

An offering is received to support the ministry of the Cathedral. Please visit www.stgeorgescathedral.ca/give to give online.

Prayer Over the Gifts

Celebrant Loving God and Father, you have adopted us to be your heirs.
Accept all we offer you this day and give us grace to live as faithful children.
We ask this in the name of Jesus Christ our Lord.

People **Amen.**

The Great Thanksgiving

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Celebrant We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things.

By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all.

In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people.

He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence.

Now with all creation we raise our voices to proclaim the glory of your name.

People **Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Celebrant Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you.

We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ.

All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever.

People **Amen.**

The Lord's Prayer

Celebrant And now, as our Saviour Christ has taught us, we are bold to say,

People **Our Father, who art in heaven,
hallowed be thy name, thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation
But deliver us from evil. For thine is the kingdom,
the power, and the glory, for ever and ever. Amen.**

The Breaking of the Bread

Celebrant We break this bread to share in the body of Christ.

People **We, being many, are one body, for we all share in the one bread.**

All baptized Christians are welcome to receive communion in this Church. Please move to the rail at the direction of the ushers. You may receive the bread in open and outstretched hands, responding: "Amen." Gluten-free wafers are available; please make your need known to the minister. If you prefer not to receive wine from the common cup, you may simply touch the base of the chalice, again responding: "Amen." Should you wish to receive a blessing, please indicate that to the priest by crossing your arms over your chest.

The Prayer After Communion

Celebrant Eternal God, we have received a token of your promise. May we who have been nourished by holy things live as faithful heirs of your promised kingdom, in the name of Jesus Christ our Lord.

People **Amen.**

The people stand as able.

Celebrant

Glory to God,

People

whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

The Blessing

Celebrant

Life is short, and we do not have much time to gladden the hearts of those who journey with us. And so make haste to love, and be swift to be kind; And may the God who travels with us, the God of pilgrimage, the God of Hope, bless, care and keep you, Father, Son and Holy Spirit, now and always.

People

Amen.

The Dismissal

Celebrant

Go forth in the name of Christ.

People

Thanks be to God.

Recessional Hymn | Sung by all, standing as able.



Dear Lord and Father of humankind,
forgive our foolish ways;
re-clothe us in our rightful mind,
in purer lives thy service find,
in deeper reverence praise.

4 Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace.

2 In simple trust like theirs who heard,
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word
rise up and follow thee.

5 Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind,
and fire,
O still small voice of calm.

3 O Sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity,
interpreted by love!

Repton

C. H. H. Parry 1848-1918

John Greenleaf Whittier 1807-92

Postlude *Elegy*, C. H. H. Parry 1848-1918

The Cathedral Church of St George

www.stgeorgescathedral.ca

The Very Reverend Douglas Michael, *Dean & Rector*
Brad Barbeau, *Director of Music*

