

Faithless Fear



Surrendered Emotions



WHAT ARE YOU AFRAID OF?

Start the conversation honestly.



Name it.



What triggers it?



What does it make you do?



THE LANGUAGE OF FEAR

— ♦ Define what you are feeling. ♦ —

WORD	HUMAN / PSYCHOLOGICAL DEFINITION	SIMPLE WAY TO SAY IT
 STARTLED	An automatic reflexive response to a sudden, unexpected stimulus—noise, movement, touch, etc. It happens before conscious thought.	<i>“Something surprised me.”</i>
 FRIGHTENED	A short-term emotional reaction when something is perceived as threatening or dangerous.	<i>“Something scared me.”</i>
 AFRAID	A broader emotional state of anticipating danger, harm, loss, rejection, failure, or another unwanted outcome.	<i>“I think something bad might happen.”</i>
 TERRIFIED	Fear at an extreme intensity, often accompanied by strong physical reactions and difficulty thinking calmly.	<i>“I feel overwhelmed by the danger.”</i>
 PHOBIA	A persistent, excessive fear of a particular object or situation that can produce avoidance even when the actual danger is small.	<i>“My fear is controlling my behavior.”</i>
 FEAR	The overall emotional and physiological response to a perceived threat—real or imagined, present or anticipated.	<i>“My mind and body sense a threat.”</i>



THE BIBLE'S LANGUAGE OF FEAR

Define it — continued.



Fear Nothing

Isaiah 41:10

God is with you; don't be afraid.

Psalms 27:1

The Lord is my light and salvation.

John 14:27

Jesus gives peace, not fear.



Fear God

Proverbs 9:10

The fear of the Lord is wisdom.

Ecclesiastes 12:13

Fear God and keep His commands.

Matthew 10:28

Fear God who holds eternal power.



Fear Condemned

Revelation 21:8

The fearful will have their part in the lake.

2 Timothy 1:7

God gave us power, love, and self-control.

Mark 4:40

Jesus rebuked the disciples' fear.

FEAR DOESN'T ALWAYS LOOK AFRAID

Sometimes fear hides behind posture, attitude, or aggression.



Fear doesn't always get confronted with fear.



Shame



Pride



Cruelty



• CONFRONT IT •

4 WALLS OF FEAR

Know the walls. Break the hold.



2 TIMOTHY 1:7 (KJV)

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.



REMOVE IT

Abide in His presence, and fear loses its place.



John 15:4 (KJV)

“Abide in me, and I in you.”



Whatever we fear, we are tempted to make our lord. Abiding puts God back in His rightful place.

