

ENTERING THE SANCTUARY OF HIS REST

Part 3: Beyond the Perimeter • Dr. Deljuan Mitchell

BEYOND THE PERIMETER

THE SECURED BOUNDARY

Over the last two weeks, we stood on the wall like Nehemiah. We appointed watchmen, locked heavy gates, and unlocked the holy authority of "No." But boundaries are not the final destination—they are merely the preparation.

THE SACRED INNER SPACE

We did not secure our perimeter to sit in an empty, silent room. We barred the world out so that we could step directly into the unhindered presence of the Living God without daily distraction or interruption.

THE COVENANT INVITATION

"COME UNTO ME, ALL YE THAT LABOUR AND ARE HEAVY LADEN, AND I WILL GIVE YOU REST." — MATTHEW 11:28

- ✦ **Anapauo (ἀναπαύω):** A compound military command meaning to halt warfare, drop heavy armor, unpack, and completely recreate strength.
- ✦ **Capacity Restored:** This is a military decision to allow Christ to rebuild what labor drained. It is a restoration of capacity rather than a simple nap.



Ancient warrior dropping heavy armor at altar

THE LAW OF EARLY CROSSING

"AND ABRAHAM ROSE UP EARLY..." — GENESIS 22:3

The download from heaven is received in the stillness of the dawn.
Before the sun gets hot, and before the day demands your
administrative energy, the spiritual atmosphere is clear.
Saddling the donkey early is a deliberate physical trade. You trade
temporary sleep for eternal strategy.

 Morning pathway in misty mountains reflecting early rise and focus

SEEING AFAR: PROTOCOL OF VISION

"ABRAHAM LIFTED UP HIS EYES, AND SAW THE PLACE AFAR OFF." —

GENESIS 22:4

- ♦ **Prophetic Visualization:** Abraham did not focus on the steep, rocky terrain in front of him. He visualized the end of the circuit before he even climbed.
- ♦ **Strategic Elevation:** In the quiet place, God expands your horizon past daily fire-fighting so you can see the ram in the thicket.



PERSONALIZING THE SANCTUARY



GEOGRAPHY

Changing your physical location (exotic vacation, trips, cruises) to escape daily routines and hear God clearly.



THE TEMPLE

Serene, clean spaces (professional saunas, relaxing massage) that calm the physical flesh to quiet the inner soul.



THE OUTDOORS

Hiking, early morning fishing, or isolated walking in untouched nature to decompress your mind.

WARNING: CARNAL COUNTERFEITS

OCCULTIC SELF-CARE

Do not mix the rest of the Holy Ghost with carnal wellness trends. We must actively reject **Yoga** (worshiping Eastern deities), **Reiki** (channeling ungodly spirits), and **New Age** energy manipulation. We seek the Creator, not creation.

THE ALIGNED COVENANT

You do not need to align your chakras; you need to align your heart with the Word. Rely on the laying on of hands by church elders to stir up the Holy Spirit, seeking pure and undefiled rest in God's presence.

The Secret Place Protocol

Phase	Active Operational Protocol	Scripture Foundation
1. Confession	Come clean, drop public masks/titles, reveal faults, and get real with God.	Psalm 32:5, 1 John 1:9
2. Direction	Request spiritual coordinates; ask Him to order your upcoming steps in the Word.	Psalm 37:23, Psalm 119:133
3. Meditation	Be completely still, silence human talk, and listen for the quiet, still whisper.	Psalm 46:10

BE STILL AND LISTEN

"BE STILL, AND KNOW THAT I AM GOD..." — PSALM 46:10

Will you leave your heavy labor at the base of the mountain today? Step past your secure wall, lay down your public armor, and commune face-to-face in the sanctuary of His quietness.

After you have confessed and requested direction, sit in absolute stillness. Allow the Holy Spirit to minister and download the divine strategy into your quieted soul.



IMAGE SOURCES



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