

St Stephen the Martyr Anglican Church, Burnaby

Sunday, August 9, 2026 – 10 AM
The 11th Sunday after Pentecost



Holy Eucharist

with Zoom Option

The Zoom codes for all our worship services are:

Meeting ID: 83846564281 Passcode: 244245 Dial In: 778 907 2071

<https://us06web.zoom.us/j/83846564281?pwd=DxZqcFXDEK6Fi7uS7Srv906FS7Xd3l.1>

The Gathering of the Community

*Thank you for joining us for worship this morning! This document provides a guide for our time together. You are invited to join in saying the words in **bold**. Bookmarks to pre-mark the hymnals are available where you picked up this guide. Hymns today are in the blue "Common Praise" hymnals.*

Words of Welcome & a Territorial Acknowledgement

Opening Hymn "Today I Awake" CP-9

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.
And also with you.

Almighty God,
to you all hearts are open, all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

The Collect of the Day

Divine Sower, you scatter your seed generously: may we be rich soil and receive your gift so freely given, so that we may revel in love's abundant, reckless growth; through Jesus Christ, the grain of life.
Amen.

Children's Talk

Gloria "Glory to God" CP-702

The Proclamation of the Word

The First Reading Genesis 37:1-4, 12-28 Read by Bob R

Jacob settled in the land where his father had lived as an alien, the land of Canaan. These are the descendants of Jacob. Joseph, being seventeen years old, was shepherding the flock with his brothers; he was a helper to the sons of Bilhah and Zilpah, his father's wives, and Joseph brought a bad report of them to their father.

Now Israel loved Joseph more than any other of his children because he was the son of his old age, and he made him an ornamented robe. But when his brothers saw that their father loved him more than all his brothers, they hated him and could not speak peaceably to him.

Now his brothers went to pasture their father's flock near Shechem. And Israel said to Joseph, "Are not your brothers pasturing the flock at Shechem? Come, I will send you to them." He answered, "Here I am." So he said to him, "Go now, see if it is well with your brothers and with the flock, and bring word back to me." So he sent him from the valley of Hebron. He came to Shechem, and a man found him wandering in the fields; the man asked him, "What are you seeking?" "I am seeking my brothers," he said; "tell me, please, where they are pasturing the flock." The man said, "They have gone away, for I heard them say, 'Let us go to Dothan.'" So Joseph went after his brothers and found them at Dothan.

Jacob has had twelve sons and, as a result of a struggle with God, has received a new name: Israel. Now, following the death of his father Isaac, he settles in the land of Canaan

They saw him from a distance, and before he came near to them they conspired to kill him. They said to one another, "Here comes this dreamer. Come now, let us kill him and throw him into one of the pits; then we shall say that a wild animal has devoured him, and we shall see what will become of his dreams." But when Reuben heard it, he delivered him out of their hands, saying, "Let us not take his life." Reuben said to them, "Shed no blood; throw him into this pit here in the wilderness, but lay no hand on him"—that he might rescue him out of their hand and restore him to his father.

So when Joseph came to his brothers, they stripped him of his robe, the ornamented robe that he wore, and they took him and threw him into a pit. The pit was empty; there was no water in it. Then they sat down to eat, and looking up they saw a caravan of Ishmaelites coming from Gilead, with their camels carrying gum, balm, and resin, on their way to carry it down to Egypt. Then Judah said to his brothers, "What profit is it if we kill our brother and conceal his blood? Come, let us sell him to the Ishmaelites and not lay our hands on him, for he is our brother, our own flesh." And his brothers agreed.

When some Midianite traders passed by, they drew Joseph up, lifting him out of the pit, and sold him to the Ishmaelites for twenty pieces of silver. And they took Joseph to Egypt.

Hear what the Spirit is saying to God's People.
Thanks be to God!

The Psalmⁱⁱ
Psalm 105: 1-6, 16-22 *Our cantor today is Bob D.*

The cantor sings the refrain first, then everyone repeats it the second time. The cantor sings the verses.



Re - call the won - ders that God has per - formed.

Refrain: Recall the wonders that God Has performed

Give thanks to our God and call upon the holy Name; make known God's deeds among the peoples. Sing to God, sing praises to the Holy One, and speak of all God's marvellous works.

Refrain: Recall the wonders that God Has performed

Glory in the holy Name; let the hearts of those who seek God rejoice. Let us search for you and your strength, O God, let us continually seek your face.

Refrain: Recall the wonders that God Has performed

Let us remember the marvels you have done, your wonders and the judgments of your mouth, O offspring of Abraham your servant, O children of Jacob your chosen.

Refrain: Recall the wonders that God Has performed

Then you called for a famine in the land and destroyed the supply of bread. You sent a man before them, Joseph, who was sold as a slave. They bruised his feet in fetters; his neck they put in an iron collar.

Refrain: Recall the wonders that God Has performed

Until his prediction came to pass, the word of God tested him. The king sent and released him; the ruler of the peoples set him free.

Refrain: Recall the wonders that God Has performed

He set him as master over his household, as a ruler over all his possessions, To instruct his princes according to his will and to teach his elders wisdom. Hallelujah!

Refrain: Recall the wonders that God Has performed

The Second Reading

Romans 10:5-15 Read by Barb

Paul has noted that Greeks have attained oneness with God without diligently pursuing it, while Jews have strived for such righteousness without achieving it. Their approach has been through the Law rather than directly with God.

Moses writes concerning the righteousness that comes from the law, that "the person who does these things will live by them." But the righteousness that comes from faith says, "Do not say in your heart, 'Who will ascend into heaven?'" (that is, to bring Christ down) "or 'Who will descend into the abyss?'" (that is, to bring Christ up from the dead). But what does it say? "The word is near you, in your mouth and in your heart" (that is, the word of faith that we proclaim), because if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from

the dead, you will be saved. For one believes with the heart, leading to righteousness, and one confesses with the mouth, leading to salvation. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For "everyone who calls on the name of the Lord shall be saved." But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, "How beautiful are the feet of those who bring good news!"

Hear what the Spirit is saying to God's People.

Thanks be to God!

Gospel Acclamation

"Alleluia" CP-710



The Gospel Reading
Matthew 14:22-33

The Lord be with you.
And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, Lord Jesus Christ.

Jesus has performed a miracle; he has multiplied loaves and fishes to feed five thousand men, plus women and children. Now he shows to his disciples his power over the chaotic forces of the sea.

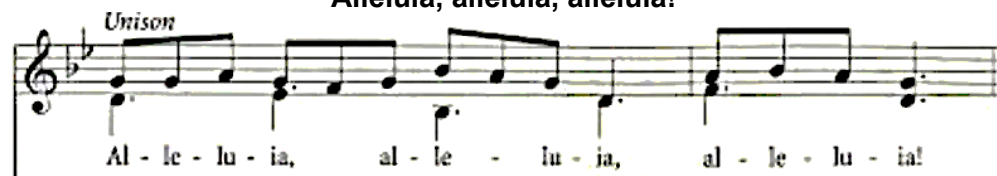
Immediately he made the disciples get into a boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray.

When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid." Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come."

So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and, beginning to sink, he cried out, "Lord, save me!" Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God."

The Gospel of Christ
Praise to You, Lord Jesus Christ.

Gospel Acclamation
"Alleluia" CP-710
Alleluia, alleluia, alleluia!



Homily
The Ven. Ruth Monette

Opportunity for Contemplation with Musical Interlude
Catherine Ho

Let us confess the faith of our baptism, as we sing,

Affirmation of Faith
"I Believe in God Almighty" CP-44

Intercessions & Thanksgiving
led by Sara

The leader will name aloud our parish's known prayer concerns and conclude with the following prayer:

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbours, and for all those who are alone.

For this community, our country, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the gospel, and all who seek the truth.

For John our bishop, and for all bishops and other ministers;

For all who serve God in his Church.

For our own needs and those of others.

Silence. The people may add their own petitions.

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence. The people may add their own thanksgivings.

We will exalt you, O God our king;

And praise your name for ever and ever.

We pray for all those who have died in the peace of Christ,
and for those whose faith is known to you alone,
that they may have a place in your eternal kingdom.

Silence. The people may add their own petitions.

Lord, let your loving kindness be upon them;

Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Have mercy upon us, most merciful Father;

**in your compassion, forgive us our sins,
known and unknown, things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honour and glory of your name;
through Jesus Christ our Lord. Amen.**

The Absolution

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.
Amen.

The Peaceⁱⁱⁱ

The peace of the Christ be always with you.

And also with you.

The congregation is invited to share a sign of the peace of Christ with one another.

Offertory Hymn

"Jesus Calls Us! O'er the Tumult" CP-432

During the singing of the Offertory Hymn, the greeters will bring the offering plates through the congregation. Financial offerings may be placed in the plates at the entrances to the worship space or made online at www.ststephenburnaby.ca/pages/donate. St Stephen's depends on the generosity of our members and visitors to continue to offer Christ's light to our neighbours.

Prayer Over the Gifts

Father, your word creates in us a yearning for your kingdom. Receive all we offer you this day, and keep us in your peace; for the sake of Jesus Christ the Lord.

Amen.

The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right to give you thanks and praise, O Lord, our God, sustainer of the universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home; by your will they were created and have their being.

Glory to you for ever and ever.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill; you made us the stewards of creation.

Glory to you for ever and ever.

But we turn against you, and betray your trust; and we turn against one another.

Again and again you call us to return.

Through the prophets and sages you reveal your righteous law.

In the fullness of time you sent your Son, born of a woman, to be our Saviour.

He was wounded for our transgressions, and bruised for our iniquities.

By his death he opened to us the way of freedom and peace.

Glory to you for ever and ever.

Therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus

"Holy, Holy, Holy Lord" CP-735

**Holy, holy, holy Lord, God of power and might.
Holy, holy, holy Lord, God of power and might,
heaven and earth are full, full of your glory.
Hosanna in the highest, hosanna in the highest.**

**Blessèd is he who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest.**

Blessed are you, Lord our God, for sending us Jesus, the Christ, who on the night he was handed over to suffering and death, took bread, said the blessing, broke the bread, gave it to his friends, and said, "Take this, and eat it: this is my body which is given for you. Do this for the remembrance of me."

In the same way, after supper, he took the cup of wine; he gave you thanks, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Glory to you for ever and ever.

Gracious God, we recall the death of your Son Jesus Christ, we proclaim his resurrection and ascension, and we look with expectation for his coming as Lord of all the nations. We who have been redeemed by him, and made a new people by water and the Spirit, now bring you these gifts.

Send your Holy Spirit upon us and upon this offering of your Church, that we who eat and drink at this holy table may share the divine life of Christ our Lord.

Glory to you for ever and ever.

Pour out your Spirit upon the whole earth and make it your new creation.

Gather your Church together from the ends of the earth into your kingdom, where peace and justice are revealed, that we, with all your people, of every language, race, and nation, may share the banquet you have promised; through Christ, with Christ, and in Christ, all honour and glory are yours, creator of all.

Glory to you for ever and ever.

Amen.

Gathering our prayers and praises into one, let us pray as our Saviour taught us.

"The Lord's Prayer"

By Nattaniel Bádue

words and music on page 11

The Breaking of the Bread

We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread.

"Agnus Dei"

by Nattaniel Bádue

Words and music on page 12

The Communion

The gifts of God for the people of God.

Thanks be to God.

Come to this table not because you must, but because you may.

Come not because you have all faith, but because you have some faith and would like to grow.

Come because you love the Lord and would like to love more.

Come because all is ready and because you are his body.^{iv}

Communion Hymns

"How Clear is Our Vocation"

CP-466

"As We Gather at Your Table"

CP-61

"Holy Spirit, Come to Us"

SNC-161

HOLY SPIRIT, COME TO US

The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) in G major (one sharp) and 4/4 time. It consists of two systems of music. The first system has two staves (Soprano/Alto and Bass/Tenor) with lyrics in English and Latin. The second system also has two staves with the same lyrics. The music features a mix of half notes, quarter notes, and eighth notes, with some chords. The lyrics are: "Ho - ly Spir - it, come to us, kin - dle in us the fire of your love. Ve - ni San - cte Spir - i - tus, tu - i a - mo - ris i - gnem ac - cen - de." and "Ho - ly Spir - it, come to us. Ho - ly Spir - it, come to us. Ve - ni San - cte Spir - i - tus, ve - ni San - cte Spir - i - tus."

Ho - ly Spir - it, come to us, kin - dle in us the fire of your love.
Ve - ni San - cte Spir - i - tus, tu - i a - mo - ris i - gnem ac - cen - de.

Ho - ly Spir - it, come to us. Ho - ly Spir - it, come to us.
Ve - ni San - cte Spir - i - tus, ve - ni San - cte Spir - i - tus.

To Receive Communion:

Please come forward to the step before the Altar to receive. We begin with the choir, the tech team, and the pews behind them and then move to the other side. Be attentive to physical distancing as you move within the space. To receive, extend both hands, one on top of the other so that the wafer may be placed on your palm. For the wine, you may take a sip from the chalice. We do not dip the wafer into the wine.

If you are not receiving wine, you may stay until the chalice is offered to you or return to your seat immediately.

If you would prefer a blessing instead, please ask for one.

If you need Communion brought to you, please alert a greeter or wave at the priest when everyone else has received.

Those on Zoom will say this prayer together.

If you are attending in-person, but are not receiving communion at this time, you may also wish to say the following prayer.

In union, O God, with all your faithful people gathered wherever the eucharist is celebrated this day, we offer you praise and thanksgiving for creation and all the blessings of this life, for the redemption given to us through the life, death and resurrection of Christ, and for the means of grace and the hope of glory.

We pray that we may know you in heart, and soul and mind. Let nothing separate us from you. May we serve you in this life until, by your grace, we come to your promised reign of justice and peace; through Christ and in the unity of the Spirit. Amen.

Prayer after Communion

Living God, in this sacrament we have shared in your eternal kingdom. May we who taste this mystery forever serve you in faith, hope, and love. We ask this in the name of Jesus Christ the Lord.

Glory to God,

Whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Announcements

Sara

Blessing

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord and the blessing of God our Creator, Redeemer and Giver of life be with you always.

Amen.

Sending Hymn

"To God Be the Glory" CP-371

Dismissal^v

Go forth in the name of Christ

Thanks be to God.

~ ~ ~ ~

Please join us for tea and coffee in the Parish Hall.

The Lord's Prayer

Nattaniel Bádue

Folk-guarania ♩ = 94

Chords: Eb Gsus4 G *mf* C G Bb

Voice:

Our Fa - ther in heav - en hal - lowed be your

V. (Violoncello):

name your king - dom come your will be done on earth as in heav - en.

Chords: F C F C Bb G

V. (Violoncello):

Give us to - day our dai - ly bread, for give us our sins as we for -

Chords: Am Em F C F C

V. (Violoncello):

-give those who sin a - gainst us. Save us from the time of

Chords: F C Bb G C

V. (Violoncello):

trial and de - liv - er us from e - vil for the king - dom the

Chords: G Dm C F

V. (Violoncello):

po - wer and the glo - ry are yours. Now and for

Chords: C Bb Gsus4 G *f* Am G

V. (Violoncello):

ev - er. Now and for e - ver.

Chords: C G Am F G7 *rall.* Csus4 C

Agnus Dei

Nattaniel Bádue

Bb Bb Cm7

5 Fm7 Eb/G Bbsus4 Bb Ab/Bb Eb/Bb Bb

9 Bb Gm Cm Ab Eb Ab/Eb Eb

13 Ab Eb Eb Gm6 Ab

18 Eb Db rall. Ab Eb

Lamb of God you take a - way the sins of the world. Have mer - cy on us. Lamb of God you take a - way the sins of the world. Have mer - cy on us. Lamb of God you take a - way the sins of the world. Grant - - - us peace.

St STEPHEN'S CONTACT INFORMATION

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Curate: The Reverend Neil Jongbloed

Music Director: Catherine Ho (for August)

Office Assistant: Sam Jamieson

Rental Coordinator: Lois Holmlund

rentals@ststephenburnaby.ca

Wardens: Val Krause and Sara Shaw

Associate Warden: Sandra Sutherland

THANK YOU THIS WEEK to our choir members, our readers, our tech support (Shin & Josie), and to our other volunteer servers this Sunday: Our Zoom host: Barb; Parish host: Sara; our greeters: Judy & Man; Lay Administrator, Janet & Bob; Sacristan; our Offering custodian Bob R; Altar Guild: Roxee & Josie; and Coffee hosts: Betty & Man

TERRITORIAL ACKNOWLEDGEMENT: WE ACKNOWLEDGE THAT ST. STEPHEN THE MARTYR IS LOCATED ON THE UNCEDED LANDS OF THE COAST SALISH PEOPLES, ON THE SHARED TRADITIONAL TERRITORY OF SK̓W̓X̓W̓Ú7MESH (SQUAMISH), səliłwətał (TSLEIL-WAUTUTH), X̓w̓MƏΘK̓w̓ƏY̓ƏM (MUSQUEAM) AND k̓w̓ik̓w̓əłəm KWIKWETLEM (COQUITLAM) FIRST NATIONS.

Liturgical Note:

In the context of Christian worship, Israel does not refer to the current political state but either to the historic Hebrews of the ancient Near East, or in Christian theology, to all people who put their faith and trust in Jesus Christ.

Elements of this liturgy without an endnote come from the Book of Alternative Services. (BAS).

The prayer for those not receiving Holy Communion is borrowed from Holy Trinity Cathedral, New Westminster.

The summaries of the scripture readings are from Comments, a ministry of the Anglican Diocese of Montreal.

Hymns, unless noted otherwise, are from the "Common Praise" hymnal of the Anglican Church of Canada. All other hymns are licenced via: OneLicence Church Music copyright permission.

Endnotes

ⁱ The Collect is from Prayers for an Inclusive Church (2009)

ⁱⁱ The Psalm is from the George Black Psalter <https://theredeemer.ca/music/george-black-psalter/>

ⁱⁱⁱ The Peace is from Times & Seasons, Church of England

^{iv} Invitation words from Iona.

^v The Dismissal is from Pray Without Ceasing