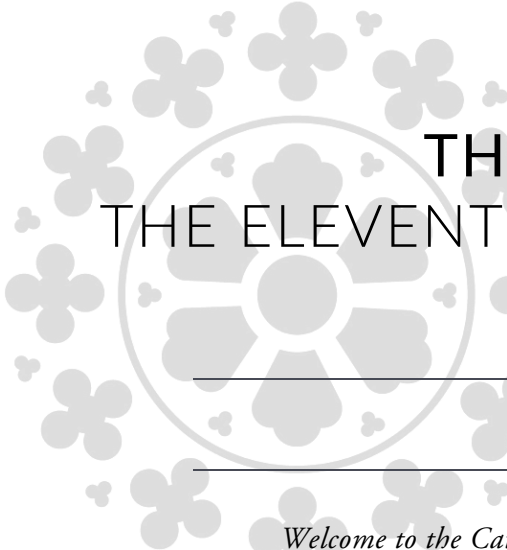




THE HOLY EUCHARIST

THE ELEVENTH SUNDAY AFTER PENTECOST:

PROPER 19

Sunday, August 9, 2026, 10.30 am

Welcome to the Cathedral Church of the Anglican Diocese of British Columbia.

*We respectfully acknowledge that we gather to worship on the ancestral lands
of the Esquimalt and Songhees Nations, with whom we are in relationship to seek reconciliation.*

This service is being broadcast live on the internet.

By attending, you acknowledge and consent to the fact that video images of you may appear there.

Today's service ("the liturgy") is the work of the whole People of God, and all are encouraged to speak the responses in **bold** and sing the hymns, found in the blue *Common Praise* hymnal.

The Gathering

PRELUDE *Prelude on "Aberystwyth"*

Healey Willan (d. 1968)

LAND ACKNOWLEDGEMENT AND WELCOME

The people stand as the procession enters.

HYMN 372

Gerontius

**Praise to the Holiest in the height,
and in the depth be praise,
in all his words most wonderful,
most sure in all his ways.**

**O loving wisdom of our God!
When all was sin and shame,
a second Adam to the fight
and to the rescue came.**

**O generous love! that flesh and blood,
which did in Adam fail,
should strive afresh against the foe,
should strive, and should prevail;**

**and that the highest gift of grace
should flesh and blood refine,
God's presence, and his very self,
and essence all-divine;**

who in the garden secretly,
and on the cross on high,
should teach his follow'rs, and inspire
to suffer and to die.

Praise to the Holiest in the height,
and in the depth be praise,
in all his words most wonderful,
most sure in all his ways!

Text: John Henry Newman. (1801-1890), alt. Music: John Bacchus Dykes (8123-1876).

DOMINICAL GREETING

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be
with you all.
And also with you.

GLORIA IN EXCELSIS

English Language Liturgical Consultation

Glory to God in the highest,
and peace to God's people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Let us hold this moment open to God's grace.
Almighty God, you sent your Holy Spirit to be the life and light of your Church. Open our hearts to
the riches of your grace, that we may bring forth the fruit of the Spirit in love, joy, and peace;
through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now
and for ever.
Amen.

The people sit.

The Proclamation of the Word

THE FIRST READING

1 Kings 19.9-18

The Word of the Lord.

Thanks be to God.

PSALM 85.8-13

The psalm is spoken, alternating by whole verse between a vested minister and the congregation, with a brief breath at the asterisk.

I will listen to what you, Lord God, are saying, *
for you are speaking peace to your faithful people
and to those who turn their hearts to you.

Truly, your salvation is very near to those who fear you, *
that your glory may dwell in our land.

Mercy and truth have met together; *
righteousness and peace have kissed each other.

Truth shall spring up from the earth, *
and righteousness shall look down from heaven.

Lord, you will indeed grant prosperity, *
and our land will yield its increase.

Righteousness shall go before you, *
and peace shall be a pathway for your feet.

THE SECOND READING

Romans 10.5-15

The Word of the Lord.

Thanks be to God.

HYMN 607

St. Bernard

Come, let us to the Lord our God
with contrite hearts return.
Our God is gracious, nor will leave
the desolate to mourn.

His voice commands the tempest forth
and stills the stormy wave;
and though his arm be strong to smite,
'tis also strong to save.

Long hath the night of sorrow reigned;
the dawn shall bring us light.
God shall appear, and we shall rise
with gladness in his sight.

Our hearts, if God we seek to know,
shall know him, and rejoice;
his coming like the morn shall be,
like morning songs his voice.

As dew upon the tender herb
diffusing fragrance round,
as showers that usher in the spring,
and cheer the thirsty ground,
so shall his presence bless our souls,
and shed a joyful light.
That hallowed morn shall chase away
the sorrows of the night.

Text: Hos.6.1-4; para. John Morison (d. 1798). Music: Melody Tochter Sion, Köln, 1741;
arr. Attrib. John Richardson (1818-1879)

THE HOLY GOSPEL

Matthew 14.22-33

The people stand and turn to face the Gospel as it is processed into the center aisle. The gospel is announced

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ, according to Matthew.

Glory to you, Lord Jesus Christ.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

The people sit.

HOMILY

The Very Reverend Jonathan Thomas

The people stand.

THE NICENE CREED

English Language Liturgical Consultation

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven

and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE WELCOMING OF A NEW DIRECTOR

THE PRAYERS OF THE PEOPLE

Based on the Fourth Order of Worship
The Church of South India (2004)

The intercessor bids the prayers of the community, each concluding
Lord of all, we pray:
Hear our prayer.

The presider adds the following, or another suitable collect
Through the storms of life, O God, you walk with your people in the person of Jesus your Son.
Calm our fears and strengthen our faith so that we may never doubt his presence among us but
proclaim that he is your Son, risen from the dead, living forever. Amen.

Revised Common Lectionary Prayers (2002) alt.

THE CONFESSION AND ABSOLUTION

The presider bids the confession. All may kneel, or remain standing.
Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting
them to the holy table. Let us confess our sins, confident in God's forgiveness.

A brief silence is observed.
Most merciful God,
we confess that we have sinned against you in thought, word, and deed,
by what we have done,
and by what we have left undone.

We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us,
that we may delight in your will, and walk in your ways,
to the glory of your name. Amen.

The presider, or bishop when present, pronounces God's forgiveness
Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ,
strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The people stand.

THE PEACE

The peace of Christ be always with you.
And also with you.

The people greet one another with a gesture of Christ's peace, then take their seats for the announcements.

ANNOUNCEMENTS

The Celebration of the Eucharist

OFFERTORY SENTENCE

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Ephesians 5:2



The people stand.

The people's gifts of bread, wine and money are offered at the altar. All are invited to give by placing money in the offering basket as it circulates, visiting a Tap machine, located at the Quadra Street and Burdett Avenue doors, or scanning the QR code found in this service leaflet.

HYMN 533

Aberystwyth

Jesus, lover of my soul,
let me to thy bosom fly,
while the nearer waters roll,
while the tempest still is high:
Hide me, O my Saviour, hide,
till the storm of life is past;
safe into the haven guide;
O receive my soul at last.

Other refuge have I none;
hangs my helpless soul on thee.
Leave, ah! leave me not alone;
still support and comfort me.
All my trust on thee is stayed,
all my help from thee I bring;
cover my defenceless head
with the shadow of thy wing.

Thou, O Christ, art all I want;
more than all in thee I find!
Raise the fallen, cheer the faint,
heal the sick, and lead the blind.
Just and holy is thy name;
I am all unrighteousness:
false and full of sin I am;
thou art full of truth and grace.

Plenteous grace with thee is found,
grace to cover all my sin;
let the healing streams abound;

make and keep me pure within.
 Thou of life the fountain art;
 freely let me take of thee;
 spring thou up within my heart;
 rise to all eternity.

Text: Charles Wesley (1707-1788). Music: Joseph Parry (1841-1903).

THE PRAYER OVER THE GIFTS

Evangelical Lutheran Worship (2006) alt

Merciful God, as grains of wheat scattered upon the hill were gathered together to become one bread, so let your church be gathered together from the ends of the earth into your kingdom for yours is the glory through Jesus Christ, now and for ever.

Amen.

THE GREAT THANKSGIVING

Eucharistic Prayer S1 (2001).adapt.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Holy God, Lover of creation, we give you thanks and praise for in the ocean of your steadfast love you bear us and place the song of your Spirit in our hearts. When we turn from your love and defile the earth, you do not abandon us. Your Spirit speaks through Huldah and Micah, through prophets, sages, and saints in every age, to confront our sin and reveal the vision of your new creation. Joining in the song of the universe we proclaim your glory:

Land of Rest

Ho - ly, ho - ly ho - ly Lord, God of power and might,
 heav'n and earth are full of your glo - ry. Ho - san - na in the high - est,
 Bless - ed is he who comes in the name of the Lord. Ho -
 san - na in the high - est. Ho - san - na in the high - est.

The presider continues

Gracious God, in the fullness of time you sent Jesus the Christ to share our fragile humanity. Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you.

Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by an unknown woman, Jesus gathered together those who loved him. He took

bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me." And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

Christ has died. Christ is risen. Christ will come again.

Breathe your Holy Spirit upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory, honor and blessing be yours, now and for ever.

Amen.

THE LORD'S PRAYER

As our Saviour taught us, let us pray,

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial,
and deliver us from evil.**

**For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

FRACTION SENTENCE

Bread is broken. Silence may be kept.

We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread.

THE COMMUNION

The gifts of God for the People of God.

Thanks be to God.

All are invited to receive communion around the altar rails. Gluten-free wafers are available upon request. If you prefer not to receive the Bread or Wine, simply cross your arms and a blessing will be offered. Communion ministers will come to the pews to serve any who cannot access the altar rails.

PRAYERS FOR HEALING

During the distribution of communion, prayers for healing with the laying-on-of-hands and anointing may be sought in the Lady Chapel, to the left of the high altar. Prayers may be requested for yourself or for others, and the content of prayers is held in confidence.

Let us pray.

Gracious God, in this meal you have drawn us to your heart, and nourished us at your table with food and drink, the body and blood of Christ. Now send us forth to be your people in the world, and to proclaim your truth this day and evermore, through Jesus Christ, our Saviour and Lord.

Amen.

DOXOLOGY

Glory to God,
whose power working in us
can do infinitely more than we can ask or imagine;

Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.

The Sending Forth

THE BLESSING

The presider, or bishop when present, pronounces God's blessing.
Amen.

HYMN 527

Foundation

How firm a foundation, ye saints of the Lord,
is laid for your faith in his excellent word!
What more can he say than to you he hath said,
to you who to Jesus for refuge have fled?

“Fear not, I am with thee; O be not dismayed!
For I am thy God and will still give thee aid;
I’ll strengthen thee, help thee, and cause thee to stand,
upheld by my righteous, omnipotent hand.

When through the deep waters I call thee to go,
the rivers of woe shall not thee overflow;
for I will be with thee, thy troubles to bless,
and sanctify to thee thy deepest distress.

When through fiery trials thy pathway shall lie,
my grace, all sufficient, shall be thy supply:
the flame shall not hurt thee; I only design
thy dross to consume, and thy gold to refine.

The soul that on Jesus hath leaned for repose
I will not-- I will not desert to its foes;
that soul, though all hell should endeavour to shake,
I’ll never— no, never – no, never forsake!”

Text: John Rippon (1751-1836), called “K” in A Selection of Hymns, 1787. Music: Melody Genuine Church Music, 1832; harm. Tabor, 1867.

THE DISMISSAL

Go in peace to love and serve the Lord.
Thanks be to God.

VOLUNTARY *Fanfare*

Jacques-Nicolas Lemmens (d. 1881)

*All are warmly invited to coffee hour located in the Chapter Room,
located directly behind the nave and accessible from both side aisles.*

Flowers in the cathedral are given to the glory of God.



SERVING IN TODAY'S LITURGY

Presider	The Reverend Anna E. Rossi, <i>Vicar</i>
Homilist	The Very Reverend Jonathan Thomas, <i>Dean</i>
Deacon	The Reverend Ross Bliss
Vergers	Cyrus Chan
Readers	Carol Gregg, Ian MacDonald
Intercessor	Jen Purkis
Musicians	The Christ Church Cathedral Guild of Bellringers Mark McDonald, <i>Assistant Director of Music</i>
Eucharistic Ministers	Jesse Robertson, Jen Purkis, Elsie Hepburn, Janis Wheatley
Healing Ministry	Susanna Longridge, Janine Davies
Sidespersons	Sue Black, Jen Purkis, Leah Ibbitson, Karen Young <i>The Chancel Guild, Sue Black, President</i> <i>The Cathedral Technical Team</i>

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A House of Prayer (THROUGH SEPTEMBER 6)

WEEKDAYS

Morning Prayer (Lady Chapel)

8.45 a.m. | Monday-Friday

Midweek Eucharist (St. Christopher Chapel)

12.15 p.m. | Wednesdays, excepting holidays

Evening Prayer (Lady Chapel)

5.00 p.m. | Monday-Friday

SUNDAYS

BCP Holy Eucharist

8.00 a.m. | Lady Chapel

Combined Eucharist

10.30 a.m. | Nave and Livestream

Evening Office

4.00 p.m. | Nave

Outreach to Alongside Hope

Alongside Hope (formerly The Primate's World Relief and Development Fund) is the Anglican Church of Canada's agency for sustainable development and relief. Since 1958, they have worked hand-in-hand with trusted partners in Canada and around the world on a journey of positive change. Together, they are improving health, food security and livelihoods where needs are greatest. Alongside Hope receives donations from people across Canada – Anglicans as well as non-Anglicans – and also receives funds from other sources, including Global Affairs Canada and institutional donors. Their volunteers promote Alongside Hope programs in churches and communities, to raise money and awareness about the needs of vulnerable people around the world. For more information please visit their website: alongsidehope.org

Happening this Week



Detailed information is found online.

Walking Group

Wed 12 Aug & Sat 15 Aug |
10.00 a.m.

Community Coffee Hour

Tue 11 Aug | 9.30 a.m.

Block Party: A Community Celebration

Sat 15 Aug |
10.30 a.m. – 3.30 p.m.

Summer Recital Series

Every Sunday in July &
August | 2.00 p.m.