

HOLTON ECO-PRESERVE

GARDEN NEWS

TIME TO GET BACK TO THE GARDEN

Summer is flying by and school is about to begin. In the garden we are enjoying our successes, learning from our fails and looking forward to the coming season of abundance! We welcomed several new gardeners who are taking advantage of the summer growing season.

Growing good food, learning, laughing, caring for the land and sharing with our community. That's our dream.



[Click here to get started!](#)

VOLUNTEERS NEEDED

As we welcome new gardeners and prepare beds for our Food Justice Initiative, we need volunteers. If you have a couple hours a week to contribute we would love to hear from you.

Not a gardener? No problem. We have many non-gardening opportunities. Whatever your skills, we'll find a job for you.

Questions? Call/text Mary at 802-598-4878 or email:

vp-membership@uucfm.org

WHAT'S ON YOUR PLATE?

The heat is relentless and the rain is unpredictable but there are some rockstar plants that take it all in stride. The lowly cowpea (aka black-eyed pea) is producing huge crops for us now.

This high protein legume is highly versatile. Picked young, they resemble a green bean. Later they can be picked and shelled for a tasty bean that is very similar to traditional english peas in flavor. Finally, fully matured the dried beans can be stored for soups, stews and casseroles later in the year.

It's really no surprise that cowpeas have a rich tradition in southern cooking. If you're a fan let us know your favorite recipes.



OKRA
BLOSSOMS

Curious about community gardening?

Come Visit!

Open House at the gardens

Saturday, August 8 from 8:30-10:30!

Love our mission but can't get involved just yet? Consider a donation to keep the garden growing! Contact Mary on how to make that happen.