

August 1, 2026

## The Blessing of Unity

*July Series: Stronger Together*

*Week Focus: Choosing Unity*

**Scripture – Psalm 133:1** - *"How good and pleasant it is when God's people live together in unity!"*

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## Devotional Reflection

Unity is more than a healthy relationship principle—it is a blessing that delights the heart of God. David begins Psalm 133 by celebrating the beauty of God's people living together in harmony. He describes unity as both **good** and **pleasant**, reminding us that when believers walk together in love and peace, they reflect the very character of God. Unity is not merely beneficial for us; it is pleasing to the Lord and becomes a visible expression of His presence among His people.

Throughout this week, we have discovered that unity is built intentionally. It begins with humility, is strengthened by patience, is held together by love, and is protected through peace. These qualities do not develop overnight. They are cultivated as we daily surrender our hearts to Christ and allow the Holy Spirit to shape our attitudes, words, and actions. As we choose God's way over our own, our relationships become places where His grace is experienced, His forgiveness is demonstrated, and His love is displayed.

A united church becomes one of the greatest testimonies to a divided world. When people see believers encouraging one another, serving together, extending grace, and protecting their relationships, they witness something that cannot be explained by human effort alone. They see the transforming power of Jesus Christ at work. Unity points people beyond personalities and preferences and directs their attention to the One who brings us together as one family in Christ.

As you reflect on this week, thank God for the relationships He has placed in your life. Consider the people who have encouraged your faith, challenged your growth, and walked beside you through different seasons. Pray not only for your own relationships but also for your church family, your community, and the Body of Christ around the world. Ask the Lord to continue building unity among His people so that His love will be clearly seen through the way we live, serve, and care for one another.

Today, remember that unity is both a gift and a responsibility. God delights when His children walk together in love, and His Church becomes stronger when believers intentionally protect the unity He has created. As you continue choosing humility, patience, love, and peace, your life will become a testimony of the beauty and blessing of walking together in Christ.

## Focus for Today

**God is honored and His people are strengthened when we choose to walk together in unity.**

## Practice

- Thank God today for the people He has placed in your life.
  - Reach out to someone in your church family with a word of encouragement, appreciation, or prayer.
  - Pray for unity within your family, your church, and the Body of Christ.
  - Ask yourself: **"How can I help strengthen the unity God desires among His people?"**
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## Prayer

Father, thank You for the gift of unity within Your family. Thank You for the relationships You have used to encourage me, strengthen my faith, and help me grow. Continue to build humility, patience, love, and peace within me so that I may contribute to the unity of Your Church. Help me be a source of encouragement, grace, and reconciliation wherever You place me. May my life reflect the love of Christ and help others see the beauty of Your Kingdom. In Jesus' name, Amen.

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## Reflection Question

**How can you intentionally contribute to the unity and strength of your church family this week?**