

INTERCESSIONS FOR SUNDAY, August 2, 2026

In our Anglican Cycle of Prayer, we pray for the Church of the Province of Uganda. We pray for Vernon, our Rector; Helen, our Deacon; Pat, Susan, Will & Brian our Honorary Assistants; Anna, our Bishop; Shane, our Primate; Chris, our Nat’l Indigenous Archbishop; and John, our Metropolitan. We pray for the Ministry Leaders and parishioners of our St. Paul Anglican Church here in Nanaimo.

When members of the parish wish immediate or ongoing healing prayers for an individual(s), please send name(s) to:
prayerwheel@stpaulsnanaimo.ca

PARISH ACTIVITIES Monday, August 3, 2026 – Sunday, August 9, 2026

NOTE: The office will be closed on Monday, August 3rd for BC Day Stat Holiday

Monday-Friday	8:30 am	Morning Prayer (Zoom*)
Wednesday	11:00 am	Mid Week BCP Service
	12:30 pm	Gospel Conversation (St. John)**
	4:00 pm	Sunday Lunch Volunteer Orientation(Hall)
Thursday	1:00 pm	Prayer Shawl Meeting (St. Mark)
Saturday	9:00 am	Music Team Meeting (St. Luke)
Sunday	8:00 am	BCP Holy Communion
	8:45 am	Post Service Fellowship (St. Matthew)
	10:30 am	Holy Eucharist Service (in person & livestream)
	12:00 pm	Post Service Fellowship/ Community Lunch (Hall)

* Please contact the office to arrange for a Zoom link invitation
** Discussion based on Sermon & Readings of the day

READINGS FOR SUNDAY, August 9, 2026

First Reading: Genesis 37:1-4, 12-28
Psalm: 105:1-6, 16-22, 45c
Epistle: Romans 10:5-15
Gospel: Matthew 14:22-33

ANNOUNCEMENTS

WALKATHON---30 KMS IN 30 DAYS: **A huge Thank You** to Walkers and Pledge Givers. It was inspiring to see how the spirit of the walkathon was captured and put into action. You walked, and so did the beloved youth in your family, your friends, your students, and your neighbours. Support was given both physically and financially. The money raised according to my count was just short of \$3,000. Yes, some of you did many more than 30 kilometers! We give thanks to our Lord for His blessing. *Joanne*

ATTENTION MINISTRY HEADS: **YEAR-AT-A-GLANCE** meeting on FRIDAY, **AUGUST 21ST** from **10 AM – 12 Noon**. Mark your calendars. This is the meeting where we schedule events for the next year!

“Help us make the *165th Celebration on September 26th* an extra special event. Entertainers are still welcome, particularly instrumentalists. We also need volunteer help in various capacities. Nothing too onerous! Please contact Lynda A. at 778-268-2089 or email lyndaavis@shaw.ca.”

REDUCE, REUSE, RECYCLE – did you know we have green, blue and black bins in all of our meeting rooms? Please empty all the bins when you leave a meeting room – or the Hall/Kitchen. There are keys to the dumpsters in the drawers in each meeting room and hanging in the kitchen. Let’s take pride in our building.

St. Paul's Prayer Wheel - while we are currently not listing those needing prayers in the announcements, don't forget that you can email prayerwheel@stpaulsnanaimo.ca at any time and ask for prayers.

HAPPY BIRTHDAY this week to:
Janet Mellin (Aug 4), **Don G** (Aug 5), **Brian C** (Aug 8)
Birthday Prayer: We give thanks for those whose birthdays we celebrate today. May they ever grow in your faith, hope & love. We ask this in the name of our Lord Jesus Christ. Amen