

Space for God Food for the Hungry



PREPARATION

• In the name of the Father, the Son, and the Holy Spirit •

The eyes of all look to you in hope; you give them their food as they need it. When you open your hand, you satisfy the hunger and thirst of every living thing.

The Lord is righteous in everything he does; he is filled with kindness.

Psalms 145:15-17

WORSHIP

I will praise you as long as I live, lifting up my hands to you in prayer.

You satisfy me more than the richest feast. I will praise you with songs of joy.

Psalms 63:4-5

CONFESSION

Yes, he humbled you by letting you go hungry and then feeding you with manna, a food previously unknown to you and your ancestors.

He did it to teach you that people do not live by bread alone; rather, we live by every word that comes from the mouth of the Lord.

Deuteronomy 8:3

MEDITATION – Matthew 14:13-21*

As soon as Jesus heard the news, he left in a boat to a remote area to be alone. But the crowds heard where he was headed and followed on foot from many towns. Jesus saw the huge crowd as he stepped from the boat, and he had compassion on them and healed their sick.

That evening the disciples came to him and said, "This is a remote place, and it's already getting late. Send the crowds away so they can go to the villages and buy food for themselves."

But Jesus said, "That isn't necessary—you feed them."

"But we have only five loaves of bread and two fish!" they answered.

"Bring them here," he said. Then he told the people to sit down on the grass. Jesus took the five loaves and two fish, looked up toward heaven, and blessed them. Then, breaking the loaves into pieces, he gave the bread to the disciples, who distributed it to the people. They all ate as much as they wanted, and afterward, the disciples picked up twelve baskets of leftovers. About 5,000 men were fed that day, in addition to all the women and children!

IN SOLITUDE AND/OR COMMUNITY

Read Slowly, several times.

Reflect What does the text say?

Respond How does it relate to my life?

Rest I welcome God's healing and renewal.

ANCHORING PRAYER

Merciful God, feed me.

REVIEW OF THE HEART

How is God providing for me in my place of need?

What spiritual hunger am I experiencing?

WISDOM

The eyes of all look to you in hope; you give them their food as they need it. When you open your hand, you satisfy the hunger and thirst of every living thing.

Psalms 145:15-16

The Lord will not let the godly go hungry, but he refuses to satisfy the craving of the wicked.

Proverbs 10:3

TESTIMONY *What is God saying to me?*

INTERCESSION *Prayers for the Church, for others, and for me.*

BENEDICTION

I will praise you as long as I live,

lifting up my hands to you in prayer.

You satisfy me more than the richest feast.

I will praise you with songs of joy.

• Amen •

Psalms 63:4-5

SPACE FOR GOD DAILY

Be still and quiet before God.

Seek the Holy Spirit's filling and guidance.

Speak, act, and serve from a listening heart.