



ST. ANDREW
ANGLICAN CHURCH

A Creative Spiritual Community

Holy Eucharist



Tenth Sunday after Pentecost
August 2, 2026
10:00 a.m. service

Welcome to St. Andrew's!
All are welcome here.



Sunday Ministries	8:00	10:00
Sidespersons/Greeters		Kathy Henshaw, Bram Ryan
Server	David Smethurst	Haven Duncan McLean
Readers	Judy Curran	Richard Taylor
		David Bird
Intercessor	David Smethurst	Marks McAvity
Chalice		Margaret McAvity
Coffee		Denis & Yolanda Corbett
Altar Guild	1	1

Altar Flowers - Given to the Glory of God and in celebration of the St Andrews community.

Prelude

Welcome

Announcements

Land Acknowledgement

We gather on lands which have been the home of SENĆOTEN and HUL'Q'UMI'NUM' speaking Coast Salish peoples from time immemorial, and their encounter with the Creator in this place goes before our own.

Opening hymn (CP#354) *Come, Thou Fount of Every Blessing*

1 Come, thou fount of every blessing,
tune my heart to sing thy grace;
streams of mercy, never ceasing,
call for songs of loudest praise.

Teach me some melodious measure,
sung by flaming tongues above;
O the vast, the boundless treasure
of my God's unchanging love.

2 Here I make faith's affirmation:
thus far by thy help I've come,
and I hope, by thy compassion,
safely to arrive at home.

Jesus sought me when a stranger,
wandering from the fold of God;
he, to rescue me from danger,
interposed his precious blood.

3 O to grace how great a debtor
daily I'm constrained to be!
Let thy goodness, like a fetter,
bind my wandering heart to thee.
Prone to wander, Lord, I feel it,
prone to leave the God I love;
take my heart, O take and seal it,
seal it for thy courts above.

The Gathering of the Community

Presider In this time and place
we gather on the ancestral territory
of the Coast Salish peoples.

All **From many places and peoples
we come to this house in prayer.**

Presider In this time and place
we gather in the name of the living God.

All **We meet in the presence
of Jesus Christ, risen and alive.**

Presider This is the day the Lord has made.

All **Let us rejoice and be glad in it.**

Presider In this time and place
we gather with the community of faith -
around the globe and across the ages.

All **Heaven and earth are one.**

Presider In this time and place
we are not alone, but one in Christ.

All **We are knit together in the unity of the Spirit.**

Presider We are hallowed, expectant, one people in God,

All **in the name of the Holy and Blessed One,
Creator, Redeemer and Holy Spirit.
Amen.**

Collect of the Day

Presider God of compassion,

All **your heart goes out to the hungry and destitute;
you take what we have and transform it into much;
give us the bread that satisfies,
the food without price,
so that our lives may show forth your overflowing love;
through Jesus Christ, the breaker of bread. Amen.**

Proclamation of the Word

First Reading

Reader A reading from the Book of Genesis (32:22-31).

Hear what the Spirit is saying to God's people.

All **Thanks be to God.**

Psalm 17:1-7, 15

¹ Hear my plea of innocence, O Lord; give heed to my cry;
listen to my prayer, which does not come from lying lips.

² Let my vindication come forth from your presence;
let your eyes be fixed on justice.

³ Weigh my heart, summon me by night,
melt me down; you will find no impurity in me.

⁴ I give no offence with my mouth as others do;
I have heeded the words of your lips.

⁵ My footsteps hold fast to the ways of your law;
in your paths my feet shall not stumble.

⁶ I call upon you, O God, for you will answer me;
incline your ear to me and hear my words.

⁷ Show me your marvellous loving-kindness,
O Saviour of those who take refuge at your side.

¹⁵ But at my vindication I shall see your face;
when I awake, I shall be satisfied, beholding your likeness.

**Glory to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and will be for ever. Amen.**

Epistle Reading

Reader A reading from the Letter to the Romans (9:1-5).

Hear what the Spirit is saying to God's people.

All **Thanks be to God.**

Gradual Hymn (CP#352) *Amazing Grace*

1 Amazing grace! How sweet the sound
that saved a wretch like me!

I once was lost, but now am found:
was blind, but now I see.

2 'Twas grace that taught my heart to fear,
and grace my fears relieved;
how precious did that grace appear
the hour I first believed!

3 The Lord has promised good to me,
his word my hope secures;
God will my shield and portion be
as long as life endures.

Gospel Reading

Presider May God be with you.

All **And also with you.**

Presider The Holy Gospel of our Lord Jesus Christ
according to Matthew (14:13-21).

All **Glory to you, Lord Jesus Christ.**

Presider The Gospel of Christ.

All **Praise to you, Lord Jesus Christ.**

(Gradual hymn continued)

4 Through many dangers, toils, and snares
I have already come;

'tis grace that brought me safe thus far,
and grace will lead me home.

5 When we've been there ten thousand years,
bright shining as the sun,
we've no less days to sing God's praise
than when we'd first begun.

Sermon The Rev. Kelly Duncan

Affirmation of Faith

Presider Our God is the God of all humans,

High voices *the God of heaven and earth,*

Low voices the God of sun and moon,

High voices *the God of the lofty mountains,*

Low voices the God of the lowly valleys.

High voices *God is above all the heavens;
and beneath the heavens.*

Low voices Heaven and earth and sea, everything in them,
such God has as an abode.

High voices *God inspires all things,
gives life to all things.*

Low voices God stands above all things,
and stands beneath all things.

High voices *God enlightens the light of the sun,
strengthens the light of the night and the stars.*

Low voices God makes wells in the arid land and dry islands
in the sea, and places the stars in the service of
the greater lights.

All And there is the Son who is co-eternal with God,
and similar in all respects
neither is the Son younger nor older;
and the Holy Spirit breathes in them.
And the Father and the Son and the Holy Spirit
are inseparable. Amen.

Prayers of the People

Confession

Presider In humility, as children of God, we receive God's mercy and respond to God's call to make new all relationships.

Silence

Presider Merciful Lord, your Spirit hovered over the waters where diversity sprouted and flourished.

All **We confess our challenge to live with difference.
Forgive us those attitudes of mind, words and actions
that do violence to unity in diversity.**

Presider Merciful Christ, listener and teacher, you give birth to new visions of hope and heal the wounds of mind and body.

All **We confess that we have failed to listen to voices
different from our own, failed to say words that bring
healing and hope, and failed to listen to those who cry
out for solidarity and fellowship.**

Presider Merciful Lord, you are the source of all creation, the Eternal and life-giving Word.

All **We confess that we do not listen to your creation
that groans and cries out for liberation and renewal.
Help us to walk together and to hear your voice in all living
things that yearn for healing and care.**

Presider O God, fountain of mercy and grace,
pour over us your pardon.

All **May your love transform us into a source of living waters
to restore the strength of your people.
through Christ our Lord. Amen.**

Absolution

Presider Almighty God,
who in Jesus Christ has given us
a kingdom that cannot be destroyed,
forgive you your sins, open your eyes to God's truth,
strengthen you to do God's will
and give you the joy of God's kingdom,
through Jesus Christ our Lord.

All **Amen.**

The Peace

Presider My friends in Christ, may the peace of God be
always with you.

All And also with you.

Offertory hymn (JN#89) *Have You Seen Jesus My Lord?*

Refrain: Have you seen Jesus my Lord
He's here in plain view
Take a look, open your eyes
He'll show it to you

1 Have you ever looked at the sunset
with the sky mellowing red
and the clouds suspended like feathers
then I say
you've seen Jesus my Lord

Refrain

2 Have you ever stood at the ocean
with the white foam at your feet
felt the endless thundering motion
then I say
you've seen Jesus my Lord

Refrain

3 Have you ever looked at the Cross
with a man hanging in pain
and the look of love in His eyes
then I say
you've seen Jesus my Lord

Refrain

4 Have you ever stood in the family
with the Lord there in your midst
seen the face of Christ on your brother
then I say
you've seen Jesus my Lord

Refrain

The Holy Eucharist

Prayer over the Gifts

Presider Creator God,
All you bless us with many good gifts which are returned to you from your creation. Feed us with the Bread of Life, through your Son Jesus Christ our Lord. Amen.

Eucharistic Prayer

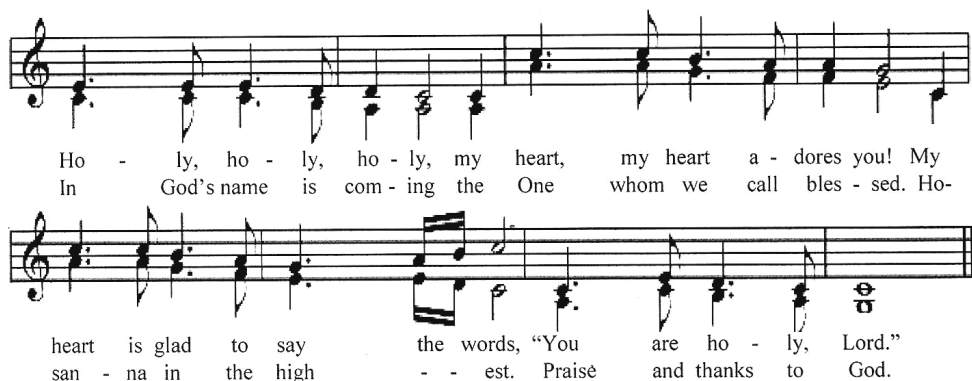
Presider God is here.
All **The Spirit is with us.**
Presider Lift up your hearts and minds.
All **We lift them to God**
Presider Let us give thanks to God the Creator
All **It is right to give our thanks and praise**

Presider Holy and eternal One ...
 ... calling us to care for everything given and received.
All **Glory to you, source of all life.**

Presider From the earliest days the peoples ...
 ... hallowed these sacred relationships with all life.
All **Glory to you, source of all life.**

Presider In Jesus Christ, you came into our world...
 ... we raise our thankful voices in songs of unending praise.

Sanctus



Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My
 In God's name is com - ing the One whom we call bles - sed. Ho-

heart is glad to say the words, "You are ho - ly, Lord."
 san - na in the high - - est. Praise and thanks to God.

Presider Blessed are you, most holy One ...
... and follow him in lives of selfless service and
courageous love

All **Glory to you, source of all life.**

Presider In the fullness of time reconcile all things ...
... Undivided Trinity, One God, now and forever.

All **Amen.**

The Lord's Prayer

Presider As our Saviour taught us, let us pray.

All **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us
Save us from the time of trial,
and deliver us from evil
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

Fraction Sentence

Presider Creator of all, who summons the salmon
from the depths of the seas
to yearn for the place of their origin.

All **So may your Spirit stir in our hearts
to return and find our home in you.**

Presider These are the gifts of God for the people of God.

All **Thanks be to God.**

Holy Communion

Communion hymn (JN#13) ***As the Deer Pants for the Water***

1 As the deer pants for the water
so my soul longs after you
You alone are my hearts desire
and I long to worship you

Refrain:

**You alone are my strength my shield
To you alone may my Spirit yield
You alone are my hearts desire
and I long to worship You**

2 I want you more than gold or silver
only you can satisfy
You alone are the real joy giver
and the apple of my eye

Refrain

3 You're my friend and you are my brother
even though You are a King
I love you more than any other
so much more than anything

Refrain

Communion hymn (JN#235) ***Blessed Assurance***

1 Blessed assurance Jesus is mine
Oh what a foretaste of Glory divine
Heir of salvation purchase of God
Born of His Spirit, washed in His blood

Refrain: **This is my story this is my song
praising my Saviour all the day long
This is my story, this is my song
praising my Saviour all the day long**

2 Perfect submission, perfect delight
Visions of rapture now burst on my sight
Angels descending bring from above
echoes of mercy, whispers of love

Refrain

3 Perfect submission all is at rest
I in my Saviour am happy and blessed
Watching and waiting looking above
filled with His goodness, lost in His love

Refrain: This is my story this is my song
praising my Saviour all the day long
This is my story, this is my song
praising my Saviour all the day long

Communion Hymn ***Easter Hallelujah***

1 A crown of thorns placed on his head
He knew that he would soon be dead
He said did you forget me, Father, did you?
They nailed him to a wooden cross
Soon all the world would feel the loss
of Christ the King before us, Hallelujah

REFRAIN: Hallelujah, Hallelujah
Hallelujah, Hallelujah

2 He hung his head and prepared to die
Then lifted his face up to the sky
Said I am coming home now Father to you
A reed which held his final sip
was gently lifted to his lips
He drank his last and gave his soul to glory

Refrain

3 The soldier who had used his sword
to pierce the body of our Lord
said truly this was Jesus Christ our Saviour
He looked with fear upon his sword
then turned to face his Christ and Lord
fell to his knees crying Hallelujah

Refrain

(Communion hymn continued over)

4 Took from his head the thorny crown
and wrapped him in a linen gown
and laid him down to rest inside the tomb
The holes in his hands, his feet and side
now in our hearts we know he died
to save us from ourselves oh Hallelujah

***REFRAIN: Hallelujah, Hallelujah
Hallelujah, Hallelujah***

5 Three days went by again they came
to move the stone to bless the slain
with oil and spice anointing Hallelujah
But as they went to move the stone
they saw that they were not alone
but Jesus Christ has risen Hallelujah

Refrain x 2

Prayer after Communion

Presider Almighty God,
Giver of all good things,
All We thank you for feeding us with the spiritual food
of the precious body and blood
of our Saviour, Jesus Christ.
We thank you for your love and care
in assuring us of your gift of eternal life
and uniting us with the blessed company
of all faithful people. Amen.

Doxology

All Glory to God,
whose power working in us,
can do infinitely more than we can ask or imagine.
Glory to God,
from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.

Closing Hymn (JN#32)) ***Here I Am, Lord***

1 I, the Lord of sea and sky,
I have heard my people cry.
All who dwell in dark and sin
my hand will save.
I who made the stars of night,
I will make their darkness bright.
Who will bear my light to them?
Whom shall I send?

Refrain: Here I am, Lord. Is it I, Lord?
I have heard you calling in the night.
I will go, Lord, if you lead me.
I will hold your people in my heart.

2 I, the Lord of snow and rain,
I have borne my people's pain.
I have wept for love of them.
They turn away.
I will break their hearts of stone,
give them hearts for love alone.
I will speak my words to them.
Whom shall I send?

Refrain

3 I, the Lord of wind and flame,
I will tend the poor and lame.
I will set a feast for them.
My hand will save.
Finest bread I will provide
till their hearts be satisfied.
I will give my life to them.
Whom shall I send?

Refrain

Dismissal

Presider

All

Go, respecting and serving all that God has created.
For God created all and saw that it was good.
Thanks be to God!

Music for the Masses

*Each week this summer, a parishioner or couple has been invited to choose some favourite hymns for us to sing in worship. This week, hymns have been chosen by: **Julie and Phil Lobb***

Here is some background on why they chose today's hymns:

These are some of the many songs that remind us of our experiences with Cursillo, as well as all the St. Andrew's saints that wrapped around us as newlyweds and were a village to our children. Whether sung on "regular" Sundays or at special milestones, during good times or difficult seasons, these songs called (and continue to call) deeply to our souls. Phil is also a big Leonard Cohen fan, so we had to include Kelley Mooney's beautiful Easter adaptation of the classic "Hallelujah"!

Many thanks to Phil and Julie for suggesting this week's hymns.



Weekly Cycle of Prayer

In our parish, we pray for Jessie Zantvoort, Pamela Abram, Sharon Adye, Lois Ainey, Eden Markle and Vee Ainey, and Dina Anderson.

In our community, we pray for the Premier of British Columbia, David Eby, our elected representative Rob Botterell, and all our members of our Provincial government.

In our Region, we pray for the Parish of St Philip, Cedar, The Rev. Leslie Flynn, and the people of the parish and neighborhood.

In our Diocese, we pray for Anna, our Bishop, and for the parish of St. Paul, Nanaimo.

In our Ecclesiastical Province, we pray for The Right Rev. Clara Plamondon, Bishop of the Territory of the People.

In Canada, we pray for The Rt. Rev. Lydia Mamakwa, The Rt. Rev. Larry Beardy, and the Rt. Rev. Morris Fidler, Bishops, and the clergy and people of the Spiritual Ministry of Mishamikoweesh.

In the world, we pray for the Church of the Province of Uganda.



Quarterly Mission

July-September 2026
Friends Ministry of St. Andrews



Readings for August 9th, 2026

First: Genesis 37:1-4, 12-28
Psalm: 105:1-6, 16-22, 45b
Second: Romans 10:5-15
Gospel: Matthew 14:22-33

Announcements

WELCOME TO VISITORS - Would you like to receive a tax receipt for your offering over \$20? Please pick up an offering envelope from the stand on the credenza at the entrance to the church. All are welcome!

HONOURING PEACE - In remembrance of Hiroshima and Nagasaki, the Greater Victoria Peace School presents a program on August 6th at 6pm at the Gorge Park Pavilion. See weekly Newsletter or <https://victoriapeaceschool.com/honouring-peace/> for more details.

WAYS TO CONTRIBUTE - If you're looking for a way to help out at the church, please see the current needs below.

Drivers - If you're able to drive someone to church and home again on Thursday afternoon, October 1st, please speak with The Rev. Rebecca Yeo.

Laundry - Could you do one additional load of laundry once a week (or once a month if there are several volunteers) to help us keep up in the kitchen? If so, please speak with Brian Head.

CURSILLO FAREWELL CELEBRATION - All Cursillistas are invited to attend the Farewell Fiesta to celebrate the Ministry of Cursillo in the Diocese of BC, on Sunday, Sept 20/26, at St Philip Anglican Church, 1797 Cedar Rd, Nanaimo. Doors open at 1:30 pm, Celebration at 2 pm, Free buffet dinner served at 4:30 pm. Bring memories and memorabilia to share at the open mic storytelling. Fiesta dress encouraged, along with your nametag and Cursillo cross. RSVP to bradshawcursillo@gmail.com by Sept 9 for catering numbers & to share photos for a slideshow.

ECOJUSTICE PILGRIMAGE: AN INVITATION - From September 14-18, 2026, St. Mark's in Kaslo will host a week-long gathering of pilgrims from across the province for prayer and worship, shared meals, and fellowship to explore our natural spaces and ecosystems through the lens of ecojustice and the stewardship of Creation. The cost to participants is \$400.00 - which includes local transport, meals, and accommodation at the Kaslo Motel. For more information or to register, please contact Ken Gray at grayintheforest@shaw.ca.

THANK YOU! - What a lovely, post- birthday surprise when Magda delivered a beautiful bouquet from Sunday's altar flowers to me that afternoon. Living as I do at Abbeyfield House, I've installed them in our dining room in order to share their beauty with my fellow residents - and I've been asked to pass on thanks from all of us. - Anne Callon

LINE DANCING - Starting September 2nd at 2pm in the church Hall. Absolute beginner - All are welcome, bring your friends! If you're interested, contact Laurel Bremner: 250-300-1958

***** *This Week at a Glance* *****
(August 2–August 9 2026)

Sunday	August 2nd 2026 10th Sunday after Pentecost 8:00 am Holy Communion BCP 10:00 am Holy Eucharist BAS
Monday	BC Day NOTE: Office Closed 1:30 pm Friends of St. Andrew delivery
Tuesday	1:30 pm Friendship Circle
Wednesday	11:30 am Neighbours Lunch 1:00 pm Calendar setting meeting in the Hall
Thursday	10:00 am Eucharist
Friday	1:30 pm Friends of St. Andrew delivery
Saturday	11:30 am Brunch Bunch
Sunday	August 9th 2026 11th Sunday after Pentecost 8:00 am Holy Communion BCP 10:00 am Holy Eucharist BAS
<i>Looking Forward</i>	
September 7, 2026	Labour Day, Office Closed

Sources

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Text: Liturgy: *A Eucharistic Liturgy for the Islands and Inlets*, commissioned for this diocese by Bishop James Cowan and updated in 2018.

Collect. Alternative Collects for the RCC from General Synod of the Anglican Church of Canada, 2019.

Music:

Sanctus: *Santo, Santo, Santo*. Words: variation on a traditional liturgical text. Music: composer of melody unknown; arr. John Bell © 1990 Iona Community, admin. By GIA Publications Inc. based on two-part version as taught by Pablo D. Sosa. Reprinted under OneLicense.net #A-713441, used under OneLicense.net – License #741469-A.

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Synod Delegates: Patricia Hatt
Barbara Uibel

Members at Large: Len Howland
Bram Ryan
Marnie Sandborn

Vestry Clerk: Elsie Widdowson

Staff

Parish Administrator: Melissa Taft Nagy

Custodian: Juan Rueda

Director of Music: Ryan Qu

Honorary Assistant: The Ven. Penelope Kingham

Curate: The Rev. Rebecca Yeo

Rector: The Rev. Kelly Duncan



Creative Spiritual Community

Psalm 17:1-7, 15

¹ Hear my plea of innocence, O Lord; give heed to my cry;
listen to my prayer, which does not come from lying lips.

² Let my vindication come forth from your presence;
let your eyes be fixed on justice.

³ Weigh my heart, summon me by night,
melt me down; you will find no impurity in me.

⁴ I give no offence with my mouth as others do;
I have heeded the words of your lips.

⁵ My footsteps hold fast to the ways of your law;
in your paths my feet shall not stumble.

⁶ I call upon you, O God, for you will answer me;
incline your ear to me and hear my words.

⁷ Show me your marvellous loving-kindness,
O Saviour of those who take refuge at your side.

¹⁵ But at my vindication I shall see your face;
when I awake, I shall be satisfied, beholding your likeness.

Glory be to the Father, and to the Son and to the Holy Ghost, as it was in the beginning, is now and ever shall be, world without end. Amen.



ST. ANDREW
ANGLICAN CHURCH

8:00 Holy Communion

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Genesis 32:22-31

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A Creative Spiritual Community

Book of Common Prayer
Holy Communion



Tenth Sunday after Pentecost
August 2, 2026
8:00 a.m. service