



Four Daily Precepts for Life



1

I will approve of my characteristics, my abilities, my likes and dislikes, my inclinations and disinclinations.

These form my unique individuality.
They are given to me for a reason.



2

I will rejoice in my accomplishments.

I will be as vigorous in listing these
as I have ever been in enumerating my failures.



3

I will remember the creative framework of existence in which I have my being.

I will keep the doors to creative living open
by keeping in mind the fantastic possibilities
ahead of me and the joyful spontaneity of Spirit.



4

I will remember that the future comes through me instead of to me.

Nothing is fixed there yet, so I dare to plant
the future now with the thoughts and convictions
worthy of the life I actually want.

~ Daily remembrance: ~



Approve
of yourself.



Rejoice in your
accomplishments.



Remember the creative
framework of existence.



Plant the future
with what you truly
want to grow.