



BACKGROUND PASSAGE(S): Philippians 4:5b-7; Matthew 6:5-15; Ephesians 3:14-19; 2 Corinthians 1:20; 13:7; Romans 10:1.

KEY VERSE(s): – *Philippians 4:6 - Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;*

What is the remedy for anxiousness according to God's Word?

Discuss the subject of prayer while answering the following questions -

Why are we to pray - why is it important to make your request known to God when God already knows them beforehand?

What are we to pray?

When are we to pray?

Where are we to pray?

How are we to pray?

How has prayer impacted your life?

What is the meaning of supplication?

What does it mean to be thankful and why is being thankful important?

What are some things that you are thankful for in your life, and why?

What is your "take-away" from this week's study and how can it be applied to your daily walk with Christ?

Perhaps the most common error people make when studying the Bible is to read meaning into the verses as opposed to discovering meaning from proper context. Here is a basic method to use when studying a verse or passage that will help you avoid this. Always begin each time of Bible study with prayer, asking God to help you understand what you are reading correctly.

1) Observation

What does the passage say?

Read the passage then look back to see what the passage is saying. Look for repeated words, key phrases, and cross-references. Think about questions that you have after reading. Allow your curiosity to lead you further in understanding.

Who? What? When? Where? Why? How? What else do you notice?

What other questions arise from the passage?

2) Interpretation

What does the passage mean?

After observing what was said in the text, interpretation seeks to understand what God, through the book's author, is seeking to communicate through this text. Context is crucial to determining the meaning. Outside resources like Bible dictionaries and commentaries can help at this point.

What is the context? Why is the author bringing this up?

What is God saying through this passage?

What is the main point of this passage?

3) Application

How do I need to respond?

It's easy to read through passages, especially those familiar to us, without taking time to stop and think about how we can practically apply the truths we studied.

How should I live my life in light of this passage?

How does this truth compel me to be transformed?

What does it look like to put this into practice?

"But be doers of the word, and not hearers only, deceiving yourselves. For if anyone is a hearer of the word and not a doer, he is like a man observing his natural face in a mirror; for he observes himself, goes away, and immediately forgets what kind of man he was. But he who looks into the perfect law of liberty and continues in it, and is not a forgetful hearer but a doer of the work, this one will be blessed in what he does."

-James 1:22-25 (NKJV)