



THANKSGIVING FOR THE LIFE OF CATHY JO-ANNE OWENS

27 DECEMBER, 1952 – 6 JUNE, 2026

**Saturday, July 25, 2026
2 pm**

St. Clement's Anglican Church
3400 Institute Road, North Vancouver
604.988.4418, office@stclementschurch.ca
www.stclementschurch.ca

*Please rise, in body or in spirit,
as loved ones enter with the Presider and the Deacon.*

Presider "Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

(Matthew 11:28-30)

I am sure that neither death, nor life,
nor angels, nor principalities,
nor things present, nor things to come,
nor powers,
nor height, nor depth,
nor anything else in all creation,
will be able to separate us
from the love of God.

(Romans 8:38-39)

Presider The grace and peace of God our Father,
be with you always.

***People* And also with you.**

Please be seated.

Words of Welcome The Rev. Sarah Lehman
& Land Acknowledgement

Opening Hymn: Simple Gifts

'Tis the gift to be simple,
'tis the gift to be free,
'tis the gift to come down
where we ought to be,
and when we find ourselves in the place just right,
'twill be in the valley of love and delight.

When true simplicity is gained
to bow and to bend we shan't be ashamed,
to turn, turn, will be our delight
till by turning, turning we come round right.

Traditional Shaker song, attribute to Elder Joseph Brackett (1797-1882)

Psalm 23 *(New Revised Standard Version)*

The presider reads the un-bolded verses and the people read the bolded ones

The LORD is my shepherd; I shall not want.
**He makes me to lie down in green
pastures.**

He leads me beside the still waters.
He restores my soul:

He leads me in right paths for his name's sake.
**Yea, though I walk through the valley of
the shadow of death, I will fear no evil
for you are with me;**

your rod and your staff, they comfort me.
**You prepare a table before me in the
presence of my enemies:**

you anoint my head with oil;
my cup overflows.

Surely goodness and mercy shall follow me all the
days of my life:
**and I will dwell in the house of the LORD
for ever.**

Poetry Reading

Read by Caroline Laskie

"The Ship of Life" by John T. Baker

Along the shore I spy a ship
As she sets out to sea;
She spreads her sails and sniffs the breeze
And slips away from me.

I watch her fading image shrink,
As she moves on and on,
Until at last she's but a speck,
Then someone says, "She's gone."

Gone where? Gone only from our sight
And from our farewell cries;
That ship will somewhere reappear
To other eager eyes.

Beyond the dim horizon's rim
Resound the welcome drums,
And while we're crying, "There she goes!"
They're shouting, "Here she comes!"

We're built to cruise for but a while
Upon this trackless sea
Until one day we sail away
Into infinity.

Thanksgivings for the Life of Cathy Owens

Caroline Laskie

Dr. Manju "Raju" Heron

The Gospel

Deacon The Lord be with you.
People **And also with you.**

Deacon The Holy Gospel of our Lord Jesus Christ,
according to John (14: 1-3)

All **Glory to you, Lord Jesus Christ.**

Let not your hearts be troubled;
believe in God, believe also in me.
In my Father's house are many rooms;
if it were not so, would I have told you
that I go to prepare a place for you?
And when I go and prepare a place for you,
I will come again and will take you to
myself, that where I am you may be also.

Deacon The Gospel of Christ
All **Praise to you, Lord Jesus Christ**

The Homily

The Rev. Sarah Lehman

Prayers of the People *Offered by Caroline Laskie*

Let us pray.
God of grace and glory,
we give you thanks for Cathy,
who was near and dear to all assembled here,
and who has now left us.

We give you thanks for the love
that she offered and received
and for the friendships that she shared.

We pray that nothing good her life will be lost,
but will be of benefit to the world;
that all that was important to her
will be respected by those who follow;
and that everything in which she was great
will continue to mean as much
now that she is dead.

We pray that she may go on living
in her family and in her friends;
in their hearts and minds,
in their courage and in their consciences.

And we pray for all who are tested by this death,
that they may not try to minimize their loss or
seek refuge in empty words, that you would
guard their grieving from despair and walk beside
them, day by day.

We pray that those who were close to Cathy
may now, in her death,
be bound even more closely
together, and that they may,
in peace and friendship here on earth,
always trust in your promise
to be faithful to us in death.
We pray these things
in the name of the risen Lord. **Amen.**

The Lord's Prayer

Presider Gathering all our cares into one,
in whatever language or wording is closest
to your heart, let us pray as Jesus taught
us:

**A// Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass
against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.**

Please rise, in body or in spirit.

The Commendation

The Presider, facing the remains, says,

Let us commend Cathy Jo-Anne Owens
to God's unfailing love.

Into your hands, O merciful Saviour,
we commend your servant, Cathy.
Acknowledge, we pray,
a sheep of your own fold,
a lamb of your own flock,
a human of your own redeeming.
Receive her into the arms of your mercy,
into the blessed rest of everlasting peace,
and into the glorious company
of the saints in light. Amen.

Closing Hymn: Lord of the Dance

I danced in the morning when the world was begun,
And I danced in the moon and the stars and the sun,
And I came down from heaven and I danced on the
earth: At Bethlehem I had my birth.

*Refrain: Dance, then, wherever you may be,
 I am the Lord of the dance, said he,
 And I'll lead you all, wherever you may be,
 And I'll lead you all in the dance, said he.*

I danced for the scribe and the Pharisee,
But they would not dance and they wouldn't follow me;
I danced for the fishermen, for James and John;
They came with me and the dance went on: [Refrain]

I danced on the Sabbath and I cured the lame:
The holy people said it was a shame.
They whipped and they stripped and they hung
me on high, And they left me there on a cross to
die: [Refrain]

I danced on a Friday when the sky turned black;
It's hard to dance with the devil on your back.
They buried my body and they thought I'd gone;
But I am the dance, and I still go on: [Refrain]

They cut me down and I leapt up high;
I am the life that'll never, never die.
I'll live in you if you'll live in me:
I am the Lord of the dance, said he. [Refrain]

Lyrics & Music by Sydney Carter © 1963, 2001 Stainer & Bell

*Family and friends will follow the Presider and
Deacon outside to the Memorial Garden, to inter
Cathy's remains.*

The Committal

As the ashes are placed in the ground,

Deacon "My heart, therefore, is glad,
 my spirit rejoices;
 my body also shall rest in hope."
 ~Psalm 16:9

As earth is cast upon the ashes,

Presider In sure and certain hope
 of the resurrection to eternal life
 through our Lord Jesus Christ,
 we commend to almighty God our sister Cathy
 and we commit her body to the ground;
 earth to earth, ashes to ashes, dust to dust.
 The Lord bless her and keep her,
 the Lord make his face to shine upon her
 and be gracious to her,
 the Lord lift up his countenance upon her
 and give her peace. Amen.

Presider Rest eternal grant to her, O Lord.
People And let light perpetual shine upon
 her.

Presider May her soul and the souls of all the
 departed, through the mercy of God,
 rest in peace. **Amen.**

The Blessing

Presider Life is short, and we do not have much
time to gladden the hearts of those
who travel the way with us.
So be swift to love,
make haste to be kind,
and the blessing of God
Creator, Redeemer and Sustainer of our
lives, be with you. **Amen.**

Deacon Go forth in peace.
People Thanks be to God.

ST. CLEMENT'S ANGLICAN CHURCH

3400 Institute Road, North Vancouver, B.C. V7K 2K9

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Service Contributors

The Reverend Sarah Lehman, Priest

The Reverend Elizabeth Mathers, Retired Deacon

Words of Thanksgiving- Caroline Laskie and Dr

Manju "Raju" Heron

Poetry Reader and prayer leader- Caroline Laskie

Piano accompanist- Hey-Jung Oh

AV Technician- Sean Faivre-Duboz