

July 25, 2026

Help Someone Keep Going

July Series: Stronger Together

Week Focus: The Power of Encouragement

Scripture – Hebrews 10:25 - "...Encouraging one another—and all the more as you see the Day approaching."

Devotional Reflection

One of the greatest gifts we can offer another person is the encouragement to keep going. Life is filled with seasons that test our faith, challenge our endurance, and tempt us to give up. There are days when the journey feels exciting and days when it feels exhausting. There are moments when God's presence feels near and moments when we wonder if our prayers are making a difference. Hebrews 10:25 reminds believers that encouragement is one of God's primary ways of helping His people remain faithful. Sometimes the strength to take the next step comes through the words and support of another believer.

The writer of Hebrews understood that following Christ is not always easy. Believers face discouragement, disappointment, spiritual battles, and seasons of waiting. That is why he emphasizes the importance of continually encouraging one another. Encouragement is more than offering compliments—it is reminding people of God's faithfulness when they are tempted to lose heart. It is helping them see hope when all they can see is hardship. It is pointing them back to the promises of God when fear and doubt begin to cloud their vision.

God often works through ordinary people to accomplish extraordinary things. A timely phone call, a heartfelt prayer, a thoughtful text message, or a simple conversation can become the very thing God uses to help someone continue their journey. We may never fully know how much another person needed our encouragement, but God does. What feels like a small act of kindness to us may become a turning point in someone else's life.

Think about the people who have encouraged you over the years. Perhaps it was someone who reminded you not to quit when life became difficult. Maybe it was a pastor who preached a message that strengthened your faith, a friend who prayed with you through a difficult season, or a family member who believed in you when you struggled to believe in yourself. God has likely used many people to help you keep going. Now He desires to use you in the same way for someone else.

Today, ask yourself, **"Who needs encouragement to keep going?"** Someone around you may be one conversation away from renewed hope. They may be one prayer away from finding the courage to keep trusting God. They may be one encouraging word away from choosing not to give up. Be willing to become that person. God delights in using ordinary believers to strengthen weary hearts. Your encouragement may become the reason someone finishes the race instead of walking away from it.

Focus for Today

God can use my encouragement to help someone remain faithful and keep moving forward.

Practice

- Ask God to place one specific person on your heart who may need encouragement today.
 - Reach out with a phone call, text message, handwritten note, or personal conversation.
 - Pray with someone who is facing a difficult season.
 - Remind someone of God's faithfulness and encourage them not to give up.
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Prayer

Father, thank You for every person You have used to encourage me throughout my life. Thank You for those who reminded me of Your faithfulness when I was discouraged and helped me keep going when I felt weary. Today, make me that kind of encourager for someone else. Fill my heart with compassion, my mind with wisdom, and my words with hope. Use me to strengthen the weary, encourage the discouraged, and remind others that You are still with them. May my life become a source of encouragement that points people to Christ. In Jesus' name, Amen.

Reflection Question

Who has God placed in your life today that simply needs someone to say, "Don't give up—God is still with you," and how will you intentionally encourage them?