

July 26th, 2026

Ninth Sunday after Pentecost

*Lord, to whom shall we go?
You have the words of eternal Life. John 6:68*



SUNG EUCHARIST

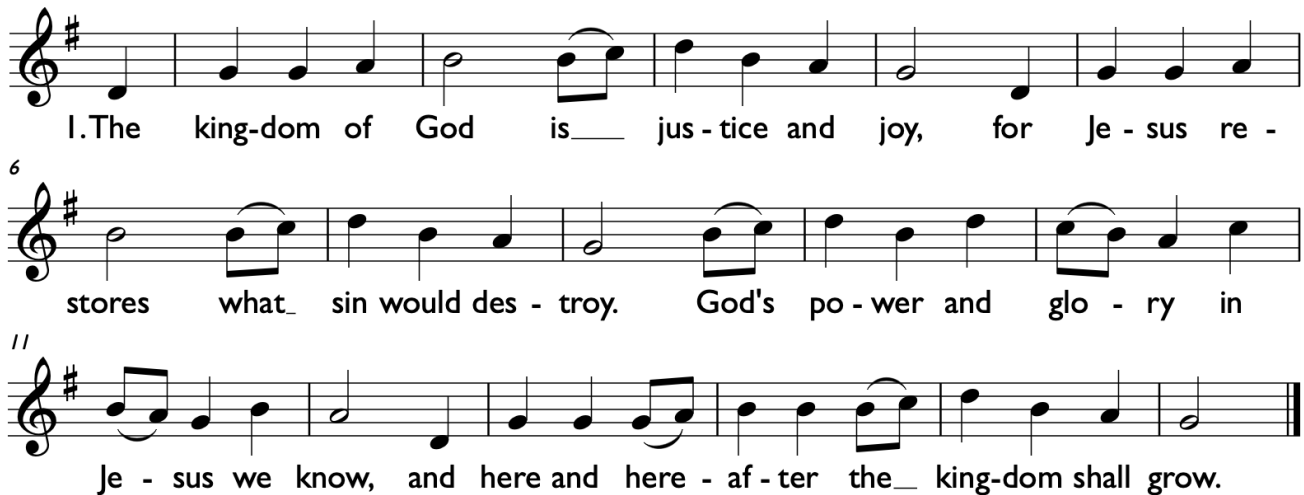
Book of Alternative Services

Please stand and sing our opening hymn

Opening Hymn The Kingdom of God Is Justice and Joy

PADERBORN
CP 631

Catholisch-Paderbornisches Gesangbuch
1765



The musical notation is written on three staves in G major (one sharp). The first staff contains the melody for the first line of the hymn. The second staff begins with a '6' indicating a first ending and contains the melody for the second line. The third staff begins with a double bar line and a repeat sign, indicating a second ending, and contains the melody for the third line. The lyrics are written below the notes.

I. The king-dom of God is jus - tice and joy, for Je - sus re -
stores what sin would des - troy. God's po - wer and glo - ry in
Je - sus we know, and here and here - af - ter the king-dom shall grow.

- 2 The kingdom of God is mercy and grace;
the captives are freed, the sinners find place.
the outcasts are welcomed God's banquet to share,
and hope is awakened in place of despair
- 3 The kingdom of God is challenge and choice:
believe the good news, repent and rejoice!
His love for us sinners brought Christ to his cross,
our crisis of judgement for gain and for loss.
- 4 God's kingdom is come, the gift and the goal,
in Jesus begun, in heaven made whole.
The heirs of the kingdom shall answer his call,
and all things cry "Glory!" to God All-in-All.

The Gathering of the Community

Presider The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People **And also with you.**

Presider In this time and place, we gather on the ancestral beaver hunting grounds of the Algonquin, Haudenosaunee and Attawandaran peoples; the traditional lands of the Anishnaabe Peoples, the Haudenosaunee Confederacy, and the Lenni-Lanape Peoples; and the current communities of the Chippewa of the Thames First Nation, Oneida Nation of the Thames, and Munsee-Delaware Nation.

People From many places and peoples we come to this time of prayer.

Presider We uphold our common stewardship of creation and our common birthplace of God's earth.

People We respect our place on this land and move forward in love and peace.

Presider Almighty God,

People to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Act of Praise

WOODLANDS
CP 362

Walter Greatorex
1877-1949

I. Glo - ry to God, we give you thanks and praise;

5 Of Heav'n - ly joy and earth - ly peace we sing.

10 We wor - ship You, to You our hearts we raise,

14 Lord God, al - migh - ty Fa - ther, heav'n - ly King.

**2 Lord Jesus Christ, the Father's only Son,
You bore for us the load of this world's sin.
O Lamb of God, Your glorious vict'ry won,
Re-ceive our prayer, grant us your peace within.**

**3 Alone, O Christ, You only are the Lord,
At God's right hand in majesty most high:
Who with the Spirit worshiped and adored,
With all the heav'nly host we glorify.**

The Collect of the Day

Presider Let us pray. (silence)
Liberating God, you heard the cry of your people in bondage and came down to set them free: as you called Moses from the burning bush and sent him to confront injustice, so call us again to stand firm in the freedom won for us in Jesus Christ, free us from fear, silence, and complacency, that we may live for love and service, proclaim good news to the poor, and bear faithful witness to your reign of justice and dignity; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People Amen.

“Christian Education” – The children are invited to the Assembly Room for the church school.

Please be seated

A Reading from the Book of Genesis:

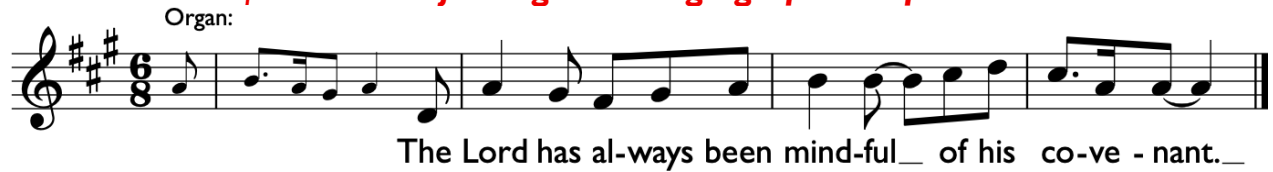
Reader: Kabasiita Golden

Laban said to Jacob, "Because you are my kinsman, should you therefore serve me for nothing? Tell me, what shall your wages be?" Now Laban had two daughters; the name of the elder was Leah, and the name of the younger was Rachel. Leah's eyes were lovely, and Rachel was graceful and beautiful. Jacob loved Rachel; so he said, "I will serve you seven years for your younger daughter Rachel." Laban said, "It is better that I give her to you than that I should give her to any other man; stay with me." So Jacob served seven years for Rachel, and they seemed to him but a few days because of the love he had for her. Then Jacob said to Laban, "Give me my wife that I may go in to her, for my time is completed." So Laban gathered together all the people of the place, and made a feast. But in the evening he took his daughter Leah and brought her to Jacob; and he went in to her. (Laban gave his maid Zilpah to his daughter Leah to be her maid.) When morning came, it was Leah! And Jacob said to Laban, "What is this you have done to me? Did I not serve with you for Rachel? Why then have you deceived me?" Laban said, "This is not done in our country - giving the younger before the firstborn. Complete the week of this one, and we will give you the other also in return for serving me another seven years." Jacob did so, and completed her week; then Laban gave him his daughter Rachel as a wife. (Genesis 29:15-28)

Reader The word of the Lord.
People **Thanks be to God.**

Psalm 105

Please remain seated for the Psalm joining with singing of the refrain



Give thanks to the Lord and call upon his name; make known his deeds among the peoples. Sing to him, sing praises to him, and speak of all his marvellous works. **Refrain**

Glory in his holy name; let the hearts of those who seek the Lord rejoice. Search for the Lord and his strength; continually seek his face. **Refrain**

Remember the marvels he has done, his wonders and the judgements of his mouth, O offspring of Abraham his servant, O children of Jacob his chosen. He is the Lord our God; his judgements prevail in all the world. **Refrain**

He has always been mindful of his covenant, the promise he made for a thousand generations:

The covenant he made with Abraham, the oath that he swore to Isaac,
Which he established as a statute for Jacob, an everlasting covenant for Israel,
Saying, "To you will I give the land of Canaan to be your allotted inheritance."
Hallelujah!

Refrain

A Reading from the Letter of Paul to the Romans: Reader: Allan Nagata

Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. We know that all things work together for good for those who love God, who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn within a large family. And those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified. What then are we to say about these things? If God is for us, who is against us? He who did not withhold his own Son, but gave him up for all of us, will he not with him also give us everything else? Who will bring any charge against God's elect? It is God who justifies. Who

is to condemn? It is Christ Jesus, who died, yes, who was raised, who is at the right hand of God, who indeed intercedes for us. Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, "For your sake we are being killed all day long; we are accounted as sheep to be slaughtered." No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. (*Romans 8:26-39*)

Reader The word of the Lord.

People **Thanks be to God.**

Alleluia



Holy Gospel *Matthew 13:31-33, 44-52*

Reader The Lord be with you.

People **And also with you.**

Reader The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Jesus Christ.**

Jesus put before them another parable: "The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches." He told them another parable: "The kingdom of heaven is like yeast that a woman took and mixed in with three measures of flour until all of it was leavened. The kingdom of heaven is like treasure hidden in a field, which someone found and hid; then in his joy he goes and sells all that he has and buys that field. Again, the kingdom of heaven is like a merchant in search of fine pearls; on finding one pearl of great value, he went and sold all that he had and bought it. Again, the kingdom of heaven is like a net that was thrown into the sea and caught fish of every kind; when it was full, they drew it ashore, sat down, and put the good into baskets but threw out the bad. So it will be at the end of

the age. The angels will come out and separate the evil from the righteous and throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Have you understood all this?" They answered, "Yes." And he said to them, "Therefore every scribe who has been trained for the kingdom of heaven is like the master of a household who brings out of his treasure what is new and what is old."

Reader The Gospel of Christ.
People **Praise to you, Lord Jesus Christ**

Homily The Most Reverend Linda Nicholls
Please stand

Credal Reflection

Presider We believe in the one High God, who out of love created the beautiful world, and everything good in it. God created human beings, and wants them to be happy in the world. God loves the world and every nation and tribe on the earth. We have known this High God in darkness, and now we know God in the light. God promised in the book of God's word, the Bible, to save the world and all the nations and tribes. We believe that God made good his promise by sending his son, Jesus Christ, a man in the flesh, a Jew by tribe, born poor in a little village, who left his home and was always on safari doing good, curing people by the power of God, teaching about God and man, showing the meaning of religion is love. He was rejected by his people, tortured and nailed hands and feet to a cross, and died. He lay buried in the grave, but the hyenas did not touch him, and on the third day, he rose from the grave. He ascended to the skies. He is the Lord. We believe that all our sins are forgiven through him. All who have faith in him must be sorry for their sins, be baptized in the Holy Spirit of God, live the rules of love and share the bread together in love, to announce the good news to others until Jesus comes again. We are waiting for him. He is alive. He lives. This we believe.

All **Amen.**

Prayers of Intercession

led by Tristan Fair

Leader God of freedom and justice, you brought your people out of bondage and have called us to live as instruments of your liberating love. As we mark Emancipation Sunday, we lift our prayers to you for the Church, the nation, and all your children saying, "Liberating God," and with your response being, "hear our prayer." *I invite you to take a comfortable posture: standing or sitting for the Prayers of the People.*

(A brief silence.)

Leader Liberating God,

People hear our prayer.

Leader For the Church in Canada and across the world, that we may be a voice for truth and reconciliation, a place of refuge for the marginalized, and a faithful witness against racism and injustice in all its forms. *Silence* Liberating God,

People hear our prayer.

Leader For our bishops, clergy, and all leaders in the Church, that they may guide your people with courage, humility, and a deep commitment to dismantling colonial and racist legacies within and beyond the Church. *Silence* Liberating God,

People hear our prayer.

Leader For the government and people of Canada, that we may confront the truth of our history, including the enslavement and oppression of African and Indigenous peoples, and work toward a just and inclusive future for all. *Silence* Liberating God,

People hear our prayer.

Leader For lawmakers and civic leaders across this land, that they may enact policies of equity, reparation, and reconciliation, particularly for Black, Indigenous, and racialized communities. *Silence* Liberating God,

People hear our prayer.

Leader For descendants of enslaved Africans in Canada, and for all members of the African diaspora, that their stories may be honoured, their contributions celebrated, and their lives filled with justice and joy. *Silence* Liberating God,

People hear our prayer.

Leader For all who suffer under the weight of racism, poverty, or systemic inequality in our society, that they may find hope, allies, and the strength to persevere. *Silence* Liberating God,

People hear our prayer.

Leader For the sick everywhere, especially in communities where access to care is limited or outcomes are unjustly unequal. We pray especially for Marg, George, Leigh, Ruth, Gwen, Marina, Ernest, Joan, David, Beavie. May they receive healing, comfort, and dignity in body, mind, and spirit. *Silence* Liberating God,

People hear our prayer.

Leader For the departed. The names of the recently departed in the community may be named aloud here. For the ancestors and all who have gone before us in the long road to justice, those who resisted slavery, fought for civil rights, and built communities of faith and resistance. May we walk in their courage. *Silence* Liberating God,

People hear our prayer.

Leader Liberating God, you raised Jesus Christ to free us from sin, fear, and oppression. Fill us with your Holy Spirit that we may live as your liberated people, seeking justice, loving mercy, and walking humbly with you.
Amen.

Confession and Absolution

Celebrant Beloved in Christ, God our creator made us all in the Divine Image, and calls us to love one another as God loves us.

Silence is kept.

Celebrant Let us confess our sins against God and one another. Almighty God,
People we confess that we have failed to honour you in the great diversity of the human family. We desire to live in the freedom of your grace, but build walls between ourselves and others. We long to be known and accepted for who we are, but make judgements of others based on the colour of skin, the shape of features, and the varieties of human experience. We try to love our neighbours but fail to address the injustices of systems that benefit some and continue to enslave others. For the sake of Jesus who brought freedom to all, have mercy on us and free us by your forgiveness, giving us new eyes to see your glory in all people. Amen.

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, restore you in God's own image, and strengthen you as beloved community for the ministry of reconciliation, united in God's own glorious created diversity, as you are one with Christ and the Spirit, now and forever.

People Amen.

Please stand

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

Please offer one another a sign of the peace before we all sing the hymn

We all sing the Offertory Hymn Seek Ye First, which will be sung twice

SEEK YE FIRST
CP 458

Karen Lafferty
b. 1948

5 I. Seek ye first the king-dom of God, and his righ-teous-ness,
and all these things shall be ad-ded un-to you. A - le - lu, al-le - lu - ia.
9
REFRAIN: Al - le - lu - ia, Al - le - lu - ia,
13
Al - le - lu - ia, A - le - lu, al - le - lu - ia.

- 2 Ask and it shall be given unto you;
seek and you shall find;
knock and the door shall be opened unto you.
Allelu, Alleluia.
Refrain**

Prayer over the Gifts

Celebrant You brought your people through the waters and sustained them on the journey to freedom. Receive these gifts, offered in remembrance, gratitude, and hope. As bread and wine are set apart for your purpose, make us a people set apart for justice, that strengthened by this offering we may serve Christ in all who are oppressed, and work for the freedom of all your children; through Jesus Christ our Lord.

People **Amen.**

The Great Thanksgiving

Simple tone

Celebrant: **ALL SING:**

The Lord be with you: And also with you.

Celebrant: **ALL SING:**

Lift up your hearts: We lift them to the Lord.

Celebrant: **ALL SING:**

Let us give thanks to the Lord our God: It is right to give our thanks and praise.

Celebrant It is right in all times and in all places to thank and praise you Creator of all. We praise you here where the Thames River blends and flows, where city and farm, wilderness and industry are side by side. We praise you at a time when the body of earth is broken again and again.

We give thanks for our place in the story of salvation. Our ancestors journeyed with you in creation and migration. They depended on the land, were displaced from the land and displaced others from their lands. They knew you in tents and cities, on mountains and by wells, in families and in dreams, and through wilderness prophets who spoke of cedars and listened to ravens.

People **Together with angels and ancestors, eagle and bear, salmon and beaver, pine and trillium, we join our voices with all creation in this ancient honour song**

We all sing the Sanctus:

Piano: All Sing:

Ho - ly, Ho - ly, Ho - ly Lord, God of power and
might. Ho - ly, Ho - ly, Ho - ly Lord, God of power and might:
Hea - ven and earth are full, Full of your glo - ry. Ho -
san - na in the high - est, ho san - na in the high - est.
Bles - sed is he who comes in the name of the Lord. Ho -
san - na in the high - est, ho san - na in the high - est.

Celebrant We give thanks to you for Jesus, whose first bed was a feed trough. He was baptized in the Jordan, tested in the wilderness, he traveled in fishing boats and told parables of farmers and seeds, labour and wages, yeast and bread.

On the night before he died, Jesus took bread, food of the poor, the work of field and hearth, he gave thanks, broke it and gave it to his friends saying: Take and eat, this is my body, given for you, do this to remember me.

Again after supper he took the cup of wine, fruit of the land, gave thanks and gave it to his friends saying: This is my blood, which is shed for you. When you do this, do it in memory of me.

Remembering Jesus' life, death and resurrection and awaiting his coming kingdom, we offer you this bread and this cup. Creator, send your Spirit on

these gifts so that we know Jesus in them and are gathered together with everyone who shares this sacred meal of justice and community.

Fill us with the courage and love of Jesus, that we may strive for justice and peace, respect the dignity of every human being, and safeguard the integrity of creation. Bring us with all your saints to your commonwealth of sparrow and lily, child and beggar which is both now and yet to come. All honour and glory are yours, Creator, Christ and Spirit, now and forever.

AMEN
CP 737

Franz Schubert
1797-1828

All sing:



Lord's Prayer

Celebrant



Priest: As our Sa-viour taught us, let us pray:

People

4
Our Fa - ther in heaven, hal-low-ed be your name, your king - dom come,
7
your will be done on earth as in heaven. Give us to-day our dai-ly bread.
9
For-give us our sins As we for-give those who sin a - gainst_ us.
11
Save us from the time of trial, and de - li - ver us from e - vil.
13
For the king-dom, the power, and the glo-ry are yours, now and for-ev-er. A-men.

Agnus Dei

DEUTSCHE MESSE
CP 747

Franz Schubert
1797-1828

Organ:



Je - sus, Lamb of God, have mer - cy on us.

Je - sus, bea-rer of our sins, have mer - cy on us. Je - sus, re - dee - mer, re-

dee-mer of the world, give us your peace, give us your peace.

The Communion

Celebrant The gifts of God for the People of God.
People **Thanks be to God.**

Gluten-free communion wafers are available.
Please indicate your wish to the administrant at Communion.

Communion Anthem

Bach Quia Fecit Mihi Magna (from the Magnificat)

Quia fecit mihi magna qui potens est,	For he who is mighty has done great [things]
et sanctum nomen eius.	for me,
	And holy [is] his name.

We all sing the Communion Hymn Strengthen for Service, Lord

ACH GOTT UND HERR
CP 87

Neu-Leipziger Gesangbuch
1682



1. Strength - en for ser-vice, Lord, the hands that ho - ly things have ta - ken;

5
let ears that now have heard thy songs to clam-our nev - er wak - en.

- 2 **Lord, may the tongues which “Holy” sang
keep free from all deceiving;
the eyes which saw thy love be bright,
thy blessed hope perceiving.**
- 3 **The feet that tread thy holy courts
from light do thou not banish;
the bodies by the body fed
with thy new life replenish.**

Please stand

Prayer after Communion *(silence is kept)*

Celebrant Let us pray.
God of restoration, we give you thanks that you have nourished us at this table with the life of your Son, the source of our freedom and peace. Strengthened by this sacrament, send us out as ambassadors of Christ, to live in truth, to seek reconciliation, and to restore dignity wherever it has been denied. May our worship bear fruit in justice, our faith be made known in love, and our freedom be used in service, to the glory of your holy name; through Jesus Christ our Lord.

People Amen.

Doxology

Celebrant Glory to God,
**People whose power, working in us, can do infinitely more than we can ask
or imagine. Glory to God from generation to generation, in the
Church and in Christ Jesus, for ever and ever. Amen.**

Closing Announcements and Blessing

We all sing the Post Communion Hymn Forth in Thy Name, O Lord, I Go

SONG 34
CP 467

Orlando Gibbons
1583-1625

I. Forth in thy name, O Lord, I go, my dai-ly la - bour to pur - sue

6
thee, on - ly thee, re-solved to know in all I think or speak or do.

- 2 The task thy wisdom hath assigned
O let me cheerfully fulfil,
in all my works thy presence find,
and prove thy good and perfect will.
- 3 Thee may I set at my right hand,
whose eyes my inmost substance see,
and labour on at thy command
and offer all my works to thee.
- 4 Give me to bear thy easy yoke,
and every moment watch and pray,
and still to things eternal look,
and hasten to thy glorious day;
- 5 for thee delightfully employ
whate'er thy bounteous grace hath given,
and run my course with even joy,
and closely walk with thee to heaven.

Dismissal

The Deacon dismisses the congregation in these or similar words:

Deacon Go forth in the name of Christ.
People **Thanks be to God.**

This lovely piece by Buxtehude is typical of the smaller scale pieces written by Buxtehude, although the name Toccata applies only to the unstructured and fantastical nature of the opening section. This piece really, is the beginning of the Preludes and Fugue form that influenced Bach so much.

Repeated chords sound out, creating a wash of sound like rejoicing bells, with various runs in both the hands and the feat designed to impress. Eventually the piece settles into a fugue, which begins with a very stayed subject, picking up on the repeated chords from earlier. As the piece progresses, other elements from the opening are reused and reimagined.

Buxtehude was organist at the Marienkirche in Lübeck, North Germany where he became famous for his organ improvisations. He was a huge influence on Bach and Handel, with many instrumental and vocal compositions surviving.

Coffee Hour

After the service please join us for coffee and cold drinks.
Youth Group meets in the Guild Room.

The Flowers are to the glory of God and in loving memory of my Mother and Father on their 80th Wedding Anniversary (June 17, 1946 – June 17, 1926) given by their loving son, Don McLeod.

Diocese of Huron Chain of Prayer – Today we pray for the parishes of Church of the Ascension, Windsor; St. Augustine of Canterbury, Windsor; St. David & St. Mark, Windsor; and St. John's (Sandwich), Windsor.

Know your Cathedral tours – Thursdays @ 2pm

Our Guided Tours continue. Guests will gain a new perspective and get transported through history as our guides highlight the buildings unique architectural design, its rich heritage, its beautiful stained-glass windows, its proud military connection, and point out the exquisite embroidered linens, the labyrinth and icons throughout the church.

Please join our Tour Leader, John Lutman, at the Great West Doors on July 30 for a tour on history and architecture.

Today's Liturgical Leaders

Celebrant and Preacher – The Most Reverend Linda Nicholls

Gospeller – The Reverend Pat Henderson

Organist & Director of Music – Laurence Williams

Servers – Tristan Fair, Clark Home, Stephanie Allen

Lay Administrants – Marilyn Freeman, Doreen Kyomugisha

Greeters – Greg Childs, Linda Gregson

Welcome Minister – Elyshia John

Live Stream – Olakunle Aoko

Bell Ringer – Allan Nagata

Warden – Yvonne Donlan

Memorial Flowers – This is a wonderful way to beautify our Church, while remembering our loved ones. There are available Sundays for all Altars, especially during the summer months. For more information please contact Carrie Fieldhouse at 519-434-3225, ext. 201 st.pauls@stpaulscathedral.on.ca.

