

Bulletin Announcements

Ninth Sunday After Pentecost

July 26th, 2026



Matthew 13: 31-32

The Parable of the Mustard Seed

He put before them another parable: "The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches."



Trinity United Church

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July's Birthdays:



July 3 rd	Key Butler
July 28 th	Guy Cormack

Church's Hours

Our office hours are Monday to Thursday from 8:30am to 1:30pm.

Pastor John's Office Hours

Pastor John's hours are Mondays from 8:30am to 1:30pm. If you want to reach out to him, his email address is pastorjohnuc@gmail.com and his cellphone is 236-238-1575.

Upcoming Events

Spaghetti Dinner Update

Our recent Spaghetti Dinner went really well! Because of the great turnout, we are excited to announce that we will be hosting at least two of these dinners every year during the spring and fall.



Thank you all for coming out, and keep your eyes peeled for the next one!

We Have Surpassed Our Food For Families Campaign Goal!

Thanks be to God for his bountiful gifts and a big thank-you to all of you who have contributed towards our Food for Families campaign. Your efforts and gifts of time and money will make a positive impact on families in our community.



"Every good and perfect gift is from above, coming down from the Father of the heavenly lights". James 1:17a

Men's Continental Breakfast

Our Men's Continental Breakfast gathering for the next Saturday August 1, 2026 has been cancelled.

We will keep you informed about our upcoming gatherings!



Readers for the Month of July

Date	Holy Scriptures	Mission & Service Stories
Sunday 5th	Janice Webb	Heather Wills
Sunday 12th	Sue Luoma	Pastor John Helps
Sunday 19th	Joy Leeb	Janice Webb
Sunday 26th	Heather Wills	Cheryl Waye



Great Ways to Get Involved

Food for Families

Once again, Trinity is partnering with our neighbors at the Pleasant Valley School to assist families affiliated with the school who are experiencing food insecurity. Speak to a member of the Trinity Council to find out how you can help to make a difference.

Trinity United Food Bank

Did you know that in Nanaimo 2 out of 4 families suffer from food insecurity? Please, remember to feed the Loaves and Fishes donation box at the back entrance to the Church. In addition to food and cash donations, they are in great need of egg cartons!

Community Donations to Trinity

Recycling your bottles and cans at the Nanaimo Recycling Centre? You can ask them to donate the money to Trinity. Also: if you have Save-On-More points, they can also be donated!

Weekly Services and Meetings



TUESDAYS

Grief Group

Most Tuesdays @ 11:00 am

Prayer Group

Meets the second Tuesday of each month @ 10:00 am

Ladies' Lunch

Meets the second Tuesday of every month @ 11:45 am



WEDNESDAYS

Ladies' Coffee Group

Third Wednesday of every month @ 2:00 pm



THURSDAYS

Prayer Shawl Ministry and Knitting Group

Second Thursday of every month @ 10:00 am

Trinity Choir

Most Thursdays @ 6:30 pm



SATURDAYS

Men's Continental Breakfast

First Saturday of every month @ 10:00 am



SUNDAYS

Worship Service

Our weekly worship service is on Sunday morning @ 11:00am both in-sanctuary and online via  YouTube. Join us online using this link:
<https://www.youtube.com/channel/UCs0O80HfYqa4uZOBJ0Tpow>

Pastor John's Message for Next Sunday August 2, 2026

Dear friends,

Looking ahead to next Sunday, we'll continue our summer series, Growing God's Garden, as we explore another of Jesus' stories about the surprising ways God is at work in the world.

Together, we'll reflect on how God's kingdom is something of immeasurable value—worth seeking, discovering, and nurturing in our lives. Even in ordinary moments, we may find ourselves uncovering treasures we didn't know were there.

I hope you'll join us as we continue this summer journey together.

Grace and peace,

John

Land Acknowledgement

Trinity United Church acknowledges that we live out our ministry on the traditional territory of the Coast Salish Peoples, the region of the Snuneymuxw and Snaw-naw-as First Nations.

