



WE ACKNOWLEDGE THAT AS A PARISH OF THE DIOCESE OF NEW WESTMINSTER,
WE GATHER ON THE TRADITIONAL AND UNSURRENDERED TERRITORY OF THE
HALQ'EMELYN-SPEAKING COAST SALISH PEOPLES, INCLUDING BUT NOT LIMITED TO
THE q̓w̓a:ńłəń (KWANTLEN), QAYQAYT, k̓w̓ik̓w̓əłəm (KWIKWETLEM), x̓w̓məθk̓w̓əy̓əm
(MUSQUEAM), səliłwətał (TSEIL-WAUTUTH), AND st̓s'əwaθən məstejəx̓w̓ (TSAWWASSEN).
WE SEEK TO WALK A PATH OF RECONCILIATION AND HEALING.

10 am Eucharist
Pentecost 9/Emancipation Sunday
26 July 2026

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*Whether you have been a lifelong Anglican or are new to our tradition, we welcome you this morning! If you are not familiar with Anglican worship, simply allow the words, music and symbols to speak to you. Participate as fully as you feel comfortable in doing. We stand to sing and sit to listen. Some people kneel for prayer, some sit and some stand. Please do what is comfortable for you. You are invited to join in the words in **bold type**. Music for the songs is found in the blue Common Praise or green Songs for a Gospel People hymnbooks in the pews.*

Prelude

Welcome

THE GATHERING OF THE COMMUNITY

Gathering Hymn

'Come, O God of All the Earth'

Common Praise 589 (tune Sing Out)

**Come, O God of all the earth:
come to us, O righteous one.
Come and bring our love to birth;
in the glory of your Son.**

***Chorus Sing out, earth and skies!
Sing of the God who loves you.
Raise your joyful cries!
Dance to the life around you.***

**Come, O God of wind and flame:
fill the earth with righteousness.
Teach us all to sing your name;
may our lives your love confess.**

Chorus

**Come, O God of flashing light,
twinkling star and burning sun.
God of day and God of night:
in your light we all are one.**

Chorus

**Come, O God of snow and rain:
shower down upon the earth.
Come, O God of joy and pain,
God of sorrow, God of mirth.**

Chorus

**Come, O Justice, come, O Peace:
come and shape our hearts anew.
Come and make oppression cease;
bring us all to life in you.**

Chorus

Greeting

Presider: Jesus Christ is the Liberator of us all.

**People: Because He endured death upon the cross,
the chains of sin have been broken.
Through His resurrection, we have been reconciled
with God, our creator.**

Presider: We gather here from many places on land that is the traditional and unsundered territory of the Halq'emeyn-speaking Coast Salish peoples.

People: May Christ lead us on right pathways as we seek truth and reconciliation in action.

*The Gloria (sung 3 times)
Common Praise 376 (tune Taizé)*

**Gloria, gloria, in excelsis Deo!
Gloria, gloria, alleluia, alleluia!**

Young People's Time

The Collect of the Day

Presider: Let us pray,

**All: God of justice and compassion,
you created all people in your image
and call us to live in freedom and truth:
break every yoke that diminishes human dignity,
restore what has been wounded by sin and injustice,
and make us ministers of reconciliation in the new creation
you bring in Christ and enable us to do the work that pleases
you, to repair what has been broken,
and to walk in the freedom that no power can take away;
through Jesus Christ our Lord, who lives and reigns with you
and the Holy Spirit, one God, now and for ever. Amen.**

THE PROCLAMATION OF THE WORD

The First Reading: Genesis 29:15-28

Reader: A reading from the Book of Genesis,

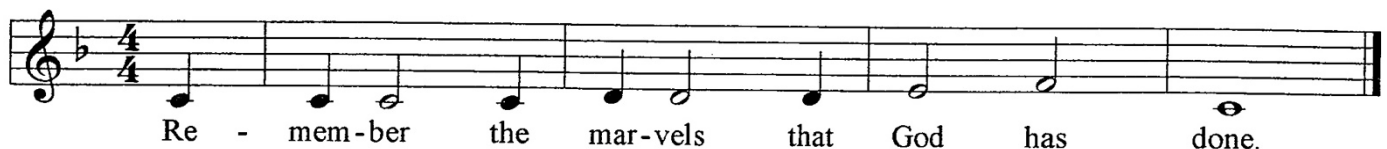
¹⁵ Then Laban said to Jacob, ‘Because you are my kinsman, should you therefore serve me for nothing? Tell me, what shall your wages be?’ ¹⁶ Now Laban had two daughters; the name of the elder was Leah, and the name of the younger was Rachel. ¹⁷ Leah’s eyes were lovely, and Rachel was graceful and beautiful. ¹⁸ Jacob loved Rachel; so he said, ‘I will serve you seven years for your younger daughter Rachel.’ ¹⁹ Laban said, ‘It is better that I give her to you than that I should give her to any other man; stay with me.’ ²⁰ So Jacob served seven years for Rachel, and they seemed to him but a few days because of the love he had for her.

²¹ Then Jacob said to Laban, ‘Give me my wife that I may go in to her, for my time is completed.’ ²² So Laban gathered together all the people of the place, and made a feast. ²³ But in the evening he took his daughter Leah and brought her to Jacob; and he went in to her. ²⁴ (Laban gave his maid Zilpah to his daughter Leah to be her maid.) ²⁵ When morning came, it was Leah! And Jacob said to Laban, ‘What is this you have done to me? Did I not serve with you for Rachel? Why then have you deceived me?’ ²⁶ Laban said, ‘This is not done in our country—giving the younger before the firstborn. ²⁷ Complete the week of this one, and we will give you the other also in return for serving me for another seven years.’ ²⁸ Jacob did so, and completed her week; then Laban gave him his daughter Rachel as a wife.

Reader: Holy Word, Holy Wisdom.

All: Thanks be to God.

The Psalm: 105:1-11 (verses sung by the choir)



Refrain: Remember the marvels that God has done.

The Second Reading: Romans 8:26-38

Reader: A reading from Paul's Letter to the Romans,

²⁶ Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. ²⁷ And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

²⁸ We know that all things work together for good for those who love God, who are called according to his purpose. ²⁹ For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn within a large family. ³⁰ And those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified.

³¹ What then are we to say about these things? If God is for us, who is against us? ³² He who did not withhold his own Son, but gave him up for all of us, will he not with him also give us everything else? ³³ Who will bring any charge against God's elect? It is God who justifies. ³⁴ Who is to condemn? It is Christ Jesus, who died, yes, who was raised, who is at the right hand of God, who indeed intercedes for us. ³⁵ Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? ³⁶ As it is written, 'For your sake we are being killed all day long; we are accounted as sheep to be slaughtered.' ³⁷ No, in all these things we are more than conquerors through him who loved us. ³⁸ For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, ³⁹ nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Reader: Holy Word, Holy Wisdom.

All: Thanks be to God.

Gospel Hymn

'The Kingdom of God'

Common Praise 631 (tune Paderborn)

**The kingdom of God is justice and joy,
For Jesus restores what sin would destroy.
God's power and glory in Jesus we know,
And here and hereafter the kingdom shall grow.**

**The kingdom of God is mercy and grace,
The captives are freed, the sinners find place.
The outcasts are welcomed God's banquet to share,
And hope is awakened in place of despair.**

**The kingdom of God is challenge and choice:
Believe the good news, repent and rejoice!
His love for us sinners brought Christ to his cross,
Our crisis of judgement for gain and for loss.**

The Gospel: Matthew 13:31-33 & 44-52

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.

All: Glory to you, Lord Jesus Christ.

³¹ Jesus put before them another parable: 'The kingdom of heaven is like a mustard seed that someone took and sowed in his field; ³² it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches.'

³³ He told them another parable: 'The kingdom of heaven is like yeast that a woman took and mixed in with three measures of flour until all of it was leavened.'

⁴⁴ 'The kingdom of heaven is like treasure hidden in a field, which someone found and hid; then in his joy he goes and sells all that he has and buys that field.

⁴⁵ 'Again, the kingdom of heaven is like a merchant in search of fine pearls; ⁴⁶ on finding one pearl of great value, he went and sold all that he had and bought it.

⁴⁷ 'Again, the kingdom of heaven is like a net that was thrown into the sea and caught fish of every kind; ⁴⁸ when it was full, they drew it ashore, sat down, and put the good into baskets but threw out the bad. ⁴⁹ So it will be at the end of the age. The angels will come out and separate the evil from the righteous ⁵⁰ and throw them into the furnace of fire, where there will be weeping and gnashing of teeth.

⁵¹ 'Have you understood all this?' They answered, 'Yes.' ⁵² And he said to them, 'Therefore every scribe who has been trained for the kingdom of heaven is like the master of a household who brings out of his treasure what is new and what is old.'

Reader: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

Gospel Hymn continued

**God's kingdom is come, the gift and the goal,
In Jesus begun, in heaven made whole.
The heirs of the kingdom shall answer his call,
And all things cry 'Glory!' to God All-in-All.**

Teaching

The Rev. Stephanie Shepard

The Apostles' Creed

Presider: Let us confess the faith of our baptism as we say,

**All: I believe in God, the Father Almighty,
Creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord,
He was conceived by the Holy Spirit,
born of the virgin Mary,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of God the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

The Prayers of the People

Leader: Let us offer our prayers to the God of freedom and mercy. To the bidding, 'we pray to you, O God', please respond 'Lord, hear our prayer and keep us free'.

For the Church: That it may be a prophetic witness to the Gospel, proclaiming justice, healing, and reconciliation. For bishops, clergy, and lay leaders, and especially for Black Anglicans across our Communion. We pray to you, O God:

All: Lord, hear our prayer and keep us free.

Leader: For the world: For nations still burdened by the legacy of slavery, colonialism, and racism. For all leaders, that they may govern with equity and compassion. We pray to you, O God:

All: Lord, hear our prayer and keep us free.

Leader: For the descendants of enslaved peoples: That dignity may be restored, and justice pursued. That healing may flow across generations. We pray to you, O God:

All: Lord, hear our prayer and keep us free.

Leader: For those who suffer today from exploitation, human trafficking, systemic injustice, or poverty: That the Church and all people of good will may act with courage and conviction. We pray to you, O God:

All: Lord, hear our prayer and keep us free.

Leader: For the sick and suffering: Especially those in our communities who feel forgotten or pushed to the margins. We lift the names of those we know silently or aloud.... We pray to you, O God:

All: Lord, hear our prayer and keep us free.

Leader: We ask your forgiveness for the ways we have failed You and each other: for the privilege we do not question, for the needs we do not see, for the history we do not know. Give us new hearts to learn and act justly in this world, that we may find our way to your kingdom. We pray to you, O God:

All: Lord, hear our prayer and keep us free.

Leader: For the departed: Especially our Black saints and ancestors—those whose stories were never told, but whose faith endures in us. May they rest in the light of your eternal peace. We pray to you, O God:

All: Lord, hear our prayer and keep us free.

Leader: God of justice and compassion, accept the prayers we offer this day. Make us instruments of your peace and agents of your freedom, through Jesus Christ our Liberator.

All: Amen.

The Absolution

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life, through Jesus Christ our Lord.

All: Amen.

The Exchange of the Peace

Presider: May the peace of the Lord be always with you.

All: And also with you.

*You are invited to share a sign of God's peace with your neighbours,
respecting their comfort with distance and touch.*

THE HOLY COMMUNION

Offering Hymn

'Eye Has Not Seen'

Common Praise 548 (tune Eye Has Not Seen)

Refrain *Eye has not seen, ear has not heard
what you have ready for those who love you.
Spirit of love, come, give us the mind of Jesus;
teach us your wisdom, O Lord.*

**When pain and sorrow weigh us down,
be near to us, O Lord;
forgive the weakness of our faith
and bear us up within your peaceful word.**

Refrain

Our lives are but a single breath;
we flower and we fade.
Yet all our days are in your hands,
so we return in love what love has made.

Refrain

To those who see with eyes of faith,
you, Lord, are ever near,
reflected in the faces
of all the poor and lowly of the world.

Refrain

We sing a mystery from the past
in halls where saints have trod,
yet ever new the music rings
to Jesus, Living Song of God.

Refrain

The Prayer over the Gifts

Presider: Let us pray,

All: **Gracious God,**
 we bring these gifts to your altar,
 symbols of our labour and love.
 Bless them to build your kingdom of justice,
 where the oppressed find dignity,
 where hearts and nations are reconciled;
 and where every soul is released to live in your freedom.
 Transform our offerings and we who give them
 that we may be instruments of your
 grace in this broken world.
 Through Christ, who is our peace, we pray.

The Great Thanksgiving

ELW X

Presider: The Lord be with you.

People: **And also with you.**

Presider: Lift up your hearts.

People: **We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

People: **It is right to give our thanks and praise.**

Presider: It is indeed right, our duty and our joy that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Saviour Jesus Christ. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join in their unending hymn:

Sanctus

Songs for a Gospel People 117 (Land of Rest)

**All: Holy, holy, holy Lord.
God of power and might.
Heaven and earth are full of your glory.
Hosanna in the highest!
Blessed is the One who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest!**

Presider: O God most mighty, O God most merciful, O God our rock and our salvation, hear us as we praise, call us to your table, grant us your life. When the world was a formless void, you formed order and beauty. When Abraham and Sarah were barren, you sent them a child. When the Israelites were enslaved, you led them to freedom. Ruth faced starvation, David fought Goliath, and the psalmists cried out for healing, and full of compassion, you granted the people your life.

You entered our sorrows in Jesus our brother. He was born among the poor, he lived under oppression, he wept over the city. With infinite love, he granted the people your life. In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: this cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me. Remembering his death, we cry out Amen.

All: Amen.

Presider: Celebrating his resurrection, we shout out Amen.

All: Amen.

Presider: Trusting his presence in every time and place, we plead Amen.

All: Amen.

Presider: O God, you are Breath: send your Spirit on this meal.

O God, you are Bread, feed us with yourself.

O God, you are Wine: warm our hearts and make us one.

O God, you are Fire: transform us with hope.

O God most majestic, O God most motherly, O God our strength and our song, you show us a vision of a tree of life with fruits for all and leaves that heal the nations. Grant us such life, the life of the Father to the Son, life in you, now and forever.

All: Amen.

The Lord's Prayer

Presider: In the language closest to your heart,
let us pray as Jesus taught us:

You are invited to use either the traditional or contemporary version in English or the language you find most helpful for prayer.

**Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us today our daily bread.
Forgive us our trespasses
as we forgive those who
trespass against us.
Lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory
for ever and ever. Amen.**

**Our Father in heaven,
Hallowed be your name.
Your kingdom come,
Your will be done
on earth as in heaven.
Give us this day our daily bread.
Forgive us our sins,
As we forgive those who
sin against us.
Save us from the time of trial
and deliver us from evil,
for the kingdom, the power,
and the glory are yours
now and forever. Amen**

Fraction Hymn
Common Praise 63 (Eat this Bread)

**Eat this bread, drink this cup:
Come to me and never be hungry.
Eat this bread, drink this cup:
Trust in me and you will not thirst.**

Presider: Dear friends in Christ, God bids you welcome to this table. Here we are strengthened for the journey. Here strangers become friends and the seeker finds God's wisdom speaking to them. See who you are and become what you see. These are the gifts of God for the people of God.

People: Thanks be to God.

The Communion

You are invited to come forward to receive bread and wine. Low gluten wafers are available. You receive the fullness of Christ's love if you prefer to take one kind (just the bread or the wine). If you would prefer to have a blessing, please let the priest know.

During Communion
'Let My People Seek Their Freedom'
Common Praise 471 (tune Omni Die)

**From the slave pens of the delta, from the ghettos on the Nile,
Let my people seek their freedom in the wilderness awhile:
So God spoke from out of Sinai, so God spoke and it was done,
And the people crossed the waters toward the rising of the sun.**

**From the aging shrines and structures, from the cloister and the aisle,
Let my people seek their freedom in the wilderness awhile;
So the Son of God has spoken, and the stormclouds are unfurled,
For his people must be scattered to be servants of the world.**

**When we murmur on the mountains for the old Egyptian plains,
When we miss the ancient bondage and the hope, the promise wanes,
Then the rock shall yield its water and the manna fall by night,
And with visions of a future shall we march toward the light.**

**In the maelstrom of the nations, in the journey into space,
In the clash of generations, in the hungering for grace,
In our agony and glory, we are called to newer ways
By the Lord of our tomorrows and the God of earth's todays.**

**Anthem- HTC Choir
'What Wondrous Love is This' (CP 400)**

THE SENDING FORTH OF THE COMMUNITY

The Prayers after Communion

Presider: Let us pray:

All: **God of justice, peace, and freedom,
we thank you for feeding us with the body and blood of Christ,
a foretaste of your Reign that is and is to come.
Strengthen us to walk in the way of justice,
to sow peace in a troubled world,
and to proclaim freedom for all who are bound.
May your Spirit guide us to live as witnesses of your love,
until all creation is restored in Christ our Saviour. Amen.**

Presider: Glory to God,

All: **Whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, now and forever. Amen.**

Announcements

Sending Hymn

'And Every One 'Neath their Vine'
Common Praise 595 (tune Shalom Altman)

**And every one 'neath their vine and fig tree
Shall live in peace and unafraid.**

**And every one 'neath their vine and fig tree
Shall live in peace and unafraid.**

**Nations to ploughshares turn their swords,
and they shall study war no more.**

**Nations to ploughshares turn their swords,
and they shall study war no more.**

The Dismissal

Presider: Go in peace to love and serve the Lord.

All: **Thanks be to God.**

Postlude

The Collects and Prayers of the People are from "Emancipation Day Liturgical Resources" authorized by the Anglican Church of Canada, 2025.



Liturgical Ministers today

Greeter & worship assistant, 8:00 am:	Stewart Morton
Greeters, 10 am:	Gerry Rowse & Natacha Warwick
Reader:	Celeste Snowber
Chalice Administrators:	Robert Rothwell & Susan Stensgaard
Presider & Preacher:	The Rev. Stephanie Shepard
Server:	Greg Kennelly
Crucifer:	Linda Gravlin
Music Director:	Nathan Badue
	<i>& the Holy Trinity Cathedral Choir</i>

THIS WEEK AT HOLY TRINITY CATHEDRAL

Tuesday Women's Prayer Group, 11 am-12 in Cathedral
Wednesday Midweek Eucharist, 9:30-10 am*
Wednesday Fellowship Time, 10-10:30 am in the Lounge
Wednesday Bible Study, 10:30-11:30 am in the Lounge
Thursday Musical Meet & Greet, 6:30-8:30 pm in the Lounge
Saturday Community Brunch, 11 am- noon in the Hall
Sunday BCP Eucharist, 8-9 am.*
Sunday Choral Eucharist, 10-11:15 am.*

**live-streamed over Facebook.*

+ link through the weekly newsletter. Sign up on the website.

Go to <https://www.holytrinitycathedral.ca/events>.

Click on the photo of the service. This will take you to Facebook. A box will come up asking for your Facebook login. Click the X on the right upper corner of the box. If you do not have Facebook you should be able to watch from the HTC site.

Next Sunday's Readings for Pentecost 10, August 2, 2026:
Genesis 32:22-31; Palm 17; Romans 9:1-5; Matthew 14:13-21