

# **The Champions Creed: How to Live by Faith and Say "I Can"**

Life does not always go as planned. Circumstances shift, prayers seem unanswered, and discouragement can quietly replace confidence. But faith in God is the one thing that changes everything. Here is what it looks like to move from "I can't" to "I can" through a deeper trust in God.

## **Why Faith Is the Only Currency That Works in God's Kingdom**

Faith is not about believing in your own ability to believe. It is about placing your trust in God Himself. You can beg, plead, and bargain, but none of that moves the hand of God the way faith does. God always honors faith.

And faith works best when it is rooted in love. Walking in love and walking in faith go hand in hand. One without the other leaves something missing.

## **What Can We Learn from Enoch's Faith?**

Hebrews 11 is the great chapter on faith, and it opens a window into the lives of men and women who trusted God in extraordinary ways. One of the most striking examples is Enoch.

"By faith Enoch was taken up so that he would not see death; and he was not found because God took Him up; for he obtained the witness that before His being taken up He was pleasing to God. And without faith it is impossible to please Him, for he who comes to God must believe that He is and that He is a rewarder of those who seek Him." - Hebrews 11:5-6

Enoch had such a close, consistent communion with God that God seemed more real to him than the world around Him. That is a remarkable statement. The visible, tangible world did not define his reality. God did.

## **How Real Is God to You in Your Everyday Life?**

As we grow in faith, the question becomes personal: how much are we actually bringing God into our daily walk? Not just on Sundays, not just in crisis moments, but every day.

The more you know of God, the harder it becomes to walk away. There comes a point where you have seen too much, experienced too much, and know too much to turn back. God is real, and He has great things He wants to do in and through your life.

## **What Does It Mean to "Seek" God?**

The verse in Hebrews says God is a rewarder of those who seek Him. That word seek in the original language means to search diligently, to seek in order to obtain. It is not passive looking. It is purposeful pursuit.

Many of us have been seeking God for a long time, but somewhere along the way, discouragement crept in and we stopped expecting to actually find what we were looking for. We kept going through the motions of seeking without the expectation of obtaining.

Our "seeker" can get broken by disappointment. It needs to be re-energized. When we seek God, we should seek Him with the full expectation that He will come through, because He is a rewarder. It is not wrong to expect a reward. God would not describe Himself as a rewarder if He did not intend to reward.

## **The Father Who Said "Help My Unbelief": A Lesson in Honest Faith**

In Mark chapter 9, a desperate Father brings His demon-tormented son to Jesus after the disciples had already tried and failed to help. His faith was shaken. His hope was thin. And yet he came to Jesus anyway.

"It is often thrown him both into the fire and into the water to destroy him. But if You can do anything, take pity on us and help us! And Jesus said to Him, If You can? All things are possible to him who believes. Immediately the boy's Father cried out and said, I do believe; help my unbelief." - Mark 9:22-24

This Father said one of the most honest and powerful things anyone can say to Jesus: "I believe, but help my unbelief." That is not a prayer of defeat. That is a prayer of direction. It is falling forward, toward Jesus, even when faith feels incomplete.

## **How Faith-Limiting Thoughts Become Faith-Limiting Beliefs**

We all know that Jesus can. The real struggle is believing that He will, specifically for us. That gap between "He can" and "He will for me" is where faith-limiting thoughts take root.

When we entertain those thoughts and let them sit, they stop being passing doubts and start becoming beliefs. And beliefs are how we govern our lives. Every decision we make flows from what we believe. That is why guarding our thought life matters so much.

Ask God to help your unbelief. It is one of those prayers He is eager to answer.

## **Four Dimensions of God's Power Available to Every Believer**

Ephesians 1:19-20 describes the power available to those who believe in remarkable terms.

"And what is the surpassing greatness of His power toward us who believe. These are in accordance with the working of the strength of His might which He brought about in Christ, when He raised Him from the dead and seated Him at His right hand in the heavenly places." - Ephesians 1:19-20

There are four distinct words for power packed into this passage:

- **Dunamis (Power):** Dynamic, explosive power. This is where we get the word "dynamite." It is the living, active force of God that can completely transform a situation.
- **Energia (Working):** Divine energy. The same energy that enabled Elijah to outrun a chariot. God gives us supernatural endurance for the long haul of faith.
- **Kratos (Strength):** The power that overcomes resistance. Faith grows under pressure. When you hold on to God's promises in the face of opposition, your faith gets stronger, not weaker.
- **Ischus (Might):** Mental and moral power. God knew the battle would be fought in the mind. He equips us not just physically but mentally and morally to say no to what pulls us away from Him.

With all four of these dimensions of power available, there never needs to be a power shortage in the life of a true believer.

## **You Cannot Beat the Enemy on Your Own Strength**

No one wins spiritual battles through personal willpower alone. The power of God is not optional equipment for the Christian life. It is essential. We need to stay connected to the Source, continually returning to God to be refilled, recharged, and renewed.

That is why community matters. That is why staying in the Word matters. That is why gathering with other believers matters. We do not run this race alone.

## **Why You Can Say "I Can" Today**

The men and women listed in Hebrews 11 faced impossible odds and trusted God anyway. They did it. And we have the same God, the same Holy Spirit, and the same promises they had. In many ways, we have even more, because we have the completed Word of God and the full revelation of what Jesus accomplished on the cross and through His resurrection.

The statement is simple but powerful: I can, because it is the power of God working through me.

## **Life Application**

This week, identify one area of your life where you have been wearing "I can't" glasses. Maybe it is a relationship, a health situation, a financial need, or a calling you have been afraid to step into. Find one specific promise in Scripture that speaks to that situation, write it down, and speak it out loud every day this week. Seek God with the expectation of obtaining, not just going through the motions. Ask Him honestly, "Lord, I believe. Help my unbelief."

Ask yourself these questions as you reflect:

- How real is God to me in my everyday life, not just in moments of crisis?
- Have I been seeking God with genuine expectation, or have I quietly given up on the "obtaining" part?
- What faith-limiting thought have I been entertaining that has started to become a belief?
- Am I trying to fight spiritual battles in my own strength, or am I drawing on the power God has already made available to me?