

Philippians - Journey with Joy

Part 6: Joy in Surrender - Philippians 4:4-9

Philippi was a colonial city that had been granted Italian rights. It was under Roman law, not local law. The city had tax reductions for citizens. Roman veterans often relocated here. These conditions promoted loyalty to the Roman empire. Philippian Christians declaring “Jesus is Lord” was met with pressure and hostility (Philippians 1:29-30). Suffering breeds uncertainty—“Does God still love me? What does the future look like?” Paul shares that in difficult seasons, the key is surrender to God.

What Surrender Looks Like

1. _____ in the Lord Always (v.4)

- Worship is the tool God gives us to fight battles. So praise God, surrender your situation, and trust Him.

2. _____ Your Worries Through Prayer (v.6-7)

- The Path: “By prayer... Let your requests be made known.”
- The Posture: “with supplication and thanksgiving.”
- The Promise: “And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.”
 - Guard—a military term that means to act as a sentinel or garrison. Peace is actively defending and guarding our hearts and mind.

3. _____ on What is Good (v.8)

Regularly repeat this three step process. As you cycle through this strategy, it is a weapon to defeat the enemy and produce joy as you surrender to God!