



Christ Church
Cathedral
Ottawa

Tenth Sunday after Pentecost

Sunday | August 2nd | 2026

10.30 am | Sung Eucharist | BAS

St Anne Mass | James MacMillan

The flowers are given to the glory of God and in loving memory of
Vernon MacKenzie, Elsie MacKenzie, Wayne MacKenzie and David MacKenzie
and in loving memory of Joan L. Shipton

Welcome

Children are welcome to fully participate in the service
and activity sheets are available at the entrance to the Cathedral.
Sidespeople can provide headsets for those who need hearing assistance.

Please turn off or set mobile devices to silent mode.

*Our diocese was founded on the homeland of the Anishinaabe Algonquins.
May we dwell on this land with respect and peace.*

The Gathering of the Community

Prelude

Announcements

Hymn 555 | *O God of Bethel, by whose hand*

Greeting

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

Almighty God,

to you all hearts are open, all desires known and from you no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your name, through Christ our Lord. Amen.

Glory to God

Glory to God in the highest,

and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Collect of the Day

Almighty God, your Son Jesus Christ fed the hungry with the bread of his life and the word of his kingdom. Renew your people with your heavenly grace, and in all our weakness sustain us by your true and living bread, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Proclamation of the Word

First Reading | *Genesis 32:22-31*

A reading from the book of Genesis.

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Penuel, limping because of his hip.

Holy Word, Holy Wisdom.

Thanks be to God.

Psalm | *17:1-7, 16*

Hear my plea of innocence, O Lord; give heed to my cry; listen to my prayer, which does not come from lying lips. Let my vindication come forth from your presence; let your eyes be fixed on justice. Weigh my heart, summon me by night, melt me down; you will find no impurity in me. I give no offence with my mouth as others do; I have heeded the words of your lips. My footsteps hold fast to the ways of your law; in your paths my feet shall not stumble. I call upon you, O God, for you will answer me; incline your ear to me and hear my words. Show me your marvellous loving-kindness, O Saviour of those who take refuge at your side from those who rise up against them. But at my vindication I shall see your face; when I awake, I shall be satisfied, beholding your likeness.

Second Reading | *Romans 9:1-5*

A reading from the letter of Paul to the Romans

I am speaking the truth in Christ - I am not lying; my conscience confirms it by the Holy Spirit - I have great sorrow and unceasing anguish in my heart. For I could wish that I

myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

Holy Word, Holy Wisdom.

Thanks be to God.

Gradual | *Bread of the world | Malcolm Archer*

Bread of the world, in mercy broken, Wine of the soul, in mercy shed, By whom the words of life were spoken, And in whose death our sins are dead. Look on the heart by sorrow broken, Look on the tears by sinners shed; And be your feast to us the token That by your grace our souls are fed. Amen.

Holy Gospel | *Matthew 14:13-21*

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Jesus Christ.

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Hymn 44 | *I believe in God Almighty*

Prayers

Let us pray.

Living God, awaken in us a sense of wonder for the earth and all that is in it. Teach us to care creatively for its resources and to share its bounty equitably. Come, Holy Spirit, creator: renew the face of the earth.

Come, Holy Spirit, come.

Holy One, bless Bishop Kathryn in her ministry and enliven our diocese and cathedral, so that we may be salt of the earth and light to the world. Breathe fresh life into your people and give us power to reveal Christ in word and action. Come, Holy Spirit, counsellor: and touch our lips that we may proclaim your word.

Come, Holy Spirit, come.

Reconciling Spirit, lead us and all people into ways of justice and peace, that we may respect one another in freedom and truth. Be with those who live in the midst of war and conflict, and bring safety to refugees and those in danger. Come, Holy Spirit, power from on high: make us agents of peace, ministers of wholeness.

Come, Holy Spirit, come.

Healing God, be with all who suffer in body, mind or spirit, and be with those who mourn. May those we name in the silence of our hearts know the power of your comforting love.

Silence.

Make us willing agents of your compassion and strengthen us as we share in making people whole. Come, Holy Spirit, breath of God: give life to the dry bones of this exiled age, and make us a living people, holy and free.

Come, Holy Spirit, come.

Faithful God, inspire with your wisdom those whose decisions affect the lives of others, that all may act with integrity and courage. Give grace to all whose lives are linked with ours, that we may serve Christ in one another, and love as he loves us. Come, Holy Spirit, wisdom and truth: strengthen us in the risk of faith.

Come, Holy Spirit, come. Amen.

Confession and Absolution

Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting us to this table. Let us confess our sins, confident in God's forgiveness.

Silence.

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

The peace of the Lord be always with you.

And also with you.

Offertory Hymn 482 | *Come and journey with a Saviour*



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The Celebration of the Eucharist

Prayer Over the Gifts

God our sustainer, accept all we offer you this day, and feed us continually with that bread which satisfies all hunger, your Son our Saviour Jesus Christ. **Amen.**

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things.

By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Creator of all.

In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people.

He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence.

Now with all creation we raise our voices to proclaim the glory of your name. ***Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.***

Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you."

In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you.

We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ.

All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever. **Amen.**

The Lord's Prayer

In the language of your heart let us pray.

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

Breaking of the Bread

We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread.

The gifts of God for the People of God.

Thanks be to God.

Agnus Dei

Communion

All are welcome to come to the altar rail. If you wish prayers for healing before receiving Communion, please carry an Order of Service with you; to receive a blessing, cross your hands over your chest; for a gluten-free wafer, hold out one hand; for a regular wafer, hold out two hands. Please do not dip the bread in the wine.

Motet | *Panis angelicus* | César Franck

Panis angelicus fit panis hominum; Dat panis caëlicus figuris terminum; O res mirabilis! Manducat Dominum Pauper, Pauper, servus et humilis. | The Bread of Angels becomes the Bread of all; The Bread of heaven puts an end to all symbols: O thing most wonderful! The Lord becomes our food Poor, a servant, and humble.

The Sending of the Community

Prayer after Communion

God of grace, we have shared in the mystery of the body and blood of Christ. May we who have tasted the bread of life live with you for ever.

We ask this in the name of Jesus Christ our Lord. **Amen.**

Pledge of Transformation

For love, which heals wounds,
we will stand.

For generosity, which opens space for hope,
we will stand.

For nurturing, which builds a culture of peace,
we will stand.

For compassion, which seeks the best for all,
we will stand.

For respect, which enables us to love with difference,
we will stand.

For humility, which allows healthy relationships with others,
we will stand.

Together for hope,
we will stand.

Blessing and Dismissal

May Christ's holy, healing, enabling Spirit be with you every step of the way, and be your guide as your road changes and turns; and the blessing of God our Creator, Redeemer and Giver of life be with you always. **Amen.**

Go forth into the world, rejoicing in the power of the Spirit.
Thanks be to God.

Hymn 347 | *The God of Abraham praise*

Postlude

Celebrant | The Reverend Katherine Walker
Preacher | The Reverend Canon Doug Richards
Readers | Leslie Kirk | Myles McGarry
Intercessor | Connie Brook
Duty Warden | Jane Morris

Organist | Nick Veltmeyer
Cantor | Shannon Mercer

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Readings Next Sunday | August 9th

Eleventh Sunday after Pentecost

Genesis 37:1-4, 12-28; Psalm 105:1-6, 16-22, 45c; Romans 10:5-15; Matthew 14:22-33

Christ Church Cathedral Ottawa

Anishinaabe aking ate awaso kikinawadjichigan | A place of prayer on Algonquin territory
The Anglican Cathedral in the Nation's Capital
Cathedral of the Canadian Forces Anglican Military Ordinariate

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Bishop of Ottawa | The Right Reverend Kathryn Otley

Dean of Ottawa and Rector | The Very Reverend Beth Bretzlaff (ext. 161)

Vicar | The Reverend Canon Douglas Richards (ext. 191)

Deacon Residentiary | The Reverend Dr. Jarrett Carty

Honorary Assistants | The Reverend Joan Riding | The Reverend Victoria Scott |

LCol (ret'd) The Venerable Michelle Staples | Lt (N) The Reverend Katherine Walker

Lay Readers | Daniel Jerusalemiec | Ted Livingstone

Director of Music and Organist | James Calkin (ext. 201)

Associate Director of Music | Andrew McAnerney (ext. 121)

Music Associate | Nick Veltmeyer

Church Wardens | Katherine Spencer-Ross | Stephen Giles

Director of Operations and Development | Nicholas Galambos (ext. 171)
