



The purpose of Bethany Baptist Church is to bring glory to God by making disciples who reflect the character and priorities of Jesus Christ.

SUNDAY SERVICE SCHEDULE

9 AM Fellowship Coffee
10:30 AM Worship Service
6 PM Prayer Meeting

Nursery is available in the supervised room downstairs or the unsupervised room in the back of the sanctuary with audio

Sermon
Speaker: Pastor Peter
Scripture: 1 Corinthians 7: 25-35

OUR ELDER SHEPHERDING GROUP

A-B → Lyndon Unger
C-D → Tim Archibald
E-H → David Street
I-M → Pastor Peter Erratt

N-R → Tom Smith
S → Cory Leniuk
T-Z → Dennis Burriss

According to the first letter of your last name, feel free to bring any questions or concerns to your assigned elder or email them at elders@bethanybaptist.ab.ca

GET TO KNOW US

✉ office@bethanybaptist.ab.ca
🌐 www.bethanybaptist.ab.ca
☎ 403-347-7900
📍 3901 44 St. Red Deer, AB T4N 1G7

Lead Pastor:
Peter Erratt
peter@bethanybaptist.ab.ca
Assistant Pastor:
Daniel Lara
daniel@bethanybaptist.ab.ca
Church Admin & Children's Ministry Coord:
Lilian Lara
lilian@bethanybaptist.ab.ca

- Health Needs: Curt Radke
→ Email us your prayer requests or to join the Prayer Line!

JOIN OUR LIFE GROUP

EVERY SUNDAY AFTERNOON

- Tim & Michelle Archibald

EVERY OTHER SUNDAY

- Martin & Lorna Scholz
- Tom & Tina Smith
- Peter & Nancy Erratt

EVERY WEDNESDAY

- Don & Jan Collier
- David & Laurel Street

EVERY THURSDAY

- Mark & Shannia Guenther

EVERY OTHER THURSDAY

- Lyndon & Leah Unger

MINISTRY HIGHLIGHTS

Men's breakfast

Men's Breakfast takes place every Wednesday at 6:30 a.m. All men are welcome! Join us for a time of fellowship, sharing a meal, and praying for one another before heading to work. Please pray for Dennis Burriss as he leads the breakfast ministry, and for the team who faithfully prepare the meal and set up the space each week.

WEDNESDAY JULY 22
6:30 am Men's Breakfast
9:30 am Summer Moms Group

MONDAY AUGUST 3
2:00 pm Natasha Cronje's baby shower

SATURDAY AUGUST 8
2:30 Christina Erratt's Bridal Shower

SUNDAY AUGUST 9
10:30 am Rokeby Sharing & Potluck after the service

WEDNESDAY AUGUST 12
6:30 pm Elders' Meeting

MONDAY AUGUST 17
7 pm SLB Meeting

Sept 4 - 6
Family Camp

do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.
-Philippians 4:6-7

May Financial Report		
General Fund Donation	Monthly Budget	Received
	\$31,835	\$29,694.81
Missions Giving	Received YTD	May
	\$22,835	\$4,150

OFFERING
E-TRANSFER: treasurer@bethanybaptist.ab.ca

OR DROP OFF YOUR EVELOPE AT THE OFFICE

Donation Policy

The spending of funds received by Bethany Baptist Church is confined to Church approved programs and projects. Each gift designated toward an approved program or project will be used as designated with the understanding that when any given need has been met, or the specified program or project cannot be reasonably carried out or has not been approved, designated gifts will be used where needed most. Where appropriate, an official receipt for tax purposes will be issued as soon as possible after the year end.

MISSIONARY UPDATES

The Rokebys

Dear Bethany Baptist,

We pray that this letter finds you soon to be celebrating Canada Day. Currently, Tanja is doing a homeschooling unit on Canada with the kids. Our ministry travels this month have afforded us the opportunity to see many of Ontario's historical sites.

"We want to go to onsen! Let's go to onsen!" the kids exclaimed. Regrettably, we had to let them know that public hot springs where one enters the water wearing only one's birthday suit are almost non-existent in Canada. Owing to its high volcanic and seismic activity, Japan has some 3,000 hot spring facilities! Rooted in Buddhist and Shinto teachings on ritual purification, the onsen is now enjoyed as a great way to relax.

As we visited churches in Ontario this month, we were continually amazed by Christ's love and generosity manifested in His church. Furthermore, our associate director's seminars on church-centered missions deepened our focus on the centrality of the church in the task of displaying the nature of Christ and proclaiming the gospel. We are looking forward to learning more about how churches in Japan function when our internship at YIBC starts in November.

In July, Andrew will speak at three churches and already has mid-week meals and visits scheduled. We are all excited for John and Anna to attend the Hespeler Baptist day camp. We are eager to see how they grow in their understanding of God's Word throughout the week.

If you would like to join us for our monthly prayer time, please see the information below. We would love to see you.

In Christ,

Andrew, Tanja, John, Anna, and Peter

Prayers and Praises

1. This month, John and Anna will attend a day camp for a week at Hespeler Baptist. Please pray that they will find the experience enjoyable and be impacted by the teaching of the Word.
2. Our schedule has been very busy this past month with Andrew working long stretches without a day of rest. Please pray that we will find time in our schedule to rest and enjoy God's creation together as a family.
3. We are thinking through and planning ways to stay engaged with our Tokyo contacts when we return to Yokohama in November. Please pray that the Holy Spirit will work in them and give us wisdom on how best to be witnesses in their lives.

What does the Bible say about anxiety?

The Bible has a lot to say about anxiety, but the word itself may not be found all that often. In the English Standard Version, it is used 8 times. In the New International Version, it is found 7 times. The King James Version does not use the word at all. Synonyms like trouble, heaviness, distress, and cares are used in its place.

The specific causes of anxiety are probably more than can be enumerated, but a few examples from the Bible point to some general causes. In Genesis 32, Jacob is returning home after many years away. One of the reasons he had left home was to escape the anger of his brother, Esau, from whom Jacob had stolen the birthright and blessing from their father. Now, as Jacob nears his homeland, he hears that Esau is coming to meet him with 400 men. Jacob is immediately anxious, expecting a horrible battle with his brother. In this case, the anxiety is caused by a broken relationship and a guilty conscience.

In 1 Samuel 1, Hannah is distressed because she was unable to conceive children and she was being taunted by Peninnah, her husband's other wife. Her distress is caused by unfulfilled desires and the harassment of a rival.

In Esther 4, the Jewish people are anxious because of a royal decree allowing them to be massacred. Queen Esther is anxious because she was planning to risk her life on behalf of her people. Fear of death and the unknown is a key element of anxiety.

Not all anxiety is sinful. In 1 Corinthians 7:32, Paul states that an unmarried man is "anxious" about pleasing the Lord, while a married man is "anxious" about pleasing his wife (ESV). In this case, the anxiety isn't a sinful fear but a deep, proper concern.

Probably the best-known passage on anxiety comes from the Sermon on the Mount in Matthew 6. Our Lord warns us against being anxious about the various cares of this life. For the child of God, even necessities like food and clothing are nothing to worry about. Using examples from God's creation, Jesus teaches that our Heavenly Father knows our needs and cares about them. If God takes care of simple things like grass, flowers, and birds, won't He also care for people who are created in His image? Rather than worry over things we cannot control, we should "seek first the kingdom of God and his righteousness, and all these things [the necessities of life] will be added to you" (verse 33). Putting God first is a cure for anxiety.

Many times, anxiety or concern is a result of sin, and the cure is to deal with the sin. Psalms 32:1-5 says that the person whose sin is forgiven is blessed, and the heavy weight of guilt is taken away when sins are confessed. Is a broken relationship creating anxiety? Try to make peace (2 Corinthians 13:11). Is fear of the unknown leading to anxiety? Turn the situation over to the God who knows everything and is in control of it all (Psalms 68:20). Are overwhelming circumstances causing anxiety? Have faith in God. When the disciples became distressed in a storm, Jesus first rebuked their lack of faith, then rebuked the wind and the waves (Matthew 8:23-27). As long as we are with Jesus, there is nothing to fear.

We can count on the Lord to provide for our needs, protect us from evil, guide us, and keep our souls secure for eternity. We may not be able to prevent anxious thoughts from entering our minds, but we can practice the right response. Philippians 4:6, 7 instructs us to "not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."

<https://www.gotquestions.org/Bible-anxiety.html>

LIFE GROUP QUESTIONS

1. Throughout Church history, believers have demonstrated remarkable commitment, sacrifice, discipline, and devotion to Christ. What are some examples you have seen or heard of where Christians have shown extraordinary dedication to following Jesus? What stands out to you about their commitment, and what can we learn from their example?

2. What are some things in our culture that people are deeply devoted to (career, success, possessions, appearance, relationships, etc.)? How can we tell when something good has become something that competes with our devotion to Christ?

3. Paul tells the Corinthians, “remain as you are” because of their difficult circumstances. Why do you think pressure often causes us to make decisions quickly or emotionally rather than wisely?

4. Regardless of what you may believe about Christ’s return, how does believing that Jesus could return at any time change the way you think about your priorities, schedule, money, and relationships? What are some temporary things that we often give too much importance to? What eternal things do we sometimes neglect?

LIFE GROUP QUESTIONS

5. Paul uses the word “anxious” to describe being “pulled in different directions” by responsibilities. What are some good things in life that can still pull our attention away from wholehearted devotion to Christ?

6. Paul is not saying marriage is bad or that married people cannot be fully devoted to Christ. What are some practical ways married believers can pursue undivided devotion while faithfully caring for their spouse and family?

7. Paul highlights the unique opportunity unmarried believers have for focused service to Christ. How can the church better encourage and include single believers in ministry, leadership, discipleship, and serving others?

8. Paul calls believers to “undivided devotion to the Lord.” What is one area of your life where you need to ask, “What would honor Christ most?” before making decisions? Is there something you need to hold more loosely, reprioritize, or remove so that you can be more fully devoted to Him?
