

EIGHTH SUNDAY AFTER PENTECOST



July 19, 2026
10:00 am

“Surely the LORD is in this place, and I did not know it.
Genesis 28:16

Note: We are a Scent-Free Facility for the health and comfort of those with allergies. Thank you for helping us care for one another.

All are warmly welcomed to our worship,
visitors are especially welcome and hope
you will introduce yourselves to one of the
team after the service.

The Presider welcomes the congregation

Invitation to Silence

Presider Let us be still and know that God is here.

A brief silence is kept.

Welcome and Territorial Acknowledgement

Presider St Laurence Anglican Church is located on the traditional, ancestral, and unceded lands of the k^wik^wə^łəm (Kwkwetlem) First Nation, shared historically with the q̓ic̓əy̓ (Katzie) and other Coast Salish Peoples. We thank the Kwkwetlem people, who continue to live on these lands and care for them, along with the waters and all that is above and below.

Opening Acclamation

Presider God is with us.

All God's love is unending.

Gathering Hymn - *Come and Find the Quiet Centre (VU 374)*

1. Come and find the quiet centre
in the crowded life we lead,
find the room for hope to enter,
find the frame where we are freed:
clear the chaos and the clutter,
clear our eyes, that we can see
all the things that really matter,
be at peace, and simply be.

2. Silence is a friend who claims us,
cools the heat and slows the pace,
God it is who speaks and names us,
knows our being, face to face,
making space within our thinking,
lifting shades to show the sun,
raising courage when we're shrinking,
finding scope for faith begun.

3. In the Spirit let us travel,
open to each other's pain,
let our loves and fears unravel,
celebrate the space we gain:
there's a place for deepest dreaming,
there's a time for heart to care,
in the Spirit's lively scheming
there is always room to spare!

Shirley Erena Murray (1989, alt.) Copyright
1992 Hope Publishing Company

Collect of the Day

Presider Faithful God,
you met Jacob asleep and on the run,
and made a stranger's field the gate of heaven.
Meet us where we least expect you;
give us patience with the mingled field of our lives,
and bring us, unafraid, to the harvest of your mercy;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

Gloria - *Glory to God - Mass of Christ the Savior*

Refrain

Glo-ry to God. Glo-ry to God. Glo-ry to God in the high -

est, and on earth peace, on earth peace to peo-ple of good

1-4 (1st time: to Refrain)
to Verses

will.

Proclamation of the Word

The Readings

Presider Let us open ourselves to the Word of God
spoken in scripture and among us.

All Our hearts and minds are open.

First Reading - *Genesis 28:10-19a*

Reader Hear what the Spirit is saying to the church.

All Thanks be to God.

Psalm - 139:1-11, 23-24

- 1 Lord, you have searched me out
and known me.
- 2 You know my sitting down and my rising up;
you discern my thoughts from afar.
- 3 You trace my journeys and my resting-places
and are acquainted with all my ways.
- 4 Indeed, there is not a word on my lips,
but you, O Lord, know it altogether.
- 5 You press upon me behind and before
and lay your hand upon me.
- 6 Such knowledge is too wonderful for me;
it is so high that I cannot attain to it.
- 7 Where can I go then from your Spirit?
Where can I flee from your presence?
- 8 If I climb up to heaven, you are there;
if I make the grave my bed, you are there also.
- 9 If I take the wings of the morning
and dwell in the uttermost parts of the sea,
10 even there your hand will lead me
and your mighty hand hold me fast.
- 11 If I say, "Surely the darkness will cover me,
and the light around me turn to night."
- 23 Search me out, O God, and know my heart;
try me and know my restless thoughts.
- 24 Look well whether there be any wickedness in me
and lead me in the way that is everlasting.

Second Reading - *Romans 18:12-25*

Reader Hear what the Spirit is saying to the church.

All **Thanks be to God.**

Please stand as you are able for the Gospel Reading

Gospel Acclamation



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Deacon The Holy Gospel of our Lord Jesus Christ according
to Matthew.

All **Glory to you, Lord Jesus Christ.**

Gospel - *Matthew 13:24-30, 36-43*

Deacon The Gospel of Christ.

All **Praise to you, Lord Jesus Christ.**

Homily - *Reverend Philip Cochrane*

Affirming Our Faith

Presider With the Church in every time and place, and with all whose faith is still finding its voice, let us affirm our faith.

**All We believe in God, the Source of Life,
by whom every being in heaven and earth
is created, named, and sustained.**

**We believe in God, the Living Word,
who restores us to relationship
and speaks to us through faith.**

**We believe in God, the Holy Spirit,
who comforts, guides, and strengthens us
to share the good news of grace.**

**We believe in God, one, holy, undivided Trinity:
Source of Life, Living Word, Comforter: Mystery. Amen**

Prayers of the People

Confession and Absolution

Presider God searches us and knows us to the depths,
and loves us still. Let us confess our sins to God,
honest about ourselves and slow to judge one another.

A moment of quiet is kept.

Presider: God of mercy,

**All we confess that we have sinned against you
in thought, word, and deed, by what we have done,
and by what we have left undone.**

**We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are sorry, and we turn back to you.
For the sake of your Son Jesus Christ, have mercy on us
and forgive us, that we may delight in your will,
and walk in your ways, to the glory of your name. Amen.**

Presider Almighty God, have mercy on you, forgive you all your sins
through the grace of Jesus Christ,
strengthen you in all goodness, and by the power
of the Holy Spirit keep you in eternal life. Amen.

Sharing of the Peace

Presider Christ binds us together in love.
The peace of Christ be always with you.

All And also with you.

The Peace is shared in the community, respecting personal boundaries.

Offertory

*In gratitude for all we've received, we offer of ourselves back to God.
Bread, wine, and money symbolize the fruits of our labour. If you give through
Pre-Authorized Donations or e-transfer (office@saintlaurence.ca), you're
welcome to use a blue card to represent your offering to the glory of God.*



Offertory Hymn - *O God You Search Me* (OCP 386)



1. O God, you search me and you know me.
2. You know my rest - ing and my ris - ing.
3. Be - fore a word is on my tongue, Lord,
4. Al - though your Spir - it is up - on me,
5. For you cre - at - ed me and shaped me,

1. All my thoughts lie o - pen to your gaze.
2. You dis - cern my pur - pose from a - far,
3. You have known its mean - ing through and through.
4. Still I search for shel - ter from your light.
5. Gave me life with - in my moth - er's womb.

1. When I walk or lie down you are be - fore me:
2. And with love ev - er - last - ing you be - siege me:
3. You are with me be - yond my un - der - stand - ing:
4. There is no - where on earth I can es - cape you:
5. For the won - der of who I am, I praise you:

1. Ev - er the mak - er and keep - er of my days.
2. In ev - 'ry mo - ment of life or death, you are.
3. God of my pres - ent, my past and fu - ture, too.
4. E - ven the dark - ness is ra - diant in your sight.
5. Safe in your hands, all cre - a - tion is made new.

Text: Based on Psalm 139. Text and music © 1992, Bernadette Farrell.
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Prayer over the Gifts

Presider God of all creation,

All everything we have comes from you.

**Receive these gifts and by your Spirit make them holy,
that they may nourish us for your service,
through Jesus Christ our Lord. Amen.**

Celebration of our Sacred Meal

The Great Thanksgiving

Presider May God be with you.

All And also with you.

Presider Lift up your hearts.

All We lift them up.

Presider Let us give thanks to God our Creator.

All It is right to give our thanks and praise.

Presider Creator, you made our world beautiful and good.
You made us to live in right relationship with you
and all creation.
You sent Jesus to live among us
and show us what you are like.

We give all thanks and praise to you,
our true and loving God.
You laid the foundations of the earth and enclosed the seas.
You brought forth all creatures
and gave breath to humankind.

Wondrous are you, Holy One.
All you create is a sign of hope for our journey.
And so, we join with the heavenly beings
and all of creation as we sing:

Sanctus - Holy - Mass of Christ the Saviour

Ho - ly, Ho - ly, Ho - ly Lord God of hosts. Heav-en and
earth are full, are full of your glo - ry. Ho - san - na! Ho -
san - na! Ho - san - na in the high - est. Blest is
the one who comes, who comes in the name of the Lord. Ho -

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Presider Glory and honour are yours, Creator of all,
your Word has never been silent.
Of your grace, you sent Jesus
to be human, to share our life,
to proclaim the coming of your holy reign,
and to give himself for us.

Through Jesus Christ you have reconciled us to you
and restored the glory you intended for us.

On the night before he died,
Jesus ate supper with his friends.
He took bread, gave thanks, broke it,
and gave it to them, saying:

*Take and eat. This is my very self given for you.
Do this for the remembrance of me.*

Then he took the cup of wine, again he gave thanks,
and gave it to them, saying:

*Drink it, all of you. This cup is a new covenant
poured out for you and all people.
Do this for the remembrance of me.*

And so, we remember:
the cross, the tomb, the resurrection and ascension,
and, longing for Christ's coming again in glory,
we present these gifts to you.

Send your Holy Spirit upon us and upon these gifts,
so that we who share this bread and wine
may be a people of hope, justice and love.

Draw us together in Christ,
and, in the fullness of time,
gather us with all your people
into the joy of your eternal home.

Through Christ and with Christ and in Christ,
by the inspiration of your Holy Spirit,
we worship you, our God and Creator,
and give you our unending praise. **Amen.**

Lord's Prayer

Our Fa - ther, who art in heav-en, hal - lowed be thy
name; thy king-dom come, thy will be done on earth as it
is in heav-en. Give us this day our dai - ly bread, and for-
give us our tres - pass - es, as we for-give those who
tres-pass a-gainst us; and lead us not in - to temp -
ta-tion, but de - liv-er us from e - vil.
For the king-dom, the pow-er and the glo - ry are yours
now and for ev-er, now and for ev-er, now and for ev - er.

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The Breaking of the Bread

The celebrant breaks the consecrated bread.

Presider The Spirit draws us together
in the breaking of the bread.

All **Thanks be to God.**

Lamb of God



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The Invitation

Presider This is the table of God's grace. All are welcome here.
Come as you are.

The gifts of God for the people of God.
All Thanks be to God.

The Distribution

At St. Laurence, everyone is invited to the table. You may receive only the bread or both bread and wine. Non-fermented grape juice is available in the ceramic chalice, and gluten-free wafers are offered; just ask at the distribution. If you prefer a blessing, simply cross your arms across your chest.

Before or after receiving Communion, you are welcome to light a candle in prayer on the left side of the sanctuary, remembering a person or intention. Prayer ministers are also available on the right side of the sanctuary if you would like someone to pray with you.

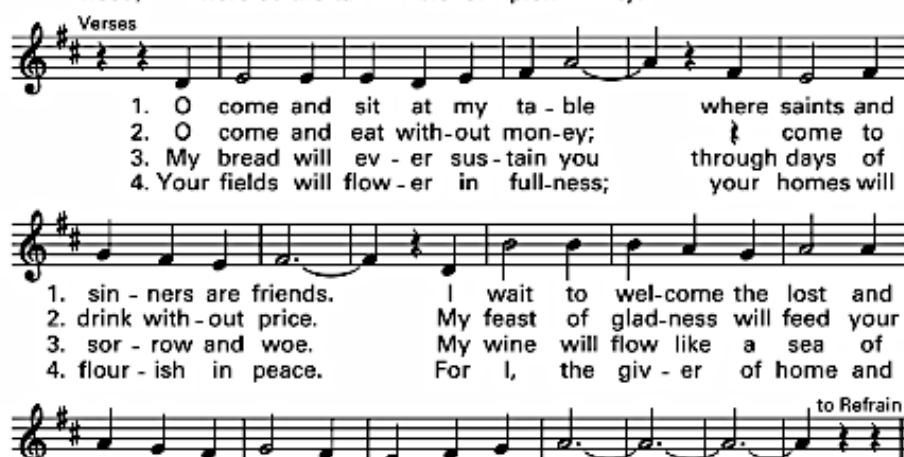
Communion Hymn - *Table of Plenty* (OCP 510)

Refrain



Come to the feast of heav-en and earth! Come to the ta-
 - ble of plen - ty! God will pro-vide for all that we
 need, here at the ta - ble of plen - ty.

Verses



1. O come and sit at my ta - ble where saints and
 2. O come and eat with-out mon-ey; I come to
 3. My bread will ev - er sus-tain you through days of
 4. Your fields will flow - er in full-ness; your homes will

1. sin - ners are friends. I wait to wel-come the lost and
 2. drink with - out price. My feast of glad-ness will feed your
 3. sor - row and woe. My wine will flow like a sea of
 4. flour - ish in peace. For I, the giv - er of home and

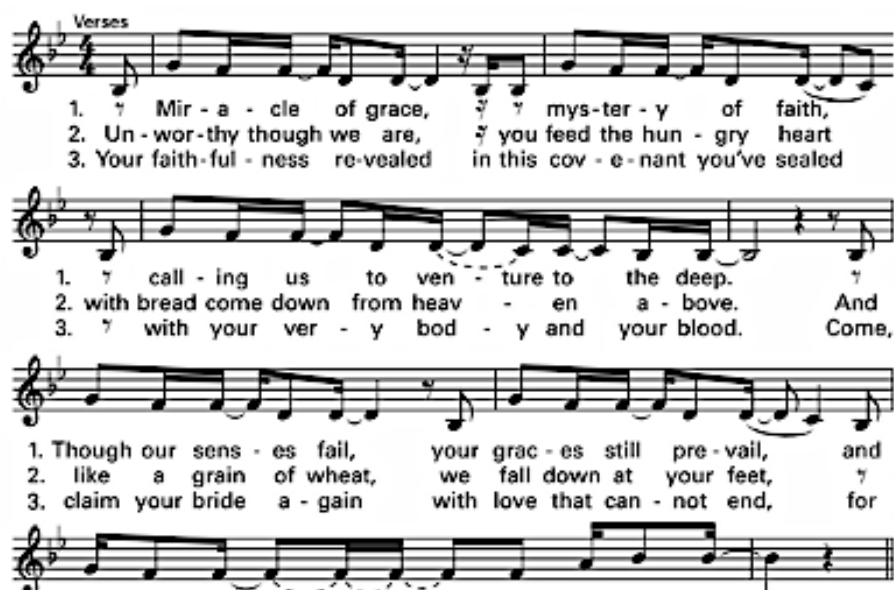
to Refrain

1. lone - ly to share the cup of my love.
 2. spir - it with faith and full - ness of life.
 3. glad-ness to flood the depths of your soul.
 4. har-vest, will send my rain on the soil.

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Communion Hymn - *Miracle of Grace*(OCP 362)

Verses



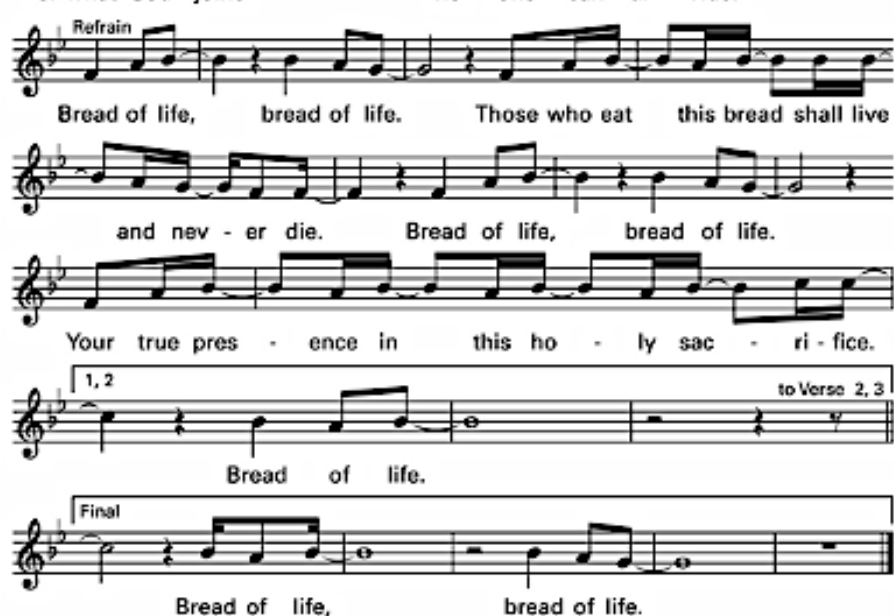
1. Mir - a - cle of grace, mys - ter - y of faith,
 2. Un - wor - thy though we are, you feed the hun - gry heart
 3. Your faith - ful - ness re - vealed in this cov - e - nant you've sealed

1. call - ing us to ven - ture to the deep.
 2. with bread come down from heav - en a - bove. And
 3. with your ver - y bod - y and your blood. Come,

1. Though our sens - es fail, your grac - es still pre - vail, and
 2. like a grain of wheat, we fall down at your feet,
 3. claim your bride a - gain with love that can - not end, for

1. we be - come the love that we re - ceive.
 2. dy - ing here with you. Oh, let us rise!
 3. what God joins no one can di - vide.

Refrain



Bread of life, bread of life. Those who eat this bread shall live
 and nev - er die. Bread of life, bread of life.
 Your true pres - ence in this ho - ly sac - ri - fice.
 1, 2 to Verse 2, 3
 Bread of life.
Final
 Bread of life, bread of life.

Moment of Silence

Take a moment to be still and know God. Let the world's noise fade as you listen for the deep stillness beneath it all. The silence begins and ends with the ringing of a bell.

Prayer after Communion

Presider Generous God,

All you have fed us at this table.

**Send us from it ready to welcome, ready to serve,
ready to offer what we have. Through Jesus Christ,
who gave himself for us all. Amen.**

Presider Glory to God,

All whose power, working in us,

can do infinitely more than we can ask or imagine.

Glory to God from generation to generation,

in the Church and in Christ Jesus

for ever and ever. Amen.

Announcements

Blessing

Presider Go into the week ahead,

where God is already present,

though you may not know it.

Wait in hope and judge nothing before its time.

And the blessing of God,

Creator, Redeemer, and Sustainer,

be with you and remain with you always. Amen.

Closing Hymn - *Lord of All Hopefulness* (CP 506)

1. Lord of all hopefulness, Lord of all joy,
whose trust, ever childlike, no cares could destroy:
Be there at our waking, and give us, we pray,
your bliss in our hearts, Lord, at the break of the day.
2. Lord of all eagerness, Lord of all faith,
whose strong hands were skilled at the plane and the lathe:
Be there at our labors, and give us, we pray,
your strength in our hearts, Lord, at the noon of the day.
3. Lord of all kindness, Lord of all grace,
your hands swift to welcome, your arms to embrace:
Be there at our homing, and give us, we pray,
your love in our hearts, Lord, at the eve of the day.
4. Lord of all gentleness, Lord of all calm,
whose voice is contentment, whose presence is balm:
Be there at our sleeping, and give us, we pray,
your peace in our hearts, Lord, at the end of the day.

Lyrics: Jan Struther, (b. Westminster, London, England, 1901; d. New York, NY, 1953)
Music: Melodny Irish traditional; Martin Shaw (1875-1958). Copyright Oxford University Press

Deacon Go in peace to love and serve God,
All **Thanks be to God.**

*The flowers at the Altar are given today by
Tony and Heather Esposito with full hearts
for the many blessings we have received.*

*We give thanks for our family; Christopher and Fiona,
Bruin, Michael and Cassandra, Mason and
welcome our granddaughter, Julianna.*



Acknowledgements

Quote - first published in The Christian Century in 1999, and later collected in Deep Memory, Exuberant Hope: Contested Truth in a Post-Christian World (2000).

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Rector: The Reverend Philip Cochrane
Deacon: The Reverend Patricia Ratcliffe
Honorary: The Reverend Carla McGhie
Music Director: Emilia Boronco
Wardens & Trustees: Lei De Santis (w), Rick Barr (w),
Heather Esposito (w), Anne Dennis, Susanne Stockdill
St. Laurence Kids: *presently vacant*
Treasurer: *presently vacant*
Envelope Secretary: Erin Barr
Privacy Officer: Allison Walker
Operations Manager: Curt Bruniski

Office Hours:

10:00am-3:00pm (drop-in)

Monday - Friday

www.saintlaurence.ca ▪ 604-936-5423 ▪ office@saintlaurence.ca

825 St. Laurence St. Coquitlam, BC V3J 6G7

Hearing Assistance Available - see Sound Technician

Interment of Ashes: Ron Cooper - Today

Immediately after the service, we will gather in the Memorial Garden for the interment of Ron Cooper's ashes. The garden is a small space, but all are welcome to join us.

NEWS & NOTES

Wednesday Morning Service - 9:00 am

*From silence to laughter, scripture to table:
wrestling with faith, in good company.*

Join us midweek for Communion, scripture, and honest conversation, a safe space to ask real questions and deepen fellowship. Come and be nourished. Wednesdays at 9:00 am. All welcome.

Summer Refreshments in the Narthex

Stay after the service for a cold drink and good company in the Large Narthex. Catch up with friends, welcome newcomers, and carry the morning's conversation a little further. All summer long.

After the Word

Sundays in July and August • 11:45 am • up to one hour

Want to go deeper into the sermon? Join Philip in the sanctuary straight after the service for an informal, guided conversation. Bring your lingering questions, your honest pushback, or simply your curiosity. No preparation needed. Just pull up a chair.

Rector's Rounds

SPACES AVAILABLE

Meet new people, and spend time with Philip

Our neighbourhood gatherings are filling up, but a few places remain, with openings in New Westminster in particular. They are small and relaxed, an easy way to meet others and share some unhurried time with our Rector, Philip Cochrane.

To claim a place, call 604-936-5423 or email office@saintlaurence.ca.

Volunteers Needed • VBS 2026

Rainforest Falls • August 24 to 28 • 9:00 am to 12:00 pm • Ages 4 to 11

We cannot run Vacation Bible School without you. There is a role to suit every schedule and skill.

- **Registration Desk:** sign children in and out (8:45 to 9:30 am, and 11:30 am to 12:00 pm)
- **Group Leaders:** guide a small group of six through the stations
- **Kitchen and Station Help:** prepare snacks, or help with crafts, science, and games
- **Preparation:** help paint and decorate

To join, speak to Heather Esposito or Sharn Hightower, or call the office.

Good Shepherd Church, 1504 Spruce Avenue