

St Stephen the Martyr Anglican Church, Burnaby

Sunday, July 19, 2026 – 10 AM
The Eight Sunday after Pentecost



"Jacob's Vision" Artists: Thomas Stothard & William Skelton" 1791, England

Morning Prayer with Zoom Option

The Zoom codes for all our worship services are:

Meeting ID: 83846564281 Passcode: 244245 Dial In: 778 907 2071

<https://us06web.zoom.us/j/83846564281?pwd=DxZqcFXDEK6Fi7uS7Srv906FS7Xd3I.1>

Today, Sara Shaw leads us in Morning Prayer.

*Thank you for joining us for worship this morning! This document provides a guide for our time together. You are invited to join in saying the words in **bold**. Bookmarks to pre-mark the hymnals are available where you picked up this guide. Hymns today are in the blue "Common Praise" hymnals.*

***Our Sunday-school is on hold for the summer holidays from July 5 to Sept. 6, inclusive.** Activity envelopes for children of different ages are available in the cabinet drawer at the back of the church – you are invited to help yourself to these as needed. There will also be a short children's talk on most Sundays.*

The Gathering of the Community

Words of Welcome & a Territorial Acknowledgement

Opening Hymn

"Be Thou My Vision" CP-505

O God, let our mouth proclaim your praise
and your glory all day long.

Christ has triumphed over death:
O come let us worship.

Come, sing to the Holy One!
Shout for joy to the Rock who defends us!
Come into the Presence with thanksgiving!
Raise our voices in joyful hymns!

Truly the Holy One is a great God,
supreme above all gods,
in whose hands are the ends of the earth
and the heights of all the mountains.

The sea belongs to God who made it,
whose hands formed the dry land.
Come, worship and bow down;
kneel in the presence of our Creator.

Truly, truly, our God is the Holy One,
whose people we are, all in God's pasture.

Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now and will be for ever. Amen. Alleluia.

Hymn of Praise

"Abba Father"

St Stephen's Songbook #49 - see page 3

Abba Father

49

Capo 3 (G)

Dave Bilbrough

Thoughtfully

B(G) E(G) F(D) B(G) E(G) F(D)

Ab - ba Fa - ther, let me be Yours and Yours - a -

B(G) E(G) F(D) B(G)

lone. May my will for - e - ver be

E(G) F(D) B(G) D(B) Gm(Em) D(B)

Ev - er more Your own. Ne - ver let my heart grow

Gm(Em) E(G) Cm(Am) F7(D7) B(G)

cold, Ne - ver let me go, Ab - ba

E(G) F(D) B(G) E(G) F(D) B(G)

Fa - ther, let me be Yours and Yours - a - lone.

The Proclamation of the Word

The First Reading

Genesis 28:10-19a *Read by Sandra*

Isaac has given Jacob his blessing and has dispatched him to find a wife among his own clan. Like his father, Jacob is expected to marry among his own people, but unlike Isaac, he gets to make the journey himself.

Jacob left Beer-sheba and went toward Haran. He came to a certain place and stayed there for the night, because the sun had set. Taking one of the stones of the place, he put it under his head and lay down in that place. And he dreamed that there was a stairway set up on the earth, the top of it reaching to heaven, and the angels of God were ascending and descending on it. And the Lord stood beside him and said, "I am the Lord, the God of Abraham your father and the God of Isaac; the land on which you lie I will give to you and to your offspring, and your offspring shall be like the dust of the earth, and you shall spread abroad to the west and to the east and to the north and to the south, and all the families of the earth shall be blessed in you and in your offspring. Know that I am with you and will keep you wherever you go and will bring you back to this land, for I will not leave you until I have done what I have promised you." Then Jacob woke from his sleep and said, "Surely the Lord is in this place—and I did not know it!" And he was afraid and said, "How awesome is this place! This is none other than the house of God, and this is the gate of heaven."

So Jacob rose early in the morning, and he took the stone that he had put under his head and set it up for a pillar and poured oil on the top of it. He called that place Bethel, but the name of the city was Luz at the first.

Hear what the Spirit is saying to God's People.

Thanks be to God!

The Psalmⁱⁱ

Psalm 139:1-12, 23-24 *Our cantor today is Andy.*

The cantor sings the refrain first, then everyone repeats it the second time. The cantor sings the verses.



Refrain: God, your hand will hold me fast.

God, you have searched me out and known me; you know my sitting down and my rising up; you discern my thoughts from afar.

You trace my journeys and my resting-places and are acquainted with all my ways.

Indeed, there is not a word on my lips, but you, O God, know it altogether.

Refrain: God, your hand will hold me fast.

You press upon me-- behind me and before-- and lay your hand upon me.

Such knowledge is too wonderful for me; it is so high that I cannot attain to it.

Refrain: God, your hand will hold me fast.

Where can I go then from your Spirit? Where can I flee from your presence?

If I climb up to heaven, you are there; if I make the grave my bed, you are there also

Refrain: God, your hand will hold me fast.

If I take the wings of the morning and dwell in the uttermost parts of the sea,
Even there your hand will lead me and your right hand hold me fast.

Refrain: God, your hand will hold me fast.

If I say, "Surely the darkness will cover me, and the light around me turn to night,"
Darkness is not dark to you; the night is as bright as the day;
darkness and light to you are both alike.

Refrain: God, your hand will hold me fast.

Search me out, O God, and know my heart; try me and know my restless thoughts.
Look well whether there be any wickedness in me and lead me in the way that is everlasting.

Refrain: God, your hand will hold me fast.

The Second Reading

Romans 8:12-25. *Read by Roxee*

Paul has told us that Christian experience is dominated by life in the Spirit rather than by the desires of the flesh, or self-centeredness. Christians are still subject to suffering, to bearing crosses and affliction, but not to eternal condemnation. Not being condemned, we have hope.

So then, brothers and sisters, we are obligated, not to the flesh, to live according to the flesh—for if you live according to the flesh, you will die, but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption. When we cry, “Abba! Father!” it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs: heirs of God and joint heirs with Christ, if we in fact suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God, for the creation was subjected to futility, not of its own will, but by the will

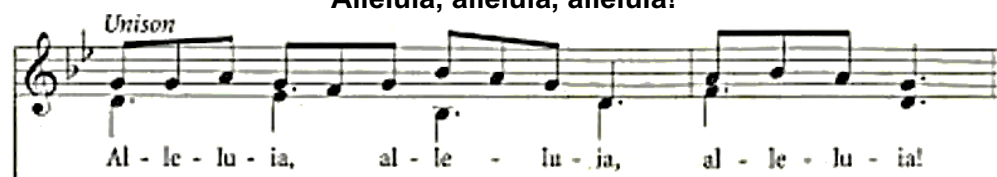
of the one who subjected it, in hope that the creation itself will be set free from its enslavement to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning together as it suffers together the pains of labor, and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope, for who hopes for what one already sees? But if we hope for what we do not see, we wait for it with patience.

Hear what the Spirit is saying to God’s People.
Thanks be to God!

Gospel Acclamation

“Alleluia” CP-710

Alleluia, alleluia, alleluia!



The Gospel Reading
Matthew 13:24-30, 36-43

The Lord be with you.
And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, Lord Jesus Christ.

Jesus has told a parable about a man who sowed good seed, only some of which landed in fertile ground. Now he tells one about both wheat and weeds that look like wheat growing together in good soil.

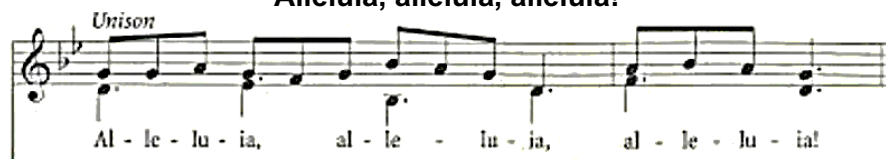
He put before them another parable: "The kingdom of heaven may be compared to someone who sowed good seed in his field, but while everybody was asleep an enemy came and sowed weeds among the wheat and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, 'Master, did you not sow good seed in your field? Where, then, did these weeds come from?' He answered, 'An enemy has done this.' The slaves said to him, 'Then do you want us to go and gather them?' But he replied, 'No, for in gathering the weeds you would uproot the

wheat along with them. Let both of them grow together until the harvest, and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.'

Then he left the crowds and went into the house. And his disciples approached him, saying, "Explain to us the parable of the weeds of the field." He answered, "The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!

The Gospel of Christ
Praise to You, Lord Jesus Christ.

Gospel Acclamation
"Alleluia" CP-710
Alleluia, alleluia, alleluia!



Homily (video)
The Ven. Ruth Monette

Opportunity for Contemplation with Musical Interlude
Catherine Ho

Let us confess the faith of our baptism, as we sing,

Affirmation of Faith
"I Believe in God Almighty" CP-44

The Canticle – Bless the Lord
(The Song of the Three 29-34)

Blessed are you, the God of our ancestors,
worthy to be praised and exalted for ever.

Blessed is your holy and glorious name, ,
worthy to be praised and exalted for ever.

Blessed are you, in your holy and glorious temple,
worthy to be praised and exalted for ever.

Blessed are you who look into the depths,
worthy to be praised and exalted for ever.

Blessed are you, enthroned upon the cherubim,
worthy to be praised and exalted for ever.

Blessed are you on your heavenly throne,
worthy to be praised and exalted for ever.

Blessed are you in the heights of heaven,
worthy to be praised and exalted for ever.

Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now and will be for ever.
Amen.

Meditation Hymn
"Jesus Before Me"
From *Sing A New Creation* #151

151 Jesus Before Me

The musical score is written for a hymn in D major, indicated by two sharps (F# and C#) on the treble clef. The key signature is consistent throughout. The score is divided into two systems, each with a treble and bass staff. The first system contains three verses of lyrics. The second system contains three verses. Chord symbols 'D' and 'Am7' are placed above the treble staff at the beginning of each system and above the first and last measures of each system. The lyrics are written below the treble staff, with each line of lyrics corresponding to a measure of music. The bass staff provides a harmonic accompaniment with chords and single notes.

1 Je - sus be - fore me, Je - sus be - side me,
2 Je - sus a - bove me, Je - sus be - low me,
3 Je - sus for our time, Je - sus for all time,

Je - sus be - hind me, Je - sus sur - round me.
Je - sus with - in me, Je - sus en - fold me.
Je - sus e - ter - nal, Je - sus im - mor - tal.

Intercessions & Thanksgiving

led by Val

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbours, and for all those who are alone.

For this community, our country, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the gospel, and all who seek the truth.

For John our bishop, and for all bishops and other ministers;

For all who serve God in his Church.

For our own needs and those of others.

Silence. The leader will name aloud our parish's known prayer concerns

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence. The people may add their own thanksgivings.

e will exalt you, O God our king;

And praise your name for ever and ever.

We pray for all those who have died in the peace of Christ,

and for those whose faith is known to you alone,

that they may have a place in your eternal kingdom.

Silence. The people may add their own petitions.

Lord, let your loving kindness be upon them;

Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Have mercy upon us, most merciful Father;

in your compassion, forgive us our sins,

known and unknown, things done and left undone;

and so uphold us by your Spirit

that we may live and serve you in newness of life,

to the honour and glory of your name;

through Jesus Christ our Lord. Amen.

Almighty God have mercy upon us, pardon and deliver us from all our sins,

confirm and strengthen us in all goodness, and keep us in eternal life;

through Jesus Christ our Lord.

Amen.

The Peace

The peace of the Lord be always with you.

And also with you.

The congregation is invited to share a sign of the peace of Christ with one another.

Offertory Hymn

"The Love of Jesus Calls Us" CP-434

During the singing of the Offertory Hymn, the greeters will bring the offering plates through the congregation. Financial offerings may be placed in the plates at the entrances to the worship space or made online at www.ststephenburnaby.ca/pages/donate. St Stephen's depends on the generosity of our members and visitors to continue to offer Christ's light to our neighbours.

Offertory Sentence ⁱⁱⁱ

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Ephesians 5:2

General Thanksgiving Prayer

Accept, O Lord, our thanks and praise for all you have done for us.

We thank you for the splendour of the whole creation,
for the beauty of this world, for the wonder of life, and for the mystery of love.

We thank you for the blessing of family and friends,
and for the loving care which surrounds us on every side.

We thank you for setting us tasks which demand our best efforts,
and for leading us to accomplishments which satisfy and delight us.

We thank you also for those disappointments and failures
that lead us to acknowledge our dependence on you alone.

Above all, we thank you for your Son Jesus Christ;
for the truth of his word and the example of his life;
for his steadfast obedience, by which he overcame temptation;
for his dying, through which he overcame death;
for his rising to life again, in which we are raised to the life of your kingdom.

Grant us the gift of your Spirit, that we may know Christ and make him known;
and through him, at all times and in all places, may give thanks to you in all things.

Amen.

Collect of the Day

Almighty God, your Son has opened for us a new and living way into your presence. Give us pure hearts and constant wills to worship you in spirit and in truth; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

Amen.

Gathering our prayers and praises into one, let us pray as our Saviour taught us.

The Lord's Prayer (music on page 11)

Music by Natan Bádue

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

Announcements

Sara

Sending Hymn

"Lord, the Light of Your Love is Shining" CP-460

Dismissal

Let us bless the Lord.

Thanks be to God.

May the risen Christ grant us the joys of eternal life.

Amen.

~ ~ ~ ~

The Lord's Prayer

Nattaniel Bádue

Folk-guarania ♩ = 94

Chords: Eb Gsus4 G *mf* C G Bb

Voice

Our Fa - ther in__ heav - en hal - lowed be your

7 F C F C Bb G

V. name your king - dom come your will be done on__ earth as in heav - en.

12 Am Em F C F C

V. Give us to - day our dai - ly__ bread, for__ give us our__ sins as we for -

18 F C Bb G C

V. -give those who sin a - gainst us. Save us from the time of

23 G Dm C F

V. trial and de - liv - er us from e - vil for the king - dom the__

27 C Bb Gsus4 G Am G *f*

V. po - wer and the glo - ry are yours. Now and for

32 C G Am F G7 rall..... Csus4 C

V. ev - - er. Now and for e - - - ver.

nathanbadue@gmail.com

ST STEPHEN THE MARTYR ANGLICAN CHURCH

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Rector: The Venerable Ruth Monette

Rector: The Reverend Neil Jongbloed

Music Director: Catherine Ho (July)

Office Assistant: Sam Jamieson

Rental Coordinator: Lois Holmlund

rentals@ststephenburnaby.ca

Warden: Val Krause – valkrause@hotmail.com

Warden: Sara Shaw – saras@burnabynh.ca

Associate Warden: Sandra Sutherland - sasutherland@shaw.ca

THANK YOU to our choir members, our readers, our tech support (Josie and Shin), and to our other volunteer servers this Sunday: Our Zoom host: Barb; Parish host: Sara; our greeters: Elaine and Judy; our Offering Custodian Elaine; Altar Guild: Josie and Roxee.

TERRITORIAL ACKNOWLEDGEMENT: WE ACKNOWLEDGE THAT ST. STEPHEN THE MARTYR IS LOCATED ON THE UNCEDED LANDS OF THE COAST SALISH PEOPLES, ON THE SHARED TRADITIONAL TERRITORY OF SK̓W̓X̓W̓Ú7MESH (SQUAMISH), səliłwətaʔ (TSLEIL-WAUTUTH), X̓w̓MƏƏK̓w̓ƏY̓ƏM (MUSQUEAM) AND kwik̓w̓əłəm KWIKWETLEM (COQUITLAM) FIRST NATIONS.

Liturgical Note:

In the context of Christian worship, Israel does not refer to the current political state but either to the historic Hebrews of the ancient Near East, or in Christian theology, to all people who put their faith and trust in Jesus Christ.

Elements of this liturgy without an endnote come from the [Book of Alternative Services](#), (BAS).

The prayer for those not receiving Holy Communion is borrowed from Holy Trinity Cathedral, New Westminster.

The summaries of the scripture readings are from [Comments](#), a ministry of the Anglican Diocese of Montreal.

Hymns, unless noted otherwise, are from the “Common Praise” hymnal of the Anglican Church of Canada. All hymns are licenced via: OneLicence Church Music copyright permission.

ⁱ Image is from <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=54097>

ⁱⁱ The Psalm is from the George Black Psalter <https://theredeemer.ca/music/george-black-psalter/>

ⁱⁱⁱ The Offertory Sentence is from “The Book of Common Prayer” The Episcopal Church USA.