



CHRIST CHURCH CATHEDRAL
Vancouver, BC • Open Doors, Open Hearts, Open Minds



Proper 16

SUNDAY, JULY 19, 2026

10:30 A.M.

Choral Eucharist | In-Person & Livestream

The Very Rev. Christopher A. Pappas, *Presider*

The Rev. Dr. Kara Slade, *Preacher*

The Rev. Juanita Clark, *Deacon*

Neil Robertson, *Guest Organist*

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Welcome to the Cathedral

Whether today is your first time with us, or if this is your spiritual home, we welcome you to the Cathedral. We're glad that you're here today.

We envision a radically inclusive, restlessly inquisitive, intentional, and inspired Cathedral. This is a place that is called to lead and to serve, in communion and community, with healing, reconciliation, and love, living out the Christian mission. Together, we look to the power of Christ for the transformation of each person, this city of Vancouver, and the world.

We recognize our history and traditions while seeking renewal and growth in spiritual depth and size. Curious and adaptable, this chorus has room for every voice — especially yours.

To learn more about the many ministries and opportunities for service in this community, please visit our website: www.thecathedral.ca. Following our worship service, please join us for coffee hour outside if the weather permits.

Thank you for joining us today. Your presence enriches our life together.

Faithfully yours in Christ,



The Very Rev. Christopher A. Pappas, Ph.D., D.Min.
Dean & Rector



Connect with us!

We invite you to tell us more about yourself by completing our short connection form. You may find this form at tinyurl.com/CathedralConnection or by scanning the QR code on the left.

A message to children and their grown-ups

We're glad you're here! Here are a few things we would like you to know about our worship service today:

- Playmats and an activity cart with books, puzzles and colouring are available at the front of the church;
 - Sunday school has closed for the summer and will resume September 13, 2026.
- The nursery is available downstairs as a quiet space for you and your children.
The service is live streamed so you can follow the worship.

Need to reach us?

Visit us at www.thecathedral.ca/pages/our-team or scan the QR code on the right to access our clergy and staff contact information.

We're here to support you — feel free to reach out anytime!



The Gathering of the Community

Processional Hymn

Jesus, Where'er Thy People Meet

(CP 474)

Text: William Cowper (1731-1800).

Music: WARRINGTON, Ralph Harrison (1748-1810).

1 Jesus, where'er thy people meet,
there they behold thy mercy seat;
where'er they seek thee, thou art found,
and every place is hallowed ground.

3 Here may we prove the power of prayer
to strengthen faith and sweeten care,
to teach our faint desires to rise,
and bring all heaven before our eyes.

2 For thou, within no walls confined,
inhabitest the humble mind;
such ever bring thee where they come,
and going, take thee to their home.

4 Lord, we are few, but thou art near;
nor short thine arm, nor deaf thine ear;
O rend the heavens, come quickly down,
and make a thousand hearts thine own!

Presider In this time and place, we gather on the unceded ancestral lands of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish), and Səlilwətaʔɬ (Tsleil-Waututh) nations.

All From many places and peoples we come to this house of prayer.

Presider In this time and place, we meet in the presence of the living God.

All The Creator who is the source of all that is, seen and unseen.

Presider In this time and place, the risen Christ stands in our midst.

All Our Companion who walks with us and with all peoples on the path of reconciliation.

Presider In this time and place, God's Holy Spirit breathes in and through us.

All The Divine Wisdom who transforms us and all life.

Presider In this time and place, together, people of God from every language, culture and nation.

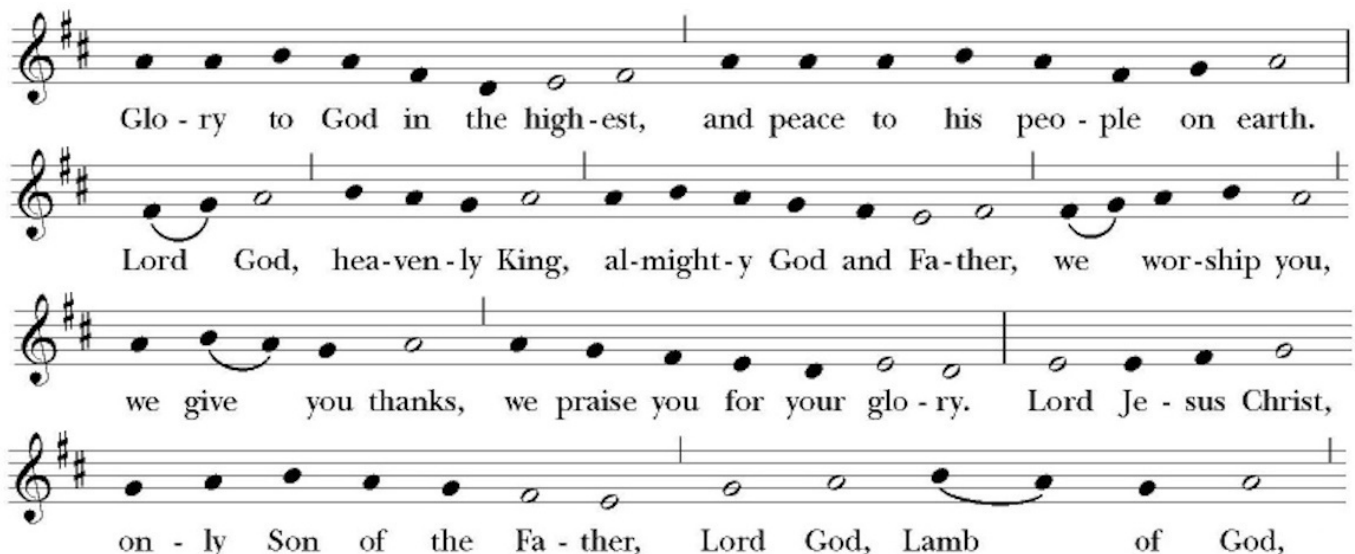
All We are being made new by the holy and life-giving Trinity, one God.

Gloria

Glory to God

(CP 686)

Music: *New Plainsong*, David Hurd (1950-).

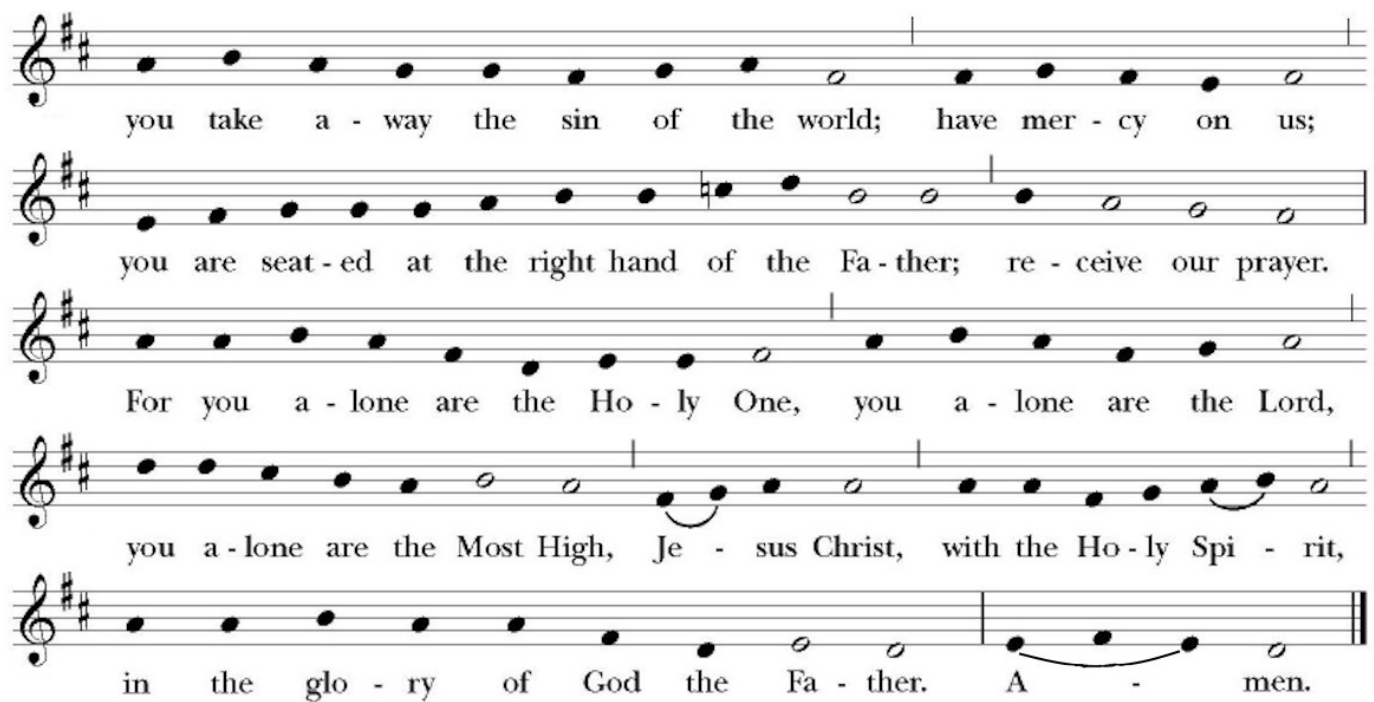


Glo - ry to God in the high-est, and peace to his peo - ple on earth.

Lord God, hea-ven-ly King, al-might-y God and Fa-ther, we wor-ship you,

we give you thanks, we praise you for your glo - ry. Lord Je - sus Christ,

on - ly Son of the Fa - ther, Lord God, Lamb of God,



The Collect of the Day

Presider Let us pray. (*Silence is kept.*) Almighty God, your Son has opened for us a new and living way into your presence. **Give us pure hearts and constant wills to worship you in spirit and in truth; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

The Proclamation of the Word

The First Reading

Genesis 28:10-19a

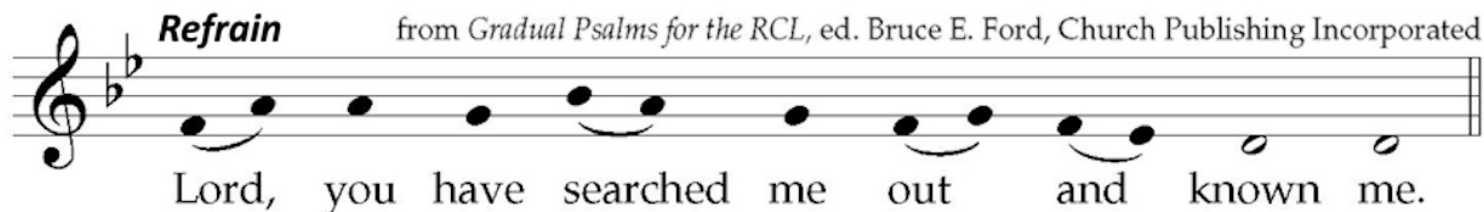
Read in Spanish:

Jacob left Beersheba and went toward Haran. He came to a certain place and stayed there for the night, because the sun had set. Taking one of the stones of the place, he put it under his head and lay down in that place. And he dreamed that there was a stairway set up on the earth, the top of it reaching to heaven, and the angels of God were ascending and descending on it. And the LORD stood beside him and said, "I am the LORD, the God of Abraham your father and the God of Isaac; the land on which you lie I will give to you and to your offspring, and your offspring shall be like the dust of the earth, and you shall spread abroad to the west and to the east and to the north and to the south, and all the families of the earth shall be blessed in you and in your offspring. Know that I am with you and will keep you wherever you go and will bring you back to this land, for I will not leave you until I have done what I have promised you." Then Jacob woke from his sleep and said, "Surely the LORD is in this place—and I did not know it!" And he was afraid and said, "How awesome is this place! This is none other than the house of God, and this is the gate of heaven." So Jacob rose early in the morning, and he took the stone that he had put under his head and set it up for a pillar and poured oil on the top of it. He called that place Bethel, but the name of the city was Luz at the first.

At the conclusion of the reading:

Reader Word of God, word of life. **Thanks be to God.**

Psalm 139:1-11, 22-23



1 Lord, you have searched me out and known me;
you know my sitting down and my rising up;
you discern my thoughts from afar.

2 You trace my journeys and my resting-places
and are acquainted with all my ways.

3 Indeed, there is not a word on my lips,
but you, O Lord, know it altogether. ***Refrain***

4 You press upon me behind and before
and lay your hand upon me.

5 Such knowledge is too wonderful for me;
it is so high that I cannot attain to it.

6 Where can I go then from your Spirit?
where can I flee from your presence? ***Refrain***

7 If I climb up to heaven, you are there;
if I make the grave my bed, you are there also.

8 If I take the wings of the morning
and dwell in the uttermost parts of the sea,

9 Even there your hand will lead me
and your right hand hold me fast. ***Refrain***

10 If I say, "Surely the darkness will cover me,
and the light around me turn to night."

11 Darkness is not dark to you;
the night is as bright as the day;
darkness and light to you are both alike. ***Refrain***

22 Search me out, O God, and know my heart;
try me and know my restless thoughts.

23 Look well whether there be any wickedness in me
and lead me in the way that is everlasting. ***Refrain***

The Second Reading

At the conclusion of the epistle:

Romans 8:12-25

Reader Hear what the Spirit is saying to the churches. **Thanks be to God.**

1 When all thy mercies, O my God,
my rising soul surveys,
transported with the view, I'm lost
in wonder, love, and praise.

2 Unnumbered comforts to my soul
thy tender care bestowed,
before my infant heart conceived
from whom those comforts flowed.

3 Ten thousand thousand precious gifts
my daily thanks employ;
nor is the least a cheerful heart,
that tastes those gifts with joy.

4 Through every period of my life
thy goodness I'll pursue;
and after death, in distant worlds,
the glorious theme renew.

5 Through all eternity to thee
a joyful song I'll raise;
for O, eternity's too short
to utter all thy praise!

The Holy Gospel

Matthew 13:24-30, 36-43

Deacon The Lord be with you. **And also with you.**

Deacon The Holy Gospel of our Saviour Jesus Christ according to Matthew.

All **Glory to you, Lord Jesus Christ.**

After the Gospel, the Deacon says:

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

The Sermon

The Reverend Dr. Kara Slade

A period of silent reflection follows the sermon.

The Apostles' Creed

Deacon Let us confess our faith, as we say,

All I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People

Please scan the QR code on the back of the bulletin for prayer cycles.

The Confession and Absolution

Deacon Let us confess our sins. (*Silence may be kept.*) Almighty God, we confess that we have sinned against you and against one another, in thought, and word, and deed.

We are truly sorry for our pride, and for our lack of faith, of understanding and of love. We repent of our narrow-mindedness, of our bitterness and our prejudices. Pardon and forgive us, save us and renew us, that we may delight in your will and walk in your ways; through Jesus Christ our Lord. Amen.

Presider Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. Amen.

The Peace

Presider The peace of the Lord be always with you. And also with you.

All may exchange a sign of peace.

The Celebration of the Eucharist

The Offertory

Thank you for your prayerful stewardship of the ministries of the Cathedral. Thank you for your generosity at any amount, because your stewardship empowers our mission to advance the Good News of God's infinite love and mercy through our worship, ministries, formation, and service. You may make a gift using the offering plate being passed around at this time or refer to the back page of this bulletin to see other methods. Together with the gifts of bread and wine, we present our gifts at the altar as a sign of thanksgiving to God, from whom all good things come.

Offertory Hymn

Praise to the Lord, the Almighty

(CP 384)

Text: Joachim Neander (1650-1680); tr. Catherine Winkworth (1827-1878), alt.

Music: LOBE DEN HERREN, *Ernewerten Gesangbuch*, Stralsund, 1665, alt.; desc. Craig Sellar Lang (1891-1971).

1 Praise to the Lord, the Almighty, the King of creation;
O my soul, praise him, for he is thy health and salvation:
all ye who hear, brothers and sisters draw near,
praise him in glad adoration.

2 Praise to the Lord, who o'er all things so wondrously reigneth,
shelters thee under his wings, yea, so gently sustaineth:
hast thou not seen how thy entreaties have been
granted in what he ordaineth?

3 Praise to the Lord, who doth prosper thy work and defend thee;
surely his goodness and mercy here daily attend thee:
ponder anew what the Almighty can do,
if with his love he befriend thee.

4 Praise to the Lord, who, when tempests their warfare are waging,
who, when the elements madly around thee are raging,
biddeth them cease, turneth their fury to peace,
whirlwinds and waters assuaging.

5 Praise to the Lord, who when darkness of sin is abounding,
who when the godless do triumph, all virtue confounding,
sheddeth his light, chaseth the horrors of night,
saints with his mercy surrounding.

6 Praise to the Lord! O let all that is in me adore him!
 All that hath life and breath come now with praises before him!
 Let the Amen sound from his people again:
 gladly for aye we adore him.

The Prayer over the Gifts

Presider O God, accept our praise and thanksgiving.

All Help us in all we do to offer ourselves as a true and living sacrifice;
 through Jesus Christ the Lord. Amen.

The Great Thanksgiving Eucharistic Prayer 3

Enriching Our Worship

Presider The Lord be with you. **And also with you.**

Presider Lift up your hearts. **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

Presider All thanks and praise are yours at all times and in all places [...] And so as the morning
 stars sing your praises we join the heavenly beings and all creation as we shout with joy:

Sanctus and Benedictus

Missa Secunda

Hans Leo Hassler (1564-1612)

Presider Glory and honour are yours, Creator of all, your Word has never been silent [...] And so,
 remembering all that was done for us: the cross, the tomb, the resurrection and ascension,
 longing for Christ's coming in glory, and presenting to you these gifts your earth has
 formed and human hands have made, we acclaim you, O Christ:

Music: Neil Cockburn

Dy-ing you des-royed our death. Ris-ing, you re-stored our
 life. Christ Je - sus, come in glo - ry!

Presider Send your Holy Spirit upon us and upon these gifts of bread and wine [...] Through
 Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship
 you our God and Creator in voices of unending praise. Blessed are you now and for ever.

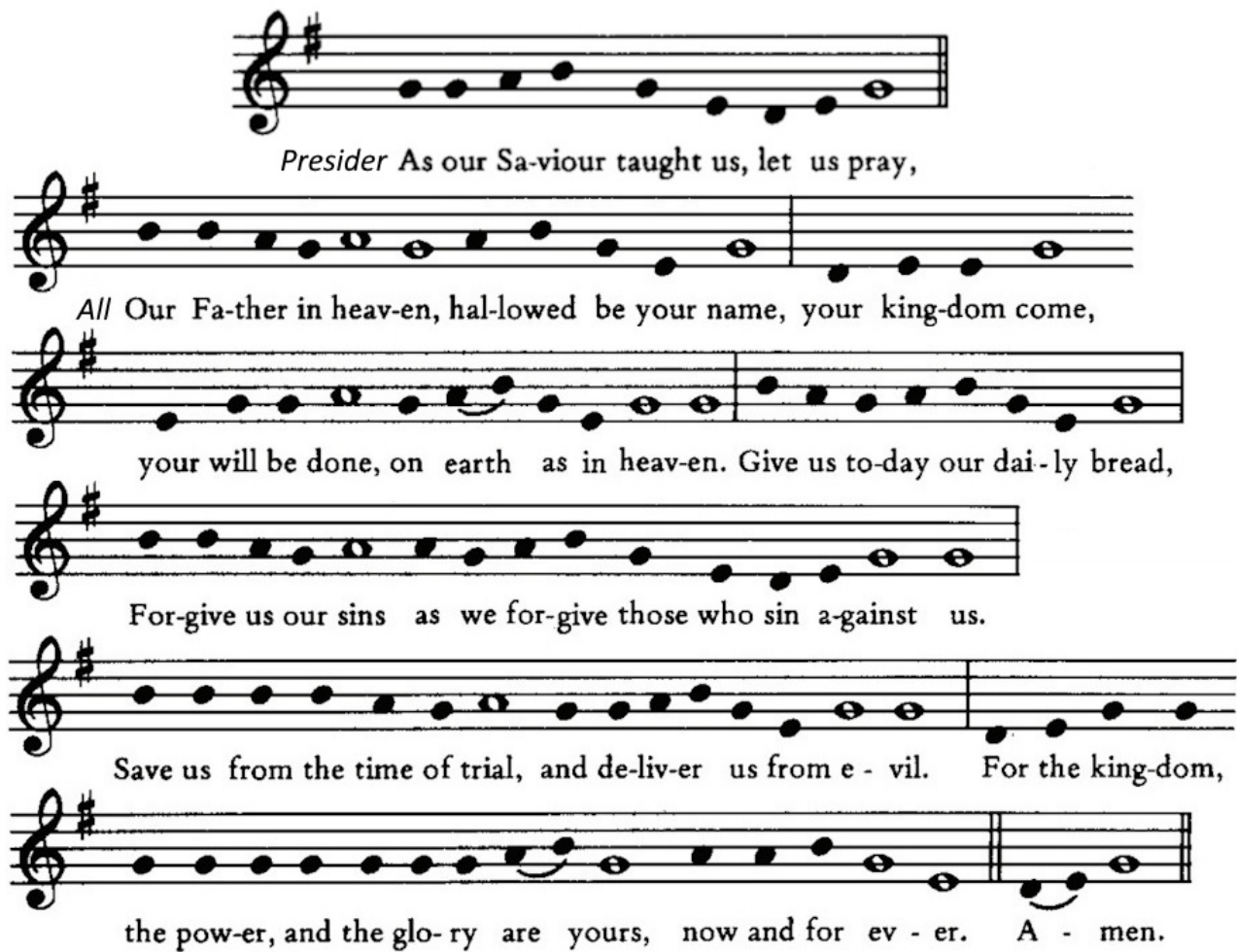
Music: Neil Cockburn

A - men, a - men, A - men, a -
 men, A - men, a - men.

Ringing of the bell. (x3)

The Lord's Prayer

Setting: McNeil Robinson (1943-2015)



Presider As our Sa-viour taught us, let us pray,
All Our Fa-ther in heav-en, hal-lowed be your name, your king-dom come,
your will be done, on earth as in heav-en. Give us to-day our dai-ly bread,
For-give us our sins as we for-give those who sin a-against us.
Save us from the time of trial, and de-liv-er us from e - vil. For the king-dom,
the pow-er, and the glo-ry are yours, now and for ev - er. A - men.

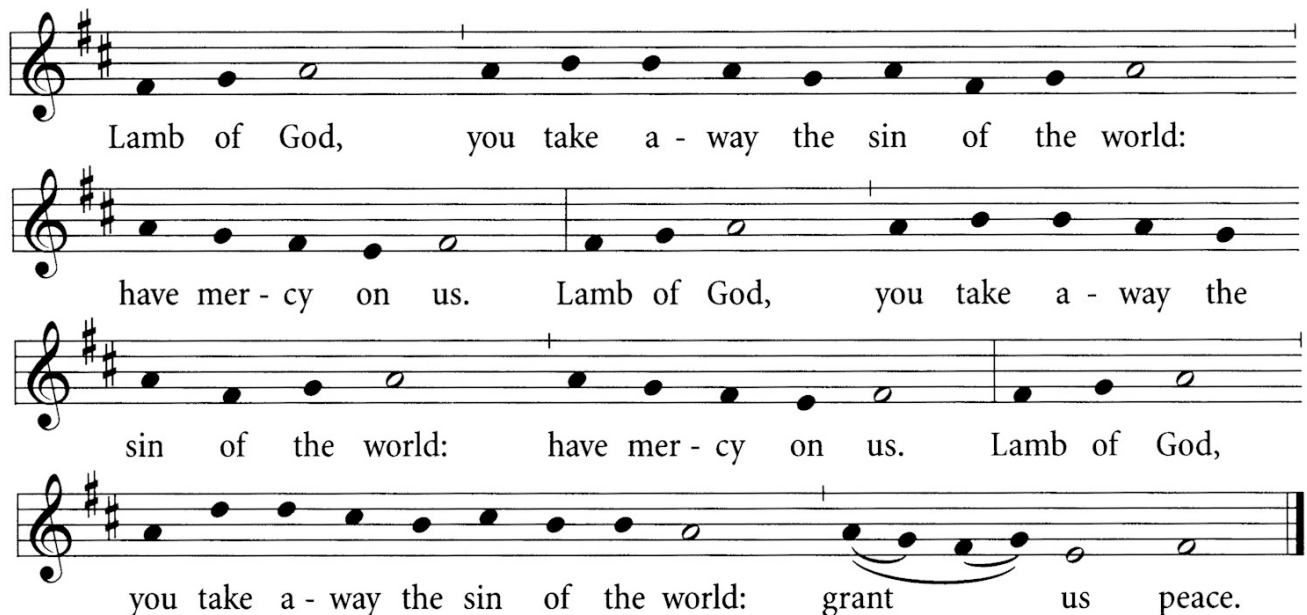
Presider Behold the mystery of your salvation laid out before you.
Behold who you are; become what you receive. **Thanks be to God.**
Presider The gifts of God for the people of God. **Thanks be to God.**

Fraction Anthem

Lamb of God

(CP 690)

Music: *New Plainsong*, David Hurd (1950-).



Lamb of God, you take a - way the sin of the world:
have mer - cy on us. Lamb of God, you take a - way the
sin of the world: have mer - cy on us. Lamb of God,
you take a - way the sin of the world: grant us peace.

The Communion

To receive the consecrated Bread, approach the altar and extend your hands to the minister with palms open. To receive the consecrated Wine, carefully guide the chalice to your lips. For public health, please do not dip the Bread into the Wine. If you do not wish to partake of the common cup, know that you receive the full efficacy of communion with only the Bread. If you do not wish to receive communion, you are invited to receive a blessing by approaching the altar and crossing your arms over your chest. You may also remain in your seat as you feel comfortable. If you are interested in learning about baptism, please contact a member of our clergy. During communion, Healing Prayer is offered for all people in the west alcove. **Please respect the confidentiality of the people praying by not entering the alcove during prayer time.**

During Communion

Ave Verum Corpus

William Byrd (c. 1540-1623)

Hail the true body, born of the Virgin Mary:
you who truly suffered and were sacrificed
on the cross for the sake of man.
From whose pierced side flowed water and blood.
Be a foretaste for us in the trial of death.
O sweet, O gentle, O Jesu, son of Mary, have mercy on me. Amen.

Communion Hymn

Eat This Bread, Drink This Cup

(CP 63)

Text: John 6:35-51; para. Robert J. Batastini (1942-) and the Taizé Community (France), 1984.

Music: EAT THIS BREAD, Jacques Berthier (1923-1994).

*Refrain: Eat this bread, drink this cup,
come to me and never be hungry.
Eat this bread, drink this cup,
trust in me and you will not thirst.*

Cantor

1 I am the bread of life,
the true bread sent from the Father. *Refrain*

2 Your ancestors ate manna in the desert,
but this is the bread come down from heaven. *Refrain*

3 Eat my flesh and drink my blood,
and I will raise you up on the last day. *Refrain*

4 Anyone who eats this bread,
will live forever. *Refrain*

5 If you believe and eat this bread,
you will have eternal life. *Refrain*

The Prayer after Communion

Presider Let us pray. O God, as we are strengthened in these holy mysteries, **may our lives be a continual offering, holy and acceptable in your sight; through Jesus Christ our Lord. Amen.**

The Doxology

Presider Glory to God, whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the Church and in Christ Jesus, for ever and ever. Amen.

[Commissioning for lay ministers who will be taking communion to those not able to participate in the Eucharist at the church:

Presider In the name of this congregation, I send you forth bearing Holy gifts, that those to whom you go may share with us in the body and blood of Christ.

All We who are many are one body, because we share one bread, one cup.]

The Blessing

Closing Hymn

Singing Songs of Expectation

(CP 536)

Text: Bernard Severin Ingemann (1789-1862); tr. Sabine Baring-Gould (1834-1924), alt.
Music: HOLY MANNA, melody *The Columbian Harmony*, Cincinnati, 1825; acc. Marty Haugen (1950-).

1 Singing songs of expectation,
onward goes the pilgrim band,
through the night of doubt and sorrow,
marching to the promised land.
Clear before us through the darkness
gleams and burns the guiding light:
trusting God, we march together
stepping fearless through the night.

2 One the light of God's own presence,
o'er his ransomed people shed,
chasing far the gloom and terror,
brightening all the path we tread:
one the object of our journey,
one the faith which never tires,
one the earnest looking forward,
one the hope our God inspires.

3 One the strain the lips of thousands
lift as from the heart of one;
one the conflict, one the peril,
one the march in God begun:
one the gladness of rejoicing
on the far eternal shore,
where the one almighty Father
reigns in love for evermore.

The Dismissal

Deacon Go in peace to love and serve the Lord.

All Thanks be to God.

Postlude

March in C, No. 6
from *17 Voluntaries, Book VII*

Caleb Simper (1856-1942)

The Chronicle Newsletter

Scan the QR code for the latest Chronicle newsletter.



The Prayers of the People

Scan the QR code for the prayer cycles.



The Ministers of the Liturgy

Presider

The Very Rev. Christopher A. Pappas

Preacher

The Rev. Dr. Kara Slade

Deacon

The Rev. Juanita Clark

MC

Andrea Gailus

Subdeacon

Junoh Kim

Servers

Michael Rahuel,

Joseph Ndirangu, Nafiseh Pirasteh

Readers

Claude Duke, Liz McCausland

Intercessor

Juan Carlos Riaño Jaimes

Breadmaker

Carol Cook

Gospel Station

The Rev. Margaret Marquardt

Gospel Station

Melina Blaire Lewis

Preacher Station

Presider Station

Liz McCausland

Regimental Alcove

Regimental Alcove

ASL Interpreter

Music

Sound/Livestream

Duty Trustee

Welcoming Team

Altar Guild

Healing Prayer Team

The Rev. Matthew Senf

Peter Roulston

Vanessa Coley Donohue

The Cathedral Quartet

Neil Robertson, Guest Organist

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Shehnaz Hozaima Cavey

Jane Dittrich, Nura Mohammed,

Dot Roulson, Miles Lubinich &

Marilyn Campbell

Louise Kenwood, Aarya Gokhale

Nicky Seppala, Jim Riva

Today

Sundays @ 4 | July 19 | 4:00 p.m.

French Eucharist | July 19 | 5:30 p.m.

Compline | July 19 | 8:00 p.m.



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This worship takes place on the traditional, ancestral, and unceded territory of the x̱məθkʷəy̓əm (Musqueam),
Skwxwú7mesh (Squamish), and Səlilwətaʔ (Tsleil-Waututh) nations, in the heart of Vancouver.

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