



Christ Church  
Cathedral  
Ottawa

## Seventh Sunday after Pentecost

Sunday | July 12<sup>th</sup> | 2026

8.30 am | Holy Eucharist | BCP

The flowers are given to the glory of God  
and in loving memory of Julie Graham

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### Welcome

Children are welcome to fully participate in the service  
and activity sheets are available at the entrance to the Cathedral.

Please turn off or set mobile devices to silent mode.

*Our diocese was founded on the homeland of the Anishinaabe Algonquins.  
May we dwell on this land with respect and peace.*

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# Order of Service

## Greeting

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you.

**And also with you.**

## Announcements

## Collect for Purity

Let us pray.

Almighty God,

**unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.**

## Collect of the Day

Almighty God, you have made us for yourself, and our hearts are restless until they find their rest in you. May we find peace in your service, and in the world to come, see you face to face; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## First Reading | *Genesis 25:19-34*

A reading from the book of Genesis.

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddanaram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. And the Lord said to her, "Two nations are in your womb, and two peoples born of you shall be divided; the one shall be stronger than the other, the elder shall serve the younger." When her time to give birth

was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them. When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob. Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Holy Word, Holy Wisdom.

**Thanks be to God.**

## **Psalm |** *119:105-112*

**Your word is a lantern to my feet  
and a light upon my path.**

**I have sworn and am determined  
to keep your righteous judgements.**

**I am deeply troubled;  
preserve my life, O Lord, according to your word.**

**Accept, O Lord, the willing tribute of my lips,  
and teach me your judgements.**

**My life is always in my hand,  
yet I do not forget your law.**

**The wicked have set a trap for me,  
but I have not strayed from your commandments.**

**Your decrees are my inheritance for ever;  
truly, they are the joy of my heart.**

**I have applied my heart to fulfil your statutes  
for ever and to the end.**

Glory be to the Father, and to the Son, and to the Holy Spirit.

**As it was in the beginning, is now, and ever shall be, world without end. Amen.**

## Second Reading | *Romans 8:1-11*

A reading from the letter of Paul to the Romans.

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Holy Word, Holy Wisdom.

**Thanks be to God.**

## Holy Gospel | *Matthew 13:1-9, 18-23*

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, Lord Jesus Christ.**

That same day Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they

sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen! Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

## Nicene Creed

I believe in one God

**the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:**

**And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.**

**And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.**

# Sermon

## Offertory | *Psalm 96:8*

Give unto the Lord the honour due unto his Name; bring an offering and come into his courts.



*Thank you for donating to the ministry of our Cathedral! You may also make an offering via the collection plate or tip-tap machine in the foyer, by e-transfer to [info@ottawacathedral.ca](mailto:info@ottawacathedral.ca) or by going to <https://www.canadahelps.org/en/dn/5519>.*

Blessed be thou, LORD God of Israel, for ever and ever. All that is in the heaven and in the earth is thine.

**All things come of thee, and of thine own have we given thee.**

## Intercession

Let us pray.

O Lord God, who hast bidden light to shine out of darkness, and who hast again wakened us to praise thee for thy goodness and to ask for thy grace: Accept now the offering of our worship and thanksgiving, and grant unto us all such requests as may be acceptable to thy holy will. Make us to live as children of the light, and heirs of thy everlasting kingdom.

Remember, O Lord, according to the multitude of thy mercies, thy whole Church and especially Kathryn our Bishop; all who join with us in prayer; and all your people wherever they may be, who stand in need of thine aid. Pour down upon us all the riches of thy grace, so that, redeemed in soul and body, and steadfast in faith, we may ever praise thy wonderful and holy Name; through Jesus Christ our Lord. **Amen.**

## Confession and Absolution

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God.

*Silence.*

Almighty God,

**Father of our Lord Jesus Christ, Maker of all things, Judge of all: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## Comfortable Words

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that labour and are heavy laden, and I will refresh you.

God so loved the world, that he gave his only begotten Son, to the end that all that believe in him should not perish, but have eternal life.

Hear also what Saint Paul saith. This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners.

Hear also what Saint John saith. If any one sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

## Thanksgiving and Consecration

The Lord be with you;

**And with thy spirit.**

Lift up your hearts;

**We lift them up unto the Lord.**

Let us give thanks unto our Lord God;

**It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying: **Holy, Holy, Holy, Lord God of hosts, Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. Blessed is he that cometh in the Name of the Lord: Hosanna in the highest.**

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood;

who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and Cup of everlasting salvation, the memorial which he hath commanded;

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and



death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion;

And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

The peace of the Lord be always with you.

**And with thy spirit.**

## Prayer of Humble Access

We do not presume

**to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

## Agnus Dei

O Lamb of God, that takest away the sin of the world,  
**have mercy upon us.**

O Lamb of God, that takest away the sin of the world,  
**have mercy upon us.**

O Lamb of God, that takest away the sin of the world,  
**grant us thy peace.**

## Communion

*All are welcome to come to the altar rail. If you wish prayers for healing before receiving Communion, please carry an Order of Service with you; to receive a blessing, cross your hands over your chest; for a gluten-free wafer, hold out one hand; for a regular wafer, hold out two hands. Please do not dip the bread in the wine.*

# The Lord's Prayer

Let us pray.

Our Father,

**who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

## Prayer after Communion

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

**And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.**

## Gloria

Glory be to God on high,

**and in earth peace, good will towards all. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.**

**For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.**

# Blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

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Celebrant | The Reverend Joan Riding  
Preacher | The Right Reverend Peter Coffin

Reader | Beth Handley  
Duty Warden | Sophie Mündel

Liturgy: *The Book of Common Prayer* ©1962; *The Psalter of The Book of Alternative Services Emended for Contemporary Liturgical Use* ©2016 by the General Synod of the Anglican Church of Canada. Readings: *New Revised Standard Version Bible (NRSV) Anglicized Edition* ©1989, 1995, Division of Christian Education of the National Council of the Churches of Christ in the United States of America.

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## Readings Next Sunday | July 19<sup>th</sup>

### Eighth Sunday after Pentecost

Genesis 28:10-19a; Psalm 139:1-11, 22-23; Romans 8:12-25;  
Matthew 13:24-30, 36-43

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# Christ Church Cathedral Ottawa

Anishinaabe aking ate awaso kikinawadjichigan | A place of prayer on Algonquin territory  
The Anglican Cathedral in the Nation's Capital  
Cathedral of the Canadian Forces Anglican Military Ordinariate

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Bishop of Ottawa | The Right Reverend Kathryn Otley

Dean of Ottawa and Rector | The Very Reverend Beth Bretzlaff (ext. 161)

Vicar | The Reverend Canon Douglas Richards (ext. 191)

Deacon Residentiary | The Reverend Dr. Jarrett Carty

Honorary Assistants | The Reverend Joan Riding | The Reverend Victoria Scott |

LCol (ret'd) The Venerable Michelle Staples | Lt (N) The Reverend Katherine Walker

Lay Readers | Daniel Jerusalemiec | Ted Livingstone

Director of Music and Organist | James Calkin (ext. 201)

Associate Director of Music | Andrew McAnerney (ext. 121)

Music Associate | Nick Veltmeyer

Church Wardens | Katherine Spencer-Ross | Stephen Giles

Director of Operations and Development | Nicholas Galambos (ext. 171)

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