

Guides for the Journey

Learning Faith from
Our Spiritual Ancestors

On the traditional land of the Semiahmoo

the Parish of St. Mark

O C E A N  P A R K

July 12, 2026

The Seventh Sunday after Pentecost



Welcome!

*We are so glad you have come to St. Mark's today!
In this place we do two primary things: we give thanks to God and pray
for the world. If there is something on your heart you need to share with
God, this is the right place to share it.
You are God's Beloved Child, and you belong **here**.*

This morning in worship...

We welcome Kingsley Genaille as our preacher this morning. Kingsley is a student at the Vancouver School of Theology and in discernment to the Holy Orders of Priest in the Anglican Church of Canada.

The flowers are dedicated today by **Mari Anne and Roger Hussen** to the Glory of God and the memory of our mothers, Joyce Hussen and Ann Vanderleur, who are deeply missed and lovingly remembered. We are also grateful for Mary Vanderleur, whose presence reminds us of the importance of family, shared memories, and enduring love. To dedicate flowers, please sign up on the flower chart in the hall and let the office know your dedication.



Today's Scripture

From Introductions to the Lessons by Bill Bennett.

Genesis 25:19-34 The account of the births of the twins, Esau and Jacob, is full of Hebraic play on words, Esau loses the rights to his inheritance from Isaac.

Romans 8:1-11 Paul compares life in the flesh, i.e. selfish passions, with life in the Spirit, i.e. the new community of faith.

Matthew 13:1-9, 18-23 The parable of the sower is later interpreted by Matthew allegorically, a not uncommon way at the time of understanding a story's meaning.

Summer for Kids

Over the summer, we encourage our children to stay in church to hear the stories, sing the songs, and join in the prayers. We know little ones need to wiggle, so please make use of the colouring table and family room as needed. We love having God's youngest children worship with us!

Coffee Hour

Please gather in the hall for coffee and refreshment following the service.

Next Week: July 19

The Eighth Sunday after Pentecost

Genesis 28:10-19a; Psalm 139:1-11, 22-23; Romans 8:12-25; Matthew 13:24-30, 36-43

The Reverend David Taylor Preaches

*Guides for the
Journey*

Learning Faith from Our Biblical Ancestors

the Gathering of the Community

The grace of our Lord Jesus Christ, and the love of God,
and the communion of the Holy Spirit, be with you all.

And also with you.

Almighty God,

**to you all hearts are open, all desires known, and from you no secrets are hidden.
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Common Praise 423

**O Lord My God! when I in awesome wonder
consider all the works thy hand hath made,
I see the stars, I hear the mighty thunder,
thy power throughout the universe displayed,**

***Then sings my soul, my Saviour God, to thee;
how great thou art, how great thou art!
Then sings my soul, my Saviour God to thee:
how great thou art, how great thou art!***

**When through the woods and forest glades I wander,
I hear the birds sing sweetly in the trees;
when I look down from lofty mountain grandeur
and hear the brook and feel the gentle breeze;**

**But when I think that God, his Son not sparing,
sent him to die, I scarce can take it in,
that on the cross, my burden gladly bearing,
he bled and died to take away my sin;**

**When Christ shall come, with shout of acclamation
and claim his own, what joy shall fill my heart!
Then I shall bow in humble adoration
and there proclaim, "My God, how great Thou art!"**

God of the earth,

**all creation awaits your gift of new life. Prepare our hearts to receive your Word so
that it may grow within us and yield a hundredfold harvest; through Jesus Christ, the
Sower. Amen.**

the Proclamation of the Word

We have large-print versions of the Scripture available for those who need one. Please ask a greeter for one.

The Book of Genesis (25:19–34).

Listen for God's Word.

Our hearts are open.

Psalm 119

Your word is a lantern to my feet

and a light upon my path.

I have sworn and am determined

to keep your righteous judgements.

I am deeply troubled;

preserve my life, O Lord, according to your word.

Accept, O Lord, the willing tribute of my lips,

and teach me your judgements.

My life is always in my hand,

yet I do not forget your law.

The wicked have set a trap for me,

but I have not strayed from your commandments.

Your decrees are my inheritance for ever;

truly, they are the joy of my heart.

I have applied my heart to fulfil your statutes

for ever and to the end.

Paul's Letter to the Romans (8:1–11).

Listen for God's Word.

Our hearts are open.

Alleluia

Norah Duncan

Alleluia!

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Jesus Christ

Matthew 13:1–9, 18–23

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Sermon Notes



The Affirmation of our Faith

**Hear, O Israel,
the Lord our God, the Lord is one.
Love the Lord your God
with all your heart,
with all your soul,
with all your mind,
and with all your strength.**

This is the first and the great commandment.

The second is like it:

Love your neighbour as yourself.

There is no commandment greater than these.

The Prayers of the People

While we have chiefly come to give thanks to God, our second purpose for gathering is to intercede for the world. We know that "the prayer of the righteous is powerful and effective" (James 5:16).

The Confession & Absolution

Almighty God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

The peace of the Lord be always with you.

And also with you.

the Celebration of the Eucharist

*We collect our tithes and offerings and present them to the Lord. We give thanks to God for your generosity to the ministry of this community. You can give using an envelope, by signing up to our Pre-Authorized Debit program, or by using the terminal in the foyer. **Today we use Eucharistic Prayer 2 from the BAS.***

It is Well

Horatio Gates Spafford, Philip Paul Bliss

**When peace like a river
attendeth my way,
when sorrows like sea billows roll;
whatever my lot,
thou hast taught me to say,
"It is well, it is well with my soul."**

*It is well with my soul,
it is well, it is well with my soul.*

**Though Satan should buffet,
though trials should come,
let this blest assurance control.
That Christ hath regarded
my helpless estate,
and hath shed his own blood for my soul.**

**My sin - O, the bliss
of this glorious thought -
my sin - not in part, but the whole;
is nailed to the cross,
and I bear it no more.
Praise the Lord!
Praise the Lord, O my soul!**

**And, Lord, haste the day
when the faith shall be sight,
the clouds be rolled back as a scroll;
the trump shall resound
and the Lord shall descend,
"Even so" - it is well with my soul.**

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

The priest continues in prayer.

Sanctus

**Holy, holy, holy, Lord, God of power and
might, heaven and earth are full of your
glory. Hosanna in the highest. Blessed is
the one who comes in the name of the
Lord. Hosanna in the highest.**

The priest continues in prayer.

The Lord's Prayer

**Our Father in heaven, hallowed be your
name, your kingdom come, your will be
done, on earth as in heaven. Give us
today our daily bread. Forgive us our
sins as we forgive those who sin against
us. Save us from the time of trial, and
deliver us from evil. For the kingdom, the
power, and the glory are yours, now and
for ever. Amen.**

"I am the bread of life," says the Lord.

"Whoever comes to me

will never be hungry;

whoever believes in me will never thirst."

**Taste and see that the Lord is good;
happy are they who trust in him!**

The gifts of God for the Children of God.

Thanks be to God.

All are invited to receive Communion.

Prayer for healing is offered during communion on the right side of the sanctuary.

Let Us Break Bread Together

African American Spiritual

**Let us break bread together
on our knees.**

***When I fall on my knees
with my face to the rising sun,
O lord have mercy on me.***

Let us drink wine together on our knees.

Let us praise God together on our knees.

Common Praise 519

**The Lord's my shepherd, I'll not want:
he makes me down to lie
in pastures green;
he leadeth me the quiet waters by.**

**My soul he doth restore again,
and me to walk doth make
within the paths
of righteousness,
even for his own name's sake.**

**Yea, though I walk
through death's dark vale,
yet will I fear no ill;
for thou art with
me, and thy rod
and staff me comfort still.**

**My table thou has furnished
in presence of my foes;
my head thou dost
with oil anoint, and my cup overflows.**

**Goodness and mercy all my life
shall surely follow me,
and in God's house
for evermore my dwelling place shall be.**

I Have Decided to Follow Jesus

Traditional

**I have decided to follow Jesus;
no turning back, no turning back.**

**Tho' none go with me, still I will follow;
no turning back, no turning back.**

**The world behind me,
the cross before me;
no turning back, no turning back.**

Announcements

Glory to God,
**whose power, working in us, can do
infinitely more than we can ask or
imagine. Glory to God from generation to
generation, in the Church and in Christ
Jesus, for ever and ever. Amen.**

Blessing

Common Praise 86

**More than we can ask or imagine,
more than we can ever dare to dream,
we are the children of heaven's creation,
God's own beloved, each called by name.**

***And we cry, Glory! Glory!
Glory to God who calls us by name!
Glory! Glory! Glory to God!
Glory we sing!***

**More than we will ever imagine,
more than we will ever understand;
we are sent to walk with compassion,
to live out God's love by heart and by hand.**

**More than we can ask or imagine,
more than we could ever desire;
out of the dust God's building a kingdom,
like wine from the press,
like bread from the fire.**

***And we cry, Glory! Glory!
Glory to God! Glory we cry!
Glory! Glory!
Glory on earth, Glory on high!
Glory! Glory! Glory to God!
Glory we cry!
Glory! Glory! Glory on earth!
Glory on high!
Glory on earth! Glory on high!***

**Go in peace to live the gospel,
extending God's invitation to all.
Thanks be to God.**

*Lyrics are printed with permission through:
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Financial Support

We are grateful for your stewardship of this place through your tithes and offerings. They ensure that St. Mark - Ocean Park will be a centre and a light to the community for generations to come.

If you would like to become a regular steward of the ministry of this place, please fill out a welcome card and give it to the greeter, or the priest.

Donations can be made by cash or cheque (made out to the Parish of St. Mark - Ocean Park),

by Pre-Authorized Debit (PAD), at the Electronic Donation Station (EDS) in the foyer (please ask the usher for assistance), by e-Transfer at : **giveestmarkbc.org**, or through CanadaHelps on our website.

If you would like donation envelopes, please connect with the office.

All donations will receive a tax-receipt in February of the following year.



The Pulse

Youth News

Youth Group

Grades 8 to 12

Fridays from 7 to 9 pm

Beginning again on September 11th



Kids Club Crew

Kids Club will begin on Sunday,
September 13

Get ready to help the young ones have
a fun time at church! Become a Crew
Member!

News for Kids & Families

Sunday Videos!

Check out our YouTube channel each
Sunday for great videos to watch with
your children!

@st.mark-oceanparkanglicanc3043

**St.
Mark's
Kids
Club**

Begins on Sunday,
September 13th at
10am!

Get ready for
games, songs,
stories and new
friends!

The Lunch Basket is sponsored this week by **Lawrence and Lynne Hurd** to the glory
of God and in gratitude and thanksgiving for their recent 60th wedding anniversary.



Prayer Chain & Sunday Intercessions

If you, or someone you know is in need of prayer, please connect with **Lynne** at lynneh1@telus.net. She
will share your request with a community of faithful intercessors!

To have a name mentioned in the Sunday Intercessions, please write their name on the sheet at the
back of the sanctuary, connect with **Michael** at michaele@klaverrealtor.ca, or contact the office.

News & Events

This week at the Parish

Tuesday Men's Club BBQ 6 pm
Wednesday Holy Communion, 10 am



Saturday, September 26th (NOTICE THE DATE CHANGE!!)

5pm to 7pm

As part of our **Year of Invitation**, Parish Council is excited to host a **free Neighbourhood Fall BBQ** as we begin the new season together.

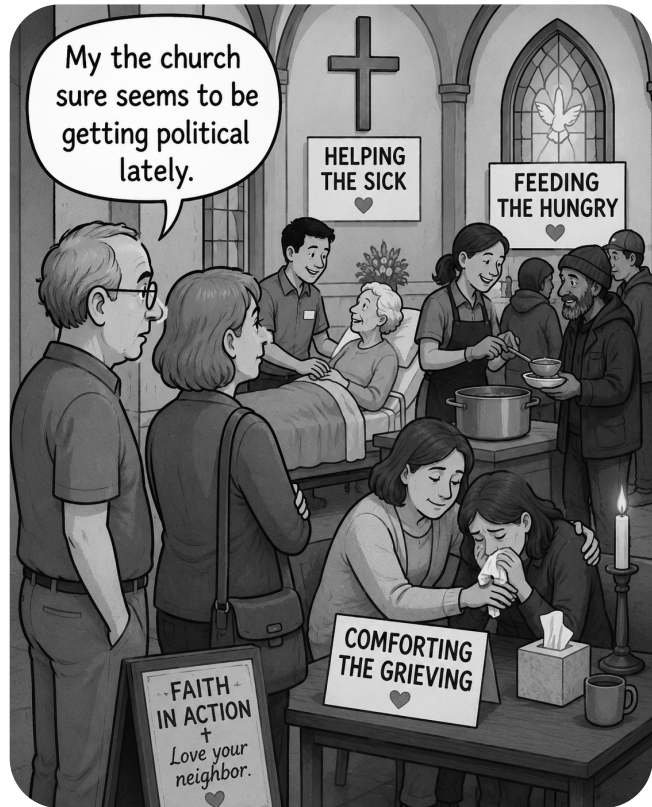
Be sure to put the date in your calendar—and help spread the word! We will have invitations available for you to share with your neighbours, friends, and family.

Parishioners are invited to contribute by bringing **packaged chips, drinks, store-bought cookies, squares, brownies, or whole fruit** to help us welcome our guests.

Our hope is simple: to invite our neighbourhood to experience the love, peace, and joy that are part of this community and to let people know that St. Mark's is here for them.

We will also need plenty of helping hands! If you would be willing to assist with setup, cooking, serving, welcoming guests, children's activities, or cleanup, please sign up on the entrance table. Hospitality is one of the greatest gifts we can offer, and this event will be a wonderful opportunity to share it with our community.

Let's gather, share a meal, make new friends, and celebrate the beginning of fall together!



Summer is Here!

While school is out, the Lunch Basket for Hungry Children is a year-round program supporting school-age children in our community.

Please check the sign-up sheet in the Church Hall to see how you can help. Your support is greatly appreciated!

Guess Who's Coming to Dinner - July 24-25

Our annual Guess Who's Coming to Dinner is this month! Join us for a fun summer evening of fellowship and the chance to meet new people.

We are looking for both hosts and guests. Hosts may choose to gather indoors or outdoors. For more info, see the church bulletin board. I'll be at both Sunday services for a couple weeks to answer questions/take registrations. Cory Paige 604-536-2789

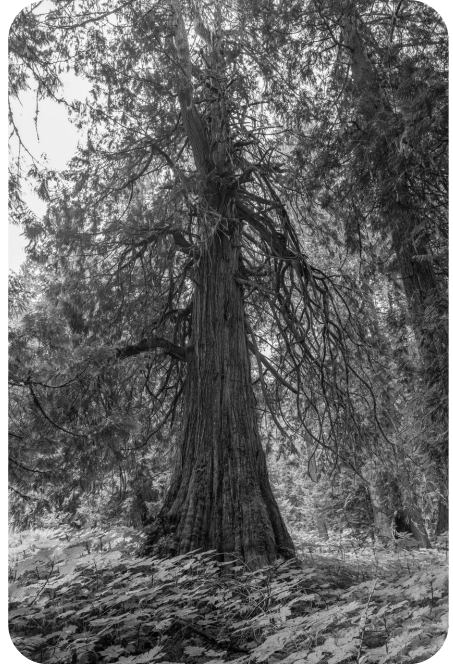
Indigenous Plants of the Lower Mainland

Western Red Cedar - The Tree of Life

The Western Red Cedar has long been one of the most important trees for the Coast Salish peoples. Almost every part of the tree was used. The wood became houses, canoes, paddles, masks, and bentwood boxes. The bark was woven into clothing, hats, baskets, and rope. Even the roots were used for basket weaving.

Because it gave so much while continuing to live, cedar became a symbol of generosity and respect. People harvested carefully so the tree could continue growing.

Did you know? A single cedar tree could provide materials for generations of a family.



Camp Artaban!

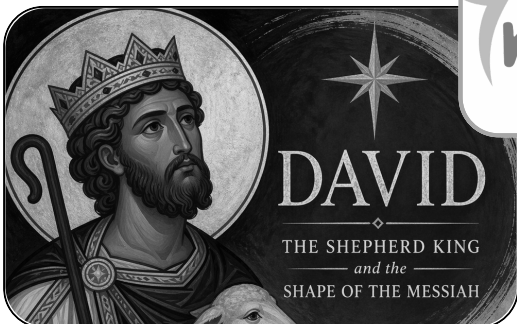
Camp Artaban offers something for everyone! Check their website for information about their Summer Programs. campartaban.com.



Looking for something to do this Summer?

Sorrento Centre is an Anglican family Camp on the shore of Shuswap Lake. The Reverend David will be there for one week this summer leading worship. Check out their summer schedule and consider joining David there!

Go to SORRENTOCENTRE.CA and look for the REGISTER FOR SUMMER HERE link.



Beginning in September

Join us this fall as we explore the story of David, one of the most beloved and complicated figures in the Bible. Through stories of courage, faith, failure, forgiveness, and hope, we will discover how David points beyond himself to Jesus, the true Shepherd King.

the Prayer Corner

Words from our Spiritual Ancestors

Over the summer, we will explore wisdom from the Christian tradition that helps us imagine the kind of community Christ is calling us to become—and the kind of community we are inviting others to discover.

We are invited to be a community of Hospitality

St. Benedict of Nursia

"Let all guests who arrive be received like Christ, for he is going to say, 'I came as a guest, and you received me' (Matt. 25:35). And to all let due honor be shown, especially to the domestics of the faith and to pilgrims. In the salutation of all guests, whether arriving or departing, let all humility be shown. Let the head be bowed or the whole body prostrated on the ground in adoration of Christ, who indeed is received in their persons."

Rule of St. Benedict, Chapter 53

Benedict of Nursia (c. 480–547) founded Western monasticism and wrote the Rule of St. Benedict, one of Christianity's most influential guides to community life. He taught that holiness is found in the daily rhythms of prayer, work, hospitality, and mutual care. Benedict reminds us that ordinary faithfulness, lived day by day, can transform both our lives and the world.

This week pray,

Lord Jesus Christ, help us to welcome others as we would welcome you. Open our hearts to our neighbours, our eyes to their needs, and our hands to serve with kindness. Make this community a place of grace, hospitality, and belonging. Amen.



Daily Bible Readings

Monday Matthew 25:1-13

Tuesday Matthew 25:14-30

Wednesday Matthew 25:31-46

Thursday Matthew 26:1-16

Friday Matthew 26:17-25

Saturday Matthew 26:26-35



the Parish of St. Mark - Ocean Park

STMARKBC.ORG

Office Hours:

Monday, Wednesday, Thursday, Friday, 9am to 2pm

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