



40 years

Anglican Church
of the Advent
we create belonging

510 Mt View Ave, Victoria V9B 2B1, BC
250-474-3031

www.colwoodanglican.ca | admin@colwoodanglican.ca

The Right Rev. Anna Greenwood-Lee, Bishop
Rev. Sr. Ingrid Andersen, Priest

Morning Prayer Service
Seventh Sunday after Pentecost
10:00 am
July 12, 2026



JESUS MAFA. The parable of the sower, from Art in the Christian Tradition, Vanderbilt Divinity Library.

Sunday Services are at 8:30 a.m. (Traditional Rite)
10:00 a.m. (Contemporary)
Office Hours Mon to Thurs 9:30 am – 12:30 pm
Online Bible Study Thursdays at 6:00 p.m.

WELCOME TO ANGLICAN CHURCH OF THE ADVENT

If you are a newcomer, please identify yourself to the sidespersons or priest so we can welcome you and tell you about our church.

We recognize that we worship on the traditional lands of Coast Salish peoples. We commit ourselves to continue with our First Nations neighbours on the journey of healing, truth, and reconciliation.

Linda Van Sickle officiates.

**10:00 a.m. Morning Prayer
Taken from Pray Without Ceasing**

*Sidespeople are Gwen & Doug Doust
Director of Music is Nell Howard*

THE GATHERING OF THE COMMUNITY

Leader: As we meet today, we begin by remembering the Songhees and x^wsepsəm nations, on whose traditional land we now gather in gratitude. We acknowledge their story and their stewardship of the land and water, the plants, and animals, through the many generations. As we meet today, we remember those who have called this place their home in recent years — the community of faith known as Anglican Church of the Advent. Let us greet one another with words and signs of welcome.

Opening Hymn: CP 3 Morning Has Broken

Opening Responses

Lord, open our lips,
and our mouth shall proclaim your praise.

O God, make speed to save us.

O Lord, make haste to help us.

Glory to God, Source of all being, eternal Word and Holy Spirit:

as it was in the beginning, is now and will be for ever. Amen.

Invitatory Psalm: 95:1-7

**Come, sing to the Holy One!
Shout for joy to the Rock who defends us!
Come into the Presence with thanksgiving!
Raise our voices in joyful hymns!
Truly the Holy One is a great God,
supreme above all gods,
in whose hands are the ends of the earth
and the heights of all the mountains.
The sea belongs to God who made it,
whose hands formed the dry land.
Come, worship and bow down;
kneel in the presence of our Creator.
Truly, truly, our God is the Holy One,
whose people we are,
all in God's pasture.**

THE STORY OF FAITH IS PROCLAIMED

Chat at the Chancel:

Hymn: MV 213 Take up His Song (Vs 1)

Take up his song of peace and go into the world,
Take up his song of peace in ev'ry moment.
In ev'ry moment of the journey, we're laying down our lives,
lay them down, in peace, lay them down, and take up his song.

Psalm: 119:105-112

Sue Hamblin

Your word is a lantern to my feet * **and a light upon my path.**

I have sworn and am determined * **to keep your righteous judgements.**

I am deeply troubled; * **preserve my life, O Lord, according to your word.**

Accept, O Lord, the willing tribute of my lips, * **and teach me your judgements.**

My life is always in my hand, * **yet I do not forget your law.**

The wicked have set a trap for me, * **but I have not strayed from your commandments.**

Your decrees are my inheritance for ever; * **truly, they are the joy of my heart.**

I have applied my heart to fulfil your statutes * **for ever and to the end.**

First Reading: Genesis 25:19-34

Mike Armstrong

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddanaram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. And the Lord said to her, "Two nations are in your womb, and two peoples born of you shall be divided; the one shall be stronger than the other, the elder shall serve the younger." When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them. When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob. Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Hear what the Spirit says to the Church.

Thanks be to God.

The Responsory:

Awake, O sleeper, and arise from the dead.
And Christ shall give you light.

**Awake, O sleeper, and arise from the dead.
And Christ shall give you light.**

You have died and your life is hid with Christ in God.

Set your minds on things that are above, not on things that are on the earth.

Awake, O sleeper, and arise from the dead.

And Christ shall give you light.

When Christ our life appears you will appear with him in glory.

Awake, O sleeper, and arise from the dead.

And Christ shall give you light.

Second Reading: Romans 8:1-11

Rob Taylor

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Hear what the Spirit says to the Church.

Thanks be to God.

Canticle: A Song of David (1 Chronicles 29.10b-13, 14b)

Blessed are you, God of Israel, for ever and ever; * **for yours is the greatness, the power, the glory, the splendour and the majesty.**

Everything in heaven and on earth is yours; * **you are sovereign, O Lord, and you are exalted as head over all.**

Riches and honour come from you * **and you rule over all.**

In your hand are power and might; * **yours it is to give power and strength to all.**

And now we give you thanks, our God, * **and praise your glorious name.**

For all things come from you, * **and of your own have we given you.**

(Please stand as you are able for the Gradual Hymn)

Gradual Hymn: CP 450 You Call us Lord to Be

(Please remain standing for the Gospel reading)

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you Lord Jesus Christ.

Gospel: Matthew 13:1-9, 18-23

Linda Van Sickle

That same day Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen! Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of Christ.

Praise to you Lord Jesus Christ.

(Please be seated after the reading)

Choir Meditation: Long before the Night (This Ancient Love)

Music copyright © 1988 Carolyn McDade. Arrangement copyright © 1994 David Kai. All rights reserved. Used by permission.

Soloist Keith Denford

Long before the night was born from darkness
Long before the dawn rolled unsteady from fire
Long before She wrapped her scarlet arms around the hills
there was a love, this ancient love was born.

Long before the grass spotted green the bare hillside
Long before a wing unfolded to wind
Long before She wrapped her long blue arm around the sea
there was a love, this ancient love was born.

Long before a chain was forged from the hillside
Long before a voice uttered freedom's cry
Long before She wrapped her bleeding arms around a child
there was a love, this ancient love was born.

Long before the name of God was spoken
Long before a cross was nailed from a tree
Long before She laid her arm of colors 'cross the sky
there was a love, this ancient love was born.

Wakeful are our nights, Slumbers our morning
Stubborn is the grass sowing green wounded hills
As we wrap our healing arms to hold what her arms held
this ancient love, this aching love rolls on.

(Please stand as you are able for the Affirmation of Faith)

Affirmation of Faith:

Hear O Israel, **the Lord our God, the Lord is one. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. This**

is the first and the great commandment. The second is like it: Love your neighbour as yourself. There is no commandment greater than these. Amen.

THE PRAYERS OF THE COMMUNITY

Prayers of the People:

Sue Hamblin

(Please be seated for the prayers)

Each petition will end with – Lord, in your mercy.

Please respond with – **Hear our prayer.**

Collect of the Day: Almighty God, **you have made us for yourself, and our hearts are restless until they find their rest in you. May we find peace in your service, and in the world to come, see you face to face; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

Lord's Prayer: Our Father in Heaven, **Hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power and the glory are yours now and forever. Amen.**

Offertory Hymn: MV 106 I Am the Dream

© S. Curtis Tufts, 2005; © 2005 Rick Gunn

I am the dream and you the dreamer, I am the song and you are the rhyme.
You are the tune sung in every silence. You are the now in the endless stream of time.

I am the bell and you the silence. You are the yearning I cannot curtail.
I am the blest and you the blessing. You are the wilds in which I lose my trail.

You are the word and I the echo. You are the leader and I am the led.
You are the joy and I the laughter. You are the Rock on which I lay my head.

Prayer over the Gifts: Father, **your word creates in us a yearning for your kingdom. Receive all we offer you this day, and keep us in your peace; for the sake of Jesus Christ the Lord. Amen.**

SENDING FORTH

Shared Ministry:

Birthdays & Anniversaries:

Commissioning Hymn: CP 598 Go to the World

(Please stand and face the back of the church)

Dismissal:

Source of light, yours is the morning and yours is the evening. May Christ, the Sun of righteousness, shine for ever in our hearts and draw us to that light where you live in radiant glory. We ask this for the sake of Jesus Christ our Lord. **Amen.**

Let us bless the Lord.

Thanks be to God.

May the risen Christ grant us the joys of eternal life. **Amen.**

All music reprinted under OneLicense.net#A-712884

INTERCESSIONS

TODAY WE PRAY

For the Province of the Episcopal Church of South Sudan.

*We pray for our Primate Shane, John our Metropolitan,
Anna our Bishop, and Ingrid our Priest.*

*In the Western Peninsula & Gulf Islands region for St. Mary of the Incarnation,
Metchosin, and the Rev. Lynn Mills.*

FOR THOSE WHO HAVE ASKED US TO PRAY FOR THEM

*We pray for those who have asked for our prayers and for those we know and love,
especially Don, Barb, Audrey, Cena, Andrew, Jim, John, Tina, Jenny, Jim, Wayne,
and Neil, and the residents and staff of Westshore Lodge.*

READINGS FOR NEXT WEEK

Genesis 28:10-19a; Psalm 139:1-11, 22-23; Romans 8:12-25;
Matthew 13:24-30, 36-43

SHARED MINISTRY

Contribute to our Creative Anniversary Project at two Sunday services:

We'd like to create something beautiful to celebrate our 40th Anniversary, for generations to come at the Anglican Church of the Advent.

Jose Pereña Pratt, Linda van Sickle and Mary Wills are heading a project to create four liturgical fibre art hangings to complement the original blue liturgical hanging in the chapel. The blue hanging was created during a service ten years ago, as a combined parish effort, with everyone having the opportunity to add a piece of fabric before Linda Van Sickle sewed them together and completed the artwork. Creating additional hangings in green, white, red and purple is one of our 40th anniversary initiatives.

When will this happen?

Sunday July 26 and Sunday August 9 during the 10 AM service.

Who should be involved?

We want as many people as possible to contribute to the project, so that it represents everyone in the parish. Pre-prepared fabric will be provided on the day, and Jose, Linda and Mary will be on hand to assist you.

Time constraints do not allow us to do this exercise at both services.

We are therefore asking the 8.30 congregation please to join with the 10 AM congregation for these two Sundays. The participation of every parishioner is very important.

Tell your stories!

Before or after you have contributed to the two hangings, please join Sr. Ingrid in the chapel, where we will be sharing stories of our parish from all four decades. These stories will be recorded for transcription and will be added to the stories we will be gathering in September.

For more information about the project, please speak to Jose Pereña Pratt.

MARK YOUR CALENDARS

Jul 21 Parish Council Mtg, St. John's Rm, 6:45 pm

Jul 23 Prayer Shawl Mtg, St. John's Rm, 10 am

Jul 25 Spanish Service & Potluck, 6 pm

Jul 26 Combined service for anniversary art and storytelling (1), 10 am

Aug 4-20 Caroline away

Aug 8 Family Board Games Night, Hall, 5 pm

Aug 9 Combined service for anniversary art and storytelling (2), 10 am

Aug 22 Spanish Service & Potluck, 6 pm

Aug 23 Parish Picnic & Eucharist, church lawn, 10 am

Aug 27 Prayer Shawl Mtg, 10 am, St. John's Rm

Sep 2 Community Coffee Social, 9:30-11, Hall

Sep 5 Taize Service, 5 pm

Sep 9 Ladies Guild Meeting, 1:30 pm

Sept 13 Welcome Back Sunday

Sept 15 Parish Council Mtg, 6:30 pm

Sep 19 Celebration of Asian Cuisine, 6 pm

Sep 24 Prayer Shawl Mtg, 10 am, St. John's Rm

Sept 26 Spanish Service & Potluck, 6 pm

Sep 27 Parish Coffee Welcome, after 10:00 service

Sept 28-Oct 2 BOOK SALE PREP WEEK

Oct 3 BOOK SALE DAY