

# THE VALLEY BULLETIN

Seventh Sunday After Pentecost



July 12th, 2026

# WELCOME

If you are visiting, we welcome you into our midst.  
Whoever you are and wherever you are on your journey in faith, you are welcome.  
It is a blessing to have you worship with us today!  
The Parish of the Valley respectfully acknowledges that we gather for worship  
on traditional Anishinaabe Algonquin territory.

*At the Anglican Church of Canada's General Synod in 1998, three Supplemental Eucharistic Prayers were adopted to add to the existing prayers contained within the Book of Alternative Services. These three supplemental prayers were intended to reflect a Reformed theological conscience and be inclusive in both language and images. In Supplemental Eucharistic Prayer 2, for instance, we first see the names of Hagar and Joseph lifted-up before the Church within the history of salvation.*

*In our pew bulletins throughout the months of June, July, and August, we will offer one of these Supplemental Eucharistic Prayers per month for presiders to use as is fitting for each liturgical context within our parish. We hope that reading and praying these prayers as a parish community will help to expand our collective appreciation of the breadth, depth and beauty of our Anglican eucharistic tradition.*

*Celebrant*            May God be with you.  
*People*                **And also with you.**

*Celebrant*            Lift up your hearts.  
*People*                **We lift them up to God.**

*Celebrant*            Let us give thanks to God our Creator.  
*People*                **It is right to offer thanks and praise.**

*Celebrant*            Eternal God, Source of all being,  
we give you thanks and praise  
for your faithful love.  
You call us into friendship  
with you and one another  
to be your holy people,  
a sign of your presence in the world.

When those we trust betray us,  
unfailingly you remain with us.  
When we injure others,  
you confront us in your love  
and call us to the paths of righteousness.

You stand with the weak,  
and those, broken and alone,  
whom you have always welcomed home,  
making the first last, and the last first.  
Therefore we raise our voices  
with angels and archangels,  
forever praising you and saying (singing):

*All*

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is the One who comes in the name of the Lord.  
Hosanna in the highest.**

*Celebrant*

Blessed are you, O Holy One:  
when Hagar was driven into the wilderness  
you followed her and gave her hope.  
When Joseph was sold into bondage,  
you turned malice to your people's good.  
When you called Israel out of slavery,  
you brought them through the wilderness  
into the promised land.  
When your people were taken into exile  
you wept with them by the river of Babylon  
and carried them home.

*People*

**Restore us, O God, let your face shine!**

*Celebrant*

At the right time you sent your Anointed One  
to stand with the poor,  
the outcast, and the oppressed.  
Jesus touched lepers, and the sick, and healed them.  
He accepted water from a woman of Samaria  
and offered her the water of new life.  
Christ knew the desolation of the cross  
and opened the way for all humanity  
into the redemption of your reconciling love.

On the night he was betrayed,  
Jesus, at supper with his friends,  
took bread, gave you thanks, broke the bread,  
gave it to them, and said, "Take and eat:  
this is my body which is given for you.  
Do this for the remembrance of me."

After supper he took the cup of wine,  
and when he had given thanks,  
he gave it to them,  
and said, "Drink this, all of you:  
this is my blood of the new covenant  
which is shed for you and for many  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me."

Loving and Holy One,  
recalling Christ's death and resurrection,  
we offer you these gifts,  
longing for the bread of tomorrow  
and the wine of the age to come.  
Therefore we proclaim our hope.  
**Dying you destroyed our death,  
rising you restored our life.  
Lord Jesus, come in glory.**

*People*

*Celebrant*

Pour out your Spirit on these gifts  
that through them you may sustain us  
in our hunger for your peace.  
We hold before you  
all whose lives are marked by suffering,  
our sisters and brothers.  
When we are broken and cast aside,  
embrace us in your love.

*People*

**Restore us, O God, let your face shine!**

*Celebrant*

Through Christ, with Christ, and in Christ  
in the unity of the Holy Spirit,  
all honour and glory are yours,  
O Source of all life,  
now and for ever.

*People*

**Amen.**

# LET'S PRAY

**In the Anglican Communion,** we pray for Sarah Mullally, Archbishop of Canterbury. We pray for the Province of the Episcopal Church of South Sudan. We pray for our companion diocese of Jerusalem.

**In the Anglican Church of Canada,** we pray for Shane Parker, our Primate. We pray for Anne Germond, our Metropolitan. We pray for Christopher Harper, National Indigenous Anglican Archbishop.

**In our Diocese of Ottawa we pray:** We pray for Kathryn Otley, our Bishop. We pray for our Diocesan Partners: Communion Forest and Compass Rose. We pray for our Community Ministries: Belong Ottawa, Centre 105 (Cornwall), Cornerstone Housing for Women, Ottawa Pastoral Counselling Centre, and the Refugee Ministry Office. We pray for St. James, Perth.

**In our Deanery of the Northwest,** we pray for St. Mark's Pakenham, part of the Parish of Pakenham.

**In our Parish of the Valley,** we pray for Matthew Brown our Incumbent; and for Gillian Hoyer, Nicholas Forte, and Christine Muise our Associate Incumbents. And for the life and members of our Parish of the Valley Community, this week we pray for: Denise Mearns & Tyler Sullivan, Julie & Nick Merrilees and Jace, Jamie & Sonia Mick and Joe & Kate, Jennie Mick, Reid & Debbie Mick.

**For those who have died and all members of their family as they grieve:**

Hazel Runge, Brenda Hodgson, Scott Blain, Margaret McMillan.

**For the sick, those who have asked for our prayers, and all others who are on our hearts...**

**Alice & Petawawa:** Susie, Ann, Doug, Ralph, Bill, Issy, Marion, Lynn, Wanda, Rose, Laurie, Lois, Gloria, Trent, Sammy, Michael.

**Barry's Bay & Whitney:** David, Carolyn, Ewald, Joyce, Mary Ann, George, Poppy Joe & Penny Jane, Blake, Cathy, Susan, Patricia, Elspeth, Debra, Mary-Jayne, Fern, Shirley, Marilyn, David, Susie, Sharon, Theresa, Stuart, Katherine.

**Killaloe/Tramore & Eganville:** Bruce, Ralph, Judith, Gale, Carol, Lynda, Ed, Marg, Joan, James, Hilary, Heather, Jan, Harold, Dorothy, Betty, Ann, Sheila, Andrea, Sharon, Junior, Peter, Pauline, Phyllis, Ethel, Anice, Paula, Rosemary.

**Pembroke:** Callum, Elizabeth, Diane, Jolene, Heather, Bill, Bob, Jo, Connie, June, Lomie.

**Stafford/Beachburg/Cobden:** Gwen, Elmor, John, Jean, Denver, Brian, Ruby, Janice, Susan, Ryan, Haley, Ruth, James, Sharon, Dave, Nicholas, Carolyn, Hillary, Ralph, Thyra, Sandra.

## TODAY'S READINGS

JULY 12, 2026 - Seventh Sunday After Pentecost

Genesis 25.19-34; Psalm 119.105-112; Romans 8.1-11; Matthew 13.1-9, 18-23

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## UPCOMING READINGS

July 19, 2026 - Eighth Sunday After Pentecost

Genesis 28.10-19a; Psalm 139.1-11, 22-23; Romans 8.12-25; Matthew 13.24-30, 36-43

July 26, 2026 - Ninth Sunday After Pentecost

Genesis 29.15-28; Psalm 128; Romans 8.26-39; Matthew 13.31-33, 44-52

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## SERVICES IN THE PARISH OF THE VALLEY

JULY 19, 2026

9am - Holy Trinity Pembroke Cemetery Service

9am - St Anthony's Whitney

9am - St John's Tramore

9:30am - St George's South Alice

11am - St Paul's Cobden (Morning Prayer)

11am - St John's Eganville

11am - Epiphany Barry's Bay

11:15am - All Saints Petawawa

*This Valley Bulletin is offered to the greater glory of God  
in thanksgiving for 57 years of health & happiness in sharing our love, lives and faith!  
by Byron and Jean Ostrom*

## NEWS & UPCOMING EVENTS

**Summer Office Hours** for June, July, and August: the Office at Aborn House, Pembroke will be open Monday - Thursday, from 9am-Noon. Closed on Fridays & statutory holidays.

Please Join Rev. Matthew and The Intermittents for a **Summer Evensong** at the Upper Ottawa Valley Heritage Centre's Micksburg United Church: Thursday, July 23rd at 7pm.

Throughout the summer, the clergy team will be taking some well-deserved time away.

Rev. Christine has now returned from her holidays. **Rev. Nick will begin his holidays on July 20th, returning on August 4th.** In case of pastoral emergency during this time please be sure to reach out to one of the other members of the clergy team: Rev. Matthew (613-732-4658), Rev. Gillian (613-687-9123) or Rev. Christine (613-883-8402).

Off the Grid productions is offering a summer concert fundraiser for the Eganville Food Bank: **Canadian folk legend Valdy will be performing on August 8th** at 7pm at Grace Lutheran Church, Eganville. Tickets available from <https://www.offthegridproductions.ca/>. Following each concert, pies baked by community members will be available for purchase with all proceeds going to the Eganville Food Bank. If you would like to be a part of the baking team, please contact Lynne Epps at 613-633-7244 or [eppsoffthegrid@gmail.com](mailto:eppsoffthegrid@gmail.com).

Join the Church of the Epiphany for a **Summer Tea and Silent Auction: Saturday August 15th 1pm-3pm.** Held at the Opeongo Seniors Centre, 19 Stafford Street, Barry's Bay. Tickets are \$20. For advance tickets or more information, please call Donna Smith (613-756-1393) or Irene Lapenskie (613-756-2507).

**Epiphany Fashions at the Church of the Epiphany, Barry's Bay, is now on summer hours.** Summer hours are Tuesday through Saturday from 10am - 4pm. Come and shop with us!

## CEMETERY SERVICES

Today, July 12th at 9am - Tramore Union Cemetery (in the church)

Sunday, July 19th at 9am - Holy Trinity Pembroke Cemetery

Sunday, August 9th at 2pm - Rockingham Church Annual Celebration

Sunday, August 23rd at 2pm - St Paul's Combermere Cemetery

Sunday, August 30th at 2pm - St Clement's Clontarf (in the chapel)

# CLERGY TEAM

## Contact Information

The Rev. Matthew Brown (613-732-4658)

The Rev. Gillian Hoyer (613-687-9123)

The Rev. Nicholas Forte (613-629-9498)

The Rev. Christine Muise (613-883-8402)

Cover: *Urban Gardening*, Sister Pat Willems.

Sister Pat has taught watercolor painting at The Well Spirituality Center located in La Grange Park, IL. since 2005. She is certified in art therapy and spiritual direction. She loves to paint nature, people and landscapes, and says, "Self-expression is a privilege each of us has, and when used, unites us with the energy of God as Creator."

[www.valleyanglicans.ca](http://www.valleyanglicans.ca)

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