

WELCOME TO METROPOLITAN UNITED CHURCH

Hope, healing and beauty in Jesus' name.



Photo by Arten Sapegin on Unsplash

THE SEVENTH SUNDAY AFTER PENTECOST

July 12, 2026

We are an Affirming Congregation, offering welcome and companionship to all, inclusive of age, ethnicity, gender identity, differing abilities, and sexual orientation.

For thousands of years, this land has been the traditional home of the Huron-Wendat, the Seneca, and the Mississaugas of the Credit, covered by Treaty 13. It is still home to Indigenous people from across Turtle Island.

We are grateful to work, live and worship on this land.

ORDER OF SERVICE

♪ indicates “please stand as you are able.” Our services are livestreamed, so please be aware that you may appear on camera. There is no Sunday School today, so children are encouraged to stay and enjoy the service.

CARILLON PRELUDE

ORGAN PRELUDE Adagio, and Variations sur “Ubi caritas”

Denis Bédard, b. 1950

WORDS OF WELCOME

♪ **OPENING HYMN 326** O For a Thousand Tongues to Sing

AZMON

♪ INVITATION TO WORSHIP

One: God’s Word is a lamp to our feet;

All: and a light to our path.

One: God’s Word is made visible in Christ;

All: and lived out in faithful service.

One: Come and listen for God’s Word in this time of worship.

All: We wait to receive the Word of Life.

One: The Lord be with you.

All: And also with you.

One: Let us pray. *(please be seated)*

PRAYER OF APPROACH AND CONFESSION

SILENCE FOR PRIVATE PRAYER

KYRIE (All) More Voices 69

William S. Kervin

Kyrie eleison (God, have mercy).

ASSURANCE OF PARDON

♪ **ACT OF PRAISE (All) 342, v.4**

LYONS

Then let us adore and give as is right, all glory and power, all wisdom and might,
all honour and blessing with angels above, and thanks never ceasing and infinite love.

READING

Ephesians 2: 4-10

From death to life

GOSPEL

Matthew 28: 16-20

The commissioning of the disciples

One: This is the witness of the good news of Jesus Christ.

All: Thanks be to God.

♪ **HYMN 271** *There's a Wideness in God's Mercy*

GOTT WILL'S MACHEN

SERMON **"A Grace That Knows No Bounds"**

The Rev. Warren McDougall

ANTHEM *Cantique de Jean Racine*

Gabriel Fauré, 1845-1924

PEACE GREETING

One: The peace of Christ be with you always.

All: And also with you.

One: Let us greet one another with the peace of Christ. *(please greet each other with a bow)*

♪ AFFIRMATION OF FAITH

We are not alone, we live in God's world.

We believe in God:

who has created and is creating, who has come in Jesus, the Word made flesh,
to reconcile and make new, who works in us and others by the Spirit.

We trust in God.

We are called to be the Church:

to celebrate God's presence, to live with respect in Creation,
to love and serve others, to seek justice and resist evil,
to proclaim Jesus, crucified and risen, our judge and our hope.

In life, in death, in life beyond death, God is with us.

We are not alone. Thanks be to God. *(please be seated)*

ANNOUNCEMENTS AND OFFERING *(To make a donation, you can use the envelopes in the pews or scan the QR code to the right with your phone.)*



♪ OFFERTORY HYMN 518, v.3

FOREST GREEN

With gratitude and humble trust we bring our best to you,
Not just to serve your cause, but share your love with neighbours too.
O God, who gave yourself to us in Jesus Christ, your son,
Help us to give ourselves each day until life's work is done.

♪ DEDICATION OF OFFERING

♪ GREAT THANKSGIVING

One: Lift up your hearts.

All: We lift them up to the Lord.

One: Let us give thanks to the Lord God.

All: It is right to give God thanks and praise.

One: Let us pray. (*please be seated*)

PRAYERS OF THE PEOPLE

LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name,

Thy kingdom come, thy will be done, on earth, as it is in heaven.

Give us this day our daily bread,

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil:

For thine is the kingdom, the power, and the glory forever and ever. Amen.

♪ **CLOSING HYMN 327** *All Praise to Thee*

SINE NOMINE

♪ **COMMISSIONING AND BENEDICTION**

♪ **BLESSING 429** (*All - please turn toward the centre*)

William Wright

May the blessing of God be upon you. May God's love light all your way.

May the grace of Christ enfold you and peace around you stay.

May the Spirit of God dwell within you. May you live in joy each day.

♫ **ORGAN POSTLUDE** *Festive March*

Henry Smart, 1813-1879



Leading in worship is **The Rev. Warren McDougall**. The ministry of music is offered by Wayne C. Vance Carillonneur **Dr. Elisa Tersigni**, Minister of Music **Dr. Jonathan Oldengarm**, and Met Choir section leads **Rayna Crandlemire, Valeria Kondrashov, Ian Speck, and Parker Clements**. The musical leadership of the quartet during the summer months is made possible by the financial support of **Wayne C. Vance**. Members of our Care Staff are **Siva Selva** and **Krissy Borsa**. Our sound and livestream technicians are **Paya Dehghani** and **Nishaanth Siva**. Metropolitan's livestreaming equipment was made possible thanks to the generosity of **Wayne C. Vance**. Music reprinted with permission under One Licence #707-069. All rights reserved.

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56 Queen Street East, Toronto, ON M5C 2Z3

Tel. 416.363.0331 | Email: office@metunited.ca



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