



SUNDAY SERMON

RECAP

5 July 2026

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Sermon Notes

Sermon Title: Rooted and established in love

Pastor: Claudio Silveiro

Key Scripture: Ephesians 3:14-21 (NKJV)

Context:

Ephesians was written by Paul between 60-62AD. It was written to the church in Ephesus. Acts 19 tells the story of what happened to Paul when he first went to Ephesus.

Ephesus was a depraved place; the people worshipped a deity by the name of Diana/Artemis. But the people had also amalgamated a bunch of different gods so in Ephesus, Artemis became known as the mother of all gods. It became a fertility cult. This was their pride and joy and identity. They prided themselves in being Artemis followers. They had given themselves up into this way of life.

So when Paul gets there and introduces Jesus to them 2 things happen. Firstly, a revival breaks out and people came to Christ. Secondly, resistance occurred as people realised, that their income would be impacted as they sold manmade idols.

So when we read through Ephesians 1 Paul covers being in Christ. He re-establishes their identity in Christ.

Ephesians 1: 17-23 (NKJV)

¹⁷ that the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, ¹⁸ the eyes of your ¹⁹ understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, ¹⁹ and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power ²⁰ which He worked in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly places, ²¹ far above all principality and power and might and dominion, and every name that is named, not only in this age but also in that which is to come. ²² And He put all things under His feet, and gave Him to be head over all things to the church, ²³ which is His body, the fullness of Him who fills all in all.

Ephesians 2:1-10 (NKJV)

¹ And you *He made alive*, who were dead in trespasses and sins, ² in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, ³ among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others. ⁴ But God, who is rich in mercy, because of His great love with which He

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SUNDAY SERMON

RECAP

loved us, ⁵ even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved), ⁶ and raised *us* up together, and made *us* sit together in the heavenly *places* in Christ Jesus, ⁷ that in the ages to come He might show the exceeding riches of His grace in *His* kindness toward us in Christ Jesus. ⁸ For by grace you have been saved through faith, and that not of yourselves; *it is* the gift of God, ⁹ not of works, lest anyone should boast. ¹⁰ For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

Ephesians 3:14-21 (NKJV)

¹⁴ *For this reason I bow my knees to the Father [of our Lord Jesus Christ, ¹⁵ from whom the whole family in heaven and earth is named, ¹⁶ that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man, ¹⁷ that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, ¹⁸ may be able to comprehend with all the saints what is the width and length and depth and height— ¹⁹ to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God. ²⁰ Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us, ²¹ to Him be glory in the church by Christ Jesus to all generations, forever and ever. Amen.*

Ephesians Breakdown:

Chapters 1-3: Telling you who you are (focus of the sermon because true rest is found in truly accepting not only who we are, but who we are to God)

Chapters 4-6: Telling you how you should live.

1. According to the Riches of His Glory.

Ephesians 3:16 (NKJV)

¹⁶ *that He would grant you, **according to the riches of His glory**, to be strengthened with might through His Spirit in the inner man.*

The passage states, according **to** the Riches of His glory, not from His Riches of His glory. So what's the difference? If we say from His Riches of His glory, we are saying that each time we access the Lord's riches we deduct a small amount of the riches. But according to His Riches of Glory speaks about us having access to the full amount. So we don't withdraw an amount each time, but rather, we have access to the endless supply of His Riches of His glory.

The Lord grants to us not just a portion of His riches but the fullness of His riches found in His glory. And it's from that FULLNESS that we are strengthened in our inner man.

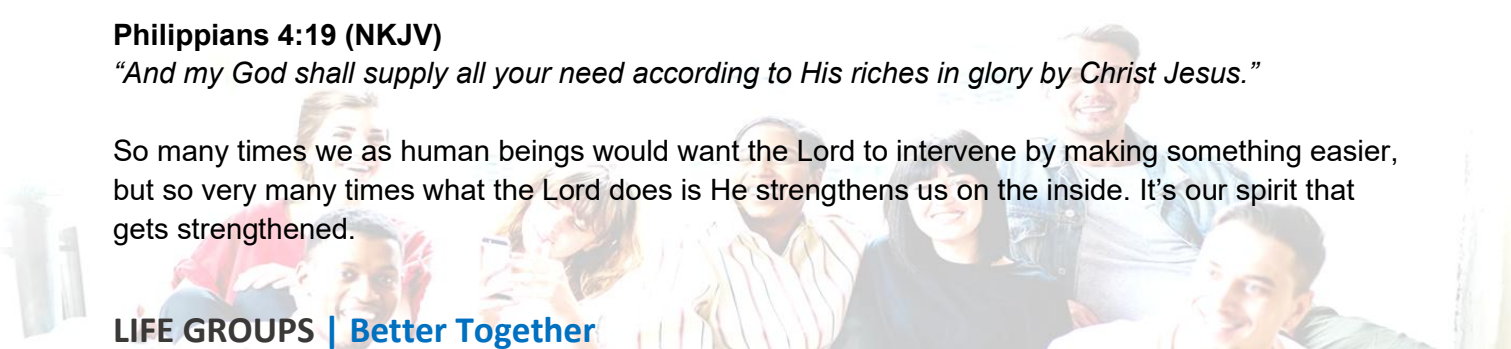
Philippians 4:19 (NKJV)

"And my God shall supply all your need according to His riches in glory by Christ Jesus."

So many times we as human beings would want the Lord to intervene by making something easier, but so very many times what the Lord does is He strengthens us on the inside. It's our spirit that gets strengthened.

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SUNDAY SERMON

RECAP

He strengthens to follow His way even if society is telling us to go another way.
He strengthens us to stay in work situations even when we are the only believer there. To stay there to change things in that environment.
He strengthens us to persevere in personal situations where we have lost hope.

Colossians 1:27 (NKJV)

²⁷ To them God willed to make known what are the riches of the glory of this mystery among the Gentiles: which is Christ in you, the hope of glory.

Daniel 6:3 (NKJV)

"Then this Daniel distinguished himself above the governors and satraps, because an excellent spirit was in him; and the king gave thought to setting him over the whole realm."

What was happening in Ephesus is that there was a society of darkness. For believers to live in this society they needed to be rooted in their identity in Christ.

Daniel had much the same. He was righteous in an unrighteous kingdom. Yet he distinguished himself and a whole nation was blessed as a result.

In today's day and age, we can find ourselves in similar situations, and we should be praying and asking the Lord how to live, so that all that is happening around us doesn't bring us distress.

We can find our rest in Christ, in who we live and move and have our being. Because of this we can pray according to the riches in Heaven, not from a place of spiritual poverty.

2. That Christ May Dwell

Ephesians 3:17-19 (NKJV)

¹⁷ that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, ¹⁸ may be able to comprehend with all the saints what is the width and length and depth and height— ¹⁹ to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God.

May dwell. These two words can be translated as:

- To come and visit, to be a guest.
- To reside in permanently

Jesus died on the cross for us and paid the ultimate price so that he can reside permanently in our hearts. He did this so that we can be rooted and grounded in love. Then we can comprehend with all the saints the width, length, depth and height of the love of Christ.

This cannot be grasped cognitively. It needs to be grasped through revelation and experience. (That we are indeed FILLED WITH ALL THE FULLNESS OF GOD).



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Romans 8 has a good reminder for us about who we are and why.

Romans 8:15-17 (NKJV)

"For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, 'Abba, Father.'¹⁶ The Spirit Himself bears witness with our spirit that we are children of God,¹⁷ and if children, then heirs—heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together.

We have become children who can cry out Abba Father. We can know the Lord intimately.

He is our loving Father and we are His cherished children.

When we understand sonship. When the Holy Spirit bears witness with our spirit that we are children of God. Then we can understand suffering with Him and glorification with Him.

When we understand the magnitude of the love of God toward us, we can enter into the deepest rest our souls could ever experience.

3. Now to Him Who is Able.

"Now to Him who is able"

The Lord is able to do so much that Paul creates an escalation of words.

He is able to do. He is able to do what we ask. He is able to do what we think or can even imagine.

He is able to do abundantly more than all we can ask or think.

God is able to do Exceedingly, abundantly, above ALL WE ASK OR THINK.

How? Through His power! That same power that raised Christ from the dead. That same power is working in us.

As we walk with the Lord we will naturally see the power of God at work in our lives.

Acts 17:28 (NKJV)

"For in Him we live and move and have our being."

The power of the Lord is often made manifest not for our comfort but so that others can come to know Christ.

Romans 8:11 (NKJV)

"But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you."

Conclusion:

Ephesians Chapters 4, 5 and 6 tell us how to live as believers in a world that challenges truth, identity and virtue. We need to remember that the world around us doesn't change who the Lord is, and that the more depraved the world is, requires us to stand even firmer in our identity IN Christ.

Then we can walk in unity, in love, and in wisdom and become imitators of Christ.

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