

November 2020 - Issue 3

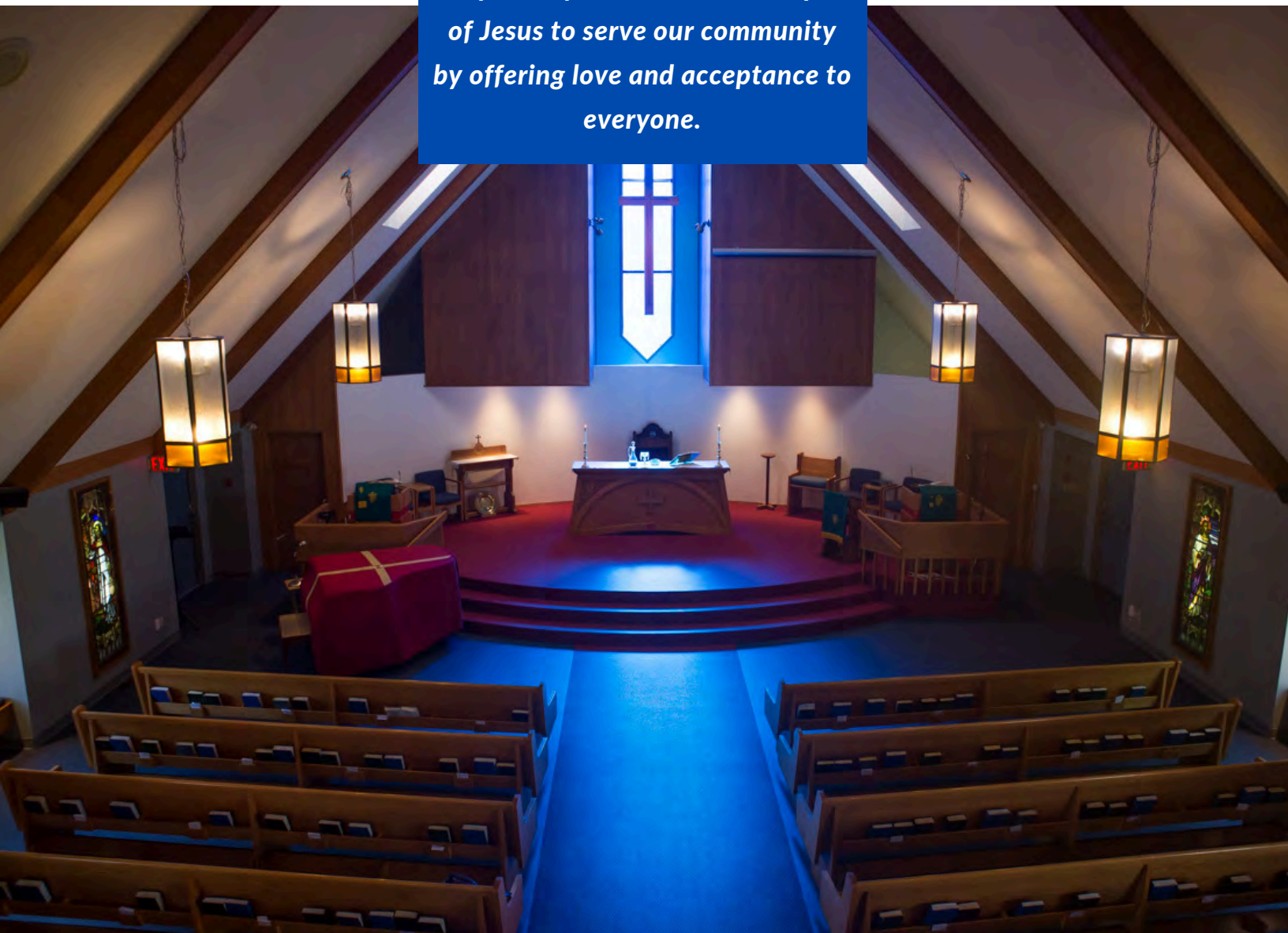
# Spirit

IN THE TIME OF COVID 19

## worship in different times



*Inspired by God and the example  
of Jesus to serve our community  
by offering love and acceptance to  
everyone.*



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Deputy Warden: Bill Ritchie

Front photo: The sky above St. Peter  
with the tip of the cross visible

## From the Editor

It still feels surreal to me that we are living in a pandemic. And now, with Dr. Bonnie Henry's most recent guidelines (as of November 19) we continue with the new normal as we did in the spring. How do we do this? How do we live during a pandemic? Well, welcome to the third issue of Spirit, in the time of COVID. It is an issue, full of ideas, thoughts, reflections and suggestions on how to live with the challenges brought on by COVID-19.

Challenging; that is the word, or feeling, which surfaced in so many articles submitted for this issue of Spirit. Challenging; to test one's abilities, demanding, inviting competition and provocative, all came up when I "googled" for a definition this time. We are challenged by a virus. What are our tools to take up the challenge; wear a mask in public places at all times now, wash your hands frequently, physical distancing and stay home. But there are more tools than these basics which you will find as you delve into this issue. So many suggestions to help with how to stay connected with friends and family, and, our friends and family of St. Peter's; ideas to fill your time, calm you mind and warm your soul. I know you will enjoy this issue.

*Jane*



# MINISTER'S REPORT...



## ▼ A Letter from Cathie November 19, 2020

By the time this issue of Spirit reaches the parish everyone will know that in-person worship is suspended. People sometimes say things like 'worship is cancelled' or 'the church is closed'. But worship is never cancelled as long as the people of St. Peter's turn their minds and hearts to hearing the word of God and doing it. The church is never closed as long as the people of St. Peter's are active in serving those in need. We are open, we are serving, we are praying!

This is something that Dr. Bonnie Henry recognizes. She held a meeting with our bishops and other faith leaders the day before she announced this decision. Our Dean reported on this meeting in her letter to the parishes and this is what she said:

*Dr. Henry has been very clear in her conversations with faith leaders about the invaluable service we provide to our parishioners and the wider community, providing hope in what has been a very difficult time. While she knows her decision to issue this order may be met with disappointment, she is calling us to draw from the deep wells of our compassion and mercy to care for those who are close to us. As Dr. Henry is fond of saying, "This isn't forever, it is just for now."*

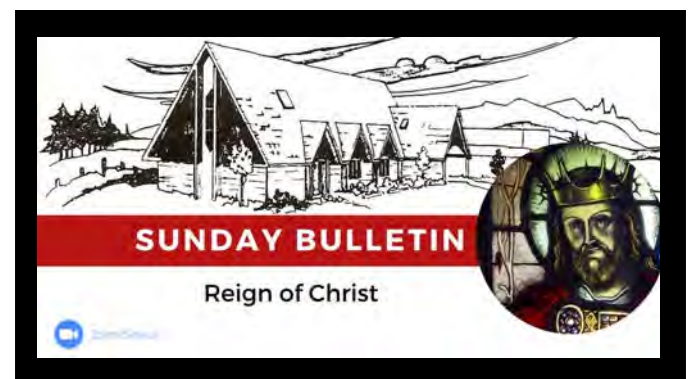
Dr. Henry has a great deal of respect for and trust in faith communities and has consulted widely about how to make and implement these decisions wisely and well.

The one thing that people need in order to be strengthened in their resolve to do good in the world, to live faithfully, and to love God with all their heart, is to be part of a worshipping community. One of the things I noticed when I first came to Campbell River is the strong sense of community in Campbell River and in St. Peter's. So, it became my goal to do all in my power to nurture and preserve that sense of community. That is why we will continue to worship God on Zoom during this time of suspension.

There are some advantages to worshipping on Zoom. Other communities have noticed that attendance may increase. This can be because members of the household who do not normally attend may join in. Those who are frail and find going out difficult can join easily, those whose immunity is compromised can join and be strengthened in their isolation. And, though we often think that elders may be excluded, many of them have tablets and computers and smart phones given to them by their children that enable them to participate.

As long as we cannot worship or meet in person we can continue on Zoom. I look forward to lifting my voice and heart to God with you either in person or in a virtual church.

*Yours in Christ, Cathie*



Our first zoom service  
November 22, 2020



# ...REPORTS

## ▼ During the Interim

There are so many challenging things for each of us, as well as to live through, during this time of COVID-19. We have times of lament because it is difficult just to live – to get the groceries safely, to find the resources we need, to go for dental and medical care, to miss our families and friends – to name just a few challenges. One of the ways we can care for ourselves is to acknowledge to ourselves that it IS difficult and ask for God’s grace to help us through each day – or even each hour.

This is a challenging time for the church as well. Clergy can’t do many of the things that we have always done. I can’t visit you in your homes, I can’t go out for lunch or coffee with you. In fact, I have to deal with the additional challenge of recognizing people who are wearing face masks. But those are minor challenges compared to the one of keeping the sense of community in our church. We have done some good things right from the beginning. Lois Tirebuck arranged for a phone tree so people would be informed and connected, at least a bit. There have been coffee-Mondays, and ACW, and other small gatherings outside or in the hall – all faithful responses to building and maintaining community. Now that we have started in-person services again we get to see more people on Sundays and Wednesdays. But in spite of that many people are too vulnerable or too much at risk to make it to church. What more can we do?

People who are at home can follow us on the website. Our Communications Director places the bulletin there each week. You can follow the service and read the lessons, pray for your needs and others you know of, and you can read the news of the parish and see what is happening. If you don’t have access to the internet, we will gladly mail a bulletin to you each week so you can follow what is happening. You can also phone a friend in the parish and see how she or he is doing. And you can call if you need to talk to me, your interim priest. I am available Wednesdays and Sundays for conversation and any time for emergencies.

One more thing – if you have access to the internet through computer, tablet or smart phone you can join a zoom conversation, learn to use it so you can keep in touch. There is an Advent Study group coming up, you can join that. It would be great to hear your voice and have a chance to get to know you. I have it on good authority that the internet is a COVID – free zone!

The Rev. Dr. Catherine Dafoe Hall, she/her 250-668-3701  
Director, EfM Canada  
Interim Priest, St. Peter Anglican Church, Campbell River BC  
[www.efmcanada.ca](http://www.efmcanada.ca)  
<https://www.facebook.com/EfMCanada/>

EfM Canada office is located on the traditional territories of the Syilx, Westbank First Nation; and EfM groups meet across Canada on the ancestral lands of many Indigenous, Metis and Inuit Peoples. We are grateful for their witness to us. As an organization devoted to adult Christian Education, EfM Canada is committed to offering opportunities for learning and engagement in truth-telling and reconciliation in Canada.



# CHUCK'S CHATTER...

## ▼ The Ecumenical Movement

At a detachment on Vancouver Island, one of many where I practiced my chaplaincy, a new officer arrived from the RCMP training depot in Regina. He was some 4500 kilometers from his home on the other side of Canada. His parents were immigrants from the other side of the world. He was brought up in the tradition of his family's former home. So, when he got to the island, he was somewhat timid. He fit in perfectly like a square peg in a round hole. Because of my background and experience I was often put in with new members when they were doing their recruit field training or RFT as it was called. As a result, I rode regularly with him.

Four days after his arrival he went back to his ancestral home for a traditional pre-arranged marriage to someone he had never met before. He brought her back from the far east to Vancouver Island. She had never left her home village before, let alone gone around the world. So now we had two square pegs in a round hole. The RCMP member was rather shy, timid, reserved and not quite sure of the west coast English lingo. After all English was his second language and west coast English was not what he was taught as a second language.

I was escorting him on a shift one night when we got a call about an intrusion alarm at the local Baptist church. We got to the church, bailed out of the police car and went about doing our job. After things were cleaned up and we were finished doing what we had to do, we were about get back in the car when I burst out laughing. The poor recruit thought he had done something wrong. I apologized and said: "No, no, no not at all. But think about it you are from the far east and religiously a -----, riding around with an Anglican priest, responding to an alarm at the Baptist church. I'd call that an ecumenical movement." He got the joke, was relieved and laughed too.



Several weeks later I saw him at the detachment. He was wearing a St. Michael's pin on his bullet proof vest. St. Michael is the patron saint of police officers. So, I asked him: "Why are you, a -----, wearing a St. Michael's pin on your vest?" He responded: "On this job I am not taking any chances." He matured a lot over the years and got promoted.



*Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O Prince of the Heavenly Hosts, by the power of God, cast into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.*



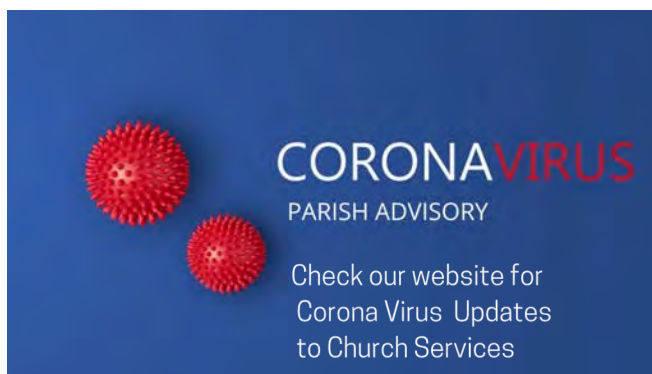
# REPORTS...

## ▼ Wardens' Report

This fall has been a pretty busy time at St. Peter's. We have welcomed our interim priest, Cathie Hall, who has been busy looking after our Wednesday and Sunday services as well as carrying out pastoral duties for our parishioners.

Over the summer and into the fall there has been a tremendous amount of work done in and around our church buildings. An enthusiastic group of ladies did a marvelous job of trimming back the shrubbery and trees around the church. This opened up the whole area and greatly increased the amount of light entering through our windows. There was a painting blitz led by George Wagner which really enhanced the physical appearance of not only the church building but also the storage sheds too. We thank all of the men and women who worked so very hard on this project. We should also give thanks to Cloverdale Paint who gave us a really good price on our supplies and carried the special price for us beyond what they would normally do.

We are now into our heating season and it is great to walk into a warm building first thing in the morning now that our new furnaces are installed and operational. As we give thanks let us not forget the parishioners who were so generous in their donations to make it so that we could afford these changes and additions.



**CORONAVIRUS**  
PARISH ADVISORY

Check our website for  
Corona Virus Updates  
to Church Services

Wednesday Church Service 12 noon  
Sunday Church Service 10 am  
Attendance numbers limited

**Call ahead to make a reservation**  
**250-286-1613**



This is a difficult time for many people. COVID-19 has restricted so much of what we would like to do as a worship community. Many cannot get to services because of health concerns and to that end a phone tree was set up when we were not having services. Even as we now have services many still cannot attend so we encourage all to keep in contact with one another.



*Cathie organized a drive-by blessing which was held after the Sunday service on November 1. I have had several reports that a lot of our members really appreciated that. Thank you, Cathie.*

We are approaching Advent and Christmas and this will also look different this year as well. We will have three services on Thursday, December 24th but none on Friday, December 25th as Cathie wishes to be at home in Nanaimo with her family. Please check our website for clarification on times, given Dr. Bonnie Henry's update on November 19.

We, your Wardens, wish you a safe holiday; and while we remember that this is the season in which we celebrate the birth of our Lord Jesus Christ, we are thankful for all the blessings we receive by trying to follow in His footsteps.

Dave, People's Warden



# REPORTS...

## ▼ The Spirit of Finance



Ahh – Finances in the time of COVID – something else to worry about. In this strange and disconcerting time, we still face challenges, even though the church isn't open very much.

Our finances to the end of September looked pretty good. We had \$43,403.53 in the bank. Our net income(loss) to the end of September was (\$1,892.52). Our receipts, while down significantly per week (which is to be expected with only 44 parishioners allowed at a service), have managed to maintain strength thanks to the additional Electronic Collection Plate 'signer uppers'. The new 2021 envelopes are in and we will be making them available in late November.

January to September	Actual	Budget
Church Revenue	\$108,495.83	157,954.50
Flow Through Revenue	\$4,135.75	0
Other Revenue*	\$6,573.66	\$306.00

\*We received \$6,190.94 as a wage subsidy for COVID from the Government through the Diocese

January to September	Actual	Budget
Ministry Beyond Parish Expenses	\$25,326.09	\$26,454.69
Ministry in Parish expenses	\$39,373.72	\$82,724.93
Administration Expenses**	\$56,397.96	\$50,746.68

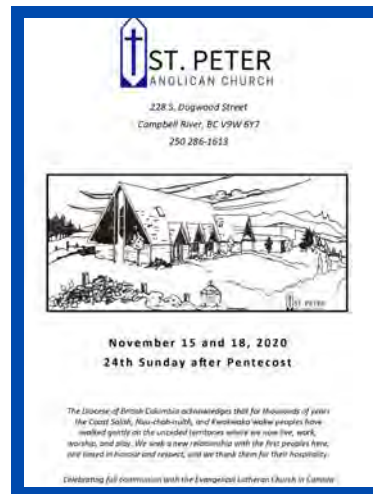
\*\*This includes the installation of the new furnace & associated costs & the exterior upgrades most of which have been covered by generous contributions from you.

We give thanks for Cathie Hall and her guidance and we continue to pray for all of our families, friends and co-workers in this unusual time. Take care, stay safe, God bless,

*Holly Finn, Treasurer*

## ▼ Liturgy Committee

The meeting began as we named what we were grateful for in our parish services. It was an interesting and sometimes surprising list. We discussed the order of service and decided we would put the confession in after the Feast of St. Luke on October 14 and 18th. We discussed music and decided to try a variety of things so we can consider what we want.



The church service bulletin is posted weekly on our website and facebook pages. It is in a very readable format. Check out the link:

[stpeterscampbellriver.com/news](http://stpeterscampbellriver.com/news)

We considered some possibilities for celebrating Christmas and what services would be available. We will continue that conversation. We also acknowledged the pain of the loss of community and discussed our need to acknowledge it. The notes will be posted on the bulletin board.



# REPORTS...

## ▼ A call for Altar Guild Members

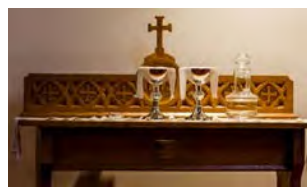
Marg Ashcroft and Eileen Klaasen have retired from the Altar Guild after many years of service and leadership. They will remain on our roster as honorary members and we are sure we will be able to draw on their wisdom from time to time, but they are leaving a big hole to be filled. At the same time, we have lost three other members for personal and COVID-19 reasons.

We are urgently seeking volunteers for our Altar Guild. You would work with a partner on a six-week rotation (once every six weeks). We meet as a group every second month for about 45-60 minutes.

The Altar Guild prepares the sanctuary for Eucharist and Worship each week. For example, setting up for Communion, arranging flowers, changing hangings and banners as required, minimal silver and brass cleaning and destroying cobwebs. Approximate time to complete is 45-60 minutes. "Altar Guild work can be considered ... a loving labour offered to God, not merely a chore that someone must accomplish." (Altar Guild Manual)

We hope you will consider this area of ministry. For more information or a walk-through of duties please contact Frances Hudock 250-203-0347; email [fchudock@telus.net](mailto:fchudock@telus.net). You may also indicate your interest by leaving your name and number at the church office.

*Frances*



## ▼ Selection Committee Update



Since the last update, your selection committee has completed work on the Parish Profile. We are now waiting to see some light at the end of the pandemic tunnel before we move forward with the Diocese and commence the advertising for a new minister. It is extremely unlikely anything will happen until at least the start of the New Year. In the meantime, we are very thankful for the caring and thoughtful leadership of our interim minister, Rev. Dr. Cathie Hall.

As always, if you have any questions or comments on any aspect of the selection process please forward them to me or any member of the selection committee. Your committee members are Greg Goldstone, Diana Hicks, Jane Jennings, Dave Storrie and Lois Tirebuck. **Rick Monchak, Chair**

## ▼ Building Committee

Now that the exterior of the church is completely painted, the building committee has moved indoors to start looking for interior projects. Just as well, because the fall weather with rain, wind, and snow is upon us. From the minutes of the October Council meeting, three projects are now underway - exterior doors, furnaces and plumbing.

With regard to doors, all locks and hardware are being checked to make sure they are in good working order;



# REPORTS...

## ▼ Building Committee Continued...

and re-keying systems are being researched, including an electronic key-in system. There are plans to update the Hall main-entrance door as it needs a window and an upgraded locking system which locks and unlocks from both inside and outside.

The furnace is being fine-tuned with some minor adjustments being made. George Wagner is in the process of finding the best settings for our temperature controls in the church, hall and offices. The church hall does not have a digital controller; the thermostat will be replaced.

*Yippee! We can now  
leave our coats, hats,  
jackets, fuzzy socks and  
long johns at home! The  
church is always warm  
now!*



The fins on the units cooling-heat-exchanger have become brittle with age and are breaking off which reduces the effectiveness of the cooling coil. This is a telltale sign that this rooftop heating and cooling unit is nearing its end of life. George Wagner is researching replacement of the rooftop unit and will provide an estimate of the cost. It was recommended this expense be included in our future budget. We do a semi-annual inspection and servicing of this unit and hopefully this will provide us with a time-to-replace evaluation.

The Diocese has recommended that we install “Flood Stop” control systems on our main water supply and the water heater and the costs to do this work may be covered by the Diocese. This system includes an in-line shut off valve on the water supply which is triggered to close by a water sensor placed on the floor beneath the unit. The objective is to prevent catastrophic water damage

from a leak in the water supply line or the water heater. George Wagner is seeking quotes from plumbing contractors to perform this work.

Another plumbing project which is planned to start soon is the replacement of the sinks and faucets in the men’s washroom and the sinks in the women’s washroom. It is planned to do this project in-house. Lastly, rental contracts and key holder agreement and protocols are also being reviewed.

## ▼ Winter Gardening

Winter is the time for your indoor gardens. Bring on the fresh air from your plants. My dahlias are done but now is the time my Christmas cactus will begin to bloom. Did you know there are three types of cactus that bloom? Like your Christmas cactus, they each have different notched stems; they are Easter, Thanksgiving and Christmas cacti. The Christmas cactus has a resting period; keep them cool in February and March and water them infrequently. In April and May treat them normally; watering thoroughly when the earth begins to dry out. You can place them outdoors in June, July and August. Place them in a shady spot and protect them from slugs. In the pre-flowering period, September and October, keep them cool until the flower has formed. Their flowering period is in November and December. The real trick is to place your cactus in a well-lit spot, shaded from direct sunlight because the plants can be burnt easily from too much direct sunlight. I find I enjoy my indoor plants a lot. They give me a restful, pleasant space.

With all the social distancing, a refreshing place at home is great for inner well-being. God bless, Glenna Armitage ☒



# WHAT'S BEEN HAPPENING!

## ▼ Season of Creation at St. Peter - October 4

St. Francis of Assisi Day - Walk in Beaver Lodge Lands

Even though it was COVID-19 times, we were able to gather, socially distance, and head off for another wonderful walk through the Beaver Lodge Lands, led by Rick Monchak, as we appreciated the beauty of this Creation. This year we explored three different ecosystems. One would think that when you say forest that it would be quite similar throughout, but it is actually made up of many ecosystems. While we were walking, we identified the many species of trees, many more than we thought.

The first ecosystem was a very tall stand of stately Douglas' fir trees and the photo of it is included. Next, we explored the beaver dam, the pond created, and the shrubs surrounding it. Rick assured us that the beavers are still there and come out early in the morning so no photo ops this trip.



As we walked, we saw several decaying old growth stumps and from them spring new growth of huckleberries, salal, and hemlocks. Many people were walking or biking that day so the question was asked if this would damage the forest. Since the logging was done on these pathways by steam donkey and logging train, it would not do further damage.

The last ecosystem was a more deciduous area, more exposed to sunlight so vegetation was very different there. The leaves on the maples were just starting their transition in changing color and this week the last leaf fell.

We stopped to examine what healthy nutrient soil feels like for a thriving Douglas fir. The soil had a different feel than anything I had experienced and was well worth touching!



Nearby a vanilla leaf plant was identified - and its leaves look like elephant ears!

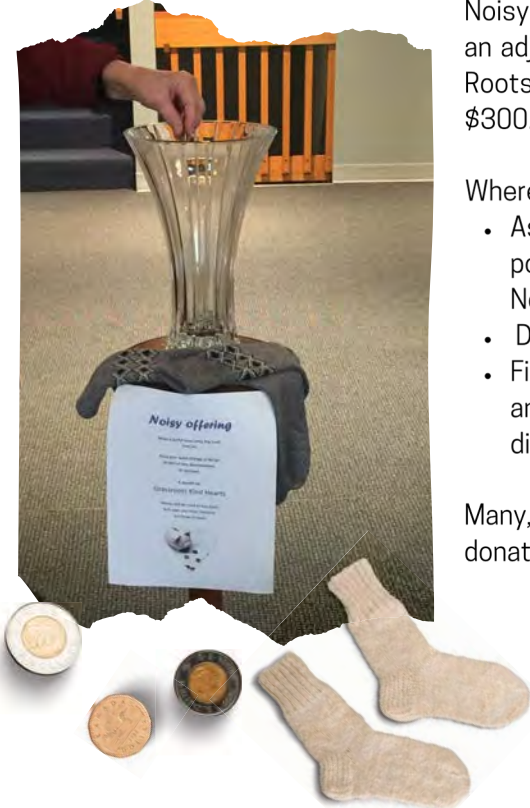
Thanks to our leader, Rick, we look forward to another informative walk - maybe winter!

Barb Henshall



# WHAT'S BEEN HAPPENING!

## ▼ Noisy Offering



Noisy Offering began at the end of October and was an immediate success as an adjunct to St. Peter's outreach support to the community program, Grass Roots/Kind Hearts. At the time of this writing (November 15) upwards to \$300.00 has been raised.

Where to go from here?

- Ascertain where the biggest need is: socks? toques? nail clippers? rain ponchos? Hopefully we can begin distribution of goods before the end of November.
- Develop a protocol for purchasing goods
- Find other people who would be willing to actively help by: collecting money and putting it away safely and securely in the office; purchasing items; distributing items once a month.

Many, many thanks to those who have contributed to Noisy Offering; by donation, through prayer, and through cheering and supporting.

*Georgia Smith*

*"He comes in the form of the beggar,  
Of the dissolute human child in ragged  
Clothes, asking for help. He confronts  
you in every person you meet. As  
long as there are people, Christ will  
walk the earth as your neighbour..."*

*- Dietrich Bonhoeffer*

## ▼ Drive-by Blessings on Feast of All Saints' Day

Saints are people we want to remember because of their remarkable deeds and strong witness to God. Many are named in our calendar in the BAS, and some are still waiting to be placed on our calendar. The Anglican Church does not have a canonization process but new names are added to the calendar as communities recognize the worth of those who have lived among them. We do not ask for evidence of miracles or perfection of life. The Eve of All Saints, or All Hallows, was a day when evil fought against the good in heaven and earth. This is the reason for the popularity of signs of evil, including the misguided notion that witches are evil. But in these times, we are more likely to see a pirate or a princess knocking on our door, and Halloween has come to be about mostly innocent fun.

To celebrate All Saints' Day on November 1, Cathie offered drive-by blessings in front of the main entrance of the church after the 10:00 a.m. service. Everyone was welcome to drive by and receive a blessing while staying in their car. Some parishioners who walked to church "walked-by" for a blessing.



# WHAT'S BEEN HAPPENING!

## ▼ COVID Coffee Hour

The fall is swiftly passing into winter and just a few weeks ago, we had to move the COVID Coffee Hour to inside the Church Hall. The Hall is large, and it is easy to self-distance, so the decision is to continue for a while longer. It is understandable, that meeting inside makes it a bit uncomfortable, safety-wise. I look forward to seeing more of you next Spring, when we can again meet outside. The time is still between 10:00 and 11:30 a.m. on Monday mornings. It is a drop-in affair, but I would ask that you bring your own chairs and coffee, so our coffee time does not add a clean-up task for the custodian. I would also like to remind you to RSVP to cooljen@shaw.ca, even if you are only a tentative drop-in. There may be a reason for the Coffee Hour to be cancelled and, if I know you might be there, I can let you know of a cancellation by e-mail. Hope to see you soon,

Jennifer Coolen, COVID Coffee Convener



## ▼ Advent Study by Zoom

**Begins Wednesday, November 25 and runs for five weeks**



An Advent Study Series will be held on Wednesday evenings, 7:00 to 8:30 p.m., on-line November 25, Dec. 2, 9, 16, and 23. We will spend time with the Advent people in the Bible: Elizabeth and Zechariah, Mary and Joseph, and the Angels. The study takes place on Zoom. Please, call the church office (250-286-1613) for the link or click on the photo to the left. If you think you need help connecting to Zoom, ask your children or grandchildren to help you get set up on your computer or tablet.

## ▼ Truckload Advent Out Reach for the Food Bank

**Begins November 29**

Please collect your food donations and store them at home. The church will be open Wednesday mornings for drop off items and/or financial donations.

Let's work together, Sunday School and Parish, to fill a truck with necessities for the Food Bank, things they will need in January when the shelves are bare after the Christmas needs are met.

What do they need? Any non-perishable canned or packaged food items (see below) and especially:

- Mr. Noodles
- Diapers size 5 and 6
- Baby food—the kind in pouches
- Baby formula up to 12 months
- Sanitary napkins



# WHAT'S BEEN HAPPENING!

## ▼ Truckload Advent continued...

The Campbell River Food Bank is also on the lookout for the following high protein, whole grain, lower sodium (salt) and lower sugar items:

- Canned fish or meats
- Canned beans - beans, kidney, black bean, chickpeas
- 100% nut butters
- Pasta and rice
- Canned vegetables, pasta sauces
- Canned fruit, packed in its own juice or water
- Whole grain breakfast cereals
- Hearty soups, stews and chili



There is a shelf at the Food Bank, which has a number of personal items from which clients may take one item. Shampoo, toothpaste, lotions, etc. are most welcome. This event for the Campbell River Food Bank is also posted on our Facebook page and the website. Weblink is [FOOD DRIVE](#)

## ▼ Worship Services - Advent, Christmas & into the New Year

If in-person services are disallowed, Sunday services will be on Zoom

First Sunday of Advent	Sunday, November 29 & Wednesday, December 2
Second Sunday of Advent	Sunday, December 6 & Wednesday, December 9
Third Sunday of Advent	Sunday, December 13 & Wednesday, December 16
Fourth Sunday of Advent	Sunday, December 20 & Wednesday, December 23
Christmas Eve services (3)	Thursday, December 24 at 3 pm; 5 pm; 7 pm (Registration is required for services on December 24)
Christmas Service	Sunday, December 27
Baptism of the Lord	
Christmas Lessons and Carols	Sunday, January 3
The Epiphany of Our Lord	
Christmas Lessons and Carols	Wednesday, January 6



Zoom links will be posted on our website and facebook. They will also be emailed to those who have subscribed to St. Peter Anglican Church Newsletter

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Subscribe to receive email updates with the latest news.

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# WHAT'S HAPPENING...

## ▼ The Primate's World Development & Relief Fund (PWRDF) Christmas Cards

Is it possible that you know a few people who would be happy to receive a Christmas card this year, considering that many will be without family or be able to participate with the group that they usually do? Please consider the following...contact me to purchase lovely PWRDF Christmas cards. The inside message in several languages is "Christmas Peace." This message is so needed this year! Tax receipts will be issued for donations of \$25 and higher. Delivery will be in the Church parking lot or to your house. Other styles of cards have been advertised this year, but at this time the staff at PWRDF Toronto are working from home due to the high numbers of COVID-19, so there is no guarantee that they will arrive in time.



Some have asked why the PWRDF "World of Gifts" brochure was sent separately and not in the October Journal. Due to COVID-19 the publisher missed the deadline to have it included in October, so thankfully the publisher sent it out at their expense.

In the "World of Gifts," parish projects have been initiated in Canada, such as contributing to a well for indigenous neighbours in the North. Led by the youth, the need for potable water was brought to the attention of the government at General Synod 2013 when we stood on the lawn of the Parliament Buildings in Ottawa. There have been some wells installed but still many indigenous communities do not have potable drinking water or clean bathing water. **Is this a project that we could consider and collectively send support to our Northern neighbours?**

If you are donating to "World of Gifts," consider the projects that support climate action – designated with a green tree. Canadian Foodgrains are eligible for up to a 4:1 match from the Government of Canada. See [www.pwrdf.org/worldofgifts](http://www.pwrdf.org/worldofgifts) for more information.

During Advent, PWRDF will have a daily reflection, so look for the link on our website to sign up and it will be delivered to your inbox daily. Many blessings and peace this Advent and Christmas. Prayers that all may be healthy and safe, Barb Henshall 250-923-6395.

## ▼ Consecration of our new Bishop

God willing, the Consecration of Bishop-elect, the Reverend Anna Greenwood-Lee is on January 30, 2021 at 11:00 a.m. We can all watch on the computer. The event will be live-streamed on YouTube and Facebook. Links to both of these site can be found on the [Diocesan website](#)



# ST. PETER IN THE COMMUNITY

## ▼ Campbell Caregivers Group

You are welcome to join us for the Campbell River Caregivers Support group to share your experiences, concerns and thoughts. You can also get help navigating the healthcare systems and get your questions answered. Free resources and information are available. Confidentiality assured.

### LOCATION:

Campbell River Hospice Society  
440 Evergreen Road, Campbell River  
COVID-19 precautions in place

DAYTIME MEETINGS: 10 am to noon, 2nd Friday of each month

EVENING MEETINGS: 6:30 to 8:00 pm 2nd Tuesday of each month

*Please RSVP 24 hours before each meeting at 250-286-1121*

*COVID-19 Notice: meetings will be outside weather permitting. If meeting is moved inside all participants are required to wear a mask and number of participants is limited.*

## River Support



## ▼ Church Participation in Civic Services: a Very Important Witness to the Community

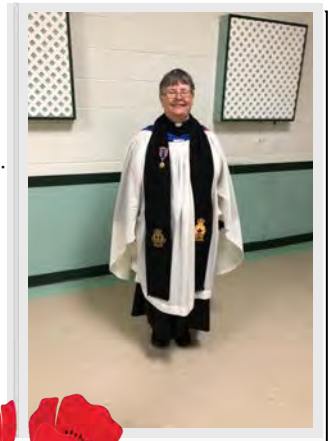


I have a deep admiration for those veterans, they work carefully and earnestly to plan and organize these services and their dedication to doing them 'just right' is evident in everything they do. I am the daughter of two veterans, a great uncle died in WWI, my son and two grandsons have served in Canada's Armed Forces, so I am motivated to participate in Remembrance Day. This year I was invited to participate as "padre" and I was proud and glad to do so.

I have not been very many places in Campbell River other than the church and the hospital, but on November 15, I went to the Eagles Hall for the craft sale. What great stuff! While I was there two people recognized me from my participation in the Remembrance Day service and approached me to thank me.

The more St, Peter's can reach out to serve the community the more people will be aware of us as a caring place where they can seek opportunities to learn and grow in faith.

The Rev. Dr. Catherine Dafoe Hall  
Director, EfM Canada  
Interim Priest, St. Peter Anglican Church



# WHAT'S HAPPENING...

## ▼ Grassroots Kind Hearts

Volunteers are always welcome to help us prepare and serve food for the Grassroots/Kind Hearts dinner program for people in need. We participate in this community program every third Tuesday of the month. If you would like to help, contact Diana at 250-286-1613 or email [stpeterscampbellriver@shaw.ca](mailto:stpeterscampbellriver@shaw.ca) with "GRKH" in the subject line. Diana would be joyful and love to have the roster filled early!



## ▼ Salvation Army Kettle Campaign

St. Peter Anglican Church has participated in this Christmas Ministry for over 25 years. But this, as many events, will look different this year and we will not be participating. However, if you choose to participate through the Salvation Army, volunteers will be required to wear masks, wipe the kettle often, be paired with a same bubble person ONLY. No singing, giving out candy canes or receiving a hot chocolate as you start your shift.

All funds raised stay 100% local and presently 90 soup-kitchen to-go meals are prepared daily. They also have a small family food assistance program. I think the numbers of volunteers and shoppers; the amount of discretionary funds and even how to safely donate to a kettle will be a concern this year.

Here are some options for donating safely.

- you can mail a cheque to Ocean Crest Community Church at 291 McLean Street
- access on-line virtual donating at [oceancrestchurch.org](http://oceancrestchurch.org)
- return your envelope mailed out to every household
- tap payments are available at some kettle stations

If you have questions, please contact the kettle coordinator, Tami Ness (250)287-3720 ext. 204

### History of the "Kettle"

In 1891, Salvation Army Captain Joseph McFee wanted to help the vulnerable in San Francisco, especially during the Christmas season, but he didn't know where to get funding to do so. He remembered, during his earlier days in Liverpool, England, seeing a large kettle where passengers of boats that docked nearby were able to toss coins to help the poor. Captain McFee placed a similar pot at the Oakland Ferry Landing, and encouraged the public to "Keep the Pot Boiling." He collected enough to host a Christmas dinner for the poor.



# LETTERS

## ▼ Letters

“This is the day that the Lord has made; let us rejoice and be glad in it.” Psalm 118:24

I want to take this opportunity to thank each of you for your cards, kind wishes and beautiful gifts as I leave the family of St. Peter, Campbell River to move to Pender Island.

I have enjoyed the different positions I have undertaken here, but not without support from many others. As a Warden I will always be thankful to Pauline and Bill. As Church Administrator to Trina, Holly, Jill, Frank and Lincoln. I truly thought I'd stay three months but Lincoln made the job fun and interesting! Thank you, Lincoln for all your lovely accolades from our last AGM. A part of the job is simply learning to prioritize and secondly learning to say no. This is a beautiful, faithful family. There are so many behind-the-scenes people too: Rick and Margaret for your strengths and positive words; Jane Jennings, for much needed mindfulness days after a busy Wednesday; Elizabeth Fussell, for growing me kindly to a different way of faith; Johnny, for keeping my eyes on the smaller things and being present; Bill H. for your amazing recipes which I will always treasure.

As some of you know, Allan was always somewhere on the scene. He would be the guy with Hadley, cooking and cleaning up; doing dishes and barbecues; weeding and picking up yard debris; and many trips to the recycle centre. And speaking of Allan, he is the reason you are seeing me here more at St. Peter. He is doing some work for Western Forest Products which has helped in giving us some closure to leaving Campbell River.

In any position we take at the church there are always going to be obstacles. I will end with a quote from Thich That Hanh, “Everyone makes mistakes, but you can't keep asking people to forgive you again and again.” For example, instead of saying, “I'm sorry, I shouted at you,” train yourself not to shout so often. Instead of a quick apology, “Take the time and make the commitments to practice seeing the roots of your behaviour.”

Keep Cathie, Lois, Bill, Dave and Parish Council in your prayers as you move forward. Be patient and listen to God's word.

In Christ, Cathy and Allan Beise



# ARTICLES OF INTEREST...

## Ideas for a Happy, Fun Time at Home

**By: Jane Jennings**

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In my former life, I was an occupational therapist. This consisted of teaching people who had experienced physical and/or mental health issues to re-inhabit their bodies and minds in a new way, one which provided satisfaction, a sense of accomplishment and meaning. As we are all unique in our interests, skills and what makes us 'tick', I loved the challenge of helping people in their process to find new ways of working and re-adjusting their lives so that they could again experience a sense of fulfilment, accomplishment and meaning, with their residual disabilities.

When COVID lockdown happened in March, I wondered how to fill my time, now that I was not going out, and remembered the felting supplies and instructions that had been lying dormant in the cupboard for the last two years. I decided to bite the bullet and have a go. I followed the instructions in the book and found that my feltings, as I call them, satisfied my sense of accomplishment, fulfilment and meaning! I was making art pictures, something I had never felt good about before! This new medium worked for me! With the help of an art friend, who answered my many questions, I have made about twenty pictures so far. Some of them are not so good, but others, I love. Experimenting with a never before tried medium really bucked up my mental health. So, here's the thing... what are you going to be looking forward to doing in you home over the next few months, now that we are restricted in our activities in our community?

Why not think yourself out of the familiar box and try a new craft, or read books you don't usually read e.g. poetry or biographies. The librarians are glad to help you hone in on your possible interests in the book department. Think about whatever gives you pleasure and maybe try a new way of doing that activity, or find a group to do it with on an on-line internet site. I was lucky as I was already interested in felting, and had the materials already, but the shops are open now for supplies so no need to wait. Maybe you will make your Christmas presents this year, or make ornaments on a different theme for the tree. Make a game you can play with your grandkids or family; the list is endless! There is so much information about new projects from places like Pinterest, it's a good source of inspiration. Take an on-line course, maybe get the camera out and photograph this year's winter scenes.

You will never know what fulfills you, is meaningful and gives you a sense of accomplishment if you don't start and have a go at something that you think you may like. A lady I know colours Mandela's while watching TV, that ticks her boxes. My daughter sorted out boxes she had not unpacked for two years and now is thrilled with the new found space in her laundry room. (It also gave her the motivation to do more organizing!) Whatever you do, it doesn't have to be difficult, and no one has to know if what you try doesn't go your way. Just don't give up if the first thing you try is not warming your cockles, on to the next!

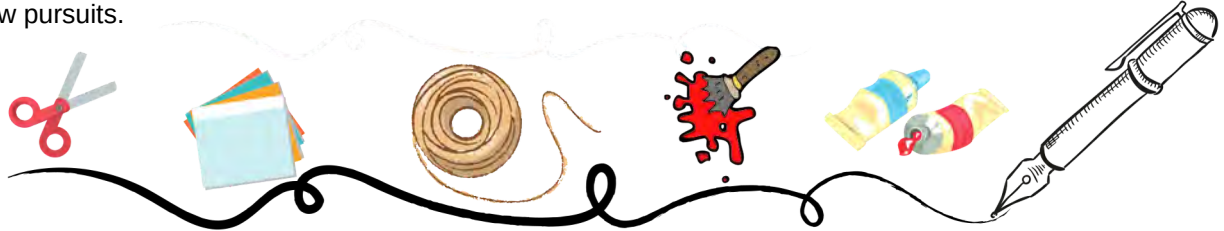
Instead of being bored, yes, I actually said that I was bored to someone at church this week! Here are some suggestions to get going....



# ARTICLES OF INTEREST...

Set a specific time aside, put it on the calendar. Select a time when you will have minimal interruptions and are alert mentally. Find your materials and have everything available. Give yourself a time limit and if you want more time just carry on. The main point is to develop skills we may not have known we had, enjoy what you are doing, and allow yourself to play. We can all learn new things when they have value to us. Good wishes on finding those activities that really turn you on!

Let us know how you did in the next 'Spirit!' You may help someone else. May you enjoy and have fun exploring your new pursuits.



## A Christmas Poem

By: Hilda Shilladay

Ah, friends, dear friends, as years go by and heads get gray, how fast the guests do go.  
Touch hands, touch hands, with those that stay.  
Strong hands to weak, old hands to young around the Christmas board touch hands,  
The false forget, the foe forgive, for every guest will go  
And every fire burns low and cabin empty stand.  
Forget, forgive, for who may say that Christmas Day may ever come to host or guest again.  
Touch hands,  
Peace



## A Child's Prayer

By: John Bannister Tabb

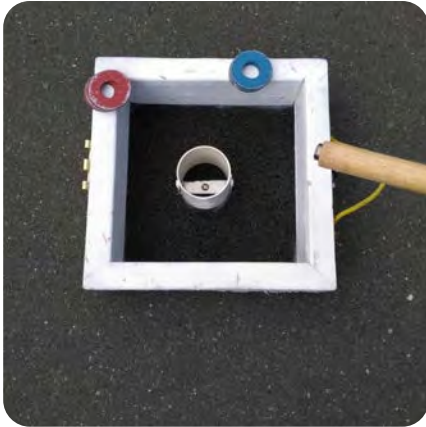
Make me,  
Dear Lord, polite and kind  
To everyone, I pray.  
And may I ask you how to find  
Yourself, dear Lord, to-day?



# ARTICLES OF INTEREST

## Keeping in Touch with a Game

By: Pam Hedderson



An 87-year-old in our 26-unit complex made a game, "Washer Toss," for us to play. Those who can meet at 2:30 p.m., practice social distancing, bring hot tea or iced tea and discuss recipes, the good old days and have many laughs. We meet at 2:00 p.m. now because of the earlier darker days with toques, mitts and sometimes blankets, but still enjoy the socialization.

Editors Note: this looks like fun - with a couple of 2 x 4 pieces of wood, some washers, a couple of PVC couplings, wood screws...maybe we can come close to reproducing this project! Or...after several

wrong

turns, maybe should look online for help! We are not so lucky as

Pam, to have an expert craftsman on site!

## Reflections of Our History over the Last 100 Years

- 1914 to 1918 there was World War I. Twenty-two million people died in that war.
- There was the Spanish Flu Epidemic from 1918 to 1920. Forty million people died in that epidemic.
- 1929 brought the great Depression.
- In 1933 the world economy nearly collapsed. There was no government assistance then.
- Then came World War II in 1939. Seventy-five million people died in World War II.
- In 1950 the Korean War was followed by...
- The Vietnam War in 1955,
- The Cuban missile Crisis in 1962,
- The SARS epidemic in 2003.
- Now we have climate change.
- And now we have COVID-19.



Today, hearing about companies that are re-engineering their workplaces so that they can provide PPE products for workers gives hope. People are pulling together by providing food for the care workers and for people who don't have any provisions. All news is not bad. Hearing about people who do for others, renews the faith, I believe.

We can deal with this challenge by remembering to distance, wash our hands often and respect each other's space. God Bless.



# ARTICLES OF INTEREST

## Quentin's Quest - Keep on Being Appreciative

By: Quentin Dodd (Col.)

Hello, yet again, to my very dear friends at St. Peter in Campbell River, I just came back indoors from another chilly and uncomfortable outing into a fall/winter storm in my adopted hometown, and I have to admit this is not my favorite time in beloved Campbell River. It's been a rather down, very grey day, strongly pounded by one of the area's habitual southeaster gales.

Everything blurred behind, or should I say through, the unerring and unrelenting rain-laden force, and it turned the usual great pleasure I get from driving along the waterfront into another rather very different kind of experience; although I must also acknowledge it's hardly an unusual experience here at this time of year. This time though, it also came hard on the heels of downer news from St. Peter and the community of Campbell River, as well as elsewhere, in the face of COVID-19: No memorial parade(s) for Remembrance Day; no hymns of celebration in the church for Harvest Sunday; no Harvest Supper to mark the gathering-in of homegrown produce; no anticipation, in fact a ban, on carol singing in the church; and an increased lockdown on more and more people in B.C. (and other parts of Canada, too) in the efface of a second, heightened wave of COVID-19 outbreaks.

No wonder I hear more and more about people suffering from "blue days," feelings of unhappiness and perhaps even Seasonal Affective Disorder (SAD). Some of the people I heard on the radio this morning, discussing what they were encountering in the Lower Mainland, were literally in tears, describing what was going on within their families and their much-reduced contact "bubbles." It continues to be a very emotional time for a lot of people.

So, by the end of the first half of my outing into "the wilds" of Campbell River, it took a fair bit of mental effort and gymnastics to remind myself that I still have an incredible amount for which to be grateful. I have enjoyed this wonderfully privileged life for over 70 years; especially living in Campbell River for the past 40 years.

I think the psychological handstands started to take shape when I drove towards the shopping centre in Willow Point, and saw an ambulance with full lights going across my path in the same direction at the bottom of Hilchey Road. Moments later, I saw a uniformed police officer signalling to it, to turn into the parking lot at Willow Point Hall. I was immediately struck by the happy thought that it wasn't for me, immediately followed by a personal note of how very blessed I have been with good health.

And that threw me back to memories of a marvellous childhood and upbringing in the twin beauty spots of England's Lake District and the British Isles' Channel Island of Jersey, to the unbelievably advantaged education I received before I went to work in the gorgeous Norfolk country and market town of King's Lynn, to my successful application to emigrate to Canada, and finally to my eventual steerage to Campbell River.

It also tossed me back to the thought that I should be expressing gratitude to all those who gave so much in two World Wars, especially in World War II, so that my elder brother, Digby and I would have a life at all. I wasn't born until after the war, but Digby was born in 1942, when Hitler and the Nazis could have successfully invaded and taken over Britain, as they did Jersey and the other Channel Islands. If that had happened, I have no doubt they



# ARTICLES OF INTEREST

## Keep on Being Appreciative...

would have executed my father for his staunch opposition and resistance, as a member of the Armed Forces and as a Member of Parliament since 1936.

Over and over again during my life, I was so generously and kindly given by God, unexpected friends and supporters who have helped “see me through” and provided me with an upbeat or at least better, kinder, more patient and understanding perspective. In the days around Remembrance Day I give thanks to them and to God for them, even though, of course, a growing number of them have passed on ahead of me.

And, as if to bring the point home to me even more emphatically, I came home to discover a long “unplayed” CD by one-time local and Vancouver singer and part-time song composer Joelle Rabu, a previous, talented, close friend whose professional performing career I followed.

Joelle’s family, at one time, about 35 years ago, owned and ran Gourmet-by-the-Sea Restaurant and Resort in Oyster River and she used to sing there before she became the acclaimed star of a musical stage production about famed French chanteuse Edith Piaf. She had the same marvellous timbre to her voice and was also from a French background. I enjoyed much, the very warm hospitality from the Rabu family at the restaurant whenever Joelle showed up to perform and entertain there. It evolved into a whole group of touching and delightful experiences for which I remain grateful and uplifted to this day.

I think in the final analysis this is what we all need to do: to concentrate on all the many different things for which we need to be grateful, even in these difficult times when it’s sometimes not easy to look past, into the smiling and comforting eyes of God – eyes that will never turn away.



# ANNOUNCEMENTS

Some of the following announcements have come from the weekly leaflet. The leaflet contains the weekly service and parish news. The leaflets can be found on the church website:

<https://www.stpeterscampbellriver.com/news>

## **Pastoral Care at St. Peter During the Interim - The Reverend Dr. Cathie Hall**

My phone number is 250-668-3701 and email is [incumbent@stpeterscampbellriver.com](mailto:incumbent@stpeterscampbellriver.com). If it is urgent, call any time. Non-urgent calls can be made on Wednesdays and Sunday afternoon.

## **Prayer Chain**

It is easy to get your prayer request to us. People in St. Peter's congregation, or anyone else for that matter, can ask us for prayer for themselves, or for friends or family. You can phone the church office at 250-286-1613 and leave a message, or email a message via the new email address linked to St. Peter's website [stpetercrprayerchain@gmail.com](mailto:stpetercrprayerchain@gmail.com). You are welcome to ask for prayer! Kathy Fitzsimmons – Prayer Chain Coordinator

## **Staying Safe in the Time of COVID-19**

There is a detailed plan for how we stay safe in church in the time of pandemic; you can view it on the bulletin board. We have also formed a small team of medical people who will advise the priest and wardens if we need to stop having in-person worship. This may need to happen if there is an outbreak in Campbell River. So far, we are doing well.

## **Staying Connected**

Some parish members can't be present and don't have computers and email addresses. We would still like to let them know the news of the parish and make sure they know that they are cared for. You can do your part by phoning someone you know and checking in with them. You can also let the office know their name and Cathie will send them a bulletin and some encouraging words. The church office phone number is 250-286-1613.

## **Why do we have a bigger leaflet now?**

The leaflet is a combination of parish news and service leaflet. In this time of pandemic, it is difficult for people to know what is happening on a day-to-day basis in our parish. This won't replace Spirit Magazine, which looks in depth at matters that concern us and the wider church. The leaflet is about holding us together. We will also be doing what we can to get information into the hands of members of our parish who can't get to church because of the pandemic. We hope it will help them to feel more informed, more included as the weeks go by. We are trying to do all we can to hold the people of this parish during this challenging time. Please join us by praying for folks you know who are missing us and all we usually do.

## **Need the Leaflet Mailed to You?**

Parish Council has decided that we will mail out copies of service leaflets along with a message for that week to those who are not able to attend church and can't access the leaflet online. If you want to receive it, or if you know someone in the parish who does, please call or email the parish office and let us know.



# ANNOUNCEMENTS

## **Why do we do That?**

A new column has appeared in the leaflet over the past month. It answers that question you might have about “why do we do that?” So far, it has explained why there are no books in the pews right now; what a saint is; why we observe Remembrance Day; and what a minister is. Again, take a look at the leaflet on the website. It is a wealth of information! Do you have a question you want addressed in this column? Please write it down and drop it into the office or in the outdoor mailbox at the front entrance of the church.

## **ON-GOING AT ST. PETER ANGLICAN CHURCH**

### **Worship Opportunities**

*(Sunday service available on ZOOM as long as in-person services are suspended)*

Wednesday, 12:10 p.m. (on hold)  
Sunday, 10:00 a.m. Morning Prayer

Services are from the Book of Alternative Services.

### **Weekly Events**

*(All events listed below will be on hold or on ZOOM until December 7 or...)*

Monday, 10:00 a.m. Coffee Hour in the Hall. Bring your own chair & coffee and socialize at a distance.  
Wednesday, 10:00 a.m. ACW in the Library for conversation and meetings. Bring your own coffee  
Wednesday, 3:00 a.m. Mindfulness, West Lawn or in the Hall. A gentle time with experienced guidance.  
Bring your own chair.

### **Serving the Community at St. Peter**

Sunday evening AA, in the hall *(will continue during the shut down)*  
Wednesday afternoon Christian Children's Choir *(on hold until December 7 or...)*  
Wednesday evening Power Squadron, in the hall *(on hold until December 7 or...)*



*With Gratitude, the Diocese of British Columbia acknowledges that for thousands of years the Coast Salish, Nuu-chah-nulth, and Kwakwaka'wakw peoples have walked gently on the unceded territories where we now live, work, worship, and play. We seek a new relationship with the first peoples here, one based in honour and respect, and we thank them for their hospitality.*



# A COVID Winter

by: Jane Jennings

Now in the time of a COVID Winter  
I want to return to ultimate safety,  
The dark, innermost comfort of the womb.  
Continuous food, protection, energy  
Moving freely, a secure bubble.

Constant disappointment from the world above,  
My sacred space bombarded daily  
With death, depression, man's inhumanity  
The world's needs crush and overwhelm us.

Climbing into my womb of safety  
I look at Jesus, who never flinched;  
He took others troubles when they could not  
Our protector, rescuer and friend.

Help me Lord, to be there for my neighbour  
Even though, I would prefer, the womb.

