

# Psalm 121 Prayer Guide

Prayer prompts follow CSB wording & the pattern of the Lord's prayer in Matthew 6:9-13  
Remember the ABC's—Be Audible, Brief, & Clear

## Read Psalm 121 aloud

### **REVERENCE** ("Your name be honored as holy"—Matthew 6:9)

#### - **Identify and celebrate God's praiseworthy attributes.**

- (ie, he is Maker & Helper (vs. 2), Protector (vs. 3-8))

#### - *PRAYER PROMPTS* (From vs. 2-8)

- Lord, I praise you because you are...
- Lord, I praise you because you will...

### **RESPONSE** ("Your kingdom come, your will be done..."—Matthew 6:10-11a)

#### - **Identify areas of your life that need to be reoriented to God and his ways.**

#### - *PRAYER PROMPTS* (From vs. 1)

- Father, I confess that I fail to look to you for help when...
- Father, help me look to you when...

### **REQUESTS** ("Give us....and forgive us..."—Matthew 6:11b-12)

#### - **Ask the Spirit to guide your prayer over concerns, relationships, and resources**

#### - *PRAYER PROMPTS* (From vs. 1-2, 5)

- Father, please help me/person with...
- Father, please be by my/person's side as I/he/she\_\_\_\_\_, and help me/him/her to...

### **READINESS** ("Do not bring us into temptation, but deliver us..."—Matthew 6:13)

#### - **Encouragement and strength for the spiritual battle**

#### - *PRAYER PROMPTS* (From vs. 3-8)

- Lord, protect me/us from...
- Lord, don't allow my foot to slip as I...
- Lord, be our shelter as we...

- *Group response after each prayer: "My help comes from the LORD, the Maker of heaven and earth."*