

Living a Life of Gratitude: Ecclesiastes 9:7-10

Ecclesiastes: Life Under the Sun

Pastor JD Winters – Sunday, July 5, 2026

Because everything under the sun is hevel...

The best way to find joy is _____.

- **Enjoy life's _____.**

- **Find _____ in your work.**

- **Be _____ with what you get.**

- Give God all the _____.

Ecclesiastes 2

²⁴ **A person can do nothing better than to eat and drink and find satisfaction in their own toil. This too, I see, is from the hand of God,** ²⁵ for without him, who can eat or find enjoyment?

Ecclesiastes 3

²² **So I saw that there is nothing better for a person than to enjoy their work, because that is their lot. For who can bring them to see what will happen after them?**

Ecclesiastes 5

¹⁸ **This is what I have observed to be good: that it is appropriate for a person to eat, to drink and to find satisfaction in their toilsome labor under the sun during the few days of life** God has given them—**for this is their lot.** ¹⁹ Moreover, when God gives someone wealth and possessions, and the ability to enjoy them, **to accept their lot and be happy in their toil**—this is a gift of God. ²⁰ They seldom reflect on the days of their life, because God keeps them occupied with gladness of heart.

Ecclesiastes 8

¹⁵ **So I commend the enjoyment of life, because there is nothing better for a person under the sun than to eat and drink and be glad. Then joy will accompany them in their toil all the days of the life** God has given them under the sun.