

JULY 5, 2026 SIXTH SUNDAY AFTER PENTECOST

SECOND READING BY LORRAINE BROOKS

A READING FROM THE LETTER OF PAUL TO THE ROMANS

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate.

Now if I do what I do not want, I agree that the law is good.

But in fact it is no longer I who do it but sin that dwells within me.

For I know that the good does not dwell within me, that is, in my flesh. For the desire to do the good lies close at hand, but not the ability.

For I do not do the good I want, but the evil I do not want is what I do.

Now if I do what I do not want, it is no longer I who do it but sin that dwells within me.

So I find it to be a law that, when I want to do what is good, evil lies close at hand.

For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members.

Wretched person that I am! Who will rescue me from this body of death?

Thanks be to God through Jesus Christ our Lord!

Romans 7:15-25a

Word of God Word of Life