



**4pm Sunday July 5 2026
Trinity Anglican Church
Holy Communion**

Welcome! We're glad you're here.

Help us save paper: download this worship booklet on your phone, www.trinityottawa.ca/booklets, Our wifi is Trinity Church, password 1230BankStreet.

To participate online, here are the links - Zoom:

<https://us02web.zoom.us/j/87608313656?pwd=WHZ5Z1lqcjSa1dHLzhrVHQrdUpzUT09>

Facebook: <https://www.facebook.com/trinityanglicanottawa>

If you are here in person, you are welcome to place your donation in the offering plate at the back of the church. You may also make donations to Trinity by etransfer to treasurer@trinityottawa.ca or by giving online at <https://www.trinityottawa.ca/give>. Please provide us with your contact information so that we can provide you with a tax receipt. Thank you!

We Gather as a Community

As we gather, we acknowledge that Ottawa stands on the unceded traditional territory of the Algonquin Anishinabeg people.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you

And also with you

Almighty God,

to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen

Song - That's Who I Praise

Verse 1

I wanna dance like David
I want a faith like Paul
I wanna sing like Silas
Tearing down the prison walls
I wanna face that fire
It won't burn me though
God's got my back Shadrach Meshach Abednego

Verse 2

I wanna walk like Moses
Right through the waves
One day I'll see that promise land no longer slaves
Though the fear is talkin'
No it can't take out my faith

Chorus 1

I'm gonna praise I'm gonna praise
I praise the mountain movin'
Body raising breaker of chains

Gonna praise I'm gonna praise
I praise the heaven seated
Undeclared highest of names
That's who I praise hey
That's who I praise that's who I praise

Verse 3

I wanna gift like Mary
I wanna break my vase
I wanna sleep like Daniel even in a lion's cave
I'm gonna get that promise
Just like Jericho
Yeah I know what'll make it fall

Chorus 2

I'm gonna praise (I'm gonna praise)
I praise the mountain movin'
Body raising breaker of chains
Gonna praise I'm gonna praise
I praise the heaven seated
Undeclared highest of names
That's who I praise hey
I praise the God who's proven
He can do impossible things
That's who I praise hey
that's who I praise that's who I praise

Bridge

He is the Lion of Judah
He is the Lamb that was slain
The only One who's worthy worthy
Worthy of all of His names that's who I praise
He is the risen Messiah
He is the Ancient of Days
The only one who's worthy worthy
Worthy of all of His names that's who I praise

Chorus 2

Verse 4

I wanna love like Jesus that kinda grace
I wanna live like
I've got no more precious time to waste
I'm gonna give him glory
With all my thanks
'Cause there's no greater stronger higher name
And that's who I praise

Song - Coat Of Many Colours

Verse 1

I am clothed in a coat of many colours
I am wrapped in the light
I am held in the arms of a lovin' Father
Was lyin' in a pit, You restored me now I am found
Thought I was a beggar, now I'm lifted from the ground
Because

Chorus

Red was the blood that saved me
White was the light that pulled me from the dark
Gold was the love that met me where I was,
And showed me who you are
With mercy and grace, I've been embraced like no other
I gave You my heart, You gave me a coat of many colours
Many colours

Verse 2

There are moments belief gives way beneath my feet
Like the world's pressing in
Fleeting faith lifts me up from defeat
Was lyin' in a pit, You restored me now I am found
Thought I was a beggar, now I'm lifted from the ground

Because

Chorus

Bridge

I wear my coat everywhere I go
I wear my coat, I want the world to know
I wear my coat remembering the cost
I wear my coat, not as a gain or boast
What you restored goes with me where I go
What you restored is more than I can know
You walk with me everywhere I go
You walk with me, more than the world will know

Chorus

We Proclaim the Word

God of heaven and earth,
**you reveal your wisdom to the childlike;
may we learn from your Son humility of heart,
so that we find refreshment and rest
even as we shoulder the cross of Christ;
who, with you and the Holy Spirit,
lives and reigns, one God, now and for ever. Amen.**

The First Reading: Genesis 24:34-38, 42-49, 58-67

So he said, "I am Abraham's servant. The Lord has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master's wife bore a son to my master when she was old, and he has given him all that he has. My master made me swear, saying, 'You shall not take a wife for my son from the daughters of

the Canaanites in whose land I live, but you shall go to my father's house, to my kindred, and get a wife for my son.'

"I came today to the spring and said, 'O Lord, God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, "Please give me a little water from your jar to drink," and who will say to me, "Drink, and I will draw for your camels also"—let her be the woman whom the Lord has appointed for my master's son.'

"Before I had finished speaking in my heart, there was Rebekah coming out with her water jar on her shoulder, and she went down to the spring and drew. I said to her, 'Please let me drink.' She quickly let down her jar from her shoulder and said, 'Drink, and I will also water your camels.' So I drank, and she also watered the camels. Then I asked her, 'Whose daughter are you?' She said, 'The daughter of Bethuel, Nahor's son, whom Milcah bore to him.' So I put the ring on her nose and the bracelets on her arms. Then I bowed my head and worshiped the Lord and blessed the Lord, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master's kinsman for his son. Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left."

And they called Rebekah and said to her, "Will you go with this man?" She said, "I will." So they sent away their sister Rebekah and her nurse along with Abraham's servant and his men. And they blessed Rebekah and said to her,

"May you, our sister, become
thousands of myriads;
may your offspring gain possession
of the gates of their foes."

Then Rebekah and her maids rose up, mounted the camels, and followed the man, and the servant took Rebekah and went his way.

Now Isaac had come from Beer-lahai-roi and was settled in the Negeb. Isaac went out in the evening to walk in the field, and, looking up, he saw camels coming. And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel and said to the servant, "Who is the man over there, walking in the field to meet us?" The servant said, "It is my master." So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife, and he loved her. So Isaac was comforted after his mother's death.

Hear what the Spirit is saying to the Church

Thanks be to God

The Gospel: Matthew 11:16-19, 25-30

"But to what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

'We played the flute for you, and you did not dance;
we wailed, and you did not mourn.'

"For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds."

At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

“Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

The Gospel of Christ

Praise to you Lord Jesus Christ

Homily – Paul Mugarura

Open Space

A time of prayer, reflection, and conversation

Song - Son Of Suffering

Verse 1

Oh the perfect Son of God
In all His innocence
Here walking in the dirt with you and me
He knows what living is
He's acquainted with our grief
A man of sorrows Son of suffering

Chorus

Blood and tears how can it be
That there's a God who weeps
There's a God who bleeds
Oh praise the One
Who would reach for me
Hallelujah to the Son of suffering

Verse 2

Some imagine You are distant and removed
But You chased us down in merciful pursuit
To the sinner You were grace
And the broken You embraced

And in the end the proof is in Your wounds
Yes in the end the proof is in Your wounds

Chorus

Bridge 1

Your cross my freedom
Your stripes my healing
All praise King Jesus
Glory to God in Heaven
Your blood still speaking
Your love still reaching
All praise King Jesus
Glory to God forever

Tag 1

Glory to God forever
Glory to God forever
Glory to God forever
(Glory to God forever)

Chorus

Blood and tears how can it be
That there's a God who weeps
There's a God who bleeds
Oh praise the One
Who would reach for me
Hallelujah to the Son of suffering

Tag 2

Hallelujah to the Son of suffering

A Time of Prayer

The Peace

May God's peace be with you
And also with you.

We Celebrate the Eucharist

Prayer over the Gifts

God of heaven and earth,
**receive our sacrifice of praise,
and strengthen us
for the perfect freedom of your service,
through our Saviour Jesus Christ. Amen.**

Eucharistic Prayer

Celebrant: The Lord be with you..

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

It is indeed right that we should praise you,
gracious God,
for you created all things.
You formed us in your own image:
male and female you created us.
When we turned away from you in sin,
you did not cease to care for us,
but opened a path of salvation for all people.
You made a covenant with Israel,
and through your servants Abraham and Sarah
gave the promise of a blessing to all nations.
Through Moses you led your people

from bondage into freedom;
through the prophets
you renewed your promise of salvation.
Therefore, with them, and with all your saints
who have served you in every age,
we give thanks and raise our voices
to proclaim the glory of your name.

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest, hosanna in the highest**

**Blessed is the One who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest.**

Holy God, source of life and goodness, ...
... Therefore we proclaim the mystery of faith

**Christ has died.
Christ is risen.
Christ will come again.**

Recalling his death ...
...now and forever.

Amen.

(please use the words and language of your choice)

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.**

**For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

The Breaking of the Bread

Lord, we died with you on the cross.

Now we are raised to new life.

We were buried in your tomb.

Now we share in your resurrection.

Live in us, that we may live in you.

The gifts of God for the People of God.

Thanks be to God.

The Communion

All are welcome to come forward to receive a blessing or communion. Our communion ministers will come to you as needed, please let us know. You are welcome to receive communion in one or both kinds, bread and/or wine. Gluten-free wafers are available, let us know if this is your preference. Please do not dip the bread in the wine.

We Are Sent

Let us pray.

Lord of heaven and earth,
**whose Son came eating and drinking,
exposing the rivalry that tears the world apart:
may we share his feast and friendship
and lay our burdens in his liberating arms;
through Jesus Christ, Wisdom's child. Amen.**

**Glory to God, whose power, working in us can do infinitely more
than we can ask or imagine.**

Glory to God, from generation to generation

**in the Church and in Christ Jesus,
for ever and ever. Amen.**

Go in peace to love and serve the Lord.
Thanks be to God.

Song - Because He Lives (Amen)

Verse 1

I believe in the Son
I believe in the Risen One
I believe I overcome
By the power of His blood

Chorus

Amen amen
I'm alive I'm alive because He lives
Amen amen
Let my song join the one that never ends
Because He lives

Verse 2

I was dead in the grave
I was covered in sin and shame
I heard mercy call my name
He rolled the stone away

Chorus

Amen amen
I'm alive I'm alive because He lives
Amen amen
Let my song join the one that never ends
Because He lives

Bridge

Because He lives I can face tomorrow
Because He lives ev'ry fear is gone

I know He holds my life
My future in His hand

Chorus

Ending
Because He lives

Thanks for being part of Connect this afternoon.

Announcements

Trinity House Applications 2026-2027

Trinity House is an Intentional Christian Community for Students and Young Adults in Ottawa. Applications to live at Trinity House for 2026-2027 are now open. Additional information and the online application can be found here:

<https://www.trinityottawa.ca/pages/trinity-house>

Trinity House is located in the beautiful neighbourhood of Old Ottawa South, at 5 Harvard Avenue, Ottawa. It is located near Carleton University, University of Ottawa, and St. Paul University

Young Families Potluck - Tuesday July 7 at 5:30pm

Join us in the Canterbury room for our monthly Young Families and Young Adult Potluck on Tuesday July 7 at 5:30pm! Please add your name and what you're bringing to the sign-up sheet.

YA Genesis Study with Rev Canon Kevin Flynn - Wednesdays at 7pm

Join Trinity Young Adults for four action-packed sessions on the major themes of Genesis with Rev. Canon Kevin Flynn in July. We will meet in the Trinity Sanctuary at 7pm on Wednesday July 8, 15, 22, and 29 to discuss Creation, the Abraham cycle, Jacob cycle, and Joseph cycle.

Trinity Student Internships 2026-2027.

Applications are now open! Trinity Anglican Church is offering Student Internships for the 2026-2027 academic year to students and recent graduates looking to grow in faith and leadership. Interns will gain hands-on experience in student ministry, event planning, communications, and leadership development, with faith formation and leadership sessions throughout the year. A commitment to being an active and visible member of our Trinity community is required. Interns will receive a \$1,000 honorarium per semester for their participation. To apply, please contact office@trinityottawa.ca.

Wednesdays 7pm Bible Study, Trinity House or Trinity Church (location alternates on a bi-weekly basis) Led by YA Coordinator Rebecca. RSVP with Rebecca via email (rebecca.cowal@trinityottawa.ca) or on our Discord channel.

Mark Your Calendars:

Second Sunday of every month: Food bank Collection.

Mid-Week at Trinity:

Monday Prayer Group, will resume in the fall.

Tuesdays 11.30am Bible Study at the Carleton U Spirituality Centre.

Resumes in September.

Wednesday 12 noon Bible Study on Zoom. Contact Judy judy.richardson@trinityottawa.ca. Resumes in September.

Wednesday 7.00pm YA Bible Study. At Trinity House, 5 Harvard Avenue beside the church, contact rebecca.cowal@trinityottawa.ca

Thursday 7pm Bible Study. Contact Paul paulomugarura@gmail.com.

Thursday 7:30pm Choir rehearsal Contact Fabien Tousignant fabien.tousignant@trinityottawa.ca

Thanks for joining us today. We love hearing from you.



Rev. Mark

markwhittall@rogers.com

Paul

paulomugarura@gmail.com

Evelyn

evelyn.mugarura@gmail.com

Fabien

fabtous@hotmail.com

Rebecca

Rebecca.cowal@trinityottawa.ca

Trinity Anglican Church

1230 Bank Street, Ottawa, ON. K1S 3Y3

www.trinityottawa.ca