

January 18, 2026 Worksheet

What does abundance mean to you?

What does goodness mean to you?

Every thought continues to exist in Race Consciousness, are you aware of what Race Consciousness is?

Are your predominant thoughts constructive or destructive?

What keeps you hanging on destructive thoughts?

Whatever you think must work through you? Do you agree with that proposition?

The Universe wishes to express itself through us. Are you focused on the Universe (God) or conditions?