



2026 Theme: OPEN AT THE TOP

June Theme: Higher Deeper Love

Week 23: *I Want to Know What Love Is*

June 7th thru June 13, 2026

Everyone who has witnessed a child's growth process from the moment of birth sees clearly that before language is known, before the identity of caretakers is recognized, babies respond to loving care with sounds or looks of pleasure. As they grow older they reciprocate in some way such as cooing at the sight of a welcomed caretaker. To truly love we must learn to express various forms of love such as care, affection, recognition, respect, commitment, and trust, as well as honest and open communication.

TALK NOTES:



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GOING DEEPER

Considering all the various forms of love, use these prompts to explore your personal relationship and journey with love.

- I typically define love in my life as...

- What beliefs or experiences have shaped this definition?

- In what ways do you currently experience love most strongly in your life?

- And being completely candid with yourself, where does love feel:
 - Most absent?

 - Most challenging to perceive?

 - Most challenging to accept?
- Imagine your relationship with Love as a living entity.
 - How would you describe its current state?

 - What changes, if any, do you desire?
 - If you desire a change, what choices will you make to support this change manifesting in your life?