



2026 Theme: OPEN AT THE TOP

May Theme: Divine Doubt

Week 22: *Communal Uncertainty*

May 31st thru June 6, 2026

Rather than isolating or assuming something is “wrong” when doubt arises, sharing our collective doubts in community can be a pathway to building relationships which ultimately lead us to a more just and thoughtful world.

All things that have been created by humanity began by identifying a need/desire and then navigating the uncertainty of how it can be met. Uncertainty, when embraced and celebrated, opens us to a greater awareness and experience of Infinite possibility made manifest in our personal lives.

Identifying communal needs/desires brings our shared existential doubts and uncertainties to the surface offering us new in-roads to deeper knowledge, expansion and spiritual truth when we are brave and vulnerable together in our doubt; when we choose it as an opportunity for curiosity and wonder.

TALK NOTES:

- What doubts or uncertainties are alive in you about our Center for Spiritual Living Common Ground community?
- What doubts or uncertainties are alive in our Center for Spiritual Living Common Ground community?
- What do we hide?
- What doubts and uncertainties, when addressed, might lead to the growth of the Center for Spiritual Living Common Ground?
- What doubts and uncertainties, when addressed, might lead to a world the works for ALL?

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Using the Pixar story telling practice (attached), write a separate story that victoriously meets each identified need.

Using the Pixar Story structure as a mental healing practice to address your doubts, explore your curiosity and expand your experience of Life:

Once upon a time...

This sets the stage, introducing yourself as the central character and your current doubts and related circumstances.

Every day...

This establishes your ordinary routine and normal life before the inciting incident occurs.

One day...

This introduces the inciting incident, the event that disrupts your everyday life and sets your new story in motion.

Because of that...

This signifies a series of events that are a direct consequence of the inciting incident, forcing you to confront new challenges and build tension.

Because of that...

This continues the chain reaction, adding further obstacles and complexities to your journey.

Until finally...

This marks the climax and resolution of the conflict, where you either achieve your goal or undergo a significant transformation.

And ever since then...

This describes the lasting impact of the events on you and your world.