

Open To The Light
ST Catherines
ANGLICAN CHURCH



Sunday, July 5, 2026
Holy Eucharist
Pentecost 6

St. Catherine's Mission, Vision and Values

St. Catherine's Anglican Church, at the heart of Edgemont Village in North Vancouver on the ancestral lands of the Coast Salish peoples, including the Squamish and Tseil-Waututh Nations, is a contemporary community of Christian seekers.

We welcome you to join us in the journey.

We provide a place of spiritual growth through Christ and we respond with gratitude for God's abundance in our lives through service to our brothers and sisters in the world.

Our **Vision** is to:

- Be an inclusive and thriving community of faith for all generations
- Continually invite others to join us in our journey of faith and Christian discipleship
- Honour the strengthening of relationships and development of community, both within our walls and outside them
- Minister to those in need in Christ's name

Our Values:

St Catherine's is a community that aspires to be:

Welcoming, Inclusive, Curious, Creative,
Sustainable, Caring and Humble

*All songs not in the hymnals are licensed with:
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Cover image: Peter Koenig, Like a Deer Leaping Mountains, from **Art in the Christian Tradition**, a project of the Vanderbilt Divinity Library, Nashville, TN. <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=58495>.

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<https://www.pwkoenig.co.uk>

As you enter the church, we invite you to light a votive candle to remember a person or situation that you carry on your heart. Candles are also available during communion.

Liturgical Note

In the context of Christian liturgy, Israel and Zion do not refer to the modern political state, but either to the historic Hebrews of the ancient Near East or, in Christian theology, to all who put their faith and trust in Jesus Christ.

GATHERING

Welcome The Rev. Sarah Lehman

Please rise, in body or in spirit.

Presider We acknowledge that we live, work, and worship on the ancestral, traditional, and contemporary lands of the Squamish and Tsleil-Waututh Nations. We are grateful for and will advocate for Indigenous communities, we mourn those who were forcibly removed, and we grieve the legacies of colonialism. We seek to hold ourselves accountable to taking up the work of truth and reconciliation ever more meaningfully.

All **May we be ministers of the reconciling love of the Risen Christ.**

GLORY TO GOD ("PERUVIAN" GLORIA) (SNC 177)

Glory to God, glory to God, glory to the Father!

Glory to God, glory to God, glory to the Father!

To God be glory forever! **To God be glory forever!**

Alleluia, Amen! **Alleluia, Amen!**

Alleluia, Amen! **Alleluia, Amen!**

Alleluia, Amen! **Alleluia, Amen!**

Glory to God, glory to God, glory to Christ Jesus...

Glory to God, glory to God, glory to the Spirit...

GATHERING HYMN:

MY LIFE FLOWS ON IN ENDLESS SONG (CP 401)

My life flows on in endless song
above earth's lamentation.

I hear the real, though far-off hymn
that hails a new creation.

Refrain:

No storm can shake my inmost calm
while to that Rock I'm clinging;
Since Love is Lord of heaven and earth,
how can I keep from singing?

Through all the tumult and the strife,
I hear that music ringing;
it sounds and echoes in my soul;
how can I keep from singing? [Refrain]

What though then tempest 'round me roar,
I hear the truth it liveth.
What though the darkness 'round me close,
songs in the night it giveth. [Refrain]

The peace of Christ makes fresh my heart,
a fountain ever springing.
All things are mine since I am his;
how can I keep from singing? [Refrain]

THE COLLECT

Presider Let us pray.

***All* Lord of heaven and earth,
whose Son came eating and drinking,
exposing the rivalry that tears the world
apart: may we share his feast and
friendship and lay our burdens in his
liberating arms; through Jesus Christ,
Wisdom's child. Amen.**

PROCLAMATION OF THE WORD

FIRST READING: GENESIS 24:34-38, 42-49, 58-67

Reader *A reading from Genesis*

Eliezer said, "I am Abraham's servant. The Lord has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master's wife bore a son to my master when she was old; and he has given him all that he has. My master made me swear, saying, 'You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; but you shall go to my father's house, to my kindred, and get a wife for my son.' I came today to the spring, and said, 'O Lord, the God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, "Please give me a little water from your jar to drink," and who will say to me, "Drink, and I will draw for your camels also" let her be the woman whom the Lord has appointed for my master's son.' Before I had finished speaking in my heart, there was Rebekah coming out with her water jar on her shoulder; and she went down to the spring, and drew. I said to her, 'Please let me drink.' She quickly let down her jar from her shoulder, and said, 'Drink, and I will also water your camels.' So I drank, and she also watered the camels. Then I asked her, 'Whose

daughter are you?' She said, 'The daughter of Bethuel, Nahor's son, whom Milcah bore to him.' So I put the ring on her nose, and the bracelets on her arms. Then I bowed my head and worshipped the Lord, and blessed the Lord, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master's kinsman for his son. Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left." And they called Rebekah, and said to her, "Will you go with this man?" She said, "I will." So they sent away their sister Rebekah and her nurse along with Abraham's servant and his men. And they blessed Rebekah and said to her, "May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes." Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way.

Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb. Isaac went out in the evening to walk in the field; and looking up, he saw camels coming. And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel, and said to the servant, "Who is the man over there, walking in the field to meet us?" The servant said, "It is my master." So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death.

Reader The word of the Lord.
All **Thanks be to God.**

SONG OF SOLOMON 2:8-13

Led by John Luccock

Leader The voice of my beloved!
Look, he comes, leaping upon the mountains,
bounding over the hills.

People **My beloved is like a gazelle or a young stag. Look, there he stands behind our wall, gazing in at the windows, looking through the lattice.**

Leader My beloved speaks and says to me:
"Arise, my love, my fair one, and come away;
for now the winter is past,
the rain is over and gone.

People The flowers appear on the earth;
the time of singing has come,
and the voice of the turtledove
is heard in our land.

Leader The fig tree puts forth its figs,
and the vines are in blossom;
they give forth fragrance.
Arise, my love, my fair one, and come away."

SECOND READING: ROMANS 7:15-25A

Reader *A reading from Paul's letter to the Romans*

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self,

but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

Reader Hear what the Spirit is saying.
All **Thanks be to God.**

GOSPEL HYMN:

I HEARD THE VOICE OF JESUS SAY (CP 508)

I heard the voice of Jesus say,
"Come unto me and rest;
lay down, thou weary one, lay down
thy head upon my breast."

I came to Jesus as I was,
so weary, worn and sad;
I found in him a resting place,
and he has made me glad.

I heard the voice of Jesus say,
"Behold, I freely give
the living water; thirsty one,
stoop down and drink and live."
I came to Jesus and I drank
of that life-giving stream;
my thirst was quenched, my soul revived,
and now I live in him.

GOSPEL READING: MATTHEW 11:16-19, 25-30

Presider The Lord be with you.

***People* And also with you.**

Presider The Holy Gospel of our Lord Jesus Christ
according to Matthew

***People* Glory to you, Lord Christ.**

Jesus said, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, 'We played the flute for you, and you did not dance; we wailed, and you did not mourn.' For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds."

At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Presider The Gospel of the Lord.

***People* Praise to you, Lord Christ.**

GOSPEL HYMN continued (CP 508)

I heard the voice of Jesus say,
"I am this dark world's light;
look unto me, thy morn shall rise,
and all thy day be bright."
I looked to Jesus and I found
in him my star, my sun;
and in that light of life I'll walk
till travelling days are done.

HOMILY

The Rev. Sarah Lehman

Silent Reflection

AFFIRMATION OF FAITH: THE APOSTLES' CREED

Presider Let us affirm our faith, saying,

All I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ,
his only Son, our Lord.

All He was conceived
by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven
and is seated at the right hand
of the Father.
He will come again
to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

PRAYER

PRAYERS OF THE PEOPLE

RECONCILIATION

Please rise, in body or in spirit.

Presider Dear friends in Christ,
God is steadfast in love and infinite in mercy,
welcoming sinners and inviting us to this table.
Let us confess our sins against God and our
neighbours, confident in God's forgiveness.

Silence is kept.

Presider God of all mercy,
All **we confess**
that we have sinned against you,
opposing your will in our lives.
We have denied your goodness
in each other, in ourselves,
and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Saviour Jesus Christ,
that we may abide in our love
and serve only your will.

Presider Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life,
through Jesus Christ our Lord.

All **Amen.**

Presider The peace of Christ be always with you.

People **And also with you.**

The community, standing at our seats, greet one another saying or gesturing: "Peace be with you."



OFFERTORY

Scan this QR code with your smartphone to support St. Catherine's ministries through Canada Helps and receive an emailed tax receipt OR use one of the envelopes provided for your gift. Include your name and address to receive a year-end receipt for donations of \$20.00 or more. Thank you.

COMMUNION

PREPARING THE TABLE:

WE CANNOT MEASURE HOW YOU HEAL (CP 401)

We cannot measure how You heal
or answer every sufferer's prayer,
yet we believe your grace responds
where faith and doubt unite to care.
Your hands, though bloodied on the cross,
survive to hold and heal and warn,
to carry all through death to life
and cradle children yet unborn.

The pain that will not go away,
the guilt that clings from things long past,
the fear of what the future holds,
are present as if meant to last.
But present too is love which tends
the hurt we never hope to find,
the private agonies inside,
the memories that haunt the mind.

So some have come who need your help
and some have come to make amends,
as hands which shaped and saved the world
are present in the touch of friends.
Lord, let your Spirit meet us here
to mend the body, mind, and soul,
to disentangle peace from pain
and make your broken people whole.

PRAYER OVER THE GIFTS

Presider

Let us pray.

All

**Blessed are you, O God,
maker of all things.**

Through your goodness

you have blessed us with these gifts:

our selves, our time and our possessions.

Use us, and what we have gathered,

in feeding the world with your love,

through the one who gave himself for us,

Jesus Christ, our Saviour and Lord. Amen.

EUCCHARISTIC PRAYER 4

Presider The Lord be with you.

***People* And also with you.**

Presider Lift up your hearts.

***People* We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

***People* It is right to give our thanks and praise.**

Presider It is right to give you thanks and praise,
O Lord, our God, sustainer of the universe,
you are worthy of glory and praise.

***People* Glory to you for ever and ever.**

Presider At your command all things came to be:
the vast expanse of interstellar space,
galaxies, suns, the planets in their courses,
and this fragile earth, our island home;
by your will they were created
and have their being.

***People* Glory to you for ever and ever.**

Presider From the primal elements
you brought forth the human race,
and blessed us with memory, reason, and skill;
you made us the stewards of creation.

***People* Glory to you for ever and ever.**

Presider But we turn against you, and betray your trust;
and we turn against one another.

Again and again you call us to return.

Through the prophets and sages
you reveal your righteous law.

In the fullness of time you sent your Son,
born of a woman, to be our Saviour.

Presider He was wounded for our transgressions,
and bruised for our iniquities.
By his death he opened to us
the way of freedom and peace.

***People* Glory to you for ever and ever.**

Presider Therefore we praise you,
joining with the heavenly chorus,
with prophets, apostles, and martyrs,
and with those in every generation
who have looked to you in hope,
to proclaim with them your glory,
in their unending hymn:

***All* Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.
Hosanna in the highest.**

Presider Blessed are you, Lord our God,
for sending us Jesus, the Christ,
who on the night he was handed over
to suffering and death,
took bread, said the blessing,
broke the bread, gave it to his friends,
and said, "Take this, and eat it:
this is my body which is given for you.
Do this for the remembrance of me."

In the same way, after supper,
he took the cup of wine;
he gave you thanks, and said,
"Drink this, all of you:
this is my blood of the new covenant,

Presider which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

***People* Glory to you for ever and ever.**

Presider Gracious God,
we recall the death of your Son Jesus Christ,
we proclaim his resurrection and ascension,
and we look with expectation for his coming
as Lord of all the nations.

Presider We who have been redeemed by him,
and made a new people by water and the Spirit,
now bring you these gifts.
Send your Holy Spirit upon us
and upon this offering of your Church,
that we who eat and drink at this holy table
may share the divine life of Christ our Lord.

***People* Glory to you for ever and ever.**

Presider Pour out your Spirit upon the whole earth
and make it your new creation.
Gather your Church together
from the ends of the earth into your kingdom,
where peace and justice are revealed,
that we, with all your people,
of every language, race, and nation,
may share the banquet you have promised;
through Christ, with Christ, and in Christ,
all honour and glory are yours,
creator of all.

***People* Glory to you for ever and ever. Amen**

LORD'S PRAYER (*Sung*):

All **Our Father in heaven,
hallowed be your name.
Your kingdom come, your will be done
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and forever. Amen.**

BREAKING THE BREAD

Presider We break this bread to share in the body of Christ
All **We, being many, are one body,
for we all share in the one bread.**

THE INVITATION

Presider This is the table, not of the righteous,
but of the poor in spirit.
It is made ready for those who love God
and who want to love God more.
So, come, you who have much faith
and you who have little,
you who have been here often
and you who have not been here for a long time
or ever before,
you who have tried to follow
and all of us who have failed.

Presider Come, not because the Church invites you;
 It is Christ who invites you
 to be known and fed here.

People The gifts of God for the People of God
Thanks be to God.

COMMUNION

All are welcome to receive Communion in one kind (Bread or Wafer), or in both kinds (Bread/Wafer and Wine).

Please sanitize your hands before receiving.

Please do not intinct (dip) the Bread or Wafer in the cup.

Gluten-free wafers are available on request to the priest.

While Communion is being shared, please keep the silence or join the singing. Communion is not recorded or livestreamed for worshippers' privacy.

Candle lighting during this time is welcomed.

COMMUNION MUSIC:

COME TO ME, O WEARY TRAVELLER (SNC 106)

Come to me, O weary traveler,
come to me with your distress,
come to me you heavy burdened,
come to me and find your rest.

Do not fear, my yoke is easy,
do not fear, my burden's light;
do not fear the path before you;
do not run from me in fright.

Take my yoke and leave your troubles;
take my yoke and come with me.
Take my yoke, I am beside you;
take and learn humility.

Rest in me, O weary traveler,
rest in me and do not fear.
Rest in me, my heart is gentle,
rest and cast away your care.

PRAYER AFTER COMMUNION

Presider Let us pray.

All **O God,**
may we who have shared in holy things
never fail to serve you in your world,
and so come to the fullness of joy,
in the name of Jesus Christ our Lord.
Amen.

SENDING

ANNOUNCEMENTS

A Churchwarden

THE DOXOLOGY

Presider Glory to God,

All **whose power, working in us,**
can do infinitely more than we can ask or
imagine. Glory to God from generation to
generation, in the church and in Christ
Jesus, for ever and ever. Amen.

BLESSING

SENDING HYMN:

COME, THOU FOUNT OF EVERY BLESSING (CP 354)

Come, thou Fount of every blessing,
tune my heart to sing thy grace;
streams of mercy, never ceasing,
call for songs of loudest praise.

Teach me some melodious measure,
sung by flaming tongues above;
O the vast, the boundless treasure
of my God's unchanging love.

Here I make faith's affirmation:
thus far by thy help I've come,
and I hope, by thy good pleasure,
safely to arrive at home.

Jesus sought me when a stranger,
wandering from the fold of God;
he, to rescue me from danger,
interposed his precious blood.

O to grace how great a debtor
daily I'm constrained to be!
Let thy goodness, like a fetter,
bind my wandering heart to thee.
Prone to wander, Lord, I feel it,
prone to leave the God I love;
take my heart, O take and seal it,
seal it for thy courts above.

DISMISSAL

Presider Let us go in peace to love and serve the Lord.
People **Thanks be to God.**



***Please join us after the service for coffee
at the back of the church.***

Thank you for ministering this morning:

Presider	The Rev. Sarah Lehman rev.sarah@saint-catherines.org
Accompanist Altar Guild Greeters	Hey-Jung Oh Vivian McGie Marthe Duncombe and Marion Porter
Eucharistic Administrators	John Luccock & Marion Porter
Intercessor Readers	Heather Peacock John Luccock and Elizabeth Barratt
Coffee Group	Penny Zuk, Marthe Duncombe and Elizabeth Barratt
Livestream	Ashkon Vahedi
Wardens	Susana Wensley & Rhonda Garton
Building/ Office Administrator	Natasha Stegemann office@saint-catherines.org
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