

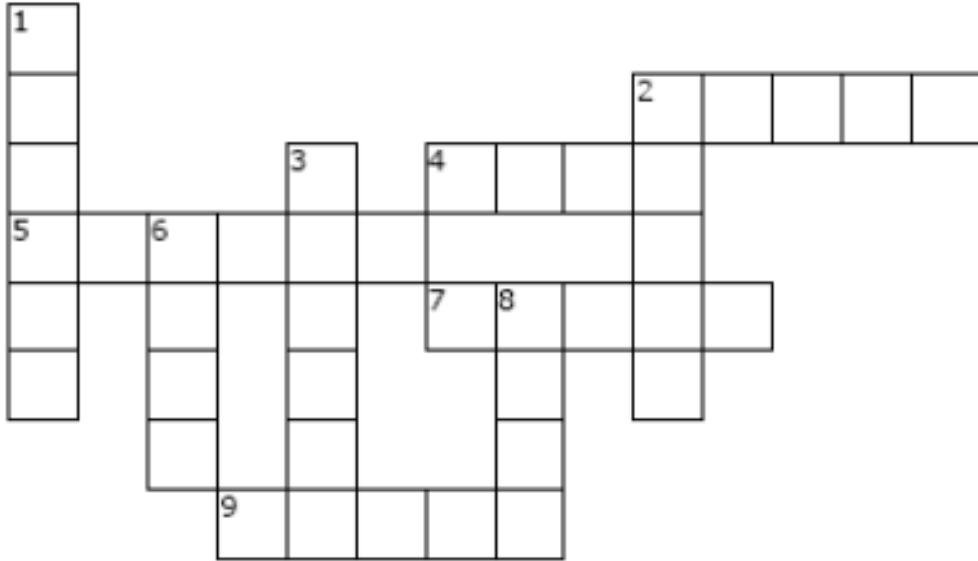
CHILDREN'S WORSHIP BULLETIN

When Your Load is Heavy

Matthew 11:28-30

July 5, 2026

CROSSWORD



ACROSS

- 2. Not heavy
- 4. The opposite of go
- 5. A heavy load that you carry
- 7. The place within a person where their feelings or emotions are
- 9. Very tired, especially after working hard for a long time

DOWN

- 1. Not proud; not believing that you are more important than others
- 2. To get knowledge or skill about a subject
- 3. Calm, kind or soft; not violent
- 6. Stop and relax to regain your strength
- 8. Not difficult

WEARY	HUMBLE	EASY	BURDEN	REST
COME	HEART	LIGHT	GENTLE	LEARN

WORD SEARCH

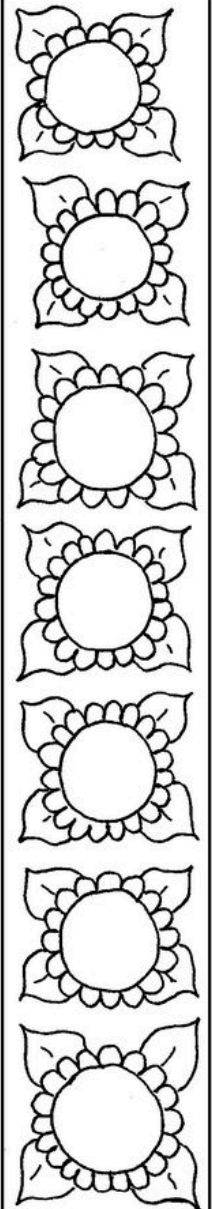
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 F N W L S W T H V A D C M U W
 P H K G R O L E T R W T F R D
 E M G I B U E A G E W W R D A
 Z A A V G P S R R W C H V E Y
 M S S E Z J Z T F E C W L N T
 Q U Q Y V X T H G Q A R X J N
 R E S E M X E N U E L Y N R W
 X C C O I I Y X M J F I A A K
 E I Z A U S S L Y J K E G Y D
 Y I J O L L V N I X L E R H V
 W G T R L L S K E R E S T K T

HUMBLE	ALL	COME	BURDEN	GIVE
WEARY	YOKE	LIGHT	LEARN	EASY
GENTLE	TAKE	HEART	SOULS	REST

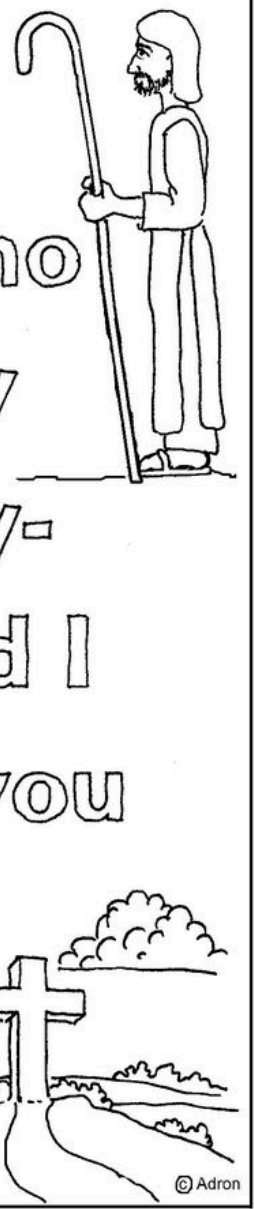
CONNECT

What are some things that make you tired, sad, or overwhelmed?
How can you take time to rest from those things? Use the space
below to reflect by writing or drawing a picture.

COLORING PAGE



Come to
Me, all who
are weary
and heavy-
laden, and I
will give you
rest.



Matthew 11:28

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