



### Quiet Time Questions from May 24, 2026

**Main Point of the Sermon:** The Lord's Table (Lord's Supper) is a memorial ceremony, a reminder of what has been done for us in Christ, the sacrifice and commitment made for our salvation both now and in the future.

**Verse for Memory and Meditation:** *For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes. (1 Corinthians 11:26)*

1. **Read 1 Corinthians 11:23-34.** The Lord's Table reminds us of the sacrifice made for us so that we might have a relationship with God. When you consider the Lord's Table in your quiet time this week, praise Him for your salvation and that He gives us reminders of His goodness and His love for us.
2. **Read 1 Corinthians 11:23-34.** The Lord's Table reminds us that the Lord Jesus is coming again. When you consider the Lord's Table in your quiet time this week, praise Him for His promised return and ask Him how or with whom to share the Gospel with this week or this month so that another (or several) too may ready themselves for His return.
3. **Read 1 Corinthians 11:23-34.** The Lord's Table reminds us that we are a part of the body of Christ, we are part of a community of believers. When you consider the Lord's Table in your quiet time this week, ask the Lord how you might participate more in the gatherings of the saints of Immanuel, how you might encourage the saints of Immanuel.