

Sunday, June 28, 2026

Ancient Practices for Everyday Faith:

Prayer

Don't worry about anything, but in EVERYTHING, through prayer and petition with thanksgiving, present your requests to God. And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus.
Philippians 4:6-7

The HOLY Spirit of God will never contradict the HOLY Word of God.

Know God through prayer and through prayer KNOW Him.

Because they did not KNOW God, they did what seemed right to them. (Judges 17)

IF WE FILTER OUT OF GOD'S WORD WHAT WE DON'T LIKE,
IT SIMPLY BECOMES A SOUNDING CHAMBER FOR WHAT SEEMS RIGHT TO US.
(2 Timothy 4:3)

An Ancient Prayer Practice...

LECTIO DIVINA = Divine READING

First, read scripture slowly aloud.

Second, read scripture aloud focusing on a key word or phrase.

Third, pray as you read His HOLY Word.

Fourth, ask Him how you can apply it to your life.

If you have no words to pray, pray His WORD.

PSALM 23

1 The Lord is my shepherd; I have what I need.

2 He lets me lie down in green pastures; he leads me beside quiet waters.

3 He renews my life; he leads me along the right paths for his name's sake.

4 Even when I go through the darkest valley, I fear no danger, for you are with me;
your rod and your staff—they comfort me.

5 You prepare a table before me in the presence of my enemies;
you anoint my head with oil; my cup overflows.

6 Only goodness and faithful love will pursue me all the days of my life,
and I will dwell in the house of the Lord as long as I live.

AMEN