

# FIFTH SUNDAY AFTER PENTECOST



June 28, 2026  
10:00 am - Family Service

“Jesus took the loaves, and when he had given thanks he distributed them to those who were seated, as much as they wanted.” *John 6:11*

*Note: We are a Scent-Free Facility for the health and comfort of those with allergies. Thank you for helping us care for one another.*

All are warmly welcomed to our worship.  
We ask visitors to introduce themselves and to join us  
for a special BBQ after the service.

Today, all ages worship together throughout. Children are  
warmly invited to participate at every point.

*The Presider welcomes the congregation*

## Invitation to Silence

Presider Let us be still and know that God is here.

*A brief silence is kept.*

## Welcome and Territorial Acknowledgement

Presider St Laurence Anglican Church is located on the traditional, ancestral, and unceded lands of the k<sup>w</sup>ik<sup>w</sup>ə<sup>l</sup>əm (Kwikwetlem) First Nation, shared historically with the q̓içəy̓ (Katzie) and other Coast Salish Peoples. We thank the Kwikwetlem people, who continue to live on these lands and care for them, along with the waters and all that is above and below.

## Opening Acclamation

Presider God is with us.

**All God's love is unending.**

## Gathering Hymn - *Will You Come and Follow Me (CP 430)*

1. Will you come and follow me if I but call your name?  
Will you go where you don't know and never be the same?  
Will you let my love be shown,  
will you let my name be known,  
will you let my life be grown in you and you in me?
2. Will you leave yourself behind if I but call your name?  
Will you care for cruel and kind and never be the same?  
Will you risk the hostile stare should your life attract or scare?  
Will you let me answer prayer in you and you in me?
3. Will you let the blinded see if I but call your name?  
Will you set the prisoners free and never be the same?  
Will you kiss the leper clean and do such as this unseen,  
and admit to what I mean in you and you in me?
4. Will you love the “you” you hide if I but call your name?  
Will you quell the fear inside and never be the same?  
Will you use the faith you've found  
to reshape the world around,  
through my sight and touch and sound in you and you in me?
5. Lord, your summons echoes true when you but call my name.  
Let me turn and follow you and never be the same.  
In your company I'll go where your love and footsteps show.  
Thus I'll move and live and grow in you and you in me.

Text: John Bell © 1987, GIA/Iona Community / WGRG.

Presider God is with you.  
All **And also with you.**

**Collect of the Day** *(the special prayer which 'collects' the theme of the day)*

Child God, we are here. Help us to listen, and to follow.

Presider God of more than enough,  
you take what little we offer and make it  
more than we can imagine. Give us the courage  
of the boy who held out what he had, the trust of Elisha  
who set before the hungry what seemed too small,  
and the wonder of those who gathered up  
what was left over. Feed us today, and send us out  
ready to share what we have been given,  
through Jesus Christ, the bread of life. **Amen.**

**Gloria - Glory to God - Mass of Christ the Savior**

Refrain  
Glo-ry to God. Glo-ry to God. Glo-ry to God in the high -  
est, and on earth peace, on earth peace to peo-ple of good  
will.

1-4 (1st time: to Refrain)  
to Verses

**Proclamation of the Word**

**The Readings**

Presider Let us open ourselves to the Word of God  
spoken in scripture and among us.

**All Our hearts and minds are open.**

First Reading - 2 Kings 4:42-44

Reader A reading from the second book of Kings.

A man came from Baal-shalishah bringing food from the first fruits to the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, "Give it to the people and let them eat." But his servant said, "How can I set this before a hundred people?" So he repeated, "Give it to the people and let them eat, for thus says the Lord: They shall eat and have some left." He set it before them; they ate and had some left, according to the word of the Lord.

Reader Hear what the Spirit is saying to the church.

**All Thanks be to God.**

Psalm - *Psalm 13*

Pat How long, O Lord? Will you forget me for ever?  
**All How long will you hide your face from me?**

Pat How long must I bear pain in my soul, and have  
sorrow in my heart all day long?  
**All How long shall my enemy be exalted over me?**

Pat Consider and answer me, O Lord my God.  
**All Give light to my eyes, or I will sleep the sleep of death.**

Pat But I trusted in your steadfast love,  
**All my heart shall rejoice in your salvation.**

Pat I will sing to the Lord,  
**All because he has dealt bountifully with me.**

## Second Reading - *Ephesians 3:14-21*

Reader A reading from Paul's letter to the Ephesians.

For this reason, I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love.

I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. **Amen.**

Reader Hear what the Spirit is saying to the church.

**All Thanks be to God.**

*Please stand as you are able for the Gospel Reading*

### Gospel Acclamation



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Deacon The Holy Gospel of our Lord Jesus Christ according to John.

**All Glory to you, Lord Jesus Christ.**

Gospel - *John 6:1-14*

Pat The Gospel of Christ.

**All Praise to you, Lord Jesus Christ.**

Homily - *Reverend Philip Cochrane*

### Affirming Our Faith

Presider With the Church in every time and place, and with all whose faith is still finding its voice, let us affirm our faith.

**All We believe in God, the Source of Life,  
by whom every being in heaven and earth  
is created, named, and sustained.**

**We believe in God, the Living Word,  
who restores us to relationship  
and speaks to us through faith.**

**We believe in God, the Holy Spirit,  
who comforts, guides, and strengthens us  
to share the good news of grace.**

**We believe in God, one, holy, undivided Trinity:  
Source of Life, Living Word, Comforter: Mystery. Amen**

Prayers of the People

## Confession and Absolution

Presider The Spirit who searches us and knows us welcomes us with mercy. Here we can be honest before God and one another.

*A moment of quiet is kept.*

Presider: Most merciful God,

**All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.**

**We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are sorry, and we turn back to you.  
For the sake of your Son Jesus Christ, have mercy on us  
and forgive us, that we may delight in your will,  
and walk in your ways, to the glory of your name. Amen.**

Presider Almighty God, have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

## Sharing of the Peace

Presider The peace of Christ binds us together.  
The peace of Christ be always with you.

**All And also with you.**

*The Peace is shared in the community, respecting personal boundaries.*

## Offertory

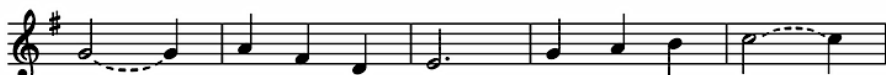
*In gratitude for all we've received, we offer of ourselves back to God. Bread, wine, and money symbolize the fruits of our labour. If you give through Pre-Authorized Donations or e-transfer ([office@saintlaurence.ca](mailto:office@saintlaurence.ca)), you're welcome to use a blue card to represent your offering to the glory of God.*



## Offertory Hymn - *Christ Be Our Light* (S&S 105)



1. Long-ing for light, — we wait in dark-ness. Long-ing for
2. Long-ing for peace, — our world is trou-bled. Long-ing for
3. Long-ing for food, — man - y are hun - gry. Long-ing for
4. Long-ing for shel-ter, man - y are home-less. Long-ing for
5. Man - y the gifts, — man - y the peo - ple, man - y the



1. truth, — we turn to you. Make us your own, —
2. hope, — man - y de - spair. Your word a - lone —
3. wa - ter, man - y still thirst. Make us your bread, —
4. warmth, — man - y are cold. Make us your build - ing,
5. hearts that yearn to be - long. Let us be ser - vants



1. your ho - ly peo-ple, light for the world to see.
2. has pow'r to save us. Make us your liv - ing voice.
3. bro - ken for oth-ers, shared un - til all are fed.
4. shel - ter - ing oth-ers, walls made of liv - ing stone.
5. to one an - oth - er, mak - ing your king - dom come.

### Refrain



Christ, be our light! Shine in our hearts. Shine through the dark - ness.



Christ, be our light! Shine in your church gath-ered to-day.

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## Prayer over the Gifts

Presider God of all creation,

All **everything we have comes from you.**

**Receive these gifts and by your Spirit make them holy,  
that they may nourish us for your service,  
through Jesus Christ our Lord. Amen.**

# **Celebration of our Sacred Meal**

## The Great Thanksgiving

Presider May God be with you.

**All And also with you.**

Presider Lift up your hearts.

**All We lift them up.**

Presider Let us give thanks to God our Creator.

**All It is right to give our thanks and praise.**

James Why is it right to give thanks and praise?

**All Because God made us, and the world is good.**

Presider Cosmic Artist, you made our world, beautiful, wholesome, and good. You made us to live in right relationship with you and all creation. You gave us this great and beautiful earth, to discover and to cherish. You give us happy times and things to celebrate. In these we taste your kingdom, a feast for all your children.

*Said together, quietly at first:*

**All Holy, Holy, Holy.**

Presider You sent Jesus to live among us, to share our humanity and daily life, to proclaim the coming of justice and peace, and to give himself for us. Through Jesus Christ we are reconciled to you and restored to the goodness you intended for us.

*Said together, a little louder:*

**All Holy, Holy, Holy.**

James Why do we share this bread and wine?

**All We share them to follow Jesus.**

Presider On the night before he died, Jesus ate supper with his friends. He took bread, gave thanks, broke it, and gave it to them, saying,

*"Take and eat. This is my very self, given for you.  
Do this for the remembrance of me."*

Then he took the cup of wine. Again, he gave thanks and gave it to them, saying,

*"Drink it, all of you. This cup is a new covenant  
poured out for you and all people.  
Do this for the remembrance of me."*

Presider Jesus Christ has died.

**All Jesus Christ has died.**

Presider Jesus Christ is risen.

**All Jesus Christ is risen.**

Presider Jesus Christ will come again.

**All Jesus Christ will come again.**

James How do we follow Jesus Christ?

**All By loving one another and sharing what we have.**

Presider And so, we remember: the cross, the tomb, the resurrection and ascension, and, longing for Christ's coming again in glory, we present these gifts to you.

Send your Holy Spirit upon us and upon these gifts,  
so that we who share this bread and wine may live  
in your hope, seek your peace, further your joy,  
and share your love.

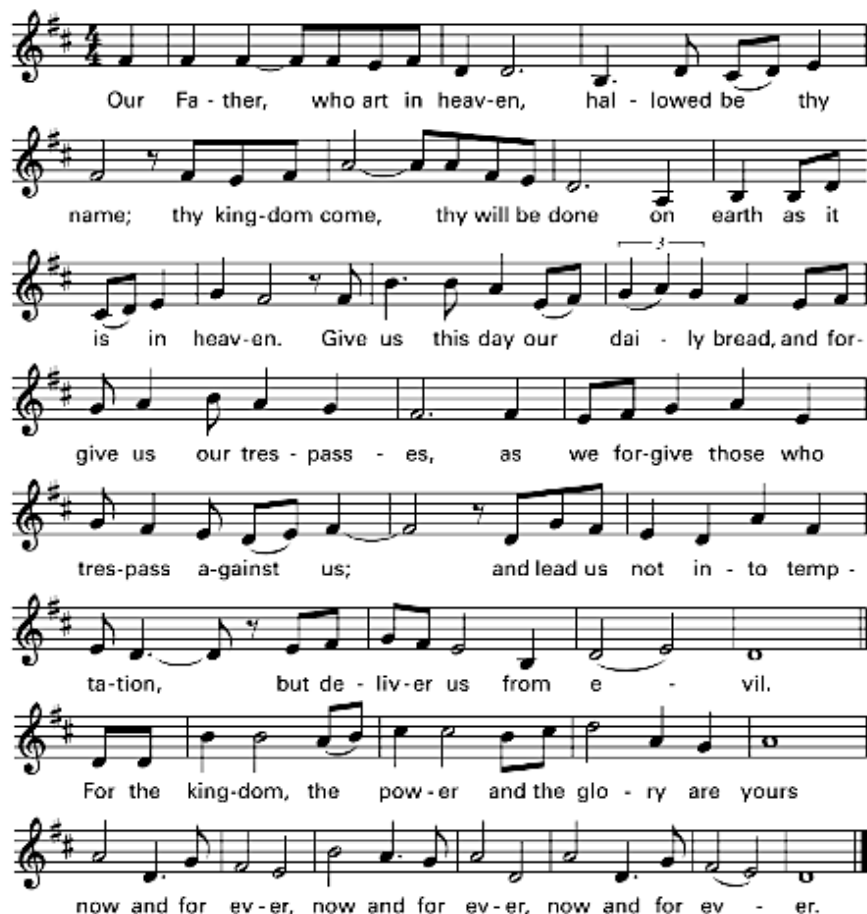
Draw us together in Christ, and, in the fullness of time,  
gather us with all your people into the joy  
of your eternal home.

*Said together, full voice*

**All Holy, Holy, Holy.**

Presider Through Christ and with Christ and in Christ,  
by the inspiration of your Holy Spirit, we worship you,  
our God and Creator, and give you our unending praise.  
All Amen.

## Lord's Prayer



Our Fa-ther, who art in heav-en, hal-lowed be thy  
name; thy king-dom come, thy will be done on earth as it  
is in heav-en. Give us this day our dai-ly bread, and for-  
give us our tres-pass-es, as we for-give those who  
tres-pass a-gainst us; and lead us not in-to temp-  
ta-tion, but de-liv-er us from e-vil.  
For the king-dom, the pow-er and the glo-ry are yours  
now and for ev-er, now and for ev-er, now and for ev-er.

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## The Breaking of the Bread

*The celebrant breaks the consecrated bread.*

Presider The Spirit draws us together  
in the breaking of the bread.

All **Thanks be to God.**

## Lamb of God

The image shows a musical score for the hymn 'Lamb of God'. It consists of two staves of music in G major and 4/4 time. The first staff begins with a double bar line and a repeat sign, followed by the lyrics 'Lamb of God, you take a - way the sins of the'. The second staff starts with a first ending bracket labeled '1, 2' and a second ending bracket labeled 'Final'. The lyrics for the second staff are 'world, have mer-cy on us. world, grant us peace.' The music is written in a simple, accessible style suitable for congregational singing.

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## The Invitation

Presider This is the table of God's grace. All are welcome here.  
Come as you are.

The gifts of God for the people of God.

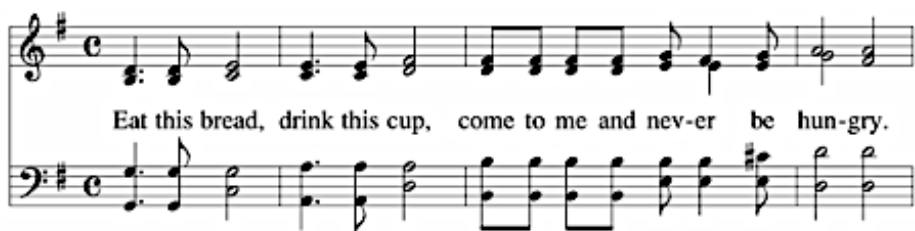
All **Thanks be to God.**

## The Distribution

*At St. Laurence, everyone is invited to the table. You may receive only the bread or both bread and wine. Non-fermented grape juice is available in the ceramic chalice, and gluten-free wafers are offered; just ask at the distribution. If you prefer a blessing, simply cross your arms across your chest.*

*Before or after receiving Communion, you are welcome to light a candle in prayer on the left side of the sanctuary, remembering a person or intention. Prayer ministers are also available on the right side of the sanctuary if you would like someone to pray with you.*

## Communion Hymn - *Eat This Bread* (OCP 171)



First system of musical notation. The treble clef staff contains the melody, and the bass clef staff contains the accompaniment. The key signature is one sharp (F#) and the time signature is common time (C). The lyrics are: "Eat this bread, drink this cup, come to me and nev-er be hun-gry."



Second system of musical notation. The treble clef staff contains the melody, and the bass clef staff contains the accompaniment. The key signature is one sharp (F#) and the time signature is common time (C). The lyrics are: "Eat this bread, drink this cup, trust in me and you will not thirst."

*Text: John 6; adapt. by Robert J. Batastini, b.1942, and the Taizé Community  
Tune: Jacques Berthier, 1923-1994 © 1984, Les Presses de Taizé, GIA Publications, Inc., agent*

# Communion Hymn - *Here I Am Lord (OCP 242)*

Verses

1. I, the Lord of sea and sky, I have heard my peo - ple cry.  
 2. I, the Lord of snow and rain, I have borne my peo-ple's pain.  
 3. I, the Lord of wind and flame, I will tend the poor and lame.

1. All who dwell in dark and sin My hand will save. I, who  
 2. I have wept for love of them. They turn a - way. I will  
 3. I will set a feast for them. My hand will save. Fin-est

1. made the stars of night, I will make their dark-ness bright.  
 2. break their hearts of stone, Give them hearts for love a - lone.  
 3. bread I will pro-vide Till their hearts be sat - is - fied.

1. Who will bear my light to them? Whom shall I send?  
 2. I will speak my word to them. Whom shall I send?  
 3. I will give my life to them. Whom shall I send?

Refrain

Here I am, Lord. Is it I, Lord? I have heard you  
 call-ing in the night. I will go, Lord, if you  
 lead me. I will hold your peo-ple in my heart.

Text: Based on Isaiah 6. Text and music © 1981, OCP Publications. All rights reserved.

## Moment of Silence

*Take a moment to be still and know God. Let the world's noise fade as you listen for the deep stillness beneath it all. The silence begins and ends with the ringing of a bell.*

## Prayer after Communion

Presider Generous God,

**All you have fed us at this table.**

**Send us from it ready to welcome, ready to serve,  
ready to offer what we have. Through Jesus Christ,  
who gave himself for us all. Amen.**

Presider Glory to God,

**All whose power, working in us,**

**can do infinitely more than we can ask or imagine.**

**Glory to God from generation to generation,**

**in the Church and in Christ Jesus**

**for ever and ever. Amen.**

## Blessing of the Children

*Children and young people are invited to come forward  
and gather at the front.*

Presider You are part of this community.

Whenever you have been here, you have brought  
something with you: your questions, your energy,  
your presence, and your willingness to show up.  
Today we say thank you. And we say: well done.

In the story we heard today, a child offered what he had.  
Five loaves and two fish. It did not seem like much.  
But in the hands of Jesus, it was more than enough.

Whatever you are carrying into this summer,  
whatever feels too small or not enough, bring it anyway.  
God can work with what you have.

*The presider addresses the congregation:*

And will you, the people of this community,  
continue to welcome, encourage, and walk alongside  
these children and young people in the year ahead?

**All**      **We will, with God's help.**

*The presider extends hands toward the children:*

Presider    May God bless you this summer.  
              May you find rest, adventure, and good things to eat.  
              May you know that you are loved,  
              and that this community will be here  
              when September comes. **Amen.**

*Children return to their seats.*

## Announcements

### Blessing

Presider    Go from this place: God has provided.  
              Christ has fed you. The Spirit sends you.  
              And the blessing of God, Creator, Redeemer,  
              and Holy Spirit, be among you and remain with you always.  
              **Amen.**

Closing Hymn - *God, Whose Giving Knows No Ending (CP 601)*

1. God, whose giving knows no ending  
From your rich and endless store  
Nature's wonder, Jesus' wisdom  
Costly cross, grave's shattered door  
Gifted by you, we turn to you  
Offering up ourselves in praise  
Thankful song shall rise forever  
Gracious donor of our days
  
2. Skills and time are ours for pressing  
Toward the goals of Christ, your Son  
All at peace in health and freedom  
Nations joined, the church made one  
Now direct our daily labor  
Lest we strive for self alone  
Born with talents, make us servants  
Fit to answer at your throne
  
3. Treasure, too, you have entrusted  
Gain through powers your grace conferred  
Ours to use for home and kindred  
And to spread the gospel word  
Open wide our hands in sharing  
As we heed Christ's ageless call  
Healing, teaching, and reclaiming  
Serving you by loving all

Reader    Go in peace to love and serve God,  
All        **Thanks be to God.**

## Acknowledgements

1. Material on these pages is copyright The Archbishops' Council of the Church of England:
2. Other material Copyright 1985 by the General Synod of the Anglican Church of Canada
3. The Eucharistic Prayer. All Are Welcome (AAW) liturgy.

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Deacon: The Reverend Patricia Ratcliffe  
Honorary: The Reverend Carla McGhie  
Music Director: Emilia Boronco  
Wardens & Trustees: Lei De Santis (w), Rick Barr (w),  
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St. Laurence Kids: *presently vacant*  
Treasurer: *presently vacant*  
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*Office Hours:*

10:00am-3:00pm (drop-in)  
Monday - Friday

[www.saintlaurence.ca](http://www.saintlaurence.ca) ▪ 604-936-5423 ▪ [office@saintlaurence.ca](mailto:office@saintlaurence.ca)

825 St. Laurence St. Coquitlam, BC V3J 6G7

*Hearing Assistance Available - see Sound Technician*

Pianist: Susan Ohannesian

## NEWS & NOTES

### Wednesday Morning Service - 9:00 am

*From silence to laughter, scripture to table: wrestling with faith, in good company.*

Join us midweek for Communion, scripture, and honest conversation, a safe space to ask real questions and deepen fellowship.

Come and be nourished. Wednesdays at 9:00 am. All welcome.

### Gathered Together End of Year BBQ June 28. - TODAY - after the service

After the 10:00 am service TODAY  
Plan to join us for a fun BBQ...with

Hamburgers, hot dogs, drinks, and ice cream provided.

If it's raining, we'll plan to enjoy the food in the Hall



### Summer Refreshments in the Narthex

Beginning July 5, NEXT SUNDAY

we're keeping the conversation going afterwards with cold drinks in the Narthex.

A big thank you to our faithful coffee teams, who have served us so generously through the year. This is their well-earned summer break.

