

**Pentecost 5**  
**28 June 2026**  
**8 am Holy Eucharist**

*The Book of Common Prayer Communion service is found in the accompanying seasonal booklet. The Congregation joins in the **bold font**.*

***Collect of the Day***

Presider: Let us pray,

**All: God of truth uncovered,  
you trace the sparrow's flight  
and plumb the secrets of the heart:  
bring our fear and conflict  
into the light of your presence,  
so that we may lose our hollow life  
and find our way to you;  
through Jesus Christ, the master and the slave. Amen.**

***The Epistle: Romans 6:12-23***

Reader: The Epistle is taken from Paul's Letter to the Romans,

<sup>12</sup>Therefore, do not let sin exercise dominion in your mortal bodies, to make you obey their passions. <sup>13</sup>No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. <sup>14</sup>For sin will have no dominion over you, since you are not under law but under grace.

<sup>15</sup>What then? Should we sin because we are not under law but under grace? By no means! <sup>16</sup>Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? <sup>17</sup>But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were

entrusted, <sup>18</sup>and that you, having been set free from sin, have become slaves of righteousness. <sup>19</sup>I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

<sup>20</sup>When you were slaves of sin, you were free in regard to righteousness. <sup>21</sup>So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. <sup>22</sup>But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. <sup>23</sup>For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Here endeth the Epistle.

***Gradual Psalm: 13***     *Usque quo, Domine?*

<sup>1</sup> How long wilt thou forget me, O LORD, forever? /  
**how long wilt thou hide thy face from me?**

<sup>2</sup> How long shall I seek counsel in my soul, and be so vexed in my heart? /  
**how long shall mine enemy triumph over me?**

<sup>3</sup> Consider and hear me, O LORD my God; /  
**lighten mine eyes, that I sleep not in death;**

<sup>4</sup> Lest mine enemy say, 'I have prevailed against him'; /  
**for if I be cast down, they that trouble me will rejoice.**

<sup>5</sup> But my trust is in thy mercy, /  
**and my heart is joyful in thy salvation.**

<sup>6</sup> 1 will sing unto the LORD, because he hath dealt so lovingly with me/  
**yea, I will praise the Name of the LORD Most High.**

Glory be to the Father, and to the Son, and to the Holy Ghost,  
**As it was in the beginning, is now, and ever shall be, world without end.**

***The Gospel: Matthew 10:40-42***

Presider: The Lord be with you,

**All: and with thy Spirit.**

Presider: The Holy Gospel of our Lord Jesus Christ according to Matthew.

**All: Glory be to thee, O Lord.**

[Jesus said] <sup>40</sup>‘Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. <sup>41</sup>Whoever welcomes a prophet in the name of a prophet will receive a prophet’s reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; <sup>42</sup>and whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward.’

The Gospel of Christ.

**All: Praise be to thee, O Christ.**

**Readings for Pentecost 4, June 28, 2026:**

Genesis 22:1-14; Psalm 13; Romans 6:12-23; Matthew 10:40-42





## **THIS WEEK AT HOLY TRINITY CATHEDRAL**

**Tuesday Women's Prayer Group, 11 am-noon in the Cathedral**

**Wednesday NO SERVICE- Canada Day**

**Thursday Vespers 5:30-6 pm online by Zoom+**

**Saturday Community Brunch, 11 am-noon in the Hall**

**Sunday BCP Eucharist, 8-9 am.\***

**Sunday Choral Eucharist, 10-11:15 am.\***

*\*SERVICES ARE LIVE-STREAMED VIA FACEBOOK*

*+Zoom meetings are linked through the weekly newsletter*

*For more information and to sign-up for the newsletter,  
see the Holy Trinity Cathedral website at [www.holytrinitycathedral.ca](http://www.holytrinitycathedral.ca)  
or you can contact the Parish Office  
at [adminstrator@holytrinitycathedral.ca](mailto:adminstrator@holytrinitycathedral.ca)*

*or the Rev. Stephanie Shepard at [stephanie@holytrinitycathedral.ca](mailto:stephanie@holytrinitycathedral.ca)  
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