



June 14 – Thanksgiving

Life can be difficult and hard, and challenging. Life can also be beautiful, amazing, and joy filled. Often, how we view what is happening in our life is colored by the attitude we choose in response. We can't always take away the hurt and the pain, but we can choose how we respond. Join us this weekend as we take a look at one of the greatest tools we have in our life's "toolkit" that can change our hearts and our attitude about all kinds of things!

Scripture:

Philippians 4:6-9 NLT

⁶ Don't worry about anything; instead, pray about everything. Tell God what you need and thank him for all he has done. ⁷ Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. ⁸ And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. ⁹ Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you.

Luke 17:11-19

¹¹ As Jesus continued on toward Jerusalem, he reached the border between Galilee and Samaria. ¹² As he entered a village there, ten men with leprosy stood at a distance, ¹³ crying out, "Jesus, Master, have mercy on us!" ¹⁴ He looked at them and said, "Go show yourselves to the priests." And as they went, they were cleansed of their leprosy. ¹⁵ One of them, when he saw that he was healed, came back to Jesus, shouting, "Praise God!" ¹⁶ He fell to the ground at Jesus' feet, thanking him for what he had done. This man was a Samaritan. ¹⁷ Jesus asked, "Didn't I heal ten men? Where are the other nine?" ¹⁸ Has no one returned to give glory to God except this foreigner?" ¹⁹ And Jesus said to the man, "Stand up and go. Your faith has healed you."

Questions:

- Who in your world "sees" you and really knows you? How did that relationship grow? How does it work today?
- On a scale of 1-10, 1 being I'm hardly ever truly thankful and 10 being I am thankful 100% of the time – where would you rank yourself in the midst of your life? What one thing could you do to tip the scale towards more thankfulness?
- This week, try sitting for a short period each day and with cupped hands in front of you stop and "fill your hands" with thoughts of gratitude and thanksgiving.

Reading for the Week:

Monday: Ephesians 5:20

Tuesday: 1 Corinthians 15:57

Wednesday: Colossians 3:16

Thursday: Psalm 100:4

Friday: Psalm 50:23