

St. Helen's Anglican Church of Canada
Diocese of New Westminster

National Indigenous Day of Prayer
June 21, 2026



Presider: The Ven. Richard Leggett
Preacher: The Rev. Jeffrey Preiss
Deacon: The Rev. Jeffrey Preiss

THE GATHERING OF THE COMMUNITY

PRELUDE

All stand

OPENING HYMN From All That Dwell Below the Skies

CP 344

GREETING

In this time and place,
we acknowledge that we gather on the unceded ancestral lands
of the Musqueam nation:

From many places and peoples we come to this house of prayer.

In this time and place,
we meet in the presence of the living God:

the Creator who is the source of all that is, seen and unseen.

In this time and place,
the risen Christ stands in our midst:

**Our Companion who walks with us and all peoples
on the path of reconciliation.**

In this time and place,
God's Holy Spirit breathes in and through us:

the Divine Wisdom who transforms us and all life.

In this time and place,
together, people of God from every language, culture and nation:
**we are being made new by the holy and life-giving Trinity,
one God.**

GLORIA Glory, in the Highest Glory

CP 366

COLLECT OF THE DAY

Let us pray.

Creator God,
from you every family in heaven and earth takes its name.
You have rooted and grounded us
in your covenant love,
and empowered us by your Spirit
to speak the truth in love,
and to walk in your way towards justice and wholeness.
Mercifully grant that your people,
journeying together in partnership,
may be strengthened and guided
to help one another to grow into the full stature of Christ,
who is our light and our life. **Amen.**

Please be seated.

THE PROCLAMATION OF THE WORD

FIRST READING Isaiah 40.25-31

Matt Powell

A reading from the prophet Isaiah.

To whom, then, will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.

Why do you say, O Jacob, and assert, O Israel, “My way is hidden from the Lord, and my right is disregarded by my God”? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted, but those who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

Hear what the Spirit is saying to the Church.

Thanks be to God.

The fear of God is clean and endures for ever;
the judgments of our God are true and righteous altogether.
More to be desired are they than gold, more than much fine gold,
sweeter far than honey, than honey in the comb.
By them also is your servant enlightened,
and in keeping them there is great reward. **R.**

How can I tell how often I offend?
cleanse me from my secret faults.
Above all, keep your servant from presumptuous sins; let them not
get dominion over me;
then shall I be whole and sound, and innocent of a great offence.
Let the words of my mouth and the meditation of my heart be
acceptable in your sight,
O God, my strength and my redeemer. **R.**

SECOND READING Philippians 4.4-9

Hepsi Chand

A reading from the Letter to the Philippians.

Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Finally, brothers and sisters, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. As for the things that you have learned and received and heard and noticed in me, do them, and the God of peace will be with you.

Hear what the Spirit is saying to the Church

Thanks be to God.

THE GOSPEL ACCLAMATION

Please stand as you are able.

Alleluia, alleluia, alleluia. (2x)

CP 712

Choir:

*Blessed are you, O Lord of creation,
revealing your kingdom to the humble and weak.*

Alleluia, alleluia, alleluia. (2x)

THE HOLY GOSPEL John 1.1-18

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Jesus Christ.

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things came into being through him, and without him not one thing came into being. What has come into being in him was life, and the life was the light of all people. The light shines in the darkness, and the darkness did not overtake it.

There was a man sent from God whose name was John. He came as a witness to testify to the light, so that all might believe through him. He himself was not the light, but he came to testify to the light. The true light, which enlightens everyone, was coming into the world.

He was in the world, and the world came into being through him, yet the world did not know him. He came to what was his own, and his own people did not accept him. But to all who received him, who believed in his name, he gave power to become children of God, who were born, not of blood or of the will of the flesh or of the will of man, but of God.

And the Word became flesh and lived among us, and we have seen his glory, the glory as of a father's only son, full of grace and truth. (John testified to him and cried out, "This was he of whom I said, 'He who comes after me ranks ahead of me because he was before me.' ") From his fullness we have all received, grace upon grace. The law indeed was given through Moses; grace and truth came through Jesus Christ. No one has ever seen God. It is the only Son, himself God, who is close to the Father's heart, who has made him known.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Alleluia, alleluia, alleluia. (2x)

CP 712

Please be seated.

SERMON

The Rev. Jeffrey Preiss

AFFIRMATION OF FAITH

Please stand as you are able.

Let us declare our faith in God.

**We believe in God the Creator
from whom every family
in heaven and on earth is named.**

**We believe in God the Word
who lives in our hearts through faith,
and fills us with love and compassion.**

**We believe in God the Holy Spirit,
who strengthens us
with power from on high.**

**We believe in one God;
Father, Son and Holy Spirit. Amen.**

PRAYERS OF THE COMMUNITY

INTERCESSIONS, PETITIONS, AND THANKSGIVINGS Anne Bonnycastle

Please stand, sit or kneel.

A Litany for the Healing and Restoration of Our Church (The Diocese of Rupert's Land)

Holy Creator,
in whom all things in heaven and earth have their being:
Have mercy upon us.

Risen Christ, through whom the whole creation is reconciled to God:
Have mercy upon us.

Life-giving Spirit, whose love and truth fills the world
and searches the depths of our lives:
Have mercy upon us.

Blessed Trinity, source of both unity and diversity:
Have mercy upon us.

From our failure to recognize and respect
the revelation of your truth and love in the First Peoples of this land:
Saviour, forgive and heal us.

From our participation in the systemic oppression
of indigenous sovereignty, language, culture and spirituality:
Saviour, forgive and heal us.

From our role in the Indian Residential Schools
designed to eliminate the unique society, wisdom and beauty
of the indigenous peoples of this land:
Saviour, forgive and heal us.

From our complicit tolerance
of the decimation of Indigenous family structures
leaving children vulnerable to abuses of every kind:
Saviour, forgive and heal us.

From our continued acceptance
of unjust legal, education, health and social structures
that continue to oppress and destroy the lives
of many indigenous people:
Saviour, forgive and heal us.

We pray for the gifts of your grace and your love
which never gives up on us and is forever faithful:
Hear us, O Christ.

Inspire our minds with a vision of the reconciliation
of all people in this time and place:
Hear us, O Christ.

Touch our eyes, that we may see the sacredness in all creation:
Hear us, O Christ.

Touch our ears, that we may hear from the mouth
of every people and nation
the hunger for hope and stories of refreshment:
Hear us, O Christ.

Touch our lips, that we may speak of the beauty
of every tongue and dialect
proclaiming the wonderful works of God:
Hear us, O Christ.

Touch our hearts, that we may discern your mission
in which you call us
to be in partnership with the First Peoples of this land:
Hear us, O Christ.

Touch our minds, that we may witness to your Good News
in our neighbourhoods, communities and all parts of the world:
Hear us, O Christ.

Touch our hands, that we may shun violence
and embrace the work you have given us to do:
Hear us, O Christ.

Draw your Church together, O Lord,
into one great company of disciples,
together following our Lord Jesus Christ into every walk of life,
together serving you in your mission in the world,
and together witnessing to your love
on every continent and island of your creation.
We ask this in the name of the Risen Christ
in whom we are one. **Amen.**

THE EXCHANGE OF THE PEACE

God is love
and those who live in love live in God
and God lives in them.

The peace of the Lord be always with you.
And also with you.

THE HOLY COMMUNION

THE OFFERTORY

As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity.

OFFERTORY HYMN Yours the Hand That Made Creation CP 256

Please remain standing until communion.

PRAYER OVER THE GIFTS

Let us pray.

Creator,

you bless us with many good gifts

returned to you from your creation.

Feed us with the Bread of Life,

your Son Jesus Christ our Lord. Amen.

THANKSGIVING AT THE TABLE

May God be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to God our Creator.

It is right to give our thanks and praise.

Eternal God, Source of all being, we give you thanks and praise for your faithful love. You call us into friendship with you and one another to be your holy people, a sign of your presence in the world.

When those we trust betray us, unfailingly you remain with us. When we injure others, you confront us in your love and call us to the paths of righteousness. You stand with the weak, and those, broken and alone, whom you have always welcomed home, making the first last, and the last first.

Therefore we raise our voices with angels and archangels, forever praising you and singing:

Holy, Holy, Holy Lord

CP 735

Blessed are you, O Holy One: when Hagar was driven into the wilderness you followed her and gave her hope. When Joseph was sold into bondage, you turned malice to your people's good. When you called Israel out of slavery, you brought them through the wilderness into the promised land. When your people were taken into exile you wept with them by the river of Babylon and carried them home. Restore us, O God, let your face shine!

At the right time you sent your Anointed One to stand with the poor, the outcast, and the oppressed. Jesus touched lepers, and the sick, and healed them. He accepted water from a woman of Samaria and offered her the water of new life. Christ knew the desolation of the cross and opened the way for all humanity into the redemption of your reconciling love.

On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant which is shed for you and for all people for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Loving and Holy One, recalling Christ's death and resurrection, we offer you these gifts, longing for the bread of tomorrow and the wine of the age to come.

Therefore we proclaim our hope. **Dying you destroyed our death, rising you restored our life. Lord Jesus, come in glory.**

Pour out your Spirit on these gifts that through them you may sustain us in our hunger for your peace. We hold before you all whose lives are marked by suffering, our sisters and brothers. When we are broken and cast aside, embrace us in your love. **Restore us, O God, let your face shine!**

Through Christ, with Christ, and in Christ in the unity of the Holy Spirit, all honour and glory are yours, O Source of all life, now and for ever. **Amen.**

THE LORD'S PRAYER

As our Saviour taught us, let us pray.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.**

THE SENDING FORTH OF THE COMMUNITY

PRAYER AFTER COMMUNION

Let us pray.

**Great Creator,
you have fed us with bread from heaven.
Continue to renew us in your truth,
to give light to our minds,
strength to our bodies,
and seal us with your Holy Spirit.
We ask this in Christ's name. Amen**

DOXOLOGY

Glory to God,
**whose power, working in us,
can do infinitely more
than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.**

UPCOMING EVENTS AT ST. HELEN'S

Join us for our Sunday Worship on June 28, 2026

Book of Common Prayer | at 8:00 am

This is a simple yet deep spoken celebration of the Eucharist using the traditional Book of Common Prayer.

Choral Eucharist | at 10:00 am

This is a modern Eucharist service, with choral music sung by the St. Helen's Choir.

Contemplative Prayer

Contemplative Prayer sessions are held every Wednesday at 7:30pm.

Volunteers Today

Intercessor: Anne Bonycastle

Readers: Matt Powell, Hepsi Chand

Lay Administrators: The Rev. Jeffrey Preiss, Paula Pryce

Counter: Dale O'Brien

Zoom: Tony Hodgson

Volunteers Next Week

Intercessor: David Van Blarcom

Readers: Shawn de Raaf, Liz Hodgson

Lay Administrators: Tony Hodgson, Shawn de Raaf

Counter: Dale O'Brien

Zoom: Kathy Li

The Reverend Sebastian Way Will Become Priest-in-Charge of St. Helen's Church

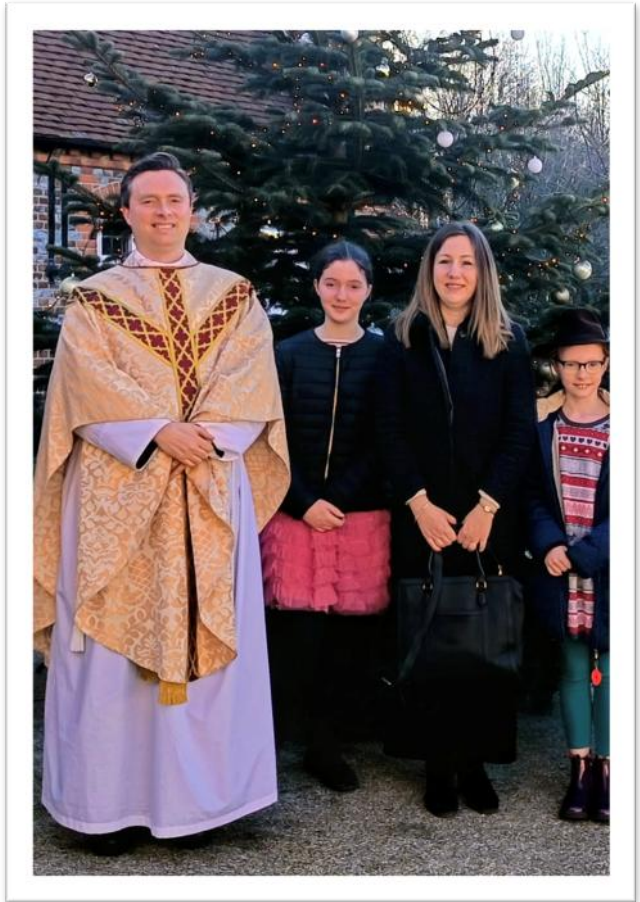
After prayerful discernment, we are delighted to share the news that **The Reverend Sebastian Way** will become our **Priest-in-Charge** starting in **August 2026**.

We are very pleased to welcome **him and his family** to our worshipping community at St. Helen's. It is such a blessing to us to have him join us, and we hope it will be a blessing to him and his family as well.

Please read a short introduction from The Reverend Sebastian below:

Hello! I am Sebastian Way and I am delighted to join St Helen's as priest in charge in August. I look forward to getting to know all of you and this wonderful part of Vancouver. In the meantime, here is a bit about me.

I come from England, so like a true Vancouverite I know approximately one hundred different words for rain. I spent my childhood in a tiny village in the Huntingdonshire countryside near Cambridge and next door to Little Gidding, of TS Eliot fame. I studied at Oxford and then worked in London,



Ottawa (for a year) and Reading, where I currently serve a busy town centre parish.

An Anglican since infancy, I am nourished in my spiritual life by the Anglican liturgical tradition and its sacred music. As a priest, I try to live out the distinctive Anglican ideal of the “cure of souls” – in other words, the priest being alongside and witnessing to God’s love for every person, no matter who they are or where they are on a faith journey. So, I hope that I will fit in well at St Helen’s.

Before ordination, I practised as a corporate lawyer for a decade in two large international firms. During that time, I gradually felt called to explore a vocation to priestly ministry, and this fuller expression of who I am has been a gift and a source of great joy. I look forward to working with you all to discern where the Spirit may be leading this parish next.

I am married to Heloise, who was born in Quebec and grew up on Vancouver Island, and we have been frequent visitors to coastal BC. Heloise is taking up a post as Assistant Professor in Law at UBC. We are blessed by two brave and clever daughters, Aurora (13) and Clotilda (9).

The sublime scenery of this part of the world affects me deeply, and I hope to spend some free time exploring and rekindling my interest in outdoor pursuits, especially skiing. At home, I enjoy reading theology and poetry and am subject to arbitrary domination by two cats, Hilda and Cosmo.

The Ordination of Daniel Melvill Jones

Daniel is thankful for his formation at St. Helen's and is looking forward to being the **Curate-in-Charge of St. Bartholomew's in Gibsons, BC**. All are invited to attend his ordination to the transitional diaconate on **June 27th at 10:30 am** in **Christ Church Cathedral**. He appreciates continued prayers for his ministry and his growing family.

Many congratulations, Daniel!



Intercessor Prayer Requests

Thanksgiving for the life of:

Jean Hodgkinson, Mrs Therese Chabot

Prayers for:

Harris, Paul, Karen, Jamie & Beth

Tom Hodgkinson, family & loved ones of Jean Marjorie

Claire & Harold, family & loved ones of Therese Ruth

Lois, Mark, Diane, Doreen Hatton

How to Contribute to St. Helen's Financially

We deeply appreciate financial contributions to our shared congregational life and mission. The best ways to donate are:

- Set up a Pre-Authorized Donation - simply send an email to sthelenswpg@gmail.com to get started or change your amount
- Donate via interact e-transfer to sthelenswpg@gmail.com
- Scan the QR code to the right or visit sthelensvancouver.com/give to donate via credit card
- Use one of the envelopes available at the back of the church by the offering plate to donate via cheques or cash



Office Hours

Tuesday, 09:00am-5:00pm
Wednesday, 09:00am-5:00pm
Friday, 09:00am-5:00pm

Interim Priest office hours: Tuesday and Friday, 9:30am-1pm
Or by appointment

Connect with us:

St Helen's Office: sthelenswpg@gmail.com | 604-224-0212
Dcn. Jeffrey Preiss: rev.jeffreypreiss@gmail.com
The Ven. Richard Leggett : liturgypacific@gmail.com
Pastoral Emergencies: 604-828-6704