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controlling your **emotions**, before they control you.

Week 7 - Disappointment: God Let Me Down.

Opening Thoughts

Disappointment happens when the story we _____ collides with the story God is _____.

The deeper your _____ get, the deeper is the potential for disappointment.

Disappointment can only exist in places where _____ once lived and moved out.

1. Disappointment grows where _____ live.

Disappointment will convince you that _____ is dangerous.

2. Disappointment can _____ your view of God.

3. God is still present in the _____ stories.

An _____ story is not the same as an _____ story!

LIFEGROUP STUDY QUESTIONS

FIRST THINGS FIRST

1. What's something you were REALLY excited about growing up that turned out disappointing?
2. Have you ever watched a movie with a terrible ending that completely ruined the whole thing for you? What was it?
3. What's the most disappointing fast-food item you've ever ordered because the commercial looked way better than reality?

DIGGING DEEP

1. Which emoji from this series so far do you think people struggle with the most, and why?
2. When you hear the word "disappointment," what's the FIRST thing that comes to mind?
3. Jeremy said, "Disappointment happens when the story we imagined collides with the story God is writing." Why do unmet expectations affect us so deeply?
4. Read Exodus 2:11–15. Why do you think Moses believed God was going to use him in that moment? How do you think rejection affected him emotionally?
5. Jeremy said: "Disappointment grows where expectations live." Why is disappointment usually connected to places where hope once existed?
6. Read Proverbs 13:12. What do you think it means that "hope deferred makes the heart sick"? How have you seen disappointment affect people emotionally or spiritually?
7. Jeremy mentioned that disappointment often speaks in "sighs" instead of explosions. Why do you think disappointment can be harder to recognize than emotions like anger or fear?
8. Read Exodus 3:10–11. What stands out to you about Moses' response to God at the burning bush? How had disappointment changed him from the impulsive man he once was?
9. Read Numbers 20:10–12. Jeremy said, "Moses didn't hit the rock because he was evil but, he hit the rock because he was weary." Why is emotional exhaustion dangerous if left unchecked?
10. What did you think about the statement: "Sometimes God uses someone else to finish the greater story that we are only a character in." Why can that be difficult for people to accept?

TAKE IT HOME

1. What area of your life has been the biggest source of disappointment recently?
2. What expectations have you placed on life, people, yourself, or God that may be contributing to disappointment right now?
3. Have you ever quietly wrestled with thoughts like: "God let me down" or "If God loved me, this wouldn't have happened"? How did that affect your relationship with Him?
4. Jeremy said: "An unfinished story is not the same thing as an abandoned story." How does that perspective challenge or encourage you personally?

LIFEGROUP ANNOUNCEMENTS

May 24, 2026

Expansion Update

- New Kid's Wing Currently Under Construction
 - \$30,000 given for Construction
 - \$12,000 total needed for flooring
 - **\$5,925 remaining need for flooring**
- Future Plans
 - Permanent Stage to replace temporary stage in worship center
 - Conversion of hallway classrooms into larger LifeGroup rooms
 - New Carpet in New Worship Center
 - New Chairs in New Worship Center (old chairs to be used in LifeGroup Rooms)

Coming Events

- **Graduate Sunday - May 31st / 9:15a or 11a**
 - Join us for a special time to honor the hard work and achievements of our graduates. We take this opportunity to recognize these students and pray God's continued guidance over their lives. "For I know the plans I have for you," declares the Lord... - Jeremiah 29:11
- **Celebration Sunday - May 31st / 9:15a or 11a**
 - Join us for a special time to honor those who have completed Starting Point, are getting baptized, and joining our church.
- **Jason Crabb Concert - Sunday, June 14th / 6pm**
 - Join us Sunday Night for some amazing, uplifting music, heartfelt worship, and an encouraging night for the entire family. Don't miss this special opportunity - invite a friend and be a part of an unforgettable evening! See J.T. in the back of the Worship Center at each service for special discounted tickets!
- **Father's Day - Sunday June 21st / 9:15a or 11a**
 - Join us for a special Sunday celebration as we honor and appreciate all the awesome men who make such a difference in our lives. We will have biscuits and gravy and an ice cold Dad's Root Beer for all guys over 18.
- **Red, White & BOOM - Saturday July 4th**
 - Join us for a special celebration of our country's 250 years of freedom, faith, and community with a fireworks event for the entire family. There will be music, games, food trucks and more! Help make this the BIGGEST Red, White & BOOM ever!