

60-MINUTE STUDY GUIDE

PHILIPPIANS: JOY IN PRESSING ON
MAY - AUGUST 2026

For the next several weeks, we are journeying through Paul's letter to the church in Philippi. We'll unpack its history and themes to discover what it truly means to have joy in pressing on in Christ.

CONNECT (10-15 MIN)

"Welcome here everyone! Let's take a moment to connect."

High, Low & Buffalo

- High: What brought you joy this week?
- Low: What was draining or difficult?
- Buffalo: Share something else from this week!

Look Back

- What sticks out to you from last week's discussion?
 - Did you get to talk about last week's discussion with someone? How did it go?
-

READ (25-30 MIN)

● First Look

"Can someone read this week's verse?"

- As they read, everyone else tries to anchor themselves in what is said. How would we say that in our own words?
- Take a moment to discuss: what is surprising? What do you notice? What sticks out? What words or ideas are repeated? What feels especially relevant to you? **These can be short responses!*
 - As you discuss, remember - we're only talking about this passage today! Try to avoid bringing in other passages.

● Read and Look

"Can someone else read the passage again with the same translation?"

- Pause and reflect for a moment, then share: what do these verses say about having **Joy in Christ**?
- Choose a few of the following questions to discuss:
 - What is Jesus like?
 - What do we see about Jesus' humility, love, and power?
 - What questions come up for you about Jesus?
 - What strengthens or challenges what you believe about Jesus?
 - Were there any illustrations, stories, or examples from the sermon that come to mind? If so, summarize them for anyone who may have missed the sermon.

● Read and Look (Again)

"Can another person read the passage again in the same or different translation?"

- Read the passage once more, either in the same translation or a different one.
- Pause and reflect for a moment, then share: what do these verses say about **our current circumstances (hearts, attitudes, struggles, decisions, habits, etc.)?**
- Choose a few of the following questions to discuss:
 - What does this passage say about our relationship with God?
 - What attitudes or habits does this passage challenge or encourage?
 - How does the humility of Jesus change the way we see our circumstances?
 - What excites, challenges, encourages, or worries you in what we read?

REFLECT AND RESPOND (10-15 MIN)

“What is God teaching us through this week’s passage?”

Choose a Few Questions to Discuss

- What seems to be the source of joy in this passage?
- What helps you rejoice even when life is challenging?
- Where do you see God working in your life more clearly?
- Where do you feel a need for God’s grace this week?
- Does anything feel especially difficult to live out this week?
- What was a really good reminder for you?
- What is a verse or phrase from today’s text you can hold on to through the week?
- What can you pray about, mull over, or reflect on?
- Who could you share your takeaway with this week?

PRAYER (5-10 MIN)

“Let’s take some time to pray for each other based on what was read in the text and shared in the discussion.”

SERMON SERIES GUIDE

Date	Passage
31-May-26	Philippians 1:1-11
07-Jun-26	Philippians 1:12-18a
14-Jun-26	Philippians 1:18b-26
21-Jun-26	Philippians 4:8-9
28-Jun-26	Philippians 1:27-30
05-Jul-26	Philippians 2:1-11
12-Jul-26	Philippians 2:12-18
19-Jul-26	Philippians 2:19-30
26-Jul-26	Philippians 3:1-11
09-Aug-26	Philippians 3:12-4:1
16-Aug-26	Philippians 4:2-9
23-Aug-26	Philippians 4:10-23